Eye Movement Desensitization & Reprocessing Certification for Humboldt BH Clinicians for Youth

HAF+WRCF Grant

Humboldt County Department of Behavioral Health

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Application Form

Organization Type

Organization Type

Please select the option that best describes your organization.
(Public benefit organizations include churches, educational organizations/schools, hospitals, government units, tribal governments, etc.)

Public benefit organization

Application Questions

Geographic Region

What geographic areas will your project or program serve? Please select all that apply.

Humboldt County

Racial Demographics

Please select the primary demographic that will benefit from your project/program.

Two or more

Demographics (Continued)

Please use this space to share any additional information about the demographics of the community served. (i.e. vulnerable youth, houseless, etc.)

Four out of five 5 Transitional-age Youth (TAY) clinicians may self-identify as BIPOC.

Number of people served by TAY, in 2019 = 49
Number of people served by TAY, in 2021-2022 = 24, due to possible COVID impacts
Number of people served, by TAY in 2022 = 53

Racial Demographics for people served by TAY in 2022
51.2% white
13% identify as American Indian.
10.2% identify as Hispanic
6.2% identify as African American
5.6% identify as multi-racial/other

Humboldt County & Hoopa Tribal members/residents served

Strategic Goals

Which of HAF+WRCF's strategic goals does this project/program help to accomplish? Please select all that apply. More information about HAF+WRCF's strategic goals can be found here.

Racial Equity

Project Reach

Please estimate the total number of individuals who will be involved in or benefit from this project/program.

200

Basic Information

Project Name*

Please enter the name of your project or program.

Eye Movement Desensitization & Reprocessing Certification for Humboldt BH Clinicians for Youth

Amount Requested

Please enter the amount you are requesting with this application.

$1,100.00

Request Contact

Please enter the name of the primary contact for this request.

Cayla Mayer

Request Contact Title/Role

Please enter the job title and/or role of the request contact.

Social Work Intern at Humboldt Behavioral Health

Request Contact Email Address

Please enter the email address of the primary contact for this request.

cmayer@co.humboldt.ca.us

Request Contact Phone Number

Please enter the phone number of the primary contact of this request. *Please include area code and extension number (if applicable).*

707-572-95276

Application Sharing

May we share this application with other potential funders?

Yes

Project Narrative

Request Description

Please describe your request; include goals, outcomes, and success metrics.

County of Humboldt's Behavioral Health Department has the Transitional Age Youth Program with five clinicians seeking to complete the Eye Movement Desensitization and Reprocessing Therapy (EMDR) training and certification process they have begun with funding from the County of Humboldt. EMDR is primarily used to treat trauma, depression, obsessive-compulsive disorder (better known as OCD), and substance abuse.

Original EMDR funding has been expended and the county faces debit, so the youth-focused clinicians are not likely to receive more funding to complete the training and are seeking funding to complete the remaining 20 hours, each of training to complete EMDR certification. Five Transitional Age Youth (TAY) clinicians will work in one group to receive training completion from a EMDR consultant. The applicant confirmed the EDMR consultant is neither local, nor a person who identifies as BIPOC.

Funding is needed by February 2024.

Project Timeline

Please describe the proposed project timeline.

TAY clinicians are hoping to complete their training by February 2024.

Start Date

Please enter the estimated start date of this project.

Completion Date

Please enter the estimated completion date of this project.

Project Impact

Please discuss your organization's connection with the community being served through this project/program. Please be sure to include any past or present collaborations with this community.

TAY addresses multiple, simultaneous vulnerabilities in Humboldt County, CA and Hoopa, CA. They serve Transitional-Age Youth, hence the acronym for their branch for County of Humboldt Behavioral Health services. They serve people ages 16 through 26, who must meet one additional of the following requirements beside the age requirement: they must be in foster care, extended foster care, the juvenile justice system, or within three years of their first psychosis diagnosis.

In 2022, 35% of people TAY served self-identified as being BIPOC.
In 2022, 6% identified as transgender or nonbinary.

Community Resources

What existing community resources does this project utilize? (local expertise, leadership, volunteers, etc.)

The applicant is a Cal Poly Humboldt intern, a social worker in training, in the Behavioral Health department

Project Budget

Total Project Budget

Please enter the total budget for this project.

$14,888.84

Percentage Requested

What percentage of the total budget is being requested?
(Amount Requested = (?)% of Total Budget)

7%

Secured Funds

If you have already secured a portion of your funding, please enter that amount here.

TBD

Financial Need

Why has this project fallen outside of your normal budget plans?

Future Funding

What are your plans for (cost) maintenance and/or replacement of this request in subsequent years?

The County of Humboldt is still reporting they are seven million dollars in debt this fiscal year.

Budget Worksheet

Please:
1. Download our **Budget Template**
2. Fill out the template and save (on your computer)
3. Upload your completed budget

Humboldt Behavioral Health TAY Budget OCT2023.xlsx

Upload Slot

Application Upload

File Attachment Summary

Applicant File Uploads

- Humboldt Behavioral Health TAY Budget OCT2023.xlsx

Anticipated Project Budget

Expenses	Amount Requested from HAF+WRCF	In-Kind Donations	Other funding Sources Amount	Other funding Sources Source	Total
$200/hour for 20 hours for 12 Clinicians in 2 groups of six	$ 8,000.00				$ 8,000.00
					$ -
					$ -
					$ -
					$ -
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		Estimated Project Total Cost			$ 8,000.00