Changes in Overweight and Obesity Among California 5th, 7th, and 9th Graders, 2005-2010

Changes in Overweight and Obesity Prevalence, 2005-2010 _____

| Alpine * * * Plumas amador 32.97% 36.95% 12.1% Riverside autte 34.41% 34.71% 0.9% Sacramento Salaveras 31.28% 32.70% 4.5% San Benito Solusa 40.37% 45.74% 13.3% San Benito Sontra Costa 32.69% 33.85% 3.5% San Bernardino Sontra Costa 32.69% 33.85% 3.5% San Bernardino Sontra Costa 32.69% 33.85% 3.5% San Diego I Dorado 26.49% 25.67% -3.1% San Joaquin resno 40.41% 42.68% 5.6% San Mateo Santa Barbara Santa Clara Santa Clara Santa Clara mpoi 36.58% 34.82% -4.8% Santa Clara Siskiyou Sasen 29.78% 28.37% -4.7% os Angeles 42.62% 41.56% -2.5% Mariposa 26.16% 29.07% | | | - | | | | |
|---|--------------|--------|--------|-----------|-----------------|--------------------------|--------|
| 2005 2010 2005-2010 Mameda 33.51% 34.48% 2.9% Mameda 33.51% 34.48% 2.9% Mameda 32.97% 36.95% 12.1% Riverside 31.12% 30.99% 2 Mutte 34.41% 34.71% 0.9% Sarramento 35.96% 3 Scolusa 40.37% 45.74% 13.3% Sarramento 35.96% 3 Scontra Costa 32.69% 33.85% 3.5% San Berito 44.76% 4 San Diego 35.83% 3 San Diego 35.83% 3 San Luis Obispo 32.5% San Mateo 36.11% 3 Santa Barbara 36.71% 3 Santa Clara 32.83% 3 Santa Clara 32.83% 3.8% Santa Clara 32.83% 3 Santa Clara 32.61% 3 Siskiyou 30.55% 3 Mateo 4.11% 4.1.3% -2.5% Sonoma 34.45% 3 </th <th>COUNTY</th> <th colspan="2"></th> <th></th> <th></th> <th colspan="2">% Overweight or Obese</th> | COUNTY | | | | | % Overweight or Obese | |
| Alpine * * * Mixedor 32.97% 36.95% 12.1% Nutte 34.41% 34.71% 0.9% Calaveras 31.28% 32.70% 4.5% Colusa 40.37% 45.74% 13.3% Dorado 26.49% 25.67% -3.1% I Dorado 26.49% 25.67% -3.1% San Diego 35.83% 34.50% San Diego 35.83% 32.61% Mumboldt 38.80% 40.16% 3.5% San Mateo 36.11% 34.00% Santa Clara 32.83% 32.86% Santa Clara 32.83% 32.61% Santa Clara 32.61% 34.10% Santa Clara 32.61% 35.5% Santa Clara 32.61% 35.5% Salee 40.16% <t< th=""><th></th><th>2005</th><th>2010</th><th>2005-2010</th><th></th><th>2005</th><th>201</th></t<> | | 2005 | 2010 | 2005-2010 | | 2005 | 201 |
| amador 32.97% 36.95% 12.1% winador 32.97% 36.95% 12.1% kutte 34.41% 34.71% 0.9% Salaveras 31.28% 32.70% 4.5% Solusa 40.37% 45.74% 13.3% Solura Costa 32.69% 33.85% 3.5% Sontra Costa 32.69% 33.85% 3.5% Joel Norte 38.84% 45.15% 16.2% Joardo 26.49% 25.67% -3.1% San Diego 35.33% 32.95% Jumboldt 38.80% 40.16% 3.5% San Mateo 36.11% 34.07% San Mateo 36.11% 34.07% San Mateo 36.11% 34.07% Santa Clara 32.83% 32.88% Santa Clara 32.83% 32.88% Santa Clara 32.83% 32.84% Santa Clara 32.83% 32.84% Santa Clara 32.61% 34.45% Solano 38.29% 38.44% Sonoma 34.45% 35.45% </td <td>Alameda</td> <td>33.51%</td> <td>34.48%</td> <td>2.9%</td> <td>Placer</td> <td>27.18%</td> <td>25.82</td> | Alameda | 33.51% | 34.48% | 2.9% | Placer | 27.18% | 25.82 |
| Jack 11 Jack 11% Jack 12% Jack 11% Jack 12% | Alpine | * | * | * | Plumas | 30.99% | 27.75% |
| alaveras 31.28% 32.70% 4.5% colusa 40.37% 45.74% 13.3% colusa 40.37% 45.74% 13.3% contra Costa 32.69% 33.85% 3.5% colusa 45.74% 16.2% San Benito 44.76% 42.24% contra Costa 32.69% 33.85% 3.5% San Bernardino 38.44% 39.25% contra Costa 32.69% 33.85% 3.5% San Diego 35.83% 34.50% contra Costa 22.69% 25.67% -3.1% San Joaquin 39.29% 40.22% fresno 40.41% 42.68% 5.6% San Joaquin 39.29% 40.22% san Mateo 36.11% 34.07% San Mateo 36.11% 34.07% san Mateo 36.11% 34.07% Santa Barbara 36.71% 36.76% santa 41.43% 43.83% 5.8% Shasta 32.61% 34.13% sings 45.11% 43.50% -2.5% Shasta 32.61% 37.63% sasen 29.78% 28.37 | Amador | 32.97% | 36.95% | 12.1% | Riverside | 39.14% | 38.20% |
| Salaveras 31.28% 32.70% 4.5% Solusa 40.37% 45.74% 13.3% Sontra Costa 32.69% 33.85% 3.5% San Bernardino 38.44% 39.25% San Diego 35.83% 34.50% San Joaquin 39.29% 40.22% San Mateo 36.11% 34.07% Santa Clara 32.83% 32.88% Santa Clara 32.83% 32.88% Santa Clara 32.81% 32.81% Sake 40.16% 40.79% 1.6% Aarin 23.61% 24.5% 7.2% | Butte | 34.41% | 34.71% | 0.9% | Sacramento | 35.96% | 36.09% |
| Solusa 40.37% 45.74% 13.3% San Bernardino 38.44% 39.25% Son Trancisco 32.69% 33.85% 3.5% San Diego 35.83% 34.50% Son Dado 26.49% 25.67% -3.1% San Diego 32.04% 32.16% I Dorado 26.49% 25.67% -3.1% San Joaquin 39.29% 40.22% Silenn 40.41% 42.68% 5.6% San Mateo 36.11% 34.07% Jumboldt 38.80% 40.16% 3.5% San Mateo 36.11% 34.07% San Mateo 36.58% 34.82% -4.8% Santa Clara 32.83% 32.88% Santa Clara 32.81% 37.85% Santa Clara 32.61% 34.13% ake 40.16% 40.79% 1.6% Siskiyou 30.55% 33.50% Adatera 44.71% 44.13% -1.3% Solano 38.29% 38.44% Mariposa 26.16% 29.07% 11.1% Tehama 40.34% 38.57% Mariposa 26.16% 29.07% 11.1% T | Calaveras | | | | San Benito | 44.76% | 42.24% |
| Sontra Costa 32.69% 33.85% 3.5% San Diego 35.83% 34.50% Del Norte 38.84% 45.15% 16.2% San Francisco 32.04% 32.16% I Dorado 26.49% 25.67% -3.1% San Joaquin 39.29% 40.22% I porado 26.49% 25.67% -3.1% San Joaquin 39.29% 40.22% I porado 26.49% 42.68% 5.6% San Luis Obispo 33.53% 32.15% San Mateo 36.58% 34.82% -4.8% Santa Clara 32.83% 32.88% Santa Clara 32.61% 34.35% -3.6% Santa Clara 32.61% 34.33% assen 29.78% 28.37% -4.7% Solano 38.29% 38.44% Adera 44.71% 44.13% -1.3% Solano 34.5% 35.5% Mariposa 26.16% 29.07% 11.1% Tehama 40.34% 38.5% Mendocino 39.77% 42.65% 7.2% Tinity <td>Colusa</td> <td></td> <td></td> <td></td> <td>San Bernardino</td> <td>38.44%</td> <td>39.25%</td> | Colusa | | | | San Bernardino | 38.44% | 39.25% |
| bel Norte 38.84% 45.15% 16.2% San Francisco 32.04% 32.16% I Dorado 26.49% 25.67% -3.1% San Joaquin 39.29% 40.22% resno 40.41% 42.68% 5.6% San Joaquin 39.29% 40.22% San Luis Obispo 33.53% 32.15% San Luis Obispo 33.53% 32.15% San Mateo 36.11% 34.07% San Mateo 36.11% 34.07% Nyo 36.58% 34.82% -4.8% Santa Barbara 36.71% 36.76% Santa Clara 32.83% 32.88% 32.61% 34.13% 32.61% 34.13% 32.61% 34.13% 32.61% 34.45% 35.45% 36.86% 36.8 | Contra Costa | | | | San Diego | 35.83% | 34.50% |
| I Dorado 26.49% 25.67% -3.1% San Joaquin 39.29% 40.22% resno 40.41% 42.68% 5.6% San Luis Obispo 33.53% 32.15% San Mateo 36.11% 34.07% San Mateo 36.11% 34.07% Numboldt 38.80% 40.16% 3.5% Santa Barbara 36.71% 36.76% Santa Clara 32.83% 32.83% 32.88% 32.88% 32.88% 32.88% Ayo 36.58% 34.82% -4.8% Santa Clara 32.83% 32.88% Sings 45.11% 43.50% -3.6% Santa Cruz 36.93% 37.85% Sings 45.11% 43.50% -3.6% Sierra 43.66% 37.63% Sassen 29.78% 28.37% -4.7% Solano 38.29% 38.44% Mariposa 26.16% 29.07% 11.1% Stanislaus 41.60% 40.71% Mariposa 26.16% 29.07% 11.1% Tehama 40.34% 38.57% Modoc 36.12% 38.58% 6.8% Yula | Del Norte | | | | San Francisco | 32.04% | 32.16% |
| resno40.41%42.68%5.6%San Luis Obispo33.53%32.15%Glenn40.50%40.74%0.6%San Mateo36.11%34.07%Iumboldt38.80%40.16%3.5%Santa Barbara36.71%36.76%mperial47.18%46.91%-0.6%Santa Clara32.83%32.88%hyo36.58%34.82%-4.8%Santa Clara32.83%32.88%ings45.11%43.50%-3.6%Santa Clara32.61%34.13%ings45.11%43.50%-3.6%Sierra43.66%37.63%ake40.16%40.79%1.6%Sierra43.66%37.63%assen29.78%28.37%-4.7%Solano38.29%38.44%So Angeles42.62%41.56%-2.5%Solano38.29%38.44%Marin23.61%29.07%11.1%Stanislaus41.60%40.71%Mariposa26.16%29.07%11.1%Tehama40.34%38.57%Mendocino39.77%42.65%7.2%Tulare43.03%43.78%Mono31.48%32.43%3.0%Ventura35.91%35.85%Marpa36.85%39.10%6.1%Yuba37.05%41.15%Uevada27.90%27.20%-2.5%CALIFORNIA38.44%38.00% | El Dorado | | | | San Joaquin | 39.29% | 40.22% |
| Numboldt 38.80% 40.16% 3.5% Santa Barbara 36.71% 36.76% nyo 36.58% 34.82% -4.8% Santa Clara 32.83% 32.88% Santa Clara 32.81% 34.13% Santa Clara 32.61% 34.13% Santa Santa Clara 32.61% 34.13% Santa Clara 32.61% 34.13% Santa Clara 32.61% 34.13% Santa Clara 32.61% 36.55% Mariposa 26.16% 29.07% 1.1% Merced 44.50% 43.75% </td <td>Fresno</td> <td></td> <td></td> <td>5.6%</td> <td>San Luis Obispo</td> <td>33.53%</td> <td>32.15%</td> | Fresno | | | 5.6% | San Luis Obispo | 33.53% | 32.15% |
| Numboldt38.80%40.16%3.5%Santa Barbara36.71%36.76%nyo36.58%34.82%-0.6%Santa Clara32.83%32.88%nyo36.58%34.82%-4.8%Santa Cruz36.93%37.85%Gern41.43%43.83%5.8%Shasta32.61%34.13%Gings45.11%43.50%-3.6%Shasta32.61%34.13%ake40.16%40.79%1.6%Siskiyou30.55%33.50%ake40.16%40.79%1.6%Siskiyou30.55%33.50%os Angeles42.62%41.56%-2.5%Sonoma34.45%35.45%Marin23.61%24.90%5.5%Sutter39.01%35.72%Mariposa26.16%29.07%11.1%Tehama40.34%38.57%Modoc36.12%38.58%6.8%Tuolumne29.69%29.52%Mono31.48%32.43%3.0%Yolo36.92%36.85%Mapa36.85%39.10%6.1%Yuba37.05%41.15%Nevada27.90%27.20%-2.5%CALIFORNIA38.44%38.00% | Glenn | 40.50% | 40.74% | 0.6% | San Mateo | 36.11% | 34.07% |
| hyo 36.58% 34.82% -4.8% Santa Cruz 36.93% 37.85% Siern 41.43% 43.83% 5.8% Sings 45.11% 43.50% -3.6% ake 40.16% 40.79% 1.6% assen 29.78% 28.37% -4.7% os Angeles 42.62% 41.56% -2.5% Madera 44.71% 44.13% -1.3% Marin 23.61% 24.90% 5.5% Mariposa 26.16% 29.07% 11.1% Merced 44.50% 43.75% -1.7% Modoc 36.12% 38.58% 6.8% Mono 31.48% 32.43% 3.0% Monterey 44.94% 44.59% -0.8% Iapa 36.85% 39.10% 6.1% Yuba 37.05% 41.15% Yuba 37.05% 41.15% | Humboldt | | 40.16% | 3.5% | Santa Barbara | 36.71% | 36.76% |
| hyo36.58%34.82%-4.8%Santa Cruz36.93%37.85%kern41.43%43.83%5.8%Shasta32.61%34.13%kings45.11%43.50%-3.6%Sierra43.66%37.63%ake40.16%40.79%1.6%Siskiyou30.55%33.50%assen29.78%28.37%-4.7%Solano38.29%38.44%os Angeles42.62%41.56%-2.5%Solano38.29%38.44%Madera44.71%44.13%-1.3%Stanislaus41.60%40.71%Mariposa26.16%29.07%11.1%Tehama40.34%38.57%Mendocino39.77%42.65%7.2%Trinity37.54%26.67%Mono31.48%32.43%3.0%Yolo36.92%36.85%Japa36.85%39.10%6.1%Yuba37.05%41.15%Levada27.90%27.20%-2.5%CALIFORNIA38.44%38.00% | Imperial | 47.18% | 46.91% | -0.6% | Santa Clara | 32.83% | 32.88% |
| Arrin41.43%43.83%5.8%Shasta32.61%34.13%Sings45.11%43.50%-3.6%Sierra43.66%37.63%ake40.16%40.79%1.6%Siskiyou30.55%33.50%assen29.78%28.37%-4.7%Solano38.29%38.44%sos Angeles42.62%41.56%-2.5%Solano38.29%38.44%Madera44.71%44.13%-1.3%Stanislaus41.60%40.71%Marino23.61%29.07%11.1%Sutter39.01%35.72%Mariposa26.16%29.07%11.1%Tehama40.34%38.57%Mendocino39.77%42.65%7.2%Tinity37.54%26.67%Modoc36.12%38.58%6.8%Ventura35.91%35.85%Mono31.48%32.43%3.0%Ventura35.91%35.85%Marpa36.85%39.10%6.1%Yuba37.05%41.15%Levada27.90%27.20%-2.5%CALIFORNIA38.44%38.00% | Inyo | 36.58% | 34.82% | -4.8% | Santa Cruz | 36.93% | 37.85% |
| AngoHeiringHeiringHeiringHeiringHeiringHeiringake40.16%40.79%1.6%Siskiyou30.55%33.50%assen29.78%28.37%-4.7%Solano38.29%38.44%sos Angeles42.62%41.56%-2.5%Solano38.29%38.44%Madera44.71%44.13%-1.3%Stanislaus41.60%40.71%Marin23.61%24.90%5.5%Sutter39.01%35.72%Mariposa26.16%29.07%11.1%Tehama40.34%38.57%Merced44.50%43.75%-1.7%Tulare43.03%43.78%Modoc36.12%38.58%6.8%Tuolumne29.69%29.52%Mono31.48%32.43%3.0%Yolo36.92%36.89%Mapa36.85%39.10%6.1%Yuba37.05%41.15%Levada27.90%27.20%-2.5%CALIFORNIA38.44%38.00% | Kern | 41.43% | 43.83% | 5.8% | Shasta | 32.61% | 34.13% |
| Antional and any of the first of the fi | Kings | 45.11% | 43.50% | -3.6% | Sierra | 43.66% | 37.63% |
| assert 27.70% 20.37% -4.7% os Angeles 42.62% 41.56% -2.5% Madera 44.71% 44.13% -1.3% Marin 23.61% 24.90% 5.5% Mariposa 26.16% 29.07% 11.1% Mendocino 39.77% 42.65% 7.2% Merced 44.50% 43.75% -1.7% Modoc 36.12% 38.58% 6.8% Mono 31.48% 32.43% 3.0% Ventura 35.91% 35.85% Vapa 37.05% 41.15% Ventura 35.91% 35.85% Maray 36.85% 39.10% 6.1% Yuba 37.05% 41.15% CALIFORNIA 38.44% 38.00% | Lake | 40.16% | 40.79% | 1.6% | Siskiyou | 30.55% | 33.50% |
| Madera 44.71% 44.13% -1.3% Marin 23.61% 24.90% 5.5% Mariposa 26.16% 29.07% 11.1% Mendocino 39.77% 42.65% 7.2% Merced 44.50% 43.75% -1.7% Modoc 36.12% 38.58% 6.8% Mono 31.48% 32.43% 3.0% Monterey 44.94% 44.59% -0.8% Japa 36.85% 39.10% 6.1% Yuba 37.05% 41.15% CALIFORNIA 38.44% 38.00% | Lassen | 29.78% | 28.37% | -4.7% | Solano | 38.29% | 38.44% |
| Marin 23.61% 24.90% 5.5% Mariposa 26.16% 29.07% 11.1% Mendocino 39.77% 42.65% 7.2% Merced 44.90% 43.75% -1.7% Modoc 36.12% 38.58% 6.8% Mono 31.48% 32.43% 3.0% Ventura 35.91% 35.85% Japa 36.85% 39.10% 6.1% Vadada 27.90% 27.20% -2.5% | Los Angeles | 42.62% | 41.56% | -2.5% | Sonoma | 34.45% | 35.45% |
| Marino 25.01% 24.70% 5.5% Mariposa 26.16% 29.07% 11.1% Mendocino 39.77% 42.65% 7.2% Merced 44.50% 43.75% -1.7% Modoc 36.12% 38.58% 6.8% Mono 31.48% 32.43% 3.0% Monterey 44.94% 44.59% -0.8% Japa 36.85% 39.10% 6.1% Yuba 37.05% 41.15% CALIFORNIA 38.44% 38.00% | Madera | 44.71% | 44.13% | -1.3% | Stanislaus | 41.60% | 40.71% |
| Mendocino 39.77% 42.65% 7.2% Merced 44.50% 43.75% -1.7% Modoc 36.12% 38.58% 6.8% Mono 31.48% 32.43% 3.0% Monterey 44.94% 44.59% -0.8% Japa 36.85% 39.10% 6.1% Yuba 37.05% 41.15% CALIFORNIA 38.44% 38.00% | Marin | 23.61% | 24.90% | 5.5% | Sutter | 39.01% | 35.72% |
| Merced 44.50% 43.75% -1.7% Modoc 36.12% 38.58% 6.8% Mono 31.48% 32.43% 3.0% Monterey 44.94% 44.59% -0.8% Japa 36.85% 39.10% 6.1% Yuba 37.05% 41.15% CALIFORNIA 38.44% 38.00% | Mariposa | 26.16% | 29.07% | 11.1% | Tehama | 40.34% | 38.57% |
| Modoc 36.12% 38.58% 6.8% Tuolumne 29.69% 29.52% Mono 31.48% 32.43% 3.0% Ventura 35.91% 35.85% Monterey 44.94% 44.59% -0.8% Yolo 36.92% 36.85% Japa 36.85% 39.10% 6.1% Yuba 37.05% 41.15% Levada 27.90% 27.20% -2.5% CALIFORNIA 38.44% 38.00% | Mendocino | 39.77% | 42.65% | 7.2% | | 37.54% | |
| Nonco 31.48% 32.43% 3.0% Ventura 35.91% 35.85% Monterey 44.94% 44.59% -0.8% Yolo 36.92% 36.89% Japa 36.85% 39.10% 6.1% Yuba 37.05% 41.15% Jevada 27.90% 27.20% -2.5% CALIFORNIA 38.44% 38.00% | Merced | 44.50% | 43.75% | -1.7% | Tulare | | |
| Monterey 44.94% 44.59% -0.8% Yolo 36.92% 36.89% Japa 36.85% 39.10% 6.1% Yuba 37.05% 41.15% Jevada 27.90% 27.20% -2.5% CALIFORNIA 38.44% 38.00% | Modoc | 36.12% | 38.58% | 6.8% | Tuolumne | 29.69% | |
| Japa 36.85% 39.10% 6.1% Yuba 37.05% 41.15% Jevada 27.90% 27.20% -2.5% CALIFORNIA 38.44% 38.00% | Mono | 31.48% | 32.43% | 3.0% | | | |
| levada 27.90% 27.20% -2.5% CALIFORNIA 38.44% 38.00% | Monterey | 44.94% | 44.59% | -0.8% | | | |
| | Napa | 36.85% | 39.10% | 6.1% | Yuba | 37.05% | 41.15% |
| Drange 34.32% 33.29% -3.0% | Nevada | 27.90% | 27.20% | -2.5% | CALIFORNIA | 38.44% | 38.00% |
| | Orange | 34.32% | 33.29% | -3.0% | | | |

*Data omitted due to small sample size.

Source: Data calculated from the 2005 and 2010 California Physical Fitness Test, California Department of Education



