



# **CONFIDENTIAL PERSONNEL INVESTIGATION REPORT**

**CITY OF ARCATA –  
COUNCILMEMBER  
BRETT WATSON**

**April 12, 2022**

**KRAMER WORKPLACE INVESTIGATIONS**

**TABLE OF CONTENTS**

	<b><u>Page</u></b>
I. INTRODUCTION.....	1
II. SUMMARY OF FINDINGS.....	1
III. METHODOLOGY OF THE INVESTIGATION.....	1
IV. DESCRIPTION OF THE ALLEGATIONS – INTERVIEW OF [REDACTED] .....	2
V. WITNESSES' INTERVIEWS.....	13
A. [REDACTED] .....	13
B. [REDACTED] .....	14
C. [REDACTED] .....	18
D. [REDACTED] .....	19
E. [REDACTED] .....	19
F. [REDACTED] .....	21
VI. FINDINGS OF FACT.....	23
A. Credibility Assessment .....	23
B. Findings of Fact .....	24
VII. CONCLUSION .....	28

## Attorney-Client Privileged Investigation Report

Pursuant to the request of the City of Arcata ("City"), Karen Kramer conducted a fact-finding investigation concerning allegations of sexual harassment made against Councilmember Brett Watson.

### I. INTRODUCTION

The City retained Kramer Workplace Investigations on or about December 14, 2021, to investigate allegations brought to the City's attention by [REDACTED]. Specifically, [REDACTED] reported that Watson engaged in sexually harassing conduct towards [REDACTED] while [REDACTED], [REDACTED] and Watson were in Sacramento attending the [REDACTED] Conference in September 2021.

This report is a fact-finding document created through the methodology described herein. The report contains factual conclusions based upon the information made available during the course of the investigation. It does not draw any legal conclusions or assess whether any City policies or State laws were violated. Furthermore, while several hours were spent interviewing witnesses and reviewing documents, this report does not purport to include every detail as described by the individuals involved. Rather, it assesses the important facts as they pertain to the allegations of sexual harassment made against Watson.

### II. SUMMARY OF FINDINGS

It is undisputed that Watson engaged the conduct attributed to him by [REDACTED] and that his conduct was motivated by his romantic interest in [REDACTED]. It is also undisputed that Watson abused his power as a City Councilmember by expecting [REDACTED] to spend time with him outside of City Hall; to respond to his calls and text messages outside of regular work hours; to engage in communications of a personal nature with him; and to hug him each time they met in his capacity as a Councilmember and her capacity as the [REDACTED]. The credible evidence presented during the investigation establishes by a preponderance of the evidence that the allegations against Watson are sustained.

### III. METHODOLOGY OF THE INVESTIGATION

The following persons were interviewed as part of this investigation:

1. [REDACTED], on December 14, 2021;
2. [REDACTED], on January 6, 2022;
3. [REDACTED] on January 10, 2022;
4. [REDACTED], on January 10, 2022;
5. [REDACTED], on January 11, 2022;
6. [REDACTED] on January 11, 2022;  
and
7. [REDACTED], on January 12, 2022.

The following documents were reviewed and relied upon as part of this investigation:<sup>1</sup>

1. Notes prepared by [REDACTED];
2. May 18, 2018 – October 18, 2020 excerpts of emails between [REDACTED] and Brett Watson;
3. June 20, 2017 – October 7, 2021 text messages between [REDACTED] and Brett Watson;
4. September 9, 2021 – unknown date text messages between [REDACTED] and Brett Watson; and

---

<sup>1</sup> Copies of these documents are attached as exhibits to this report.

5. City of Arcata Zero Tolerance Policy Against Discrimination and/or Harassment.

With the exception of former [REDACTED] interview, all of the interviews were conducted via video. All of the interviews were audio-recorded and memorialized by handwritten notes.<sup>2</sup>

The witnesses were told that they were expected to provide honest and forthright answers to the questions asked. They were also reminded of the City's policy against retaliation and told not to take any retaliatory action against anyone who participated in this investigation and to report any retaliation directed against them.

The undersigned did not interview all witnesses mentioned in the course of the investigation if, in the assessment of the undersigned, the witness did not have direct, relevant or significant information related to the specific incidents within the scope of the investigation, or if the undersigned obtained the information from a different credible witness or source.

Watson was not interviewed as part of the investigation. Efforts to secure his participation began on January 21, 2022, when the undersigned sent Watson's attorney, Amelia Burroughs, an email requesting to schedule Watson's interview at a mutually convenient date and time. On February 8, 2022, Burroughs advised that she was no longer representing Watson. On February 14, 2022, Watson's new attorney, Linda Mitlyng contacted the undersigned and on March 1, 2022, after exchanging several emails in an effort to schedule Watson's interview, Mitlyng notified the undersigned that she no longer represented Watson. On March 8, 2022, the undersigned learned that Watson was represented by attorney Elan Firpo. Counsel for the City communicated directly with Firpo to attempt to secure a date for Watson's interview, but on March 25, 2022, Firpo notified the City's attorney that she was no longer representing Watson.

**IV. DESCRIPTION OF THE ALLEGATIONS – INTERVIEW OF [REDACTED]**

[REDACTED] has been the [REDACTED] for [REDACTED]. She has been employed by the City for approximately [REDACTED].

[REDACTED] advised that Watson was appointed to the City Council in 2016. She explained that when Watson was first appointed, they spent a lot of time talking about the community and City practices. According to [REDACTED], her relationship with Watson started to change in 2019, after Watson became the Mayor. [REDACTED] described Watson as a "conspiracy theorist," and stated that he focused on the rules pertaining to his authority and her authority. She shared a situation when her [REDACTED], invited someone to attend an agenda setting meeting, Watson questioned [REDACTED] authority in what she described as an "accusatory tone." She noted that [REDACTED] was following past practice in having others attend agenda setting meetings.

[REDACTED] advised that at some point, she learned that Watson struggled with mental health issues, including severe [REDACTED]. According to [REDACTED], Watson had a hard time remembering and sometimes understanding information without it being repeated a number of times. She stated that she and Watson scheduled additional time together, which she viewed as part of the job to ensure that each Councilmember is successful in their own way.

[REDACTED] shared that she developed an uncomfortable sense because of how Watson wanted to control meeting agendas and discussion of the Council. According to [REDACTED], towards the end of 2019, Watson started spending a lot more time around City Hall. At the time, she assumed that he did not have anything else to do, but at some point, she thought that he was coming in to spend more time with her.

The first inkling that [REDACTED] had that Watson wanted to spend time with her, before he told her that he had romantic feelings for her, was when Watson wanted a vacant Coastal Commission seat. According to [REDACTED], in late 2019, Watson traveled to Sacramento to meet with the [REDACTED] [REDACTED]

---

<sup>2</sup> Copies of the recordings are available upon request.



## Attorney-Client Privileged Investigation Report

██████ advised that after the meeting, ██████ called her to tell her that Watson was very critical of her and City staff. ██████ told ██████ that she explained to Watson that Arcata “works well.” ██████ then told ██████ that Watson told her that he had “strong feelings” for ██████ and had a crush on her. ██████ advised this was the first time anyone told her that Watson had feelings for her. She decided to “let it go” and did not tell anyone what ██████ told her.

The first time ██████ noticed Watson being possessive of her was in September 2019. ██████ explained that Watson was not appointed to the Coastal Commission, but ██████ was appointed to the Governor’s Task Force on Homelessness. ██████ attended ██████ first meeting with her in Modesto in September 2019, which included touring several facilities that service the homeless.

██████ advised that prior to going to Modesto, she sent the Councilmembers an email to notify them she would be out of town with ██████. According to ██████, Watson was enraged and called the other Councilmembers to find out why ██████ was traveling with ██████. She explained to them it was a great opportunity for her and ██████ to learn information about the biggest issue facing the City. ██████ opined Watson was jealous that ██████ was appointed to the Task Force.

After ██████ talked with the other Councilmembers, Watson called her. According to ██████, she told Watson that he “crossed a line” and asked him why he did not call her directly to express his concerns about her traveling to Modesto with ██████. ██████ stated that Watson told her he was mad at her and wanted to schedule a closed session to discuss her performance. She stated that she did not understand where his anger was coming from until he said to her that one day she would “even it out” by traveling alone with him. ██████ stated that at the end of the conversation, Watson repeatedly apologized, saying, “I’m sorry, I’m sorry, I’m sorry.”

According to ██████, between late 2019 and early 2020, Watson obsessed and worried about minor City issues, like repairs being conducted in the plaza. ██████ stated that Watson “created” problems so he could call ██████ and “spin” about the issue, and then he would apologize to her and tell her that he was going to work on his behavior.

In early 2020, Watson wanted to spend more time with her. She assumed “things were rough in his life,” and he needed a lot of support.

██████ reported that in May 2020, Watson told her that he had feelings for her while simultaneously being critical of her. On one occasion, Watson yelled at ██████, saying he did not think anyone should trust her and she was doing things that he did not think she was supposed to do, such as her putting items on the agenda, since it was the Mayor’s job to put items on the agenda. According to ██████, Watson later apologized to her, and on May 12, 2020, he cleaned the tires on her car. ██████ stated that the ██████ saw Watson cleaning her tires and at first thought someone was vandalizing ██████ car. ██████ stated that Watson told her that he said horrible things to her, so he wanted to make it up to her by cleaning her tires.

Around that same time, Watson asked ██████ to meet with him in person, even though COVID-19 protocols discouraged in-person meetings. ██████ stated she agreed to meet with Watson outside, and they went for a walk. ██████ explained that while they were walking on approximately May 10, 2020, Watson told her that he had something to say to her, even though he assumed she would not want him to say it. ██████ reported that during this walk, Watson told her that he started having feelings for her in August 2019, and that he had spoken to his psychologist about the situation. Watson told ██████ that he did not know why he had a crush on a woman ██████. He also told ██████ that he did not want to make her feel uncomfortable, but he was glad he told her how he felt.

According to ██████ during the next week Watson made comments to her, such as, “You need to know these feelings are really deep,” and “They’re not just regular feelings, not something that will just blow over.” ██████ stated that one week later, when she and Watson were walking, she told him that he needed to work through his feelings for her on his own. Watson told ██████ that he understood, but also said their relationship was “so different” because she was the best friend he ever had. ██████ explained to Watson that she could not be his best friend because he is her boss and she could not be any more

## Attorney-Client Privileged Investigation Report

than that. [REDACTED] reported that Watson then got very mad and said that they could “do the employer-employee thing” and that it was easy for him to be cold-blooded and tell her everything she was doing wrong.

According to [REDACTED] in late May/early June 2020, Watson told her he was going to step down and leave the City Council, but he did not do that. [REDACTED] opined that Watson said he was going to resign so he would not be her boss anymore. She knew he was struggling with his mental health and having marital issues. He was also concerned that he would not be reelected in November 2020.

On approximately June 17, 2020, Watson sent a text message to [REDACTED] telling her he was nervous around her because he did not know what to say that would not reveal how he was feeling about her and he did not want to upset her by crossing a boundary. According to [REDACTED] her communications with Watson had a recurring theme, in that he repeatedly told her how important she was to him and that he was concerned that he might say something to her that would create distance in their friendship. She stated that Watson “found her kryptonite,” because he knew she wanted to help people and she needed to support Watson to ensure the City functioned properly.

[REDACTED] reported that on June 18, 2020, she and Watson went for a walk away from City Hall. According to [REDACTED] Watson wanted to talk about his philosophy of rules and that rules were not for him. In particular, Watson spoke about the Brown Act, and said it was acceptable for him to talk to multiple Councilmembers because he followed what he called the “Brett Act.” [REDACTED] stated that Watson made this comment in a joking manner, but she did not believe he was joking. [REDACTED] assumed this to be the case, because [REDACTED] meets individually with each Councilmember every week and some weeks they all asked her the same questions, which led her to believe they had all talked to Watson.

According to [REDACTED] on numerous occasions, Watson told her that he knew how to “walk the line,” and he could “pull a vote” any time if an item was important to him. [REDACTED] explained that on June 18, 2020, Watson wanted her to break the rules with him. He told [REDACTED] that she broke rules all the time, such as adding an item to the Council agenda when the rules state the [REDACTED] sets the agenda.

[REDACTED] reported that Watson wanted her to tell him the other [REDACTED] secrets. [REDACTED] told Watson that no [REDACTED] would ever cross that line, but Watson maintained it happened “all the time.” Watson told [REDACTED] that he wanted to share more information with her, but he could not do so if he could not trust her and that he would trust her if they had secrets together. He also told her a joke – “What has four thumbs and runs the City . . . Brett and [REDACTED].” [REDACTED] told Watson she did not know what he meant, and Watson explained that he was the only Councilmember who did anything, so the two of them were running the City. [REDACTED] tried to tell Watson that each of the Councilmembers performs work for the City and he should not ignore or disregard the work his colleagues did. [REDACTED] opined that Watson’s claim that he was the only Councilmember doing any work was not an accurate statement.

[REDACTED] stated that when she and Watson returned to City Hall from their walk, Watson continued to press her on “breaking rules,” and then asked her if she ever drove 58 mph in a 55 mph zone. [REDACTED] acknowledged that she did, and she acknowledged she was a “rule breaker,” if that was his threshold.

[REDACTED] advised that during a Council meeting a few nights after their walk, [REDACTED] and [REDACTED] disagreed with a position Watson took regarding a moratorium on housing evictions. According to [REDACTED] Watson accused her of “not living up to her side of the bargain,” claiming she knew [REDACTED] and [REDACTED] disagreed with Watson’s position and she failed to tell him. [REDACTED] stated that Watson opined that had [REDACTED] broken the rules, he could have changed [REDACTED] and [REDACTED] votes.

[REDACTED] shared that she was very clear to Watson that she was not going to share with him what other Councilmembers told her. According to [REDACTED] Watson replied, “I fucking have to do this all the time. Box you in so you’re straight with me because you sidestep stuff, and I guess I just need to be your boss and you just need to do everything by the fucking book.”

## Attorney-Client Privileged Investigation Report

█████ advised that on June 18, 2020, when Watson called █████ after their walk and she did not answer, he repeatedly call her back and panicked. Watson called █████, and told her that he needed to speak with █████ “right away,” which caused █████ to become fearful.

█████ explained that when she spoke with Watson, she explained to him that she was in back-to-back meetings and had a full-time job running the City. According to █████ Watson apologized for his outburst, but said he felt betrayed and abandoned because she could not meet with him until Monday. Watson also told █████ that he “lost everything with his friends” and did not have anyone else to turn to. He also said he thought they could run the City together better than anyone else.

█████ reported that Watson sent her text messages at all hours, and when she did not immediately respond, he repeatedly sent her text messages until she responded.<sup>3</sup> She explained that he would “spin” when she did not immediately respond to his text messages, and would come across as mad because he was frustrated. The example she offered was on June 22, 2020, when Watson sent her text messages at 8:30 a.m., 9:43 a.m., and 10:30 a.m. She responded to his text messages at approximately 11:00 a.m.

█████ explained that she prepared notes regarding her interactions with Watson.<sup>4</sup> She advised that in late June 2020, she noted that Watson asked her to help him work out his feelings for her. She noted that he told her she was all he had and that he needed her. According to █████ Watson “launched into speeches” about how great she was and that people are important to him, but he always struggled with work relationships and friendships, and was afraid he would ruin theirs. █████ notes indicate that Watson asked her if they could continue going on walks and maintain what they had, and that he said he would try to not be inappropriate.

█████ shared that she and Watson typically walked on Mondays and Fridays. According to █████ the Monday walks consisted of conversations about how much Watson missed her all weekend, while the Friday walks consisted of conversations about Watson not knowing what he was going to do over the weekend because he was going to miss her, that he was not sure he would get through it, but he would try not to bug her. According to █████ these same conversations went on for many months.

█████ advised that she generally remained calm during her conversations with Watson, as she knew he was hurting, but she noted she had a few breakdowns when she yelled at him.

On June 24, 2020, Watson told █████ that he wanted her to help him work out his feelings for her so that he would no longer be inappropriate towards her. She agreed because she wanted to help him.

Through July 2020, as they got closer to the election, Watson wanted █████ to conspire with him about who would be elected. Watson’s candidate, █████, worked for a local engineering company the City worked with quite a bit. █████ shared that she told Watson that she thought █████ would be a great Councilmember, but she was concerned about him working for a company the City contracted with and that if he was elected, the City might not be able to contract with the engineering firm. According to █████ Watson told her that █████ looked into it and “it was all good,” with which she disagreed. Watson made it clear to her that he wanted █████ to join the City Council. He told her not to contact █████ and to let the █████ and █████ handle the situation.

█████ stated that when Watson called her later that day, she told him she felt threatened by his statements because he implied that he wanted █████ on the Council, that it was none of her business and that if she got involved, he would retaliate against her. Watson replied that he and █████ were friends, so he thought he could make comments of that nature to her. █████ stated she accepted Watson’s apology and agreed to “move on.”

█████ reported that in July 2020, Watson acknowledged to her that he had been treating █████ and other █████ poorly. Also in July 2020, Watson asked to meet with █████

---

<sup>3</sup> Copies of the text messages Watson and █████ exchanged are attached to this report as Exhibit 3.

<sup>4</sup> █████ notes are attached to this report as Exhibit 1.

## Attorney-Client Privileged Investigation Report

██████ to discuss employee/employer relationships and how he could make sure his relationship with ██████ was okay. ██████ noted that by this time, many staff members were concerned about the amount of time Watson expected ██████ to spend with him.

After his meeting with ██████ Watson blamed ██████ for not knowing that it was inappropriate for him to have a personal relationship with the ██████. He stated that ██████ trained him, so he had no confidence in her and wanted ██████ to fire her. According to ██████ what Watson took away from his conversation with ██████ was that he was in the position of power and needed to control his behavior.

In August 2020, Watson was thinking of stepping down and planned to resign during the first City Council meeting in September 2020. On August 4, 2021, Watson asked to talk to ██████ about defining their friendship and their working relationship, and how they intersected and overlapped. According to ██████ they discussed the pros and cons of Watson stepping down. He asked ██████ to make rules around their communications because "the current setup" was not working for either of them.

██████ explained that the pattern that existed in the summer of 2020 was that Watson would get mad at her, and then apologize and tell her he needed her. She stated that Watson "decided" ██████ needed a vacation, so he called all of the Councilmembers to tell them that ██████ was "burnt out" and needed a break. ██████ advised that the only thing overwhelming her at the time was Watson, and not the pandemic or her job. She assumed that none of the other Councilmembers knew about Watson's behavior and how he treated her.

██████ stated that after Watson encouraged her to take the vacation; he then realized that he could not "be there without her." On August 24, 2020, ██████ notified all of the Councilmembers that she was going to take a week off to visit family. According to ██████ Watson called her on a Friday night to tell her that he was mad she was going on vacation because he was going to miss her and he did not know how he could be away from her for one week.

On August 29, 2020, Watson asked ██████ why their relationship was not working and told her that it bothered him that he was the only one who worried about their relationship. He told her that in his opinion, they were trying to be friends, but because their friendship was confined to work hours, it felt less authentic to him. Watson told ██████ that he might be ██████ and was going to take medication for her so he did not continue to treat her "that way." ██████ stated she told Watson he should not take medication for her benefit, but should focus on healing himself and do whatever was best for him.

On August 31, 2020, Watson told ██████ that he wanted to start over again, and that if she cared about him as much as she said she did, they could both do better. According to ██████ Watson told her that he knows putting too much attention into something (her) is very unhealthy.

According to ██████ Watson started to "spiral" again in September 2020. He told her that he was hurt because she told him she did not trust him. During this timeframe, he told ██████ that he missed her and did not know what to do.

██████ advised that during her vacation, Watson was in constant communication with her. He told her he was going to leave town because it was too difficult to be in Arcata without her. She shared that she had conversations with Watson during all of her vacations, none of which were work-related. ██████ explained that she considers it part of her job to be there for the Councilmembers.

██████ advised that shortly after she decided to set some boundaries with Watson, he went through a horrible time. He left his wife, got into a bad car accident and totaled his car, and his father passed away. She stated that she hurt for him because she knew he was in shock.

According to ██████ when the City started an economic collaborative during the pandemic, Watson got mad at her for inviting "new people" to a meeting with ██████. He told her that he was in charge of the meeting and accused her of inviting people behind his back. ██████ assumed that Watson's mental health did not allow him to let certain things go. For example, he questioned why they did not go to dinner together and she repeatedly

## Attorney-Client Privileged Investigation Report

explained to him they are not friends and that he is her boss. She noted that he would make comments about her deserving a raise, and then comment that he was concerned about her performance and wanted to call a closed session.

██████ described Watson as “catatonic” at times in January and February 2021. She stated there were times when they went for walks and Watson said very little. ██████ tried to make it comfortable enough for staff to work with Watson, but sometimes he was very focused and obsessed about meeting with her. She stated there were times Watson was short with staff, and sometimes cryptic. She opined there was always something behind his comments, but he would not just clearly explain what the issue was, causing staff to wonder if they said or done something wrong.

In late February 2021, ██████ traveled to the Midwest for a funeral. According to ██████ Watson “was really spinning” about her leaving and they spent approximately a week planning how Watson would get through it. Before her trip, ██████ and Watson were on a walk when Watson told her the only thing on his mind was her leaving town and how he would get through her being gone. Watson wanted to plan with ██████ when he would be able to talk to her and send her text messages while she was gone. She described Watson as having a lot of time on his hands, even though he owns a company. She stated that all she knew about his life was what he chose to share with her, which included him drinking until he passed out.

When ██████ returned from the funeral, she told Watson she was going to quarantine for several days, but he told her he did not care about COVID-19 and wanted to see her in person. She noted that at some point, she had to push back from meeting with him because she did not physically have the time to do so.

██████ advised there were three new Councilmembers elected during the November 2020 election, but she spent most of her time with Watson, who was a “constant interruption” in her life. She stated that even though she has a strong City team, the City suffered because she spent most of her time with Watson.

██████ shared that at some point, Watson told her that he needed a hug, so she gave him a hug and then it became part of their ritual every time they saw each other. According to ██████ on some occasions Watson went to her office and told her that he did not need to talk about anything but needed a hug. Additionally, when they were on walks and stopped at an overlook or at a big hill, he asked her for hugs. ██████ explained she would give Watson a hug because she knew they would not go anywhere until he got a hug. ██████ acknowledged there were occasions when she initiated the hug with Watson so they could start walking again. She noted that 90% of the time they hugged, Watson initiated or asked for a hug.

██████ stated that there were occasions when Watson went to her office and would not leave without a hug. She stated that in general, she did not mind hugging people, but in her opinion, Watson’s hugs lasted for longer than 20 to 30 seconds, which she opined was too long. She did not know if others saw Watson hugging her, and noted that her office door was always open. According to ██████ no other Councilmember hugged her the same way, aside from ██████ who apologized for hugging her every time he did so.

██████ advised that in the beginning of 2021, Watson looked for ways to be with her, such as doing all of his Zoom meetings from City Hall.

██████ shared that in early 2021, Watson went through periods of paranoia, worrying about his reelection. For example, in April 2021, one of the grocery unions requested the City approve hazard pay for its members during the pandemic. According to ██████ Watson and a majority of the Councilmembers voted against hazard pay for the grocery union, so Watson worried that the union would vote against him when he was up for reelection. ██████ stated that Watson started to reach out to everyone he voted against or “was horrible to” and promised them things that made them happy. He tried to appease anyone who might campaign against him, even though the election was 1½ years away.

## Attorney-Client Privileged Investigation Report

█████ advised that when Watson learned that a local business owner invited her and a new █████ to lunch, he called █████ and said he wanted to go to lunch with them. She told him she did not arrange the lunch and could not include him. She did not know why he wanted to join them for lunch, and opined his mental health was not in a place where the lunch would be productive. According to █████ Watson went to lunch with her and the others, but did not say a word, except to say, "We can't fund that."

In April 2021, Watson called █████ while she was at home and told her that he was having a lot of dreams about not being able to reach her, which caused him to wake up. She told him this was a sign that he needed to "let go" of her because it was not healthy for him to not sleep.

Also in April 2021, █████ told Watson that she was going to be attending her son's graduation in May 2021. He told her he could "maybe handle five days" without communicating with her. She left on a Thursday, so the Wednesday before she left they went for a walk, and while they were walking, Watson asked her if he could communicate with her via text message while she was gone. █████ stated she conceded and they exchanged text messages while she was out of town.

█████ shared that by June 2021, she was "done" with Watson's neediness and she pushed back on spending time with him. According to █████ Watson told her that she made a huge difference in his life and that had she not been there for him in December, he would have taken his life. She stated that he repeatedly told her he did not want to be a burden to her and that he was sorry, but she told him that his apologies were hollow and that whenever he told her he was sorry, she heard, "Fuck you █████ because nothing between them changed.

According to █████ by June 2021, the Council was dealing with some very bizarre and controversial issues. She was not comfortable telling the Council that one of their members had been harassing her for the past 1½ years, so she did not say anything to anyone until █████ figured it out.

In June 2021, while █████ and Watson were walking, Watson told her that he decided they should start jogging together on Fridays instead of walking. █████ stated that she disagreed and that walking, particularly during the pandemic, was a professional activity for them to keep in communication, but jogging was more recreational and not something she wanted to do with her boss. She told him that jogging crossed a boundary that she was not comfortable crossing.

According to █████ she and Watson returned to City Hall at approximately 4:00 p.m. that Friday afternoon, and at approximately 4:45 p.m., Watson called her, distraught, because she was his best friend and their relationship was special, so it was hurtful to him that she would not jog with him. █████ explained that she repeatedly told Watson she could not be his best friend, and that she needed to serve all five Councilmembers. Again, Watson apologized and told █████ he thought they were doing so well and that he was improving. █████ shared that Watson sent her a text message later that night telling her that he felt better.

█████ advised that the next Sunday was the first Father's Day after Watson lost his dad. Watson asked if he could talk to her for two minutes because he "needed a check in" and then he would be fine. █████ agreed, so he called her while she was out running errands. According to █████ a few minutes into their conversation, Watson told her that he prepared thoughts to read to her.

█████ stated that Watson's comments including telling her that the comments she made to him on Friday about needing to set boundaries were hurtful and unfair. █████ advised that she tried to be patient and compassionate, but she lost it when he accused her of being unfair. She felt he blamed her for setting a "reasonable boundary" that they could not be jogging partners, and that he tried to make her feel badly for setting a boundary. According to █████ during their telephone conversation, she told Watson she was exhausted and tired of the harassment and the abuse and she could not take it anymore. She stated that she screamed at Watson for approximately five minutes because she "hit her wall" with him and felt overwhelmed. █████ also stated she told Watson that her job was not worth it, and that she did not want to say anything that she would regret, so she was going to hang up the phone.

## Attorney-Client Privileged Investigation Report

According to ██████ Watson called her back. She answered the phone and told him that she needed time, but also apologized for treating him that way on his first Father's Day without his father. She told him that she knew it was hard for him, but she was done and his harassment needed to end. ██████ told Watson that she would talk to him on Monday, but she could not talk to him anymore that day.

According to ██████ she was still mad at Watson on Monday, but they went for a walk and "hashed it out." He told her that he moved back in with his wife, so she asked him how he would feel if his wife's boss told her every Friday how much he was going to miss her over the weekend and every Monday he told her how much he missed her. She explained to Watson that had he been a City employee and treated another woman employee similarly, he would have been fired because his behavior was "out of control" and he needed to figure out a way to "unhook" from her.

In June 2021, ██████ resigned from the Council. The ██████ Councilmembers were not ready to be the Mayor, but ██████ did not want Watson to become the Mayor either. She told him she was worried about him taking over as Mayor because he had a hard enough time just managing his personal life. She also explained it was hard on staff when ██████ was the Mayor previously because he tried to manipulate staff to get done what he wanted to get done.

██████ advised that Watson asked her what he could do to make things better, and she told him she needed a break from him. According to ██████ Watson asked her for how long she wanted a break, and she told him three or four weeks, to which he responded that he would not call her until Wednesday, two days later. ██████ stated that Watson knew he had to give her some space, but he could not do it.

Watson called ██████ on Wednesday and they walked on Friday. During their walk, Watson told her that he was a horrible person and he did not realize how hard he made it on her, and he was upset she made him seem like he was a bad friend because he thought he was a good friend to her. Watson told ██████ that he thought of them as "on even ground," with which she disagreed because he often "pulled his authority on her" or threatened to talk about her performance with the Council. Watson told ██████ that he needed "incremental change" and that he would not send her text messages the next day, which was a Saturday, but asked if he could send her a text message on Sunday. ██████ stated she told Watson it did not matter what she said because he would do what he wanted to do no matter what.

According to ██████ in July 2021, Watson started to "spiral" again and was drinking a lot. She acknowledged that he tried to make other friends and there were moments he was doing better. ██████ stated that all changed on August 1, 2021, when Watson was arrested by the California Highway Patrol for driving under the influence.

A City Police Lieutenant called ██████ at 12:30 a.m. to tell her that Watson was arrested for DUI and for possession of cocaine. Watson started calling her at 1:30 a.m. According to ██████ he was distraught and apologized to her for using cocaine. ██████ assumed he was still drunk. She noted he was the Mayor at this point, so she did not know what to do in response to the Mayor being arrested for possession of illegal drugs. ██████ stated that she knew Watson's wife was out of town and that when he was released, he would go home to an empty house, so when Watson asked ██████ to pick him up at 3:30 a.m., she did so. She took him home, but refused to go inside his house.

The following morning, ██████ was going out of town for vacation. Watson did not send her any text messages for a couple of days, but on Friday and Saturday that week, he sent her text messages telling her that he needed to speak with her on Monday. She assumed he was going to step down as Mayor, but when they spoke on Monday, he told her he was not going to step down because there was a big outpouring of support from the community since it was approximately the one year anniversary of his father's suicide. According to ██████ Watson was mad at her when she suggested to him that he step down as Mayor.

██████ advised that prior to the September 1, 2021, Council meeting, Watson met with her at 4:30 p.m. to prepare. According to ██████ Watson was very argumentative. He asked her what she thought about something, but did not want to hear what she had to say. ██████ stated that Watson was fixated on how the City should spend its COVID-19 relief funds.

## Attorney-Client Privileged Investigation Report

█████ advised that during the Council meeting, which was held on a Wednesday night, Watson was mean to her. She noted that she was going to be off work on Friday, and during a break in the meeting, Watson told her that he was upset with her and was being mean to her because they were not going to walk on Friday. █████ told Watson that he could not stop Council meetings to tell her that he was mad at her for leaving town. She shared that even though he knew she was out of town, Watson sent her text messages on Friday, Saturday, and Sunday.

In September 2021, █████ Watson and █████ were going to the █████ Conference in Sacramento. Prior to the Conference, █████ confided in █████ that she and Watson were thinking about starting a family entertainment center business together, but she was concerned about Watson's behavior and partnering with him.

█████ reported that in September 2021, Watson started seeing a new therapist who told him to wear a band on his wrist and to "snap it" every time he felt anxious. According to █████ Watson asked her to give him a band "because it would mean so much more coming from her." █████ noted that she found a rubber band in her desk drawer and gave it to him.

█████ advised that she, Watson, and █████ went to Sacramento for the █████ Conference on September 22, 2021. Because it was Watson's last day having his driver's license before it was suspended for one month, Watson drove.

According to █████ when █████ told her that she was concerned about some of Watson's behavior towards her █████, █████ told her that Watson had been obsessed with her █████ for a long time and that she had tried to put up boundaries and barriers, but it was very hard. █████ shared that she was worried for █████ that Watson would turn his attentions to her since she befriended him and they talked about starting a business together. █████ shared that █████ told her she noticed some of Watson's comments about her were odd, such as him insisting that he drive to Sacramento so █████ could rest in the back seat, even though █████ said she was not tired.

█████ shared that Watson made reservations for dinner for their first night in Sacramento. Five minutes after he sent █████ and █████ a text message regarding the reservation, Conference attendees from a neighboring city invited them to dinner. █████ sent Watson a text message regarding the change in plans. According to █████ five minutes later, Watson approached her and █████ and was furious that they changed their plans without consulting him. He said to them, "I'm the Mayor," which caused █████ to laugh. █████ noted that Watson joined the group for dinner, but stayed next to her the entire night. She shared that she resented how much time Watson took from her and how much he manipulated her, which she acknowledged she allowed to happen.

█████ stated that Watson asked █████ which session she was attending next and told her that he wanted to go with her. According to █████ during the session, she heard Watson snapping the band on his wrist so loudly that she told him they needed to leave the room.

The next night, Watson, █████ and █████ went to dinner. They had a bottle of wine with dinner, but did not finish it and took it with them. According to █████ while they were driving back to the hotel, Watson asked her where she wanted to finish the wine. █████ stated she told Watson she was tired and did not want to have any more wine. According to █████ Watson said she promised him they would finish the wine and she should have one more drink with him. █████ told Watson, "I'm not doing that," and that he needed to accept her decision.

█████ shared that Watson sent her a text message at 11:30 p.m. saying he "missed his dad," but she did not respond. She later learned that he also sent █████ a text message and "she bit," so Watson went to █████ room to sleep in the extra bed.

According to █████ █████ sent her a text message in the morning telling her that she was up all night with Watson in her room, and that Watson was still there, so they were going to "sleep in" and she would let █████ know when they were ready to leave. █████ reported that approximately 20 minutes later, █████ asked █████ to go to her room and told her that Watson was



## Attorney-Client Privileged Investigation Report

“absolutely obsessed with her.” [REDACTED] did this, and then she and [REDACTED] went to breakfast while Watson called his therapist. After breakfast, they left the Conference because they were so exhausted by their conversation in [REDACTED] room. [REDACTED] noted one of the topics they discussed was Watson attending residential treatment.

[REDACTED] stated that [REDACTED] told her not to be complacent, that it was not okay that Watson was obsessed with her, and that she needed to do something about it. [REDACTED] acknowledged that she was unable to handle it on her own, so when they returned to Arcata, she met with [REDACTED] and [REDACTED] to discuss the situation.

[REDACTED] shared that after the [REDACTED] Conference, Watson was “super obsessive,” and did not like that [REDACTED] and [REDACTED] talked amongst themselves, possibly about him. She noted that Watson was still spiraling from the DUI and cocaine possession. At some point during this timeframe, [REDACTED] told Watson that they could not both continue working for the City and that he needed to take responsibility for his actions and step down. She explained to him that she was struggling as a woman leader in the community because she rid the City of a lot of harassment, but she continued to be subjected to his constant abuse and harassment because of his obsession with her. She told him she was considering leaving her position with the City because of how he treated her, but she was going to give him the chance to “make it right” and make a decision regarding his continuing role on the City Council. She told him she would make a decision about her next steps after he made his decision. According to [REDACTED] Watson asked her if she was going to make a harassment claim against him, and she told him he got them “into this” and she was giving him the chance to “get them out.”

[REDACTED] stated that Watson chose not to step down, which did not surprise her. According to [REDACTED] Watson tried to call a closed session Council meeting, and called the other Councilmembers to tell them that [REDACTED] wanted him to resign because she wanted her power back and he was the only Councilmember who questioned her. He assumed the Councilmembers would align themselves with him, which did not happen.

According to [REDACTED] during the closed session Watson agreed to step down from his role as Mayor, but wanted the rest of the Council to know that he was going to go to residential treatment and would be back. [REDACTED] shared that during closed session, the Council unanimously told Watson he should resign, even after hearing only his portrayal of what occurred between him and [REDACTED]

[REDACTED] advised that Watson’s version of events is that he always viewed him and [REDACTED] as equals and that [REDACTED] led him on. She explained that when Watson sent her text messages asking her if they were okay, she called Watson in response because she understood the nature of Public Records Act requests. She noted that she always hoped Watson would come out of his mental health crisis and be okay.

According to [REDACTED] Watson shared with [REDACTED] that he pushed [REDACTED] too far and he knew it. He also shared with [REDACTED] that he stopped a Council meeting to talk to [REDACTED] because he was mad at her for leaving town and because he would miss her and did not want her to go.

Because Watson did not resign, the Council had to create a special agenda signed by all of the Councilmembers. According to [REDACTED] the Councilmembers were mad at Watson for putting them in the situation they were in, so they took a vote of no confidence.

[REDACTED] reported that Watson got out of rehab in November 2021. No one heard anything from him for approximately one week, until he showed up at [REDACTED] house. [REDACTED] stated she did not have any contact with Watson until December 1, 2021, when he interrupted [REDACTED] meeting and asked to meet with her to go over the Council meeting agenda. He told her he was going to remain on the City Council and that “everyone” recommended to him that he “go back to normal” and do what he normally would do.

According to [REDACTED] her meeting with Watson did not go well. When he told her that everyone told him to “go back to normal,” she asked him if it was normal for him to walk into her office when it was obvious she was meeting with someone. [REDACTED] reported that Watson said he felt he was betrayed by her and

## Attorney-Client Privileged Investigation Report

██████████. She explained to him that others noticed how he treated her and that she gave him the option to resign, but he chose not to do so.

At some point, ██████████ and Watson met with ██████████. During this meeting, Watson asked ██████████ if they could remain friends and she told him she was not sure. She explained to him that he did exactly what she assumed he would do, which was “turn on her” and tear her apart to her other four bosses like he had done many times before. Watson told ██████████ that all of the other Councilmembers turned on him when they took a vote of no confidence against him.

According to ██████████, Watson also told her there was a lot he wanted to tell her, but his attorney advised him not to talk to her about non-City-related business. However, he told her that while he was in treatment, he learned that he has an addictive personality, and that he was addicted to cannabis for many years, addicted to drinking and video games, and then he became addicted to her. Watson stated he could tell ██████████ was still mad at him, and she explained that his decision to stay on the City Council evidenced a lack of insight to what he put her through and was a failure to take responsibility for his actions. Watson told ██████████ that treatment and staying sober was his way of taking responsibility and that things would be different between them in the future, which ██████████ doubted based on Watson walking into her office interrupting her on his first day back to City Hall after going to rehab.

██████████ shared that during a break in the Council meeting on December 1, 2021, Watson told her that while he was in treatment, a City employee sent him a text message asking if he could get him some cocaine. He told her he did not want the employee to get into trouble, but wanted her to send an email to all City employees reminding staff of the City’s anti-drug policy. ██████████ responded by telling Watson that no City employee thought doing cocaine was legal or within City policy. She asked him to forward the text message to her or to ██████████ and told him that his failure to do so would evidence a lack of leadership.

██████████ shared that sometimes she and Watson met at City Hall, and sometimes they walked. She acknowledged that it was common for City employees to meet with each other while walking, and noted that she and ██████████ did “walking meetings” as well.

██████████ advised that she went on walks with Watson on most Mondays and Fridays for over one year. She noted she did not spend a comparable amount of time with the other Councilmembers, who she met with once a week for one hour at a time. ██████████ estimated she spent approximately six hours per week communicating with Watson, between their walks, phone calls, and the text messages they exchanged.

██████████ advised that Watson told her that the only people he told about his feelings for her aside from her was his therapist and former ██████████.

At the end of her interview, ██████████ shared that she struggled between compassion for Watson and his lack of accountability, and noted that she kept hoping he would get better.

After her interview, ██████████ communicated that she asked Watson to stop his conduct towards her on several occasions, but she also wanted to make him a successful Councilmember, even to the detriment of her personal life. According to ██████████, Watson communicated to her on several occasions that he was unhappy her contract with the City required four Councilmembers vote to terminate her employment since he “had only three votes.” She noted that to her knowledge, he was the only Councilmember who wanted to terminate her, but also noted that on several occasions, Watson asked her to promise not to leave her position.

██████████ reported that when she tried to set boundaries with Watson, he got angry. She noted that Watson was not always “obsessed” with her and she hoped she could assist him in getting back to “that place.”

## V. WITNESSES' INTERVIEWS

### A. [REDACTED]<sup>5</sup>

[REDACTED] advised that she and Watson were members of the City Council together for approximately four years.

[REDACTED] shared that much of her knowledge about the relationship between Watson and [REDACTED] is based on what [REDACTED] told her. According to [REDACTED] [REDACTED] is very professional and does not divulge very much about any one Councilmember to other Councilmembers. She stated that [REDACTED] alluded to Watson taking up more of her time than any other Councilmember. [REDACTED] also shared that [REDACTED] mentioned in passing that Watson was taking up her time on weekends.

[REDACTED] stated it was her impression that Watson micromanaged [REDACTED] and other City staff. She opined that Watson wanted to have more control over the work the City staff, including the [REDACTED] performed. She noted that Councilmembers do not delegate work to City staff except to the [REDACTED].

[REDACTED] opined that Watson's tone sometimes indicated he did not trust City staff. She described Watson's tone as "attacking," but she was unable to recall a specific incident during which she observed Watson behave in an overtly inappropriate manner towards staff.

According to [REDACTED] on June 25, 2021, [REDACTED] broke down while talking to her. She described [REDACTED] as crying and being very emotional when they spoke that day. [REDACTED] stated that [REDACTED] said Watson has his "hooks in her" and that she "had had enough."

[REDACTED] also reported that [REDACTED] told her Watson told [REDACTED] he was in love with her, and that he wanted their meetings to consist of running together. [REDACTED] opined that Watson's requests or expectations of [REDACTED] "crossed the line" and were beyond the weekly meetings [REDACTED] had with the other members of the City Council.

[REDACTED] shared that over the years, she sensed that "something was off" about the relationship between [REDACTED] and Watson, but [REDACTED] maintained such a calm demeanor that [REDACTED] did not understand the full impact of what [REDACTED] was experiencing. [REDACTED] stated she was very worried about [REDACTED] and opined that what [REDACTED] told her about Watson's behavior was concerning.

[REDACTED] noted that prior to [REDACTED] sharing with her anything about her relationship with Watson, she knew Watson was "fixated" on [REDACTED] but did not know he was in love with her. She opined that Watson was demanding of [REDACTED] time, but did not appreciate there was a "romantic angle" to his demands.

[REDACTED] did not know if the other Councilmembers knew about Watson's romantic interest in [REDACTED] but noted that they all recognized his "fixation" on her.

[REDACTED] stated that she and Watson did not talk very much, and noted that he had a closer relationship with the other Councilmembers. She opined that she always thought Watson was not trustworthy and that he did not respect boundaries. The example [REDACTED] offered was that shortly after Watson was appointed to the Council, he wanted to speak with her about "campaign stuff" because he was planning to run during the upcoming election. [REDACTED] stated that she told Watson she did not want to discuss the election with him, but he "pushed." She also shared there were occasions when Watson said one thing to one group of people and something different about the same topic to another group of people.

---

<sup>5</sup> [REDACTED] joined the City Council in [REDACTED]. She resigned from the Council effective [REDACTED] [REDACTED] was the Mayor between [REDACTED] and again between [REDACTED]

## Attorney-Client Privileged Investigation Report

█████ opined there were times when Watson treated █████ in a harsh manner, particularly during closed sessions. However, she was unable to recall a specific incident when Watson was harsh towards █████.

█████ did not recall seeing Watson hug or have any physical contact with █████.

█████ advised that during her last week on the City Council, she and █████ met in the City Hall conference room. She noted that no one else was present. █████ did not recall how their conversation started, but noted that at some point, █████ was visibly upset and cried as she told her "what was going on" with Watson. According to █████, █████ told her that Watson told her he was in love with her, that he took up all of her time and that he required their meetings be runs. █████ sensed that █████ "was done" and could not take it anymore.

█████ stated that she told █████ she was concerned for her safety and that she was concerned Watson would retaliate against █████ for not feeling the same way about him romantically. She opined that Watson's behavior aligned with his narcissistic personality.

█████ did not document her conversation with █████ nor did she discuss their conversation with anyone affiliated with the City. █████ explained that at the time, she felt that █████ reluctantly shared something with her in confidence. She did not know what to do with the information █████ shared with her, since the other Councilmembers appeared to be personally close to Watson. █████ described Watson to be a "good relationship builder."

### B. █████<sup>6</sup>

█████ shared that after she joined the City Council, Watson expressed to her "how important" █████ was to him. She explained this came up in the context of her asking Watson to continue a meeting they were having, which would have made him late for his meeting with █████. According to █████, █████, Watson was adamant when he told her he could not be late to his meeting with █████ because his meetings with █████ were very important to him. █████ did not question this at the time because she agreed that the Councilmembers' one-on-one meetings with the █████ are important.

█████ advised that at some point, she and Watson developed a personal relationship in addition to being colleagues on the City Council. They talked on the phone and sent each other text messages. █████ explained that when she was new to the Council, she looked to Watson as her mentor because he had been on the Council for several years. She stated she was flattered that Watson was interested in being friends and sharing ideas with her.

█████ shared that in early September 2021, she and Watson talked on the phone or exchanged text messages on an almost a daily basis. She stated they sometimes talked about City Council-related matters and other times about personal things.

According to █████, █████, Watson expressed to her that █████ was the best friend he ever had. She noted that █████ did not make similar comments about Watson, but noted that at that time, she and █████ did not have the same type of friendship she had with Watson. █████ shared that Watson told her how important █████ was to him, but never made any comments of a romantic nature. She noted that nothing Watson shared with her at that time was alarming to her, but also noted that she was new to the Council and did not appreciate what was and was not appropriate.

█████ shared that the first time she realized that the relationship between █████ and Watson was not normal was just prior to the █████ Conference. █████ noted that Watson was the Mayor at the time, and that he stopped a City Council meeting to speak to █████. According to █████, █████, Watson and █████ conferred for a few minutes and then he restarted the meeting.

---

<sup>6</sup> █████ has been a member of the City Council for █████. She shared that she did not know Watson or █████ prior to joining the City Council.

## Attorney-Client Privileged Investigation Report

██████████ shared that the following day, September 9, 2021, Watson sent her a text message telling her that he needed to speak with her and asked if he could stop by her house.<sup>7</sup> According to ██████████, while Watson was at her house, he told her that the reason he stopped the Council meeting the night prior was because he was upset with ██████████ because she was going to be out of town that weekend and he would not have access to her, meaning he would not be able to call her or send her text messages. ██████████ stated that she told Watson that it was inappropriate for him to be upset with ██████████ about her vacation plans, and noted that he acknowledged knowing this and that he “wanted to be better.” ██████████ described Watson’s behavior as a “red flag.”

██████████ reported that Watson also told her that ██████████ lost her patience with him on Father’s Day weekend and told him that he needed to adhere to the boundaries she set. He also shared with her some of the personal conversations he had with ██████████ which is what caused ██████████ to realize that Watson and ██████████ relationship was “beyond professional.” He told ██████████ that his interactions with ██████████ and their conversations were mutual and just as important to ██████████ as they were to him. ██████████ stated that she asked Watson if anything physical had occurred between him and ██████████ and he told her it had not.

██████████ advised that she explained to Watson that the City Council is ██████████ employer, so the personal conversations they had were inappropriate, which according to ██████████, Watson acknowledged. ██████████ also stated that Watson told her that he wanted her to help him “get better,” but she noted that she did not know what that meant and what she was expected to do to help him.

██████████ reported that Watson “swore her to secrecy,” but she felt very uncomfortable about the conversation, so she told ██████████ which opened the door for ██████████ to share her concerns with ██████████. According to ██████████, ██████████ initially shared with her some of her frustrations with Watson regarding how he dominated her time. ██████████ described Watson as “trying to control her,” and told ██████████ that Watson manipulated former Councilmembers to go along with him in controlling her.

██████████ advised that the ██████████ Conference started on or about September 24, 2021. At ██████████  
██████████  
██████████

According to ██████████, at one point during the drive to Sacramento, Watson told her to stop talking to ██████████ because she needed to rest. Watson said he could tell ██████████ was tired and told ██████████ to sleep. ██████████ stated that ██████████ gave ██████████ a look and motioned with her hand that Watson was incorrect and that she was not tired and did not need to sleep. ██████████ described Watson’s comment telling her and ██████████ to stop talking as “bizarre.”

██████████ explained that they arrived in Sacramento on the first day of the Conference, and went directly to the opening session. She shared that she and Watson sat down while ██████████ talked to some colleagues. ██████████ shared that Watson appeared to be focused on where ██████████ was and who she was talking to while they waited for ██████████ to join them. According to ██████████, Watson was seated closest to the aisle and she was seated to his left. There were empty seats on either side of them until someone sat in the seat next to Watson.

██████████ stated that she tried to coach Watson in how to behave appropriately towards ██████████. She noted that Watson did not know she and ██████████ talked about him, and she tried to serve as a “buffer” between them. According to ██████████, while they were waiting for the opening session to begin, and before ██████████ sat down with them, Watson asked ██████████ to trade seats with him because he thought she could see things better from where he was sitting. She assumed Watson really wanted to trade seats so that when ██████████ sat down, she would sit next to ██████████. ██████████ told

---

<sup>7</sup> Copies of the text messages exchanged between Watson and ██████████ are attached to this report as Exhibit 4.

## Attorney-Client Privileged Investigation Report

Watson she did not want to trade seats with him, and gave him a look indicating she knew his real motive for wanting to trade seats with her.

██████████ shared that before ██████████ joined them in the general session, Watson said he wanted the three of them to go to a nice dinner. While they were waiting for ██████████ to join them, he made dinner reservations. According to ██████████, Watson left the session early to talk to his therapist. After the session ended, ██████████ and ██████████ visited with their counterparts from the City of Eureka, who invited them to go to dinner. ██████████ advised that she told ██████████ that Watson made reservations for them, but they could change them. She stated she did not think it would be a big deal to change their plans, since Watson was invited to join them.

██████████ advised that after Watson's therapy session ended, they met and she told him she changed their dinner plans. According to ██████████, Watson said he was very upset that she made plans without talking to him. She apologized to Watson for doing so and told him she did not intend to upset him. ██████████ noted Watson's reaction made her feel uncomfortable because it felt as though Watson was trying to control her.

According to ██████████, Watson was "glued" to ██████████ side during dinner. She noticed that any time ██████████ socialized with others, Watson was next to her or in between her and whoever she was talking to. ██████████ noted that the "drink woman," who was serving samples of alcohol, commented to Watson, "Dude, give us some space, I'm trying to hang with my girl ██████████ here."

██████████ did not recall anything significant about the next day at the Conference. She shared she had dinner with Watson and ██████████ at a restaurant Watson chose. They ordered a bottle of wine for the table, but only ██████████ and Watson drank the wine. They did not finish the bottle, and brought the rest of the bottle back to the hotel with them.

██████████ shared that after dinner, they went to ██████████ to do research because, at the time, she and Watson were talking about opening a similar business in Arcata. ██████████ stated that ██████████ stayed outside to talk on her phone. According to ██████████, while she and Watson were inside playing games, he repeatedly asked her what she thought ██████████ was doing and he kept looking at the door wondering why she was not inside with them.

██████████ stated that when they returned to the hotel, Watson wanted ██████████ to finish the bottle of wine with him, but ██████████ did not want to drink any more wine. ██████████ advised that Watson repeatedly told ██████████ he wanted her to drink wine with him and ██████████ repeatedly told him she did not want to finish the bottle of wine with him. According to ██████████, ██████████ was very clear with Watson that she did not want to drink any more wine, and ultimately raised her voice while speaking sternly to him to tell him she was not going to drink wine with him. ██████████ described ██████████ as "setting a boundary."

██████████ reported that she and Watson walked to their hotel rooms together since their rooms were near each other, and ██████████ returned to her room. According to ██████████, Watson asked her if he could hang out in her room with her because he was "having a hard time." She shared that she was tired and wanted to go to sleep, but she wanted to be a good friend to Watson, so she told him he could go to her room with her to drink the rest of the wine.

According to ██████████, while she and Watson were in her hotel room, they had a "deep conversation" about ██████████. ██████████ stated that Watson told her it was very hard for him to distance himself from ██████████. She noted they also talked about other things, such as Watson's dad ██████████.

██████████ advised that Watson finished the rest of the wine and left her room, but noted that a short time later, he started sending her text messages saying that he was "tired of being sad" and that sometimes he wished he would "go to sleep and not wake up." After exchanging text messages for a little while, Watson told ██████████ that he did not think he should be alone and that he was thinking about taking an extra sleeping pill. ██████████ did not think Watson was ██████████ but thought he was

## Attorney-Client Privileged Investigation Report

“making a cry for help.” She felt manipulated, but he was “not letting her off the hook.” [REDACTED] stated that she agreed to have Watson go back to her room, they chatted for a bit, and then he fell asleep on the second bed in her room. [REDACTED] opined that Watson needed a friend that night, but she also felt she was “taken for a ride” and was irritated with him.

[REDACTED] stated that she and Watson woke up around the same time. Watson started talking to her in a very casual tone as if everything that happened did not happen. She realized that it was an opportunity to tell him that his behavior was not appropriate, so she sent [REDACTED] a text message telling her that Watson spent the night in her room because he was suicidal.

According to [REDACTED], [REDACTED] went to her hotel room and they tried to “have an intervention” with Watson. She described the situation as “very bizarre.” Watson sat on one bed while [REDACTED] was on the other bed under the covers and [REDACTED] was sitting on the edge of [REDACTED] bed. [REDACTED] stated she and [REDACTED] tried to convince Watson that he needed help and should go into a residential treatment program.

According to [REDACTED], none of them wanted to attend the Conference meetings “after what happened,” so they ate breakfast and drove back to Arcata. She stated that she mostly slept during the drive because she was tired from being up “all night.” She assumed [REDACTED] and Watson talked casually.

[REDACTED] advised that when she got home, she spoke to her husband and a close friend about what happened in Sacramento. They both advised her to tell someone what happened, but she was hesitant to do so because she did not want to hurt Watson’s feelings and she knew he is “a very broken person.”

According to [REDACTED], when Watson sent her a text message the following week, he told her that he did not communicate with [REDACTED] all weekend, but that he saw her for their walk (one-on-one meeting), and that made him miss her. He told [REDACTED] that he was “feeling down” and was waiting for [REDACTED] to answer his text message.<sup>8</sup>

[REDACTED] shared that she used to work out with Watson and another friend. She stated that when she canceled on meeting Watson to work out, he sent her a text message accusing her of being mad at him. She responded that she was not mad, but had other things to do, such as responding to emails and visiting with her daughter. [REDACTED] advised that it was at this point that she realized she needed to distance herself from Watson. She noted that when he sent her a text message asking if he could go to her house to talk about [REDACTED] because he was not doing well, she told him he could not come over, but she would call him if he wanted to talk.<sup>9</sup> She struggled with trying to be gentle with Watson, but at the same time, wanted to maintain a professional relationship and a “surface polite friendship” with him.

[REDACTED] advised that shortly after the Conference, she notified [REDACTED] about what occurred. Since that time, she has not had any substantive conversations with Watson about [REDACTED]. She tried to distance herself from him, but noted that on October 10, 2021, she told Watson that she contacted [REDACTED] and told her about the Conference.

[REDACTED] reported that Watson told her that the Brown Act did not apply to him and that he said to her, “I have the Brett Act.” [REDACTED] thought Watson was kidding when he made this comment. She noted that [REDACTED] mentioned the “Brett Act” to her and she told [REDACTED] that she heard about the “Brett Act” from Watson, but thought he was kidding.

---

<sup>8</sup> See Exhibit 4.

<sup>9</sup> See Exhibit 4.

C. [REDACTED]<sup>10</sup>

[REDACTED] advised that she and Watson are friends. She shared that she and [REDACTED] are not friends, but she has a lot of respect for [REDACTED]. [REDACTED] explained that as [REDACTED] for [REDACTED] [REDACTED] [REDACTED] the [REDACTED] people have approached her for advice. She assumed that is how her friendship with Watson started.

According to [REDACTED] Watson has communicated to her about [REDACTED]. She noted that during their conversations, Watson spoke about spending a lot of time with [REDACTED] and told [REDACTED] that he and [REDACTED] went for walks in the forest and marsh. It sounded to [REDACTED] like Watson and [REDACTED] spent a lot of time together.

[REDACTED] shared that she had two responses to Watson telling her about the amount of time he spent with [REDACTED]. She stated that as a former [REDACTED], she told Watson that [REDACTED] should be spending the same number of hours with him as she spent with the other [REDACTED]. She asked Watson if the other Councilmembers were aware of how much time [REDACTED] spent with him, but did not recall his response. [REDACTED] stated she told Watson that as a taxpayer, it did not seem reasonable to her that the [REDACTED] spent so much time with one Councilmember and that they went on walks together.

According to [REDACTED] when she told Watson that it was unreasonable for him to expect [REDACTED] to spend so much time with him, he explained to her it was mutual and that [REDACTED] was willing to spend the time with him. However, she noted that a few months later, Watson told her that he and [REDACTED] were trying to limit the amount of time they spent together. [REDACTED] did not know who initiated them limiting their time together.

[REDACTED] opined that [REDACTED] should have told Watson she did not have the amount of time Watson expected to spend with him and that his expectation of the amount of time they spent together was not reasonable. [REDACTED] also expressed concern that Watson is technically [REDACTED] boss, so there is "a bit of a power dynamic" that exists between them.

[REDACTED] stated that Watson shared things with her that he said he spoke to his therapist about. She noted that at some point, she told Watson that he needed a new therapist because she did not think he was getting good advice.

According to [REDACTED] Watson hinted during their conversations that he had romantic feelings for [REDACTED] but [REDACTED] denied that he said he was in love with [REDACTED]. She assumed Watson became attached to [REDACTED] and had very high expectations of her responding to his text messages and phone calls, even when she was on vacation. [REDACTED] shared that Watson told her that [REDACTED] told him it was okay for him to call her while she was on vacation, which [REDACTED] opined was "crazy" and "inappropriate." Watson indicated to her that his communications and interactions with [REDACTED] were mutual.

[REDACTED] advised that she told Watson his relationship with [REDACTED] could be misconstrued by voters, employees and other Councilmembers, but he did not seem to care. [REDACTED] opined that Watson was unwilling to acknowledge that his relationship with [REDACTED] was unusual or inappropriate.

[REDACTED] stated that she never observed Watson and [REDACTED] together.

[REDACTED] shared that Watson told her that he was perceived as having too much power on the City Council, which she denied was accurate, since he has no more power than any other Councilmember and that all of the Councilmembers have one-fifth of the vote. She explained to him that [REDACTED] should spend 20% of her time with each Councilmember. According to [REDACTED], when she was a

---

<sup>10</sup> [REDACTED] was a Councilmember from approximately [REDACTED]. [REDACTED]  
[REDACTED]  
[REDACTED]



## Attorney-Client Privileged Investigation Report

Councilmember, she spent approximately 20 minutes per week meeting privately with the [REDACTED]. She opined that whatever [REDACTED] and Watson talked about during their one-on-one meetings should have been reported to all of the [REDACTED].

### D. [REDACTED]<sup>11</sup>

[REDACTED] advised that he served on the [REDACTED] with Watson, but he did not recall hearing Watson talk about [REDACTED] aside from "small talk." He denied speaking with Watson about his relationship with [REDACTED] and noted that each [REDACTED] has their own individual relationship with the [REDACTED].

[REDACTED] shared that as a [REDACTED], he had the power to "talk to his employee," referring to [REDACTED]. He never felt that [REDACTED] did not devote enough attention to him, but noted he is not very needy. [REDACTED] did not recall Watson talking to him about the amount of time he (Watson) spent with [REDACTED].

[REDACTED] did not recall any of the details of conversations he had with Watson about [REDACTED]. He recalled Watson saying that [REDACTED] is a "nice person" and shared that Watson always spoke highly of [REDACTED].

[REDACTED] advised that most of his meetings with [REDACTED] lasted approximately one hour, and that they met once a week. He noted that some weeks he needed more time with [REDACTED] and on other occasions he needed less time.

[REDACTED] did not know how much time Watson spent with [REDACTED] each week.

### E. [REDACTED]<sup>12</sup>

[REDACTED] shared that [REDACTED] Office, [REDACTED]. She noted that she cannot see into [REDACTED] office [REDACTED].

[REDACTED] advised that the [REDACTED] have standing appointments with [REDACTED] which are one hour one-on-one meetings. She noted that she assists [REDACTED] with her calendar, but that [REDACTED] schedules a lot of her own appointments.

[REDACTED] reported that [REDACTED] used to have more time set aside on her calendar for Watson, including 1½- to two-hour one-on-one meetings on Mondays and Fridays. She recalled this schedule starting in approximately December 2019.

[REDACTED] opined that Watson took up more of [REDACTED] time than any other Councilmember. She formed this impression based on the calendar holds on [REDACTED] calendar. [REDACTED] also shared that Watson used to "drop in" to talk to [REDACTED] even though he did not have an appointment. She stated that she also was under the impression that Watson called [REDACTED] and sent her text messages throughout the day, because when her phone rang, she heard [REDACTED] say, "Oh, that's Brett."

[REDACTED] advised that she commented to [REDACTED] about her spending a lot of time with Watson, particularly when she was trying to schedule other meetings. She noted that meetings with Watson sometimes lasted longer than they expected so she tried to avoid scheduling [REDACTED] for meetings right after her meetings with Watson.

[REDACTED] opined that that [REDACTED] was frustrated with Watson and that she felt her interactions with him were "draining." According to [REDACTED] [REDACTED] shared with her that she was frustrated with Watson, but

---

<sup>11</sup> [REDACTED] was a Councilmember from [REDACTED].

<sup>12</sup> [REDACTED] has been the [REDACTED] or approximately [REDACTED]. She reports to [REDACTED] but for day-to-day supervision she reports to [REDACTED].

## Attorney-Client Privileged Investigation Report

she never provided any details explaining why she was frustrated, aside from saying she was frustrated by the amount of time and energy she spent with or about Watson.

█████ stated it was obvious to her and other internal staff that Watson spent more time with █████ than any other Councilmember. She assumed that █████ took the brunt of Watson's behavior to protect other staff members.

█████ never had any conversations of a personal nature with Watson about █████. She explained that she and Watson never had any conversations of a personal nature. She denied hearing Watson make comments to █████ that she opined were inappropriate.

According to █████, Watson "popped in" unexpectedly or stood in the doorway to █████ office while she was meeting with someone else. █████ opined that Watson had an "entitled" energy about him.

█████ did not recall seeing Watson touch █████ in a physical manner. She recalled █████ commenting on one occasion that Watson asked her for a hug, but she never saw them hug.

█████ stated she does not have access to █████ text messages or emails, other than the █████ general emails. She denied seeing any emails or text messages from Watson that she thought were inappropriate.

According to █████, when █████ was not at her desk, Watson contacted █████ asking where █████ was because he needed to get a hold of her. She recalled one occasion in particular when █████ was attending an off-site meeting, and Watson asked for a lot of information about the meeting, including who █████ was with. █████ noted that Watson's questions were not asked during a time he was expecting to meet with █████.

█████ denied that Watson was disrespectful or rude to her. She noted that when she processed things differently than how the City had processed things in the past, Watson questioned why she did it that way or who authorized her to do it a specific way. █████ said there were employees who commented to her that Watson was rude to them.

█████ did not know a lot of details about the trip to Sacramento for the █████ Conference, but assumed that was when "everything imploded." █████ advised that █████ did not share a lot of details with her about the Conference, other than that at some point, she decided to turn off her phone. █████ told █████ that she turned her phone off overnight and when she turned her phone on in the morning after she went for a run, Watson had been trying to reach her. According to █████, █████ told her that Watson contacted █████, and that she and Watson stayed up late talking about his mental health issues. █████ did not think they went to the last day of the Conference and ended up coming home early.

According to █████, after Watson was not supposed to talk to █████ directly, he sent her (█████) an email asking for a list of residential programs. █████ stated she did not know what Watson was talking about, so he clarified that he was looking for a list of residential treatment programs. █████ explained that she talked to █████ about Watson's request, and █████ told her that she had the list and that she had previously helped Watson find a residential treatment program.

█████ reported that █████ told her that she told Watson to "give her a break," and that Watson responded by saying that he did not call her or send her text messages for three days. █████ shared that █████ told her that her meetings with Watson usually started about Council agenda items, but would turn into conversations of a personal nature, which were time consuming.

F. [REDACTED]<sup>13</sup>

[REDACTED] advised that she does not have any direct reporting relationship to [REDACTED] but she [REDACTED].

[REDACTED] did not know Watson prior to him joining the City Council. She shared that she occasionally meets with individual Councilmembers, but primarily in her capacity as the [REDACTED] to assist the Councilmembers in understanding the City's labor relations, benefits, and other public sector policies with which they may not be familiar.<sup>14</sup>

[REDACTED] reported that she met one-on-one with Watson at his request to discuss the [REDACTED] on two occasions. According to [REDACTED] the first time she and Watson met to discuss [REDACTED] was prior to the COVID-19 pandemic, and the second meeting occurred in August or September 2021. Both meetings took place in [REDACTED] office.

According to [REDACTED] during their first meeting, Watson told her that [REDACTED] said to him that she was not comfortable with their working relationship and there needed to be more space and boundaries. [REDACTED] opined that Watson spoke to her because he was hoping she would tell him he had not done anything wrong.

[REDACTED] shared that during her first meeting with Watson, he said to her that because [REDACTED] and [REDACTED] are older and more experienced in the workplace than him, he saw them as "mother figures," and in his opinion, it was their responsibility to train him and to make sure he understood his job as a Councilmember. [REDACTED] stated that it was her sense that Watson wanted to point to someone in particular who was responsible for helping him understand appropriate workplace conduct. She explained that because Watson is self-employed, he did not have a lot of formal workplace experience.

According to [REDACTED] Watson said to her that he and [REDACTED] became good friends since he joined the City Council and that he helped her with some "personal things." [REDACTED] stated she explained to Watson that as a [REDACTED], he is in a position of power over the [REDACTED] since he is one of her immediate supervisors. She further explained to him that he may need to redefine his relationship with [REDACTED] or any other City employee, because of the position he holds. [REDACTED] shared that based upon some of Watson's comments, she opined he was more interested in being liked by staff and was preoccupied with being viewed by staff as a friend. According to [REDACTED] she reiterated to Watson that he needs to appreciate the position of power he holds and that staff may be compliant towards him because of his role in the organization.

[REDACTED] stated that Watson said he understood what she was saying, but he appeared to be focused on her telling him that he had not done anything wrong regarding his interactions with [REDACTED] which she did not do. She pointed out to Watson that regardless of his intent, because of his and [REDACTED] roles in the organization, it was not appropriate for them to be friends outside of work.

[REDACTED] shared that the second meeting she had with Watson about [REDACTED] occurred after [REDACTED] told him he was spending too much time at City Hall. [REDACTED] noted that this meeting lasted less than five minutes.

According to [REDACTED] [REDACTED] expressed to her that she "needed space" and that her interactions with Watson made her feel uncomfortable. [REDACTED] shared that Watson stopped by her office to ask her if she thought he spent too much time at City Hall and if she thought he took up too much of [REDACTED] time. [REDACTED] stated she told Watson that the amount of time he spent with the [REDACTED] was not normal. According to [REDACTED] Watson replied, "Thank you," and that was the end of their conversation.

---

<sup>13</sup> [REDACTED] has been the A [REDACTED] for approximately [REDACTED]. Since approximately [REDACTED], she has reported to [REDACTED].

<sup>14</sup> [REDACTED] explained that Councilmembers are City employees and receive monthly salaries, as dictated by Code, and benefits.

## Attorney-Client Privileged Investigation Report

█████ advised that she observed Watson spending too much time with █████ based on the amount of time █████ blocked off on her calendar for Watson each week. Additionally, Watson “popped in” whenever he wanted to see █████ █████ noted that she has access to █████ calendar, so she saw firsthand the amount of time blocked off on █████ calendar for Watson, and further noted that her office is across the hall from █████, so she sees when Watson is in █████ office.<sup>15</sup>

█████ noted that █████ and Watson had “walking meetings” at the forest or marsh. She was unaware of █████ having similar meetings with other Councilmembers, but noted that █████ walked around town with other staff members. According to █████ whereas █████ had scheduled weekly meetings with each Councilmember for approximately one hour, she met multiple times per week for longer than one hour with Watson. For example, █████ and Watson’s walking meetings usually lasted 1½ to two hours. █████ estimated that Watson had approximately four hours of meetings scheduled with █████ each week.

██████ did not recall seeing ██████ look uncomfortable during any of her interactions with Watson. She shared that she observed ██████ and Watson hugging on several occasions, and that she observed Watson initiate hugs with ██████ each time he met with her in her office. According to ██████ ██████ and Watson hugged hello and goodbye. She noted that when ██████ and Watson were in ██████ office, as opposed to a conference room or a more public location, the hugs “lasted longer than normal,” sometimes for several seconds.

██████ did not recall Watson ever hugging her, but she noted observing Councilmembers hug each other and staff members when congratulating them in recognition of their years of service to the City.

According to [REDACTED] staff members have noticed the amount of time Watson has spent with [REDACTED] taking her away from her other duties. She noted that at times, Watson expected [REDACTED] to “drop everything” for him. For example, [REDACTED] shared that when [REDACTED] was in a meeting, Watson entered [REDACTED] office, even when the door to her office was closed, and he expected [REDACTED] to turn her attention to him. [REDACTED] shared that Watson interrupted her meetings with [REDACTED] on many occasions.

██████████ has expressed concern to ██████████ about Watson's behavior towards her and staff. According to ██████████ ██████████ tried to create a buffer between Watson and staff, which meant she met with him more frequently to prevent him from reacting or responding to staff in an inappropriate manner during Council meetings. ██████████ explained that during Council meetings, Watson appeared to not trust City staff and was condescending, aggressive, rude, or doubtful, but then he followed up with a compliment. ██████████ compared Watson to an abuser who engages in negative conduct towards others and then apologizes, expecting everyone to forgive him.

█████ shared that █████ spoke to her about the amount of time Watson expected from her. She stated that she told █████ she was impressed by the amount of work █████ got done each day, knowing how much of her time Watson occupied.

██████ did not recall ██████ sharing with her concerns about the personal aspect of her relationship with Watson. According to ██████ ██████ told her she tried to get Watson to understand that it was not acceptable for him to need to know where she is or what she is doing at all times of the day. ██████ did not share with ██████ the nature of her communications with Watson, but ██████ was aware that Watson called and sent text messages to ██████ at all hours, including on the weekends and when ██████ was on vacation.

According to [REDACTED] on one occasion, just prior to the start of a City Council meeting, [REDACTED] notified the Councilmembers that she was going out of town for a few days. [REDACTED] noted that Watson was the Mayor at the time, and shortly after the meeting started, Watson called for a break and asked [REDACTED] to meet with him outside. From what [REDACTED] told [REDACTED] Watson was so preoccupied with knowing that [REDACTED] was going out of town that he was upset with her and had to stop the City Council meeting to talk

15 [REDACTED] [REDACTED]

## Attorney-Client Privileged Investigation Report

to [REDACTED] [REDACTED] noted the break lasted five to seven minutes. She advised that [REDACTED] told her she was upset with Watson for calling a break because he was upset with her for taking some days off of work.

[REDACTED] shared that on one or two occasions, Watson pointed out to her that he had not contacted [REDACTED] while she was on vacation, as if he was deserving of praise.

[REDACTED] reported that [REDACTED] and other Councilmembers spoke to Watson about his behavior towards staff, in that he is condescending and rude. According to [REDACTED] Watson told her that he was working on improving his behavior towards staff, but he also assumed that because he complimented staff members, his bad behavior towards them was acceptable.

### VI. FINDINGS OF FACT

The purpose of this report is to make findings of fact regarding Watson's conduct towards [REDACTED]. This report does not express any opinion as to whether any of the actions described herein rise to the level of a violation of City policy or California law.

In conducting this investigation, the investigator did not set out to prove or disprove the allegations, but rather to gather information in a neutral fashion and reach reasoned conclusions. The factual findings were made by carefully analyzing the documentary and testimonial evidence gathered as part of the investigation.<sup>16</sup>

#### A. Credibility Assessment

It is important to note that prior to making a determination regarding the facts as alleged, the credibility of each witness was considered. In evaluating a witness' credibility, many factors were considered, including possible bias or motivation to lie, the ability of a witness to recall information, the specificity of the information provided, whether the information provided was consistent with prior statements made by the witness and/or statements made by other witnesses, and the inherent plausibility of the information provided.

There is no reason to conclude that any of the witnesses interviewed as part of this investigation were dishonest or not credible witnesses. More likely than not, discrepancies in the witnesses' testimony stem from varying perceptions and recollections of specific incidents attributable to the passage of time.

Most importantly, [REDACTED] presented as a credible witness. Although much of what she reported could not be corroborated by anyone because most of her objectionable interactions with Watson occurred when they were alone, as discussed in greater detail below, there was sufficient corroboration to lend reliability to what she reported regarding interactions that occurred when others were present. Additionally, the text messages and emails Watson sent her lend credibility to her claim that his communications with her crossed the line and were inappropriate and unprofessional.

Additionally, the other witnesses interviewed as part of this investigation have no known motivation to lie or to exaggerate their observations. Two of the witnesses, [REDACTED] and [REDACTED] reported having interactions with Watson involving [REDACTED] including Watson sharing with them his personal feelings for [REDACTED]. [REDACTED] shared a conversation she had with Watson during which he told her that he was upset with [REDACTED] for going out of town because he would not be able to communicate with her. She described Watson and [REDACTED] relationship as "beyond professional." [REDACTED] stated that Watson hinted at having romantic feelings for [REDACTED].

---

<sup>16</sup> The facts are assessed using a preponderance of the evidence (more likely than not) standard of proof. What might be considered hearsay in a legal proceeding was considered and given appropriate weight in this investigation.

## **B. Findings of Fact**

For the most part, the incidents reported by █████ are undisputed. Although many of the incidents █████ reported occurred outside the presence of any independent witnesses, Watson's conduct was observed by others on a few occasions. In addition to third party observations, most of the witnesses reported having communications with Watson that caused them to believe he had an inappropriate relationship with █████.

At the outset, during all times relevant to this investigation, Watson was a member of the City Council, and therefore, in a position of authority over █████ the █████. Thus, it is not surprising that when Watson made demands of █████ time, she acquiesced and gave him the time he demanded. █████ credibly reported, and no evidence to the contrary was presented, that when she attempted to limit her one-on-one time with Watson or asked him to stop communicating with her on weekends and while she was on vacation, Watson got angry with her and threatened to call a closed session of the City Council to discuss her performance.

Although █████ knew four █████ needed to vote to terminate her employment, and assumed that Watson did not have the votes he needed to terminate her, she was understandably concerned about her performance being reviewed by the Council. If Watson carried through with his threats to discuss █████ performance in closed session, other staff members and members of the public would be notified that the Council was reviewing her performance. To the extent this occurred more than annually, it would be embarrassing for █████ to know that everyone knew her performance was the frequent topic of conversation by her superiors, since City Councils do not typically review a █████ performance more than once a year.

It is undisputed that in approximately May or June 2020, and on multiple occasions thereafter, Watson told █████ a subordinate employee, that he had romantic feelings for her. At this point, █████ was aware from █████ that Watson had "strong feelings for her." █████ rebuffed Watson's romantic overtures, and when he got upset with her for telling him she would not "cross the line" with him, he said, "We can do the employer/employee thing if you want . . . it's easy for me to tell you everything you're doing wrong," or words to this effect, which █████ reasonably construed as a threat.

Watson also got upset with █████ in approximately June 2021 when she refused to be his "jogging buddy." █████ was able to rationalize her Monday and Friday walks with Watson as being "work-related," even though they spent most of their time talking about Watson's personal life or his feelings for her, but she was unable to rationalize engaging in a recreational activity with one of her bosses. █████ reported that after she told Watson that she was not going to go jogging with him, he called her and told her she was his best friend and it hurt him that she did not want to jog with him. This incident is another example of Watson refusing to accept █████ attempt to create boundaries, and his effort to manipulate her into doing something she was not comfortable doing.

It is undisputed that in September 2021, when █████ was taking a few days off work, Watson was so distraught that he stopped a City Council meeting to speak to █████ about her being gone and him not being able to walk with her that Friday. Despite █████ repeatedly telling Watson to stop communicating with her regarding non-City matters on the weekends and while she was on vacation, he continued to do so. As █████ indicated during her interview, any other City employee who engaged in repeated communications with someone who made it clear that the employee's communications were unwelcome would have been disciplined in some manner.

█████ produced approximately 500 pages of text messages exchanged between her and Watson.<sup>17</sup> These text messages corroborate █████ claim that in addition to Watson sending her repeated text messages on weekends and late at night, he sent her text messages that discuss his romantic feelings for her.

---

<sup>17</sup> See Exhibit 3.

For example, on Saturday March 14, 2020, at 5:18 p.m., Watson wrote, "I'm so sorry, [REDACTED] I will promise you I'll stop drinking right now. I'm sorry. I love you so much and I'm so grateful to have you as some one (*sic*) I can confide in. I'm so sad. I wish I could figure out why. I'm dripping tears and as I text this I'm trying to hide from my friends sitting around me. Whatever. I feel so bad that I dont (*sic*) always 100% trust you. It makes me feel like a piece of shit. I hate my position in the hierarchy you and I are in. I would kill to be under neath (*sic*) you and help you get your objectives accomplished."

On Monday June 8, 2020, Watson sent a text message to [REDACTED] stating, "I find the lack of a return text or even an acknowledgement is very unusual. Giving the befit (*sic*) of the doubt, my impression is your texts aren't being received because any other reason would clearly show a lack of respect since it only takes 5 seconds to unlock your phone, reply at least '[thumbs up emoji]' and put your phone back in your pocket. The message being given is basically, 'I dont (*sic*) have 5 seconds for you.' To me that's unacceptable. We need each other more than ever and I'm not feeling the love being reciprocated when I hear your communications go unanswered." Watson's June 8, 2020, text message evidences not only an unrealistic expectation of [REDACTED] but also his dependency on her, which exceeds the boundaries of a supervisor/subordinate relationship.

Other text messages Watson sent [REDACTED] lend further corroboration to [REDACTED] claim that Watson's communications with her crossed the line and were inappropriate. For example:

- On Wednesday, June 17, 2020, Watson sent [REDACTED] a text message which states, in pertinent part,

I'm nervous around you a lot and it makes me respond generically sometimes because I don't know what to say that wont (*sic*) reveal how I really feel and that wont (*sic*) upset you by crossing a boundary. Im (*sic*) pretty sure you told me on Friday you care deeply for me and I responded that I appreciated that which I feel wasnt (*sic*) an appropriate response. I guess I've assumed you've known how I feel about you for a long time. August was when I first realized how important you are to me and it was in the middle of me being upset with you over probably some dumb agenda thing or something. I've spent lot of time thinking about it since then. You're the only person I've ever known that always makes me feel like everything is going to be okay. Theres (*sic*) no amount of exercise or medication or anything that compares to how you make me feel better. You're so important to me and it makes me really afraid of losing you as a friend and I'm really afraid of doing or saying something that will detract from our friendship in any way.

- On August 4, 2020, Watson wrote,

Im (*sic*) really struggling right now. I don't know what to do. My mind is racing on so many different things. Im (*sic*) trying to get out the door and to my shop. Maybe I'll feel better when I get to my computer. Just writing this to you makes me a feel a little better but I know this isn't sustainable and I so don't want to over burden you like I did last time. Its (*sic*) so unfair to you and it made me so sad that I did that to you. And I want you to write me back and I dont (*sic*) want you to because after we walk on friday (*sic*) you'll have already given me 3.5 hours this week when you include our meeting and evening phone call yesterday. And the time it takes you to read these texts on top of that so now I'm pushing four hours. I wrote a lot last night but didn't send it for several reasons.

- On Friday September 18, 2020, Watson wrote, "Thank you again for allowing me to stay in touch with you while you travel. It really means a lot to me. I kind of feel weird everyday right now and knowing I can still communicate with you brings me a lot of comfort. Im (*sic*) so grateful."

## Attorney-Client Privileged Investigation Report

- At 10:15 a.m. on Sunday November 22, 2020, Watson wrote, “Im (*sic*) not feeling well. I feel like im (*sic*) in a lot of pain. I can't stop worrying about everything and my mind has been racing for hours. I don't know what to do. I wish you were here to help it stop. I miss my best friend. I'm sorry. I hate this so much.”
- On Monday, December 28, 2020, Watson sent █████ a text message stating, in pertinent part, “I don't know what to say or do. I don't want to be unfair to you. I've been trying to go days at a time without texting you and trying to be less dependent on you. It's really hard for me to do because I want to talk to you all the time but I've been trying. Knowing we have a walk coming up helps me get through that time so it's hard for me think about going so long without being able to visit with you. I'm sorry.”
- On Friday, June 18, 2021, at 6:53 p.m., Watson wrote, “Im (*sic*) really sad but I appreciate you so much. I'm sorry it's taking so long for me to get better. I'm sorry for all the time I take. Im (*sic*) sorry for everything. I haven't cried in a long time. You mean so much to me.”
- On Thursday August 5, 2021, Watson wrote, “Hi █████ I've been thinking a lot about the changes I need to make in my life. I'm not drinking or using anything anymore and I'm doing everything I can to get more help for my mental health. Im (*sic*) working really hard on being busier. I really need your help. I can't do it alone. I'm not strong enough yet. I know I can get there but it's going to take time. I don't want to give up. Will you please continue to support me and help me like you always have?”
- On Tuesday, December 1, 2020, when █████ sent Watson a text message about them talking and wrote, “See or phone – whatever works for you,” Watson responded, “Im (*sic*) not going to pass up an opportunity for a hug. I'll be there.” One of the last messages exchanged between █████ and Watson was on Sunday, September 26, 2021, when he wrote, “I just want to give you a big hug and talk.” It is undisputed that whenever Watson told █████ that he “needed a hug,” she gave him a hug. It is also undisputed that Watson went to █████ office on occasion to get a hug from her, even though he had no City business to perform with her. █████ credibly reported that she agreed to give Watson hugs because she knew if she did not do so he would not leave her alone until they hugged. More likely than not, any other supervisor who hugged a subordinate employee on almost every occasion they saw each other would be disciplined for his conduct.

█████ acknowledged suggesting to Watson he send her emails to get things off his mind rather than sending her numerous text messages throughout a weekend. Several of the emails █████ shared evidence Watson “crossing boundaries” with █████<sup>18</sup> These emails depict Watson sharing very personal details about his life and mental state to which a subordinate employee should not be privy.

For example, on Sunday September 6, 2020, at 9:10 p.m., Watson sent an email to █████ personal email address, presumably to avoid the email being subject to a Public Records Act request. Watson wrote, “I wish you were here to tell me something to cheer me up. I want to call or text you but I hate the thought of interrupting what hopefully a nice evening for you . . . Talking to you always makes me feel better. I wish I understood why it only works with you. Writing this is like I'm talking to you and its already making me feel better.”

Watson's email is more than one printed page in length and includes a chronology of Watson's day, including drinking too much, watching the sunset, and falling asleep on the couch. Watson also wrote about taking sleeping pills and his relationship with his wife. Watson's email to █████ sent on the Sunday of a three-day weekend to her personal email address, is not an acceptable communication for a supervisor to send to a subordinate employee.

---

<sup>18</sup> See Exhibit 2.



## Attorney-Client Privileged Investigation Report

On Sunday October 18, 2020, at 9:41 p.m., Watson sent ██████ an email stating, in pertinent part, “I hope you know how grateful I am for everything you do for me. I feel like I have a good sense of how busy you are. Every second you give me means so much to me. You really are the best friend I’ve ever had and I can’t thank you enough. Every day is really hard for me to get through and you do so much to make me feel okay. You do an amazing job of taking care of me and I’m so grateful.” In this email, he also wrote, “Please always feel comfortable with telling me if you’re busy. Please know and feel that you’re an outstanding ██████.”

Watson’s text messages and emails support a finding that he behaved inappropriately towards ██████. While she credibly reported that she wanted to support Watson in his role as a City Councilmember to ensure he was successful in that role, she also credibly reported that she was initially not comfortable telling Watson that she was too busy to walk with him or to respond to his repeated text messages. ██████ further credibly reported that once she felt comfortable telling Watson “no,” she did so, only to be met with threats and accusations. Although Watson did not demand sexual favors from ██████, he demanded her time and emotional support, and when she was unable or unwilling to give him what he demanded, he threatened her employment.

Of note are the interview statements provided by ██████ and others that even though Watson never professed to them to have romantic feelings for ██████, he conveyed to them how important ██████ was to him and that he needed to be able to communicate with her at all times. ██████ credibly reported that when Watson called her or sent her a text message that she did not immediately respond to, he kept calling and sending text messages until she responded. The text messages ██████ provided support this.<sup>19</sup> This conduct occurred not only during work hours, but during non-work hours, including evenings and weekend, as well as when ██████ was on vacation.

Watson’s obsession with ██████ was disruptive to her work, in that he interrupted her meetings with others, he spent hours at a time with her even though all of the other Councilmembers needed no more than one hour per week, and he created more work for her by her having to respond to his angry and accusatory outbursts. For example, in September 2019, when Watson was displeased that ██████ was going to travel to Modesto with ██████, he contacted the other Councilmembers to garner their support for his position that ██████ should not travel. ██████ was then forced to spend time talking to the other Councilmembers to explain to them why it was important for her to attend the meeting. ██████ credibly reported that Watson said to her that she could “even it out” by traveling alone with him one day. Such a statement evidences Watson was jealous of ██████ traveling with ██████ because of the time they would spend together, and wanted ██████ to travel with him, regardless of whether there was a work-related reason for the travel.

██████ credibly explained that she initially agreed to schedule more time with Watson each week to accommodate his difficulty understanding and remembering information. She viewed this as part of her job to help Watson be a successful Councilmember. More likely than not, Watson took advantage of ██████ kindness and willingness to spend time with him by taking approximately six hours of her time each week, compared to each of the other Councilmembers’ spending one hour, at most, with her. It is not the ██████ job to exercise with a Councilmember, including walking in the forest or marsh during work hours twice a week, nor is it the ██████ job to communicate with Councilmembers regarding personal matters.<sup>20</sup>

Perhaps Watson’s most manipulative act occurred during an October 2021 closed session meeting when Watson accused ██████ of wanting him to resign because he questioned her and she “wanted her power back.” Watson’s inability to accept responsibility for his actions, knowing that he was in a position of power over ██████ is undermined by ██████ statement that she told Watson that it was inappropriate for him to have a personal relationship with the ██████. ██████ also shared that she told Watson his relationship with ██████ as he described it to her, was “unusual” and “inappropriate.”

---

<sup>19</sup> See Exhibit 3.

<sup>20</sup> See Exhibits 2 and 3.

Watson was unable to accept the reasonable boundaries ██████ tried to create between them. He manipulated her by using his mental health issues as a reason for them to spend time together. He behaved similarly to ██████ in Sacramento when he spent the night in her hotel room, and when he got upset with ██████ for not finishing the bottle of wine with him.

The credible evidence presented establishes by a preponderance of the evidence that Watson engaged in unprofessional and inappropriate conduct when he became obsessed with ██████ telling her that he had romantic feelings for her, demanding she spend many hours per week with him, and sending her text messages and emails about his personal life (i.e. marital problems, mental health issues, and use of alcohol and drugs) that exceeded the boundaries of a supervisor/subordinate relationship. Watson also behaved unprofessionally and inappropriately when he tried to control ██████ (i.e. telling her to sleep during the drive to Sacramento, repeatedly asking her to drink the bottle of wine with him even though she said "No" several times) and when he threatened to discuss her performance with the Council, implying she would be terminated.

## VII. CONCLUSION

Based upon the foregoing, the allegations against Watson are sustained. The preponderance of the evidence establishes that more likely than not, Watson engaged in the conduct attributed to him by ██████ and that this conduct was an abuse of his power as a City Councilmember. It is more likely than not that Watson's conduct was motivated by his romantic feelings for ██████ and his desire to spend time with her in person or remain in constant communication with her via telephone and/or text message.

If any further assistance is needed, please do not hesitate to ask.

Respectfully Submitted,



Karen Kramer  
Kramer Workplace Investigations





Things seemed to change when Brett became Mayor. Perhaps he was just closer to office staff. He was also vying for the coastal commission seat. Pretty quickly he became very accusatory of staff, asking statements as though they were questions - things such as approaching the executive assistant after a councilmember cancelled attending a meeting, so she notified another councilmember to see if they wanted to attend and saying "so it is your decision who gets to come to Mayor's agenda setting. It is not the mayor's decision. Where is the policy on that" she replied, I have always just tried to equal things out over the year when people have to miss or switch with people.

He would nitpick things with the [REDACTED] and would constantly come into City Hall and just hang around for a few minutes to see what he could comment on, making staff uncomfortable.

The first I heard that he had feelings for me was from our [REDACTED] [REDACTED]. Sometime in late 2019. He had been travelling to Sacramento to interview for the Coastal Commission and had spent some time with her. She called me to give me a heads up that in addition to being bizarrely critical of staff that he also shared with her that he had strong feelings for me.

Sept. 2019 Going to [REDACTED] with [REDACTED]

Councilmember [REDACTED] was chosen by the Governor to serve on a local elected taskforce on [REDACTED]. She asked that I come to her first meeting to see if they were valuable for a staff to be present. There were several statewide experts talking about the issue and potential solutions. Brett was very jealous of [REDACTED] appointment and told me he had no idea why the governor would select her – she barely did her job as a [REDACTED]. When I sent the email to the [REDACTED] [REDACTED] he flipped out and called [REDACTED] to see if they thought that was appropriate and to tell them why he thought it was inappropriate. [REDACTED] called me first that night and started to advocate for Brett's position that [REDACTED] should be able to handle it on her own – once I explained that the tours and the content of the speakers seemed invaluable considering the problems we were facing she seemed to agree and asked if I might want to come to a [REDACTED] with her one day. [REDACTED] and [REDACTED] both talked to me about it the following week and said it was not such a big deal to them. I had travelled with [REDACTED] to meetings on [REDACTED] when we were trying to get that established and he looked at it the same way. Finally, Brett talked to me about it, and I told him that I thought that really crossed the line calling [REDACTED] [REDACTED] without even talking to me about it first. He was still mad and said maybe he just needed to call a closed session on my performance. I told him that that might be a good idea. He then just said – he hoped that I would even it by travelling with him someday.

---

**From:** Brett Watson <brettintherye@gmail.com>

**Sent:** Sunday, March 15, 2020, 11:55 AM

**To:** [REDACTED]

**Subject:** [QUAR]

**Importance:** Low

Hey. Just want to say I'm sorry, again. I'm very sorry. I feel fine today but obviously I still have a lot of

work to do on my behavior. 100% my own fault but I also probably need to stop hanging out with some of my friends since I can't seem to exercise any self-control when I'm out with them. It was a too familiar pattern of overindulgence Friday night and resuming Saturday morning after little sleep. I'm very very sorry for disturbing your weekend and I will work much harder on my problems.

Sincerely,

Brett

-----

May 12<sup>th</sup>, 2020– cleaned my car tires after telling me horrible things about how no one should trust me. [REDACTED] caught him but then realizing it was him let him continue. (Pg. 165/166 text)

06/10 ish 2020 We were on a walk - we had left from Saint Mary's school and were walking in the bottoms. He said he had something to say and thought I knew what it was but really wanted to say it. He then proceeded to say..

I started having feelings for you last August, I know this because I spoke to my psychologist about it. He said maybe I had developed feelings because I had shared so much with you and confided in you. He said to be careful.

I shared with Brett that I thought he could have feelings because he knows it is safe to do so. I have not and would not cheat emotionally or physically on my husband. Never have and never will and perhaps it creates a safe space for him and [REDACTED]. He said he didn't know why he would have a crush on [REDACTED]. He said he didn't want that to make me uncomfortable but was glad he got it off his mind and really wanted me to know.

For the next week he made several subtle comments about these feelings and how deep they were. I tried to brush them aside and change the topic and he would say something like..."they are real though"

Around 6/15/2020 we were walking, and I said I really needed him to work through any feelings he had for me. He first said he understood but that our relationship was so different than anything he had ever had. Maybe it was more like the best friend he had ever had but I tried to be firm about not crossing those lines. He then got mad and said – that's fine, we can do the employer/employee thing if you want. It is super easy for me to be cold blooded and switch on the worry brain and tell you everything you are doing wrong. In fact, I think I have done a good job of walking myself back from feeling anything at all for you.

Texts page 197-198- we start a pattern of talking about him stepping down.

Wed June 17<sup>th</sup>, 2020 – text page 208/210: He texted about having feelings for me and then acknowledges that he knows that I do not have that much time for him. ....and then he keeps texting anyway.

06/18/20

We went for a walk from City Hall around town. He wanted to talk about his philosophy of the rules. How basically they were not for him. He understood the Brown Act, but it was ok for him to talk with multiple councilmembers (■■■■, ■■■■ and ■■■■) because he followed the "Brett Act" He would say this in jest, but he was not joking. He told me numerous times that he knew how to walk the line but that he could pull any vote he needed if the item was important to him. He wanted me to "break the rules with him" then he started to twist it and tell me how I break the rules all the time. Like I add an item to the Council agenda when the rules clearly state that the mayor sets the agenda and that I constantly makes decisions that he should be consulted on. He wanted me to agree to conspire to tell other councilmembers' secrets which I said was a thick line that no ■■■■ would cross. He said "it happens all the time. I want and need to share more information with you, but I can't if I can't trust you and I could trust you if we had secrets together – you know for the good of the city. He said he had a joke he told himself. What has 4 thumbs and runs the city? It is Brett and ■■■■". I asked what that meant, and he said basically he is alone on the Council and no one else does anything. I gently told him that each of the council has different circles they work in but not to rule out the work his colleagues were doing.

We returned from walking and sat in the ■■■■ where he returned to press me on the issue of if we both broke the rules how good it would be for the City Was I a rule breaker? Did I drive 58 in a 55 mile/hour zone. Can we agree we both break the rules, or can you live without breaking any rules (said in a way that he would be watching and trying to catch me breaking whatever his perceived rule was). I caved and said I guess we break the rules then.

A couple of nights later during the Council meeting ■■■■ and ■■■■ did not agree on an item with him He felt like they had talked about the item and that I knew how they were going to vote and that I had not lived up to my end of the bargain of breaking the rules with him because I had not warned him of how they would vote .

I said I thought I was clear that- If our deal means that I share with you things that other councilmembers say to me that I am not in the deal.

He said, I fucking have to do this all the time -box you in so that your straight with me you sidestep stuff and I guess I just need to be your boss and you need to do everything by the book.

He called later and I was on the phone and did not answer so he called ■■■■ and said he needed to find me right away enough that it scared her.

He said he felt betrayed and abandoned that I couldn't meet until Monday (today is Thursday – we did have a miscommunication because I meant to say meet Friday at noon not Monday at noon – not sure what was actually said)

Somehow, he has lost all for his friends and feels he has no one to turn to. He said that felt that like we could run the city together better than anyone. I had prepared an email that I hadn't sent and so I read it to him.

Response to email 6/20/20 – did not send just talked about

In terms of what the agreement was – your words as direct and blunt as you tried to be were still not clear to me. I felt that you were asking me to do things more “political” and “sneaky” in nature. I agreed we were both rule breakers in concept because I believed that you create a bigger sense of conspiring around things (good case in point is the earlier question on police reforms) than really exists so I also had the sense that when the actual issues arose that were concerning to you that we could come at them in a way that was actually ok and within boundary lines. When you texted on Thursday – I read the text that I had not held up my side of the deal because I had not told you about all the individual conversations that I had with [REDACTED] This is not how I have ever or could ever operate in my position and as I hope you are starting to understand it is really not in anyone’s best interest.

Texts pages 221-2230 through June 22 shows the type of pattern where he texts me and then if he doesn’t get a response, he just keeps texting. And how he will start to spin on something like the literally cents worth of garbage fee increases through the regional JPA at almost 10:00 pm that [REDACTED] did or did not report out on.

6/24/20

He had calmed down and today he wanted my help to work out his feelings for me. He said he didn’t want to put that on me but didn’t know how not to, that I was all he had, and he really needed me. He then launched into a you are so great speech and how people are the most important to him and he has always struggled with friend and work relationships and didn’t want to ruin this one. He asked that we still do basically what we were doing, spending time together and walking and maintaining what we had, and he would try to not be inappropriate. He said he would not push on anything because he so feared losing me and said he was not a crazy person, but he acknowledged that he can at least appear that way.

7/1/20 ish – via phone conversation

He brought up the idea of us sharing secrets again. I told him that I felt that what he was asking me was to be part of coercion and manipulation to ensure what was best for Arcata in our opinions was the outcome as often as possible. The uncomfortable piece of this is that I do sense that you believe that coercion and manipulation are required for you to be successful in your council position. It does feel like a strive for power, over a strive for working as a team to serve the community. He said the work has just created a lot of stress for him and I acknowledged that his inability to balance the work creates a lot of angst for him.

07/06/21 texts page 255-256

He outlines how I should not tell him no about taking time off and cashing out vacation time. I try to explain that these are more personal decisions and they feel like he is just trying to control me and not the work of the City. He then acknowledges that he was just worrying about it because he does that and he was sorry...



Early July 2020: firmer boundaries. He acknowledged that he had been treating [REDACTED] poorly and said it was 100% his responsibility, I've let both of us down and was considering Resignation.

He constantly asks for honest feedback but if I actually provide it, he often twists it around and wants to blame it on me. He always comes back around with an I'm sorry. He has said I am sorry at least 2000 times and then will often ask me if I forgive him. I have tried to tell him that it is not about forgiveness but about wanting and needing to see a change.

07/30/2020 I was telling Brett that we needed to set boundaries on my time and that . He wanted to talk about what power he had as a councilmember but had no specific questions. Finally he said – He had met with [REDACTED] to talk about his and my “employer/employee relationship”. And from that meeting he now knew that this was all [REDACTED] fault– “it is all her fault because she trained me (Brett). She told me it was all up to me to control myself, and I have no confidence in her anymore, she should not be the [REDACTED]”. he said “What bums me out is when it all turns on me to control, and that right now we didn't have time we have to rebuild our trust because we have to be together through the elections coming up in November”.

7/31/2020 – 8:05 am – phone call - Brett is out of town

I just want to know why we can accept an electronic signature for a ballot measure –

There is discretion in the election code that is given to the [REDACTED] – she analyzed the situation and could accept an electronic signature from you replaced by an original since you were out of town and then unexpectedly and for unforeseen reasons had to stay out of town. We will need your signature when you return to town.

He then wanted to talk about a candidate in the upcoming election.

He said, What are you concerned about with [REDACTED]?

I am concerned that he works for [REDACTED] and if elected we may not be able to enter into contracts with [REDACTED] which we do frequently now. The City can contract with other firms there are plenty but I just want to make sure that [REDACTED] understands the impact this could have on his business.

He said. Let me make it clear I want [REDACTED] to be a candidate and I want him to win and be on the City Council. Ok? I just want to make that clear. I just think that is between the [REDACTED] and the [REDACTED] and I don't know why the [REDACTED] would get involved. Would you do this for other candidates?

I explained that I did the exact same thing for [REDACTED] – the situation was a little different but shared the code sections with her that outlined that she could not work for the city and serve on the City Council.

He said... “I know that [REDACTED] understands, it is none of your business and I am telling you that you should not contact him”.

7/31/2020 9:05 am: Brett called back to apologize about [REDACTED]. I said ok and he said – “you were right” I said I appreciate that but your statement was very threatening. He said what statement

and I said when you said let me make it clear that you want [REDACTED] to be a candidate and on the Council and I was not to stand in the way of that by pointing out the potential impacts to his business. He said – No it wasn't. and then said "I am sorry" I just thought we were friends and all. I said that is exactly how I took your statement as how could you do this to me? He said I know, and I am calling to apologize. I said ok and he said to you accept my apology? I said fine. He then said he did not fully understand the facts behind the need for him to submit an electronic signature while he was away and that he wished I had given him the whole story. He also recognized that I was just trying to help and coming from a good place. We talked through the mistake made by the [REDACTED] in her instructions and the review of the code she completed that brought her to the decision to accept the electronic signature

08/05/2020 – from google doc. Brett and I kept a google doc of things we were checking in on below is what he added on 8/4/2020

8/4/2020

Define friendship and working relationship and how they intersect/overlap

Resign at first meeting in Sept.

*pros and cons of me resigning. Now would be a better time than any for me to resign considering what I will be dealing with for a while. You would no longer have to deal with me and it could open up the possibility of an all woman council. I need help and mentoring and I don't feel like you have the time or patience to give those things to me and its not your fault or responsibility.*

*Pros:*

*you don't have to deal with me ever again.*

*I don't have to worry about city business or the election.*

*I could live outside of the city limits e.g. Bayside or Blue Lake.*

*I could buy property anywhere in the city without creating a conflict.*

*Cons:*

*I won't be able to serve the community anymore in my capacity as a [REDACTED]. (I'm sure I can find other ways to serve.)*

*I won't be able to work with you anymore.*

Let's please make some rules around our communication e.g. acceptable ways for me to write to you and what is acceptable for me to write to you about. Whatever the current setup is, it isn't working for either of us.

We talked about not texting on the weekends and afterhours but if he needed to email things to get them off his mind he could. This reduced the texting a bit on the weekends for a few weeks but it did not stop.

August 14, 2020, We again talked about boundaries and that he was having a hard time going the whole weekend without talking/texting. But he would talk to his therapist about it. I didn't say much which I

think made him a little mad. His mood shifted and he told me he wanted me to know that he can make whatever action he wants to happen on the Council. "I am confident that I can lead them in whatever way I want them to go".

August 24, 2020: He called me on Friday night and told me that he was driving and thinking about me going on vacation and it made me mad. I guess because I can't get anything done without you but mostly because I will really miss you. I don't know how to be away from you for that long.

August 28, 2020, He called but I was not near my phone, then he texted, can you please let me know if we can talk tomorrow so I can sleep tonight.

August 29, 2020: he called and said that he feels like the things that really bugs him still is his and my relationship the highs and the lows of it. He said he feels like he is the only one worried about it and when our friendship is confined to work hours only it feels less authentic. He said he hates to admit that he might be [REDACTED] but wanted me to know. He wanted me to know that he had decided to take the medication his doctor prescribed, and he decided to take it for me. He said "I know saying that is weird, but I don't want to treat you this way, so I am going to take the medicine for you". I told him that he should only make health and medication decisions for himself and that was not comfortable for me to have him take medication for me.

August 31, 2020: He wanted to start over again saying that If he does care about things as much as he says he does that he can do better. He said that his being critical is [REDACTED] and that he doesn't know what makes him decide to put too much attention into something but then he just chips away at it in a very unhealthy way.

September 2020: he started to spiral again and said he was still hurt that I told him that I didn't trust him. And that it was he who shouldn't trust me. I told him he does stuff all the time that makes me uncomfortable. That he tells me over and over how much he misses me and can't be away from me for longer than the weekend and he agrees to stop but then he doesn't. He then got mad and said that I just don't want to do the agenda right that it took him 10 months to have it done right? I told him that it was not that, that was a small thing that we just saw differently and this was much bigger and he said I saw it wrong. He said that in war it is all about organization and discipline and said "you don't know how many times I could call staff out and make them look like shit, I guess I just have to do that"

October 15, 2020, he called to tell me that he just misses me all the time and doesn't know what to do.

1/29/21

The economic recovery group met, and the Chamber had new representatives. He assumed that I had added them without talking to him. We had added [REDACTED] to the group at the last meeting and had talked about how the board president was rotating so we would have a different representative for the position. Then they invited [REDACTED] so she was there also. Then he wanted me to tell everyone not to add someone without running it through him. I told him that we should handle it off line. He had already texted [REDACTED] to see how she got there. These are small things, but we talked about this probably 3-4 more times as his condition can't allow him to let certain things go.

January and February Brett was down a lot. His stopping in and texting was very frequent. Some of the walks were ok others he was pretty catatonic. He kept wanting to do other “friend things together” open robin hood accounts, asked why we never go to dinner or out for meals like regular friends. We often talked about how our relationship was not a regular friendship that he was still my boss and when I told him no to friend type of things, he often reminded me about him being my boss. He kept asking if we were friends. My standard answer became..... “I have told you many times that if we were friends you would not receive texts back from me within a few hours. My friends often wait days for me to respond. You have this access to me and to my time because you are [REDACTED]” he would follow with I am sorry this relationship is just so important to me.

In late February I had to go to [REDACTED] for a funeral. I tried to schedule some time in for him so he would be ok with me going. See texts page 413-414. He still needed to reach out while I travelled. And then when I returned was struggling to try to see me every day – see texts 414-417

March continued with more and more regular contact. Texts most days checking in, stops by the office for a hug or quick connection. See pages 424-425

Mid-April – he started worrying about his reelection a lot. He had voted against hazard pay for grocery workers and was certain that the union would all turn on him. He started going through everyone he had bitched about over the previous year (I [REDACTED] and started reaching out to see what he could do to make them happy and then asking me to jump on things, public art, street lights...not huge things it just felt so weird that he was trying to appease people immediately because he was so worried about reelection which was more than 1 ½ years away.

Most of April was just constant need to see or talk everyday texts 425-444. And looking for ways to be with me like inviting himself to [REDACTED] lunch. [REDACTED] had invited me to lunch and he asked if he could come. It was not my lunch to invite people to and given his state of mind he is often very negative or just silent during meetings, so it was always a bit tricky. Of course I worked it out for him to come.

4/4/21: He called and said that he was having dreams recently where “I needed to reach you and I couldn’t, and it woke me up”. We talked about what he could do to go back to sleep. And how this was another sign that he needed to find ways to let go of me.

4/21/2021: I was leaving in a month for [REDACTED] We were walking in the forest, and he only wanted to talk about making plans of how he would handle things when I was gone. He said he thought he would go down south for part of it because he thought he could handle about 5 days from start to finish alone without me so he should power through 5 days alone in the beginning and then go down until I came back. I offered to walk on Wednesday before I left Thursday which he appreciated but then followed up with “but then we can still communicate when you are gone, right. I am sorry but I can’t go the whole time you are gone” I conceded that yes, he could reach out as I was only in [REDACTED] and he said, “I am just really worried, I am really going to miss you, 10 days is such a long time”. I said that this will be a good time to learn that he is fine on his own without me and he said he was just not ready.

May and June of 2021 were filled with walks where every week he would harp on that I was the best things he had going in his life. He would end our walks on Friday in a downward mood telling me that it

was going to be so hard to go all weekend without seeing me and on Mondays during our walk tell me multiple times how he was sorry but he just really missed me all weekend.

May 13 I was heading to [REDACTED] his anxiety over being apart got worse. He had booked a flight to see his family so he would not be in Arcata the whole time. The trip was fine...but still the constant backdrop of when he would text and when he would need to talk. In the end we talked / texted 9 of the 11 days of the trip

Friday June 18<sup>th</sup>: Text pages 473-475

We went for a walk at the dunes and at one point he said he wanted to jog on Fridays that he thought that would be a fun and good activity for us to do together. I told him that I thought walking and certainly outdoor meetings during COVID was a professional way to spend time communicating but that jogging as a recreational activity and not something I should be doing with my bosses. He said –“ I know but I am different I am special”. He said it kind of joking but I could tell he was serious. He has said this many times before. I felt I was calm but also felt like I had to take this opportunity to tell him that while our relationship is different than I have with [REDACTED] based on the year he has had that I still need to treat all 5 of my bosses the same from a city and work perspective. That the two conditions can co-exist but that I have to watch the boundaries and that jogging crossed a boundary that I was not comfortable with. He said that we were different but that he would drop it and we did for the rest of the walk. I got back to City Hall about 4:00 and at 4:45 he called very distraught telling me that what I said was really hurtful, that our relationship was special that I was the best friend that he had ever had and although he knows that I have told him that I can't be his best friend that I am and that is just how it is.

We had a very calm conversation about how I have to serve all 5 councilmembers and how each of those relationships are unique but that I need to be conscientious of my time, trying to make sure they all have the same information when I meet with them on different days, etc.... he said that he thought we were doing so well and that he was improving because of it. I told him that that could also be true, and I thought we were getting along well also but that there still needed to be boundaries. He texted that night that he was feeling better.

Sunday June 20<sup>th</sup>: He texted that he was sad. This was the first Father's Day without his dad and I had told him he could call. I was running errands and it was a decent time to talk – I was alone in the car. He called and after about a minute he said he had prepared his thoughts to read to me. As I recall the comments opened with something like “the things you said to me Friday were really hurtful and not fair, it is not fair for you to treat me that way like our relationship is not special”. I know he said more but his opening line really flipped it for me. I had worked so so so so so so hard at being patient and calm and giving him time to detach from me and to get stronger and when he tried to then blame me for setting a really reasonable boundary that we would not be jogging partners and tried to make me feel bad for it, it put me over the edge and I yelled at him for about 5 minutes that I was exhausted of his harassment, his abuse and his manipulation That he was [REDACTED] and I had shared with him over and over and over that I had a very busy job and I needed time to focus on it and yet he needed my time and I kept trying to be there for him. I reminded him that if he wanted to be my friend as I had told him many times before then he would not see me or receive texts from me the day he texted me – my friends know that they will hear from me but it might be a day or 5 but that because he was my boss I did my best to get back to him within the hour so he didn't panic and start calling and worrying that things were wrong and

that it was totally overwhelming me and I was done that he needed to find a way to unhook from me or I could not keep working for him it was just way too much. After a few more minutes I told him that I did not want to say more things that I could regret so I was going to hang up and I did. He called a few minutes later and I was driving. When I arrived at my next stop, I called him back and told him that I was sorry to have lost control of myself on Father's Day that I knew this was a hard day for him but that I really was so far past done I didn't know what else to do. To be taking time on my Sunday when I am trying to run around to prep for my husband's Father's Day dinner and to agree to take a call only to be scolded for not giving him more was just too much. I told him that we could talk Monday during our regular time and to let things settle tonight.

Monday June 21<sup>st</sup>: we walked in the forest. It was a hard long walk. I was still so mad I had a hard time saying anything nice. I felt exhausted and needing a break. We rehashed everything. I reminded him how many times I told him that I would not let anyone in the organization be treated the way he treats me and that if he worked for me I would have already fired him, but I can't because he is [REDACTED] and he continues to choose to stay. We talked about that he wanted to be the mayor (as [REDACTED] was stepping down) I told him that he was in no mental space to be the mayor and that it was so hard on staff the last time and I was very worried about it. He Waivered about what he might do but I knew he would manipulate it to be mayor for the year and a half that was open. He asked what he could do, and I said I just needed a break. He asked how long, and I said 3-4 weeks. He looked at me like....no way..... and then said how about I don't call you until Wednesday afternoon. I said...so I ask for 3 weeks, and I get 48 hours and you wonder why I don't push back more – whenever I do you don't accept it anyway, so let's quit pretending that I have options here. He said he was going to do better he just really had to take it slow that he knew he had to find a way to give me more space and he was so sorry, but he just couldn't right now.

We made it through the week to the walk on Friday. Texts pages 475-477

Friday June 25<sup>th</sup>:

Today he wanted to talk and said he felt like he was a horrible person he was sorry he had made me feel that way and that it made him sound like he was a bad friend. He thought he was a good friend. I shared that it was hard because we were trying to figure out a way for him to have what he needed as a councilmember his mental health was starting to dip and then he had a very hard year where I was more of a listener and it became a lopsided relationship in that he became very dependent on me and I became feeling very trapped because he is my boss. That he uses a tremendous amount of manipulation and guilt about how he needed me to feel good and that he needed to be in touch. We revisited the events of the previous Sunday and how surprised I was when he wanted to rehash Friday where I told him that we were not going to be jogging partners and then he twisted it to that I was responsible for being hurtful to him on Friday and how that was not fair. I held that I was just overwhelmed, exhausted with him trying successfully to make me feel guilty every time I tried to set boundaries. That I was smothered by his need to be with me and that he is [REDACTED] and I needed to find a way for it to stop.

He said he still needed to ask for incremental change. I told him that I was very raw and that I knew he would have setbacks but that he had to stop.

I asked What does incremental change mean to you? He said "I will talk to my psychiatrist, Maybe I don't have to text you everyday" he asked what it meant to me. I said Incremental means that there begins to be some normalcy in how we meet and at this point I just need a break. I said a month and he said I can't go that long.

How about I don't text you tomorrow. I didn't say anything (tomorrow would be Saturday) But can I please text you on Sunday. I said, what am I supposed to say? Here we are in the same situation and what am I supposed to say. He said well can I reach out to you on Sunday? And I said by text? And he said yes. And then he said so you are really going to be gone on Monday? Which I have told him several times and then you don't want to walk on Tuesday? And I said, I just don't have time, I have a really fulltime job and the 6-8 hours plus with you a week just completely takes away from that. I have to get back to doing my job. Staff are feeling unappreciated, things are stressed, and I need to be there. He pretends to understand but then he never stops. I told him that I really need him to talk with his therapist about how he can disengage from me because I can't do this. I don't want to walk away from my job but I can't keep doing this. He said. I just really like to ask you how your day is every day and to tell you to have a good night. I told him that I can't do that I feel smothered. I feel absolutely stifled and controlled and that I can't do that anymore that we have come too far getting out of this and I can't go back into our trap.

While we were walking, he again said. I guess I just don't understand because you are just the best friend I have ever had. I told him that our friendship has been based on him needing this level of support so of course you are feeling very vulnerable you have shared a lot of things and I don't want to take that trust away, but you have also used all of that to pull me closer and then just won't let me go that is not a friendship.

July was more of the same. He struggled a lot and we ebbed on the need to text and visit. His drinking picked up again and he was spending nights at his friend's house at times when he drank until he passed out. (Text pages 486-488)

08/01/21 (Text pages 490-496)

This is the night of his DUI. He texted about 6pm and said he was drinking too much. I got a call from the lieutenant about 12:30 am informing me that Brett had been arrested on the DUI and cocaine possession by CHP. Brett called about 1:30 very distraught. He wasn't sure what the plan was, when he would get out etc..... lots of apologies, he was still pretty drunk. He said he was sorry he had never told me about the cocaine use. I said that was good, I didn't want to know the mayor was using cocaine. He called 4 times that night and asked to be picked up at 3:30. [REDACTED] was out of town. When I arrived, we got into my car and drove to Arcata. He gripped my arm so tight I had to ask him to lighten up and to keep his head from trying to cuddle on my lap. When we got to his house, he begged me to come in for just a few minutes. I told him no but that I would watch him get into his house safely. He texted me at 4am

08/02/2021: I picked him up about 11am and we went to get his car. There was still a cone stuck underneath his car but otherwise it was fine. He spent the day in and out of my office., he started calling attorneys and working on a statement.

08/03/2021: I was heading on vacation. This is where he again started to message to me that he could not make the changes he needed to on his own. He did make it Thursday without texting. But Friday started texting and Saturday needed to talk, Monday he texted again and really wanted to talk, etc.....

When I got home, he was as more frantic about making sure we had our meeting times. He would call the minute he thought something would interfere with a walking time and was more frequently trying to check in and meet. He got a new therapist from a recommendation from [REDACTED] ([REDACTED]), and she seemed to be trying some new things with him. Text pages 506-508

At some point this month.... he asked me if we could still celebrate him becoming Mayor with a piece of pie. I was pretty dumbfounded that after I told him he should not be mayor with all he had going on....and that the results of him being mayor resulted in his DUI and drug possession on the front page of the paper.... how now he still thought we should be celebrating. He got pretty defensive and told me that everyone else has told him that he is going to be fine and should not step down. He said he is doing better and not drinking and we could celebrate that.

09/01/2021

All week Brett was short with me. He came in at 4:30 before the Council meeting at 5:30 to prep for the meeting. He was pretty argumentative asking what I thought about things but not wanting to hear my advice. He was fixated on the ARPA funds and how to just get the Council to talk only about the items he wanted to fund and he thought they could agree on. He basically said he wanted to open the discussion by listing those items and see if everyone agreed and then have them vote and then tell them all the money was spent. I suggested that he take priorities from everyone, and he thought that would be too confusing. In the end I just warned him to stay open because I didn't think his strategy was going to go over too well.

Between the committee interviews and the meeting, he pulled me outside and told me he was sorry he was being so short with me and that he was just really sad because he felt mad at me because I was going to be gone on Friday and he couldn't walk with me and see me before the weekend. I told him that he could not keep making me feel guilty for taking a day off and he said he was sorry (5 or so times) I told him that I do care about his wellbeing but that his saying sorry everyday, so many times that sorry from him was now hollow because nothing changes. He said he was sorry and that he thought we were doing so good, but he wanted to tell me he was mad at me for leaving because it would make him feel better and he wouldn't treat me like he was. I told him I felt like I needed to set boundaries to help him as well as me.

I went to the Bay Area for the holiday weekend. I asked him to give me a little space if he possibly could. Said he would try but knew it would be hard. He reached out Friday, Saturday and Sunday.



9/8/21 after a counselling appointment he said I talked to her about you and about [REDACTED] and she said she had to stabilize my [REDACTED] a little more before she could work on the larger issues.

09/21/2021: Text page 514. His therapist told him to try to wear a band on his wrist to snap when he was feeling anxiety about something. He asked that it come from me. When we talked, he said it would mean so much if it came from you and would give me more comfort. I had something in my desk that I thought might work and he tried it for a while.

09/22/2021: Brett, [REDACTED] and I headed to Sacramento for a conference. He was very nervous about everything being perfect for the trip. Having [REDACTED] and I alone with him I knew he thought would be a great weekend and I could tell that he was already setting some heightened expectations.

The drive down was weird, he kept wanting to check on me and tell me what to do, he would say to [REDACTED] we are going to let [REDACTED] rest in the back seat. I said – well I am not tired. And he said that's okay you can just rest your eyes.... things like that.

The first night he made reservations for dinner for us. A few minutes later we ran into the folks from Eureka, and they invited us to have dinner with them. When [REDACTED] and I told Brett that we decided we should go to dinner with Eureka folks he looked at us and said – “without consulting me? I don't like the precedence that this sets for the Mayor”. [REDACTED] tried to joke and said that we weighted the vote of 1 [REDACTED] and 1 [REDACTED] vs. 1 [REDACTED] and thought they were even. He was really mad and said that he did not like the way this was going. We started walking to the next session and he and [REDACTED] went off to talk. When he returned he said that it was ok, he and [REDACTED] hugged it out. I told him that the night would be fun and that he could hang with me, and we could let [REDACTED] visit with the other [REDACTED]. We went into the next session, and he sat right next to me. About 5 minutes in he started snapping his wrist band....so that many people could hear. He snapped it probably 25 times and then took a break.... about 15 minutes later the snapping started again and after another 15 snaps or so that were totally distracting for everyone around us, I leaned over and asked if he wanted to go outside or for a walk and we left the session. We talked outside until [REDACTED] was done and then went back to the hotel and headed for dinner.

Day 2 – he again made reservations at the restaurant we were going to go to the previous night for just the three of us. We went and had a good time. We ordered a bottle of wine, and each had 1 glass. He wanted to down the rest of it before we left, and I suggested that we just take it with us. If we were done early, we could split it at the end of the night – so we took it with us and went about 45 minutes out of town to a [REDACTED] for he and [REDACTED] to check out. It was a bit a pretty loud place, so I decided to wait outside and make a few phone calls. We stayed longer than I expected and when we were riding home in an uber, he said where do you want to meet to drink the wine. I told him that I was tired and was not up for wine. He got a little mad and said but you promised. I said I was sorry, but I was tired and was going to bed. He then got sad and said – please, just a quick drink to finish it. I got firm and said, Brett you have to take no when I set limits and stop doing this to me. He said he was sorry but that I had promised him that was all. About 11:30 that night he texted but I did not answer.

He also texted [REDACTED] who told him he could come to her room. She texted me the next morning that he had been there all night and that we needed to talk to him together.

I went by about 7:30am and we all talked for about an hour, letting him know that he needed more help than we could give him and that the impacts of his behaviors were getting too great. We decided to skip the rest of the conference to go to breakfast and to drive home. He talked to his therapist while we were at breakfast, and we made it home.

After the conference we continued to talk about residential treatment. He wanted me to start to call him to get him up in the morning. One morning I did, the next I was late and told him I could not do that for him and that perhaps [REDACTED] could.

This next week he started worrying about a lot of little things, work, personal, it was clear that his anxiety levels were rising again. Our conversations turned to researching residential treatment centers. We talked to two of them together.

October: After the Conference [REDACTED] came into my office and shared that she was really worried about Brett's treatment of me and his obsession with me. She said she had had a similar experience with her [REDACTED] and knew how hard it could be. She said she could not sit by and condone the information and wanted to talk to the [REDACTED] about options. I pretty much broke at this point and said while I know that opening this up will be very hard and painful that I can't keep going and it is clear that I can't make it stop on my own.

10/07/21: I met with [REDACTED] and [REDACTED] as they were working out the details of putting Brett on notice that the City needed to investigate his behavior. After some conversation we decided that I would give him one try to accept responsibility and to step down. He had told me many times before that he would step down for me and that I should never quit over him but he never did. Brett and I talked on Thursday and then again on Friday. I shared that as he knew that the constant need for him to be with me was just getting too much and that I could not work with him anymore. I wanted to share this with him directly and see if he would step down. He said he would go into residential treatment and would do better. I told him I had heard all of this before that he had tried other things before but that it was still just getting worse, and I just couldn't do it anymore. I told him that I felt like he had gotten us into this whether it was his illness or tendency to manipulate and just wanted to ask him if he was willing to get us out and let me go back to just doing my job. He asked what I would do if he didn't, and I said that I didn't know. I told him that was struggling with it because I had worked hard to rid our organization of harassment and to be leaving because of his abuse did not feel right as a woman in a leadership position in our region so I was first giving him the chance to do the right thing. He said that his position means everything to him and that he was sure he could do better and that we could work it out. He said "I can see you are mad at me". I said "I am not, I am mad at myself for letting you do this to me for so long. I would be horrified for any woman to be treated this way in this organization and we have talked about this so many times and yet I couldn't stop it.

The council met in closed session on October 12<sup>th</sup>. As I understand the outcome he was going to consider stepping down and would let htm know with a day. I received a call from [REDACTED] who asked about the logistics of some items he wanted if he stepped down (access to email for a week, potential non-disclosure) She thought he was getting ready to step down. We waited to receive something in writing but it never came. Instead he checked into residential treatment on Sunday. On Monday we noticed a special meeting to rotate the [REDACTED] and [REDACTED] positions. During the meeting the rotation was completed and then [REDACTED] [REDACTED] asked for a vote of no confidence.

10/22/21: Brett reached out to [REDACTED] to get help sending out a press release on his own. When she indicated that the [REDACTED] was going to give it a quick review he said "I can send out whatever I want from the City" and he sent it himself.

He was in treatment until the end of November.

12/01/2021

It was about noon and I was meeting with [REDACTED] in my office when Brett just walked in my office and said. "Hi how are you doing?" He then asked if I could meet before the Council meeting tonight. I said I would be done in about 10-15 minutes so he waited in the conference room. When I went in he said that his treatment was great and he should have gone a lot earlier in life and that he was ready to return to the Council. I can't remember exactly what I said first but he said, I can see you are not happy. I said, I didn't even know what to say. I didn't know how this would work. Somehow the conversation turned to him saying that he felt very betrayed by [REDACTED] and I and then everyone just turned on him. He said that I told him several times that I stayed close to him to temper his power. I asked if he was kidding that those are not words I would have ever chosen to use. He said well I heard you say it several times. I told him that if he wanted to lie to others about what he had done that was his thing to live with but in this room with only he and I that lying straight to me was fucking bullshit (not my best moment).

I told him that when things started closing in on me and the City was going to have to investigate, I went straight to him. I could have let the City take it from that moment but I tried to work directly through him. And then I said – "when we last met with [REDACTED] you asked if we could still be friends, and I told you I didn't know as I didn't know how things were going to go and what you would do." And that as it turns out he went straight to all my bosses and several other people to tear me apart – exactly like I suspected he would. He said they all turned on him and I told him that that was from his story that on the night of the closed session I had not even talked to some of them at all. He said he understood now and he was going to be different that he was sober for 42 (or 48) days and that he had not called me for 50 days.

I was a bit deflated that he was still counting the days. He said that before this he was working on things and had gone 3 days without bothering me but now things would be different.

Then he asked could he share something with me just between us. I told him I really didn't know but I guess it was ok. And he said that in treatment he learned that he had struggled with addiction for most

of his life. He was addicted to cannabis for many years and had an addictive personality. He said "I had been addicted to drinking, video games and then I was addicted to you. Treatment showed me that". But I went for 28 days and 5-7 or more groups per day and ### of individual therapy appoints so over 200 therapy sessions. He said, I can see you are still mad. I said, yes, he was not giving any weight to what he has put me through and how was this taking responsibility for the effect he had on me and the organization. He said that going to treatment and staying sober were his ways of taking responsibility.

He said things would be different. And I said there are already not—I said "how was it ok for you to just walk into my office without any notice after being told not to communicate with me – while I was in the middle of a meeting". He said that he was told to just go back to doing things like before. I asked who would tell him that. He said he was told. I said – "what do, you think? How did you think I would feel with you just walking into my office totally unannounced?" He said, "I'm sorry, I'm sorry. I said – let's not already start with the, I'm sorry shit again – nothing has changed. [REDACTED] came by shortly after and we called her in.....

At the council meeting that night he just came in and did not read the room well. He came in without a mask on. We are all masked. He sat in his spot for probably 10 minutes before putting a mask on. His very first question came during the interviews of the candidate for [REDACTED] was when he looked at me and said..."first, who wrote these questions" I answered that I had pulled an older version and added one but he could ask whatever he wanted and he proceeded to ask his questions.

At break [REDACTED] came over to ask [REDACTED] and I a procedural question about taking discussion on appointing the a candidate and he just came and stood next to us to try to be part of it.

After the meeting he came over and said – oh I had one thing I forgot to ask you, a city employee texted me during rehab and asked if I could get him some cocaine. What should I do with that? I told him he should turn it over to myself or [REDACTED] He said he didn't want to get anyone in trouble but was hoping we could just reiterate the drug police of the City. I told him that the staff member was either mocking him which was wrong or asking a councilmember who was in a very compromised position to do something illegal which is also very wrong and it should be dealt with.

He came up again right before he left and said he wanted to show me a picture of the goats at the treatment center. There is a back story here about the farm animals but the point was.....why would he think that everything was just fine and this was ok.



---

**From:** Brett Watson <bwatson@cityofarcata.org>  
**Sent:** Tuesday, May 15, 2018 10:00 PM  
**To:** [REDACTED]  
**Subject:** Comm Dev Specialist II

Hi [REDACTED],  
A friend of mine, [REDACTED] from [REDACTED] has strongly recommended "[REDACTED]" for the position of Community Development Specialist II. I don't intend to influence the City's decision on this position but I wanted to let you know I 100% support this candidate based off of this recommendation. If you personally decide this candidate is a good fit, I will strongly support any concessions you may deem necessary to make this person a part of the City of Arcata family.

Thank you,  
Brett

---

**From:** Brett Watson <bwatson@cityofarcata.org>  
**Sent:** Thursday, January 31, 2019 11:43 AM  
**To:** [REDACTED] >  
**Cc:** [REDACTED] >; [REDACTED] >  
**Subject:** Re[2]: POC Lighting

Hi [REDACTED],  
Tomorrow will be two weeks since you and I last spoke and discussed bringing [REDACTED] office into the conversation. If you haven't already contacted the senator's staff, lets do it today or tomorrow?  
Thanks,  
Brett

---

**From:** Brett Watson <bwatson@cityofarcata.org>  
**Sent:** Monday, June 17, 2019 6:25 PM  
**To:** [REDACTED] >; [REDACTED]  
**Subject:** Re: Review of Council Protocol Manual

Lets move this to August and extend the deadline to July 21st. There is an established precedent by previous mayors of not adhering to set dates so I don't believe its an issue to discuss this in August.

Thanks!  
Brett

---

**From:** Brett Watson <bwatson@cityofarcata.org>  
**Sent:** Sunday, August 4, 2019 10:52 PM

**To:** [REDACTED]  
**Subject:** Delivering letter to [REDACTED] tomorrow

[REDACTED],  
I've decided it doesn't matter if our legislative platform covers the letter. Per the authority granted to me by the council when they chose me to be the mayor, I have discretion to send it and it will go out first thing tomorrow. Just wanted to let you the matter has been resolved.

Thanks,

Brett

**From:** Brett Watson <bwatson@cityofarcata.org>  
**Sent:** Saturday, August 10, 2019 2:40 PM  
**To:** D [REDACTED]; [REDACTED]  
**Subject:** Re: (bcc: Council) APA ratification of successor MOU

Would you please remind me what the expanded eligibility is for supplemental compensation? Also, it would be nice to get out of the habit of staff telling the council what will be on future agendas unless that item has already been approved by the mayor 😊 This is something I've been frustrated with for 8 months now and its a bummer we're still in that habit. Thanks!

Brett

**From:** [REDACTED]  
**Sent:** Saturday, August 10, 2019 1:36:47 PM  
**To:** [REDACTED]  
**Subject:** (bcc: Council) APA ratification of successor MOU  
Mayor and Council,

Wanted to let you know that APA membership has ratified a successor MOU, so we will be bringing that to you for final City adoption on your 8/21 meeting. The full MOU will be on agenda, along with the attached tentative summary.

Thank you again for your time, patience and guidance throughout this process!

[REDACTED]

---

**From:** Brett Watson <bwatson@cityofarcata.org>  
**Sent:** Thursday, June 25, 2020 6:42 AM  
**To:** [REDACTED]

**Cc:** [REDACTED]  
**Subject:** Re: Fwd: Resolution 2021-02 - Amending IWMF Table 10: Recycling Processing Fee

It wasn't your responsibility. If it was then I'd be concerned why you didn't tell us at our last May meeting but I don't recall the council appointing you to their board :) We also share an attorney with HWMA so it raises an interesting question about what her role should be in keeping us, her client informed.

If you really feel like this is staff's responsibility please tell me why. To me this is clearly the responsibility of the council member appointed to the board.  
Thanks

---

**From:** Brett Watson <bwatson@cityofarcata.org>

**Sent:** Thursday, May 7, 2020 10:58 PM

**To:** [REDACTED]

**Subject:** We should talk before the weekend

Hi [REDACTED]

I tried to cleverly word my thoughts in writing to navigate potential future records requests but I'm not able to. Will you please let me know when there's a good time to talk tomorrow? I should be available all day.

Thanks,  
Brett

---

**From:** Brett Watson <bwatson@cityofarcata.org>

**Sent:** Tuesday, April 14, 2020 8:52 AM

**To:** [REDACTED]

**Subject:** Follow up

Good morning! I just wanted to follow up on restoring the official city logo until direction is given by a majority vote of the council. I'm also interested in learning the origin story of the logo that's been defaced.

It wasn't altered; it was defaced! You like how I spun that? Haha.

Thanks a lot,  
Brett

---

The below email Brett sent to [REDACTED] It would be considered supportive if just before he sent it he had not told me that he hated ever giving [REDACTED] a raise and that I really needed to fire him. There is a pattern of tearing people apart behind their backs and pretending he is great friends when they are present.

---

**From:** Brett Watson <bwatson@cityofarcata.org>

**Sent:** Tuesday, February 18, 2020 7:25 PM

**To:** [REDACTED]

**Subject:** Re: [REDACTED] Resume



You're SSN is blacked out on your resume which leads me to the completely reasonable conclusion you're hiding something, [REDACTED] I cant believe you'd incriminate yourself like that. You've obviously become too comfortable making shady deals and running scams and its made you complacent.

On Feb 18, 2020 5:24 PM, [REDACTED] wrote:  
Dear Mayor and Council Members,

I understand that you have all been tagged in recent facebook posts. I don't feel the need to combat the claims in the social media; however, I did want each of you to have the facts. And I am not going to parry tit-for-tat, but I wanted you to know that I never worked for [REDACTED] I've attached my resume showing every position I held dating back to 2007. Prior to 2007, my resume shows principal positions, leaving off the smaller gigs I used to make ends meet – none of which was for [REDACTED].

I want to thank each of you for the support you've expressed individually in response to these incredible claims. I'd be happy to discuss any follow up questions you may have.

Cheers,

[REDACTED]

#### **Other Misc Emails and Texts:**

From: **Brett Watson** <[REDACTED]>  
Date: Sun, Sep 6, 2020 at 9:10 PM  
Subject: Wish you were here  
To: <[REDACTED]>

I wish you were here to tell me something to cheer me up. I want to call you or text you but I hate the thought of interrupting whats hopefully a nice evening for you. I hate even sending you these emails. They can't be very fun to read. I hate that I can't stop feeling sad. I feel like I'm failing. I should be getting better. I've been working so hard at trying to get better. Its frustrating and depressing to not see much progress.

I had some moments of feeling better today but they're always so fleeting. Last night was mostly good but I probably drank too much. I had a drink before going to [REDACTED] then had two gin and tonics there then drove back to the studio and grabbed another

drink and took it to mad river Beach where I watched a beautiful sunset, compliments of the smoke in the air. I remember most of it. It was happy and sad at the same time. I thought about my mom. There were a lot of people there to watch the sunset. I didn't realize so many people go their at sunset. Then, when the sun set, a lot of people walked to the water at the same time. It was fascinating to me.

As I was leaving [REDACTED] called me and wanted to go party somewhere. I feel like it's my job to maintain relationships with these people who own significant properties in the city. Luckily it ended up not working out and he ended up wanting to do it another night.

I then went to the California street apartment and fell asleep on the couch while watching my awesome TV [REDACTED] doesn't even appreciate. It has the most amazing picture quality. I moved to the bed at one point then remembered how much I hate that bed. I moved back to the couch then eventually went back to the studio to sleep more. Just knowing she's out of town is a relief to me. Last week she was terribly sad and crying and begging me to come back. It makes me feel like such a horrible person to see her like that, on top of the other stuff that makes me feel sad.

They admitted [REDACTED] to the hospital yesterday and are running more tests. She is in good spirits and says the nurses are nice. I think she will be okay. I hope she will be. I had a really good relationship with [REDACTED] but my relationship with [REDACTED] has always been the strongest. We've been through a lot together. We've always been there for each other and we've always been a really good team.

Talking to you always makes me feel better. I wish I understood why it only works with you. Writing this is like I'm talking to you and its already making me feel better. I tried everything else today. I worked on measure a, worked on my business, I did a bunch of chinups, I ran for a little bit. I stretched. Took two showers. I ate. I didn't drink today. Sometimes something will make me feel better for a short time. Now I'm feeling better after writing to you but drained from being sad and crying.

Im going to try and distract myself until 10 and then take my pills. Some pills help me fall asleep. Others help me stay asleep. I used to not need any pills. I don't know what happened. For a while I had a hard time sleeping because I was so anxious for the next day. Now I want to sleep and I don't like waking up because I don't know how I will feel when I do. I don't think I've slept less than 7 hours a night for the last 3 to 4 weeks. Thats great but its not helping me as much as I hoped it would.

I think I'm done now. Thank you. I hope im lucky enough to see you tomorrow. I understand if you can't talk tomorrow. Its a holiday anyways. Im just grateful to be able to talk to you as much as I do. You're very generous to me.

Thanks again. I appreciate you so much.

Brett

From: **Brett Watson** <[REDACTED]>  
Date: Fri, Aug 21, 2020 at 11:30 PM  
Subject: Takeaways from my drive  
To: <[REDACTED]>

I made the drive in about 4hrs and 45min which seems like decent time. Thats just the drive time and doesn't include me stopping at the Eureka CoOp for a sandwich and getting gas at Costco.

I ordered a salad and a pizza when I got here and probably ate too much but it was good.

I didn't think about a whole lot on my drive. Mostly focused on the road and getting a feel for my car. She is pretty awesome and its still surreal that its my car. This is the only time I've been on a long drive in her by myself. The drive up included [REDACTED] and [REDACTED] so I didn't get to focus on the car too much. I feel like naming her after my [REDACTED], is fitting. She makes everything seem effortless and that's how my grandmother was. I wish I had stayed by her side when she was in the hospital. She asked me to stay but I had to go back to California. Or at least I thought I did. She passed away almost immediately after I left.

I realized I haven't forgiven [REDACTED] for his decision and that I haven't forgiven myself for not doing more to be compassionate towards him. I always thought he was so tough and I never paid much attention to his comments about his concerns over his finances and how hard it was for him to be a caretaker to [REDACTED]. I did strongly encourage him to get help but I could have done a better job and been more tenacious. I've always thought one of my greatest strengths is my tenacity and my desire to dig in even further when I almost feel like giving up but I didn't do it when it mattered most. He never shared how bad his finances were which is probably because he was embarrassed and ashamed. I know it's not my fault but I'm now in the position that I work so tirelessly to avoid: looking back and seeing that I could have done more. All I can do now is try to be more supportive of other people in my life when they are feeling down. But I'm still disappointed in myself. I want to and need to get involved with suicide awareness/prevention efforts but I'm not ready yet.

I'm pretty fatigued from being sad for so long. I feel like it's been since November of last year. Everytime I think I'm about to get a break from it, something else bad happens. Marriage. COVIDs impacts on our City. [REDACTED] I feel like I'm just waiting for the next bad thing and whether or not I'll be able to handle one more thing.

I guess its sad my car crash didn't phase me. At this point I'm used to almost dying and walking away from it and I don't know if thats a good thing. Its happened so many times

that it feels routine. It happened so fast. When my car came to rest in that gully or whatever it was, I just calmly grabbed my backpack, climbed out of the sunroof and immediately handled the business of dealing with the crash. I knew insurance would pay for everything including a rental car and I'd just get another car. I had a little [REDACTED] when I got back on the road in my rental car but it was gone in like 5 minutes. Then I bought a faster car. I feel like my luck can't go on forever.

The drive over the bridge was nice. It was dark so it was mostly the city lights that were nice to look at. It is pretty smokey here. The smoke doesn't bother me very much. I lived in horribly smokey conditions for months at a time when I worked in Orleans for two seasons and a season in the Tonto National Forest north of Phoenix. I do hate how after being in it for a long time it makes everything smell like smoke, like all of my stuff and my car and for months after the fire season has passed. And I know it's really bad for your health to breath it in for extended periods of time.

I feel like I always do like 90% of the talking when you and I meet and I want to stop doing that. I think I get too excited to tell you things and I don't leave space for you to talk which is dumb of me because I really do want to listen to you. I don't know why I always want to tell you so much.

I'm going to go to sleep now. Thanks for everything. I really appreciate you more than I will ever be able to express.

Sincerely,

Brett

From: **Brett Watson** <[REDACTED]>  
Date: Tue, Aug 11, 2020 at 10:46 PM  
Subject: It is great to care.  
To: <[REDACTED]>

First, I want to tell you how incredibly grateful I am for you allowing me this outlet. It really means a lot to me.

I know I can write a lot and I don't want to waste your time because I do see how busy you are. Im not being sarcastic or facetious. I really mean that. So here is the short version: [REDACTED] lied to me again this evening and I told her I want a divorce. It makes me sad. [REDACTED] makes me very sad. I feel like our amazing city is dying which also makes me sad. I know our city is still moving along but its hard for me not to feel that way. I feel so much responsibility to fix things. There has to be more I can do and until I can figure something out or the economy revives itself, I will feel like a failure. There are many good things in my life but right now its hard for them not to be eclipsed by these very big sad things.

-Brett

Long version:

██████████ is leaving town tomorrow for at least a week for ██████████ birthday. I thought it would be nice to have dinner before she left but at the same time I'm really looking forward to her being gone so I don't have to deal with her being so needy and I can go to my own apartment freely and start packing my things.

We have dinner earlier and are enjoying a show together. I remember I need to find my travel receipt for reimbursement and I go into the office to look for it. I see on the table in the office the area [REDACTED]. That doesn't bother me at all. [REDACTED] That in itself isn't a big deal but it does seem odd to me being that I make it and it literally paid for everything in the apartment. [REDACTED] She replies that she's not. I point out that there isn't any there [REDACTED]

I then say very calmly, "I don't believe you. I feel like you're lying to me over something really small." She just looks at me. I ask if she just lied to me and she says yes she did. I say that I don't know what to say and that I'm leaving. She starts crying and telling me I'm being unreasonable because it was just a small thing she lied about. Then she goes back and forth between acknowledging she lied and saying she didn't and she just misspoke. I remind her that she had even pretended to look for it and that the size of the lie is irrelevant to me and she knows I feel that way. I leave and half way between the apartment and my studio I call her and tell her I want a divorce. She says it isn't fair and I should give her another chance. But this is the third time she's lied to me in less than a year. Each time I wasn't even looking for a lie. It just became apparent through normal activities. Each time she swore she wouldn't do it again.

██████████ and ██████████ are disappointed in me for having separated from her. Everyone loves her. Everyone sees the kindness and innocence they either lost themselves long ago or that they wish there was more of in the world. I saw it the day I met her and immediately fell in love with her. I still have never met anyone quite like her but I also realize it isn't what I want. The world is not an innocent place and I need someone who isn't necessarily innocent but understands how the world is and that and has refused to let the world make them jaded. To me the world is still a good place but it's a constant struggle to keep it that way. Even if it's just small things like removing graffiti.

█████ stays the way she is because she tenaciously refuses to take honest looks at things, including our marriage. Normally I have tremendous respect for tenacity but not like that and not when it involves lying to me.

I feel old. I feel like I should have done more by this point in my life. So what that I was the mayor of a small town and I built a small business from nothing. Lots of people do those things. I got lucky. Right place at the right time. What do I really accomplish as a council member? I got an old water fountain fixed and I get a pothole fixed here and there. I take up too much of your time. I work on problems that I can't fix.

You're so right when you say it is great to care. It can also be very tiring and hard for me to not want to take action on everything. I just need to get better at managing it.

Okay I'll end with something positive... Arcata is still very beautiful in many ways and we have a lot of good neighborhoods and amazing residents :)

Thanks again for allowing me this outlet. I spent a long time on this and I feel like I'll sleep better now. You're the best.

From: **Brett Watson** <[REDACTED]>  
Date: Sun, Oct 18, 2020 at 9:41 PM  
Subject: Your time  
To: <[REDACTED]>

Dear [REDACTED]

I hope you know how grateful I am for everything you do for me. I feel like I have a good sense of how busy you are. Every second you give me means so much to me. You really are the best friend I've ever had and I can't thank you enough. Every day is really hard for me to get through and you do so much to make me feel okay. You do an amazing job of taking care of me and I'm so grateful.

Every hour of every day is a challenge for me to get through and I'm constantly wishing time would transpire faster, but when I'm lucky enough to spend time with you I wish time would stop and I could be in those moments forever because those are the only moments it feels like everything will be okay.

Please never let me be a burden to you. Please always feel comfortable with telling me if you're busy. Please know and feel that you're an outstanding [REDACTED].

Thank you for being my friend and being here for me during the hardest time of my life.

Sincerely,

Brett



# Chat with Brett Watson

6/20/2017 12:08:23 PM - 10/7/2021 3:07:32 PM

## Export Details:

Device Phone Number 1 [REDACTED]  
Device Name [REDACTED]  
Device ID [REDACTED]  
Backup Date Tuesday, October 19, 2021 8:45 AM  
Backup Directory [REDACTED]  
iOS 14.8  
Current Time Zone (UTC-08:00) Pacific Time (US & Canada)  
Created with iExplorer v4.5.0.0

## Participants:

+1 [REDACTED] Brett Watson

Tuesday, June 20, 2017

[Number Unknown]

Brett-[REDACTED] here. I am free today 3:30-4, or after 5. Wednesday before 10 or from 11-1. Let me know if any of those times work for you.

12:08 PM

+1 [REDACTED]

I will be there 3:30 today. Thank you!

12:09 PM

+1 [REDACTED]

[REDACTED] cell phone + [REDACTED]

10:53 PM

+1 [REDACTED]

[REDACTED] office [REDACTED]

10:54 PM

+1 [REDACTED]

Shit! So sorry. Sending your info to [REDACTED].

11:25 PM

Wednesday, June 21, 2017

[Number Unknown]

No problem. Happy for her to have it.

6:37 AM



Wednesday, August 9, 2017

+1

████ said the islamic group wants to use the █████ house 3 times a day everyday and its too much. Could I use the community center? Maybe the same roo

2:12 PM

+1

m I volunteer in? Between teen room and conference room.

2:12 PM

[Number Unknown]

Thanks for the update. Is the room you are thinking of in the community center on the north east corner- lots of windows- we call it the arts and crafts room? Or the little hidden room with some computers in it just off the teen room? I will see what is available. What is your first choice of days? Thanks

2:34 PM

+1

The hidden room with computers. Tuesdays 5:30pm. Thank you!

2:35 PM

Saturday, September 9, 2017

[Number Unknown]

Call me when you get this message. We had a shooting on the plaza last night/early morning. █████ was shot once in the leg but will be fine. Suspect was shot in return fire and killed. Working to move the farmers market.

5:07 AM

+1

Let me know if you think I should stick around this week and skip the LOCC conference.

6:59 AM

[Number Unknown]

We will probably know the community's needs within the next 48 hours.

7:02 AM

[Number Unknown]

Great job on Facebook! We are thumbs up'ing you behind the scenes! Thank you

10:11 AM

+1

Thank you!! Anything I can do to help. Im going to walk around the farmers market in 20 or 30 minutes to see if there is more fake news to dispel.

10:14 AM

[Number Unknown]  
 HSU is holding a student and staff forum today at 4 o'clock in Goodwin forum . I will attend for the first hour at least. But we have guaranteed the media an update by 6 o'clock so I will need to finalize that between five and six. Feel free to come if you are interested I think it will give us a good sense of where concerns lie  
 12:28 PM

+1 [REDACTED]  
 Ok I will be there. Was already going to be on campus for another event.  
 12:33 PM

[Number Unknown]  
 Great - thanks  
 1:08 PM

+1 [REDACTED]  
 Should I wear a nice shirt or anything? Im just in a tshirt and shorts...  
 1:10 PM

[Number Unknown]  
 I assume HSU staff will have collared/polo shirts but I am sure the students will be casual. I think you are fine as dressed.  
 1:12 PM

+1 [REDACTED]  
 Thanks  
 1:13 PM

Monday, September 25, 2017

+1 [REDACTED]  
 The agenda setting meeting is tomorrow at 3:30? Thanks  
 9:17 AM

[Number Unknown]  
 Yes- 3:30 tomorrow- no more than 30 minutes usually.  
 9:42 AM

+1 [REDACTED]  
 Thanks  
 9:49 AM

Tuesday, October 3, 2017

+1 [REDACTED]  
 Good morning! I thought of a good candidate for [REDACTED] replacement. She has a lot of experience and works with the chamber. Where can she get an applicat  
 8:44 AM

+1 [REDACTED]  
 ion? She said she didn't see the job posted on the city website, yet.  
 8:44 AM

+1 [REDACTED]

She should call me at [REDACTED]

10:00 AM

+1 [REDACTED]

Thanks

10:00 AM

+1 [REDACTED]



8:20 PM

Wednesday, October 11, 2017

+1 [REDACTED]

Sorry to bug you! Theres someone hanging their clothes on our trees on the plaza. Didnt know if it was worth bothering apd for.

3:07 PM

+1 [REDACTED]



3:07 PM

+1 [REDACTED]

Yes- I will let them know

3:13 PM

+1 [REDACTED]

Thank you! [REDACTED] showed up right after I texted you and he cleaned things up.

3:38 PM

+1 [REDACTED]

Good to hear

3:56 PM

Thursday, October 19, 2017

+1 [REDACTED]



1:56 PM

Just ran out to valley west - no one in the vacant lot/ pd checking on all vehicles

1:56 PM

+1 [REDACTED]

Thanks so much!!!

1:57 PM

+1 [REDACTED]

One guy is still bugging me about cal trans property but im telling him ITS CAL TRANS PROPERTY! lol

1:58 PM

+1 [REDACTED]

Also, [REDACTED] is happy APD has been eating breakfast there the last few days.

2:01 PM

Tuesday, October 24, 2017

+1 [REDACTED]

I would like to schedule a meeting about visitarcata.com with you a

3:26 PM

+1 [REDACTED]

nd [REDACTED], please. They have spent \$5800 so far, \$4K on photos alone

3:26 PM

+1 [REDACTED]

. I looked at the site and Im left feeling very concerned about how

3:26 PM

+1

the money is being spent ☹️

3:26 PM

+1

How does Thursday at 1 o'clock work for you?

6:03 PM

+1

Im meeting with "The Village People" at 12:30 that day. I could do 1:30 maybe. I cant imagine the meeting will be that long. Also I can do friday before

7:11 PM

+1

noon or friday at 3:30. Or next week.

7:11 PM

Friday, October 27, 2017

+1

Someone is posting about [REDACTED]. Is that public information, yet? Just curious.

10:43 AM

+1

Also, I want to express that I am opposed to stipends for members of the public to attend meetings, workshops, etc without discussion by the council.

10:44 AM

+1

We will release at noonish - but we shared it with the family yesterday so it should be considered public- thanks

10:45 AM

+1

Got it. Thanks

10:52 AM

Monday, October 30, 2017

+1

Do you have 2 minutes to talk?

3:50 PM

Tuesday, October 31, 2017

+1

Is the city covered for me driving a tractor on the plaza? Lol!

8:28 PM

+1



8:28 PM

+1

Lol- that is awesome!

8:38 PM

Monday, November 6, 2017

+1

told me about it. Im guessing etc. said was going to talk to you about it because she also wanted a moment of silence at

8:17 AM

+1

our meeting and to play a video of

8:17 AM

Monday, November 13, 2017

+1

I am free today from 10:30-11:30 and from 4-5. Tuesday I am open before 10 and from 12:30-2:30. Hopefully something in there will work. Thanks

6:35 AM

+1

10:30 today would be great. Thank you.

7:46 AM

+1

Great- see you then

7:56 AM

Tuesday, November 14, 2017

+1

Im checking with team to see if they just need me for setup or what. Maybe I can help them setup and then shoot over to the student meeting.

7:59 AM

+1

has it covered. I will be interested to hear about event

8:30 AM

+1

Ok great. Just want to make sure- you saw her email?

8:32 AM

+1

You are right- she is sick. I can call [REDACTED] and I is probably enough for this first one - I just always want to open up as many opportunities as I can. Shall I call [REDACTED]?

8:34 AM

+1

I can do it. [REDACTED] just needs help setting up from 4:30 -5:45. So worst case I eill be a few minutes late.

8:38 AM

+1

Sounds good- we will be in Goodwin forum - Nelson Hall 102

9:54 AM

+1

Thanks!

9:58 AM

Wednesday, November 15, 2017

+1

She wants to move breakfast to 9am and then still meet with you at 10am at city hall. See you at 8:30. Thanks!

9:15 PM

+1

Great- I will be here by 8

9:20 PM

Thursday, November 16, 2017

+1

Is there anyway we can get someone from the city at this meeting on buttermilk re:speeding? [REDACTED] changed his mind I guess...

2:34 PM

Tuesday, November 28, 2017

+1

Hi [REDACTED]! The agenda setting for todays meeting was sent to me. Did you want me there?

12:21 PM

+1

[REDACTED] is planning on attending agenda setting- I will call you after about the 12/5 student meeting. Thanks

1:14 PM

+1

Thanks!

1:16 PM

Monday, January 1, 2018

+1 [REDACTED]

Hi [REDACTED]. Happy New Year! Just wanted to let you know HPRC can't do any business at all as of today. Their permit has not come through.

2:15 PM

Tuesday, January 2, 2018

+1 [REDACTED]

Can we meet tomorrow at 5 or anytime today or tomorrow thats convenient for you? My schedule is wide open.

9:46 AM

+1 [REDACTED]

Tomorrow at 5 works good for me.

9:48 AM

+1 [REDACTED]

Thank you. See you then.

9:48 AM

Wednesday, January 3, 2018

+1 [REDACTED]



10:46 AM

+1 [REDACTED]

Oh sorry! That last text was for [REDACTED]

2:48 PM

+1 [REDACTED]

Funny- I was with [REDACTED] when this came in :)

3:40 PM

Saturday, January 20, 2018

+1 [REDACTED]

You know about that router in the [REDACTED] that had an offensive name and that no one could find?

7:12 PM



+1 [REDACTED] 8:27 PM

No- did you find it? What was the name?

+1 [REDACTED] 8:32 PM

[REDACTED] language but it was called "blackcockandballs" and no one could find it for 3 years. [REDACTED] was getting a lot of complaints. I heard about

+1 [REDACTED] 8:32 PM

it and I couldnt resist the mystery of it and I found it today! It was in the decorating place next the Union.

+1 [REDACTED] 8:43 PM

Nicely done - sleuth of the year!

+1 [REDACTED] 8:43 PM

Thanks!

Tuesday, February 13, 2018

+1 [REDACTED] 9:06 AM

9am phone call?

Thursday, February 22, 2018

+1 [REDACTED] 4:06 PM

[REDACTED] said he wants the statue. Then [REDACTED] just called me and offered to remove it using an Arcata contractor for total cost of \$1000. He has necessary insurance but he doesn't want to pay for any permits. I told him about CEQA. Just wanted to let you know that info.

+1 [REDACTED] 4:33 PM

Lots of good options :) where would [REDACTED] put it?

+1 [REDACTED] 4:33 PM

Would [REDACTED] put it inside or outside?

+1 [REDACTED] 4:38 PM

[REDACTED] said he wanted to take it to his ranch in Ferndale. [REDACTED] didnt name a specific location but said he would be transparent about where it would be. He said he had people on the plaza today looking at it and sizing it up. I told him [REDACTED] was interested and he said he would be willing to work together with [REDACTED] on it because it" might be heading that way(ferndale) anyways. If I were to guess, I bet Fortuna. [REDACTED] would help locate, permit, etc but just a wild guess.

+1 [REDACTED]



4:39 PM

+1 [REDACTED]

[REDACTED] said he only called me because I was on the hot seat for opening my mouth about it. I didnt really understand that part lol. No one has complained to me yet and I did do my best to argue for the ballot option.

4:40 PM

Wednesday, March 14, 2018

+1 [REDACTED]

Did you see vigil tomorrow is at city hall?

12:55 PM

+1 [REDACTED]

Yes- I just talked with [REDACTED]

1:30 PM

+1 [REDACTED]

Cool just wanted to make sure you knew

1:33 PM

+1 [REDACTED]

Cool just wanted to make sure you knew

1:34 PM

+1 [REDACTED]

It should only be here if it rains ? Is that what you heard? Are you planning to attend?

1:34 PM

+1 [REDACTED]

I just saw him post an event on facebook and it said location was city hall. Yes I will attend.

1:53 PM

Friday, March 16, 2018

+1 [REDACTED]

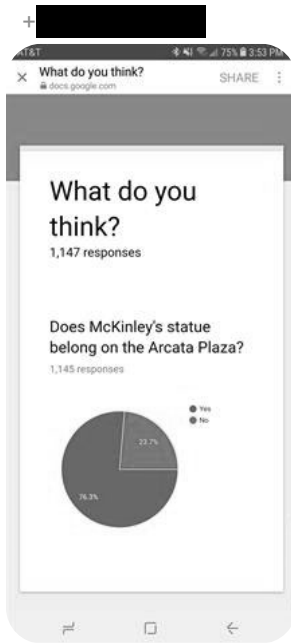
May I please talk with [REDACTED] about racial equity? I understand everyone is busy and I dont want to mess up your work flow.

8:53 AM

+1 [REDACTED]

<http://www.times-standard.com/opinion/20180315/does-mckinleys-statue-belong-on-the-arcata-plaza>

3:54 PM



3:54 PM



3:54 PM

Monday, March 19, 2018

+1 [REDACTED]

Three people have asked me about Warrants on agenda. [REDACTED]. They think theres some scandal there. I told them they're wasting their time but they can ask staff for details. Just a heads up if they haven't contacted you yet.

4:15 PM

+ [REDACTED]

Thanks

4:17 PM

Wednesday, April 4, 2018

+1

Hi [REDACTED] I'm sick and I was thinking about not going to tonight's meeting. Is that okay? I tried to call [REDACTED] but she didn't answer and her voice mailbox is full.

1:25 PM

+1

Attendance is always your decision but the appearance of being absent can be hard. That being said if you are really sick, I can report that out if you are comfortable with that.

1:32 PM

+1

How about I attend closed session and then at the start of the 6pm meeting I announce I'm feeling ill, and with the permission of the council I'd like to go home?

3:02 PM

+1

I wouldn't ask their permission :) closed session is probably less important in that I can have [REDACTED] meet with you when you are feeling better and review things. If you are really feeling sick - it is totally fine to stay home - All the council has missed meetings - it just sometimes gets called out by the public and other times goes unnoticed.

3:06 PM

+1

It would just be a token asking of permission lol! [REDACTED] has been sick for a few days and it finally got me last night. It's not really bad. I just don't see anything on the agenda super important and I don't want to get other people sick.

3:14 PM

+1

I can make sure to announce you tried but are feeling sick if you are not there.

3:18 PM

+1

I would be VERY grateful. Thanks. I will go ahead and stay home, then. I really appreciate you looking out for me!

3:47 PM

+1

I hope you feel better!

4:29 PM

Friday, April 6, 2018

+1

<https://youtu.be/ZCGMB7ww7B4>

4:55 PM

+1 [REDACTED] FYI 4:55 PM

+1 [REDACTED] Thank yoy 5:17 PM

+1 [REDACTED] You\* 5:17 PM

Wednesday, April 11, 2018

+1 [REDACTED] Hi [REDACTED]. Hope your day is going well. [REDACTED] may join us at 5:15, just fyi. We both have questions about [REDACTED] resignation. 11:29 AM

+1 [REDACTED] Sounds Good 1:02 PM

Thursday, April 12, 2018

+1 [REDACTED] Sir Acting Mayor, could you please swing by City Hall before noon tomorrow to sign the special meeting agenda for the Monday meeting. It is in the mayors sign box on the counter right across from my office.Thanks 4:33 PM

+1 [REDACTED] Ha! Only if it says "[REDACTED] performance evaluation". Just kidding! Yes and I hope you have a great evening. Thank you. 4:38 PM

+1 [REDACTED] Lol- scheduling for the sense of humor to return next week :) 6:40 PM

Friday, April 13, 2018

+1 [REDACTED] I hope you have a good weekend! Thanks for all you do. 5:01 PM

+1 [REDACTED] Should I not go to the d street event since shes making a claim? 5:27 PM

+1 [REDACTED] Yes- I will stop by also. 5:30 PM

+1 [REDACTED] Ok sorry just want to be clear... I should or should not go? 5:31 PM

+1 [REDACTED] Yes- I think you should go. :) 5:37 PM

+1 [REDACTED]

Ok thank you

5:37 PM

Sunday, April 15, 2018

+1 [REDACTED]

I went by the plaza and saw [REDACTED] and then by D street for a bit- just left- there is a good crowd very festive. [REDACTED] was there but I think she has also left or will soon. [REDACTED] is also there- not sure what his plan is. See you in the morning.

5:00 PM

+1 [REDACTED]

Ok great. Im here for a while.

5:18 PM

+1 [REDACTED]

Do you have the alarm code to d street?

11:08 PM

Monday, April 16, 2018

+1 [REDACTED]

[REDACTED] is doing an interview with [REDACTED] in the sitting area of pasta luego just fyi

2:31 PM

+1 [REDACTED]

Can we do a site visit to Valley West for our appointment tomorrow and meet with a property owner? Pleeeeease....

3:40 PM

+1 [REDACTED]

Sure

4:52 PM

+1 [REDACTED]

You're the best! Thanks. Hope you have a nice evening.

4:58 PM

Wednesday, April 18, 2018

+1 [REDACTED]

[REDACTED]'s letter: WOW.

2:41 PM

+1 [REDACTED]

We should cancel the meeting and blame it on Minutetraq! I havent been able to review my packet all day.

3:29 PM

+1 [REDACTED]

Their primary host has a fiber cut - did you get [REDACTED] email copy?

3:49 PM

+1 [REDACTED]

Yes. Thanks. I was kind of joking. Kind of lol

3:49 PM

+1 [REDACTED] 3:50 PM  
It is just that the idea seemed so good :)

+1 [REDACTED] 3:51 PM  
Yes!

Thursday, April 19, 2018

+1 [REDACTED] 11:55 AM  
May I please carpool with you to League Lunch tomorrow?

+1 [REDACTED] 11:56 AM  
Sure

+1 [REDACTED] 11:56 AM  
May I please carpool with you to League Lunch tomorrow?

+1 [REDACTED] 11:56 AM  
Sweet! What time do you want me to be at city hall?

Thursday, April 26, 2018

+1 [REDACTED] 11:06 AM  
Re: housing for [REDACTED] - [REDACTED] has private 2 bd apartment above the minor with a balcony. Available June 1st

+1 [REDACTED] 11:23 AM  
Sounds promising- did he give you a price?

+1 [REDACTED] 11:24 AM  
He says \$1300/month

+1 [REDACTED] 11:25 AM  
Seems reasonable -

+1 [REDACTED] 11:26 AM  
He says "It's really nice, super quiet, lots of natural light, both bedroom doors open onto a 10x30' private balcony deck with that huge cherry tree growing up".

+1 [REDACTED] 11:31 AM  
Heres his cell if you want to talk to him. [REDACTED]  
+ [REDACTED]

+1 [REDACTED] 11:31 AM  
Thanks

+1 [REDACTED]

Is tonight's meeting at 5:30 or 6?

3:14 PM

+1 [REDACTED]

[REDACTED] suggested "[REDACTED] in eureka. Call [REDACTED]  
They are near bay shore mall. " because they have fully furnished  
rentals.

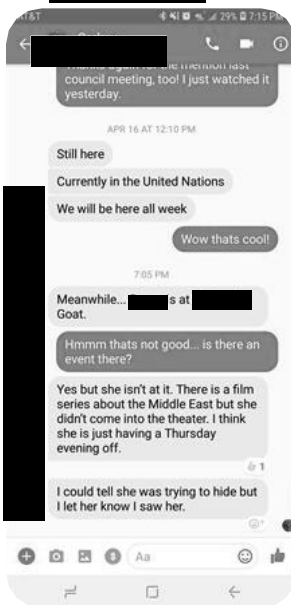
3:34 PM

+1 [REDACTED]

Thanks- 5:30'tonight

4:07 PM

+1 [REDACTED]



8:13 PM

+1 [REDACTED]

You're the best. Thanks so much for all of your hard work.

9:23 PM

+1 [REDACTED]

Thanks for coming tonight - [REDACTED] next time?

9:39 PM

+1 [REDACTED]

Ha!!!

9:40 PM

Thursday, May 10, 2018

+1 [REDACTED]

FOAM is taking you up on using the council chambers tonight.  
[REDACTED] will be here to let everyone in. She may not stay for the whole  
meeting but they are all [REDACTED] as well so she will make  
sure things are locked when she leaves and they stay as long as  
they need. Thanks for the offer.

3:17 PM



+1 [REDACTED]

Thanks for letting me know.

4:00 PM

Wednesday, May 16, 2018

+1 [REDACTED]

Good morning- [REDACTED] is leaving town after the council meeting tonight until the 25th. Are you around to be [REDACTED]?

8:41 AM

+1 [REDACTED]

Yes. Thank you.

8:43 AM

+1 [REDACTED]

Great!

8:43 AM

Thursday, May 17, 2018

+1 [REDACTED]

Be there in 5

9:57 AM

+1 [REDACTED]

Alliance heading north to spear is really backed up with traffic at alliance and spear just fyi. Drivers seemed frustrated. Im not concerned about it. Just wanted to make sure you knew.

3:56 PM

Wednesday, May 23, 2018

+1 [REDACTED]

Im being told that HCI company is in our zone...

3:46 PM

+1 [REDACTED]

[REDACTED] is the name of one of owners I think. Thats all I know.

3:47 PM

+1 [REDACTED]

Appears to be at [REDACTED]. There is a large cultivation site there. Picture on Instagram matches that location which is also listed as the address on the state registry. We don't have anyone in our database by that name - I did see a picture of upnorth packaging, in addition to other packaging, on their Instagram so they may be doing some packaging in our zone at upnorth. I will send it to upnorth as well so they have a heads up that we may come to check things out- let me k ow what else you hear.

3:56 PM

+1 [REDACTED]

I also searched for west coast consulting sd and didn't find anything that matches [REDACTED] email name.....

3:58 PM

+1 [REDACTED]

Ok. Maybe its a jealous competitor.

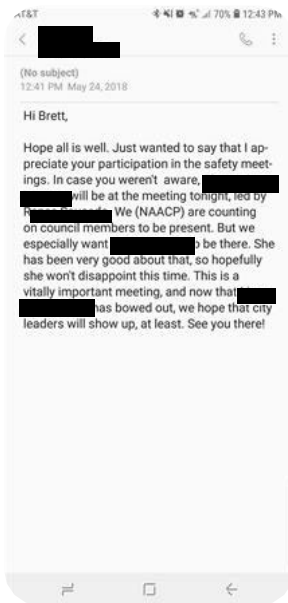
4:05 PM

Thursday, May 24, 2018

Did [REDACTED] ask you to be [REDACTED]? Or maybe [REDACTED] lol

12:42 PM

+1 [REDACTED]



12:54 PM

+1 [REDACTED]

Just got off a 20 minute phone call with [REDACTED] and he agreed to not send the My Word letter in. Hopefully he doesn't wake up tomorrow and change his mind. Couldn't have done it without using some of your points. Thank you.

2:45 PM

+1 [REDACTED]

And.....obviously, I without you! Nice work.

2:46 PM

+1 [REDACTED]



2:46 PM

+1 [REDACTED]

I guess these geniuses asked media to leave but they kept streaming it on a facebook page without realizing it until just now. HA!

7:47 PM

+1

Now they're saying their strategy is to "target" or pressure to get parker back. is the main person."

7:50 PM

They're discussing whether you guys might be willing to fire her over this.

See? Nutso.

+1

I figured it would turn to me -

8:25 PM

+1

I like how they threaten to replace all the council members and now they want to ask us to do something for them. Do you need me to make sure d street is locked up or anything? I drove by just now and it looked like car was still there.

8:31 PM

+1

The doors are locked- I am trying to tell to go home - you could let him know he can leave. I called and texted him.

8:32 PM

+1

Copy that. Thank you and hope you have a good night.

8:38 PM

Thursday, May 31, 2018

+1

Did the meeting last night end okay?

9:33 AM

+1

It seemed fine- lots of 1/2 truths shared....but nothing new.

9:34 AM

+1

Good. Thank you.

9:35 AM

Friday, June 1, 2018

+1

Have you seen this ad?! This was the Journal website.

4:51 PM

+1

No link??

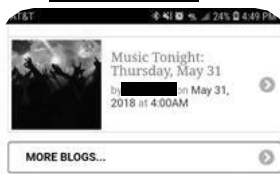
4:52 PM

+1 [REDACTED]

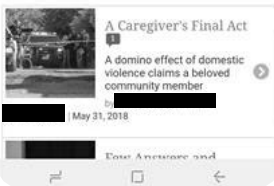
It links to their website

4:52 PM

+1 [REDACTED]



News



4:53 PM

+1 [REDACTED]

Wow-

4:53 PM

+1 [REDACTED]

Maybe a little extreme?

4:54 PM

+1 [REDACTED]

I sent a screenshot. Did it come through?

4:54 PM

+1 [REDACTED]

Seems like slander unless they can prove its a scam. Yeah running paid ads seems kind of desperate

4:54 PM

+1 [REDACTED]

Yes

4:55 PM

+1 [REDACTED]

How about the local slumlord scam on Arcata residents? 😊

4:55 PM

+1 [REDACTED]

My brain told me not to email this: [REDACTED]

6:10 PM

+1 [REDACTED]

Tell me if you cant see it. Its like the strategy of ACRH

6:10 PM

+1 [REDACTED]  
Hum....they have done a lot of Work - 6:13 PM

+1 [REDACTED]  
The best money can buy 6:14 PM

+1 [REDACTED]  
Lol 6:15 PM

Friday, June 8, 2018

+1 [REDACTED]  
Do you have a few minutes to talk today or not so much? 9:47 AM

+1 [REDACTED] 7  
Sure- I am pretty open until noon 9:48 AM

+1 [REDACTED]  
May I please come by at 11:15? Should take less than 30 minutes 9:49 AM

+1 [REDACTED]  
Perfect - see you then 9:49 AM

+1 [REDACTED]  
May I please come by at 11:15? Should take less than 30 minutes 9:49 AM

+1 [REDACTED]  
Thank you 9:58 AM

Sunday, June 17, 2018

+1 [REDACTED]  
Just wanted to make sure you saw this. The female officer works for the university police department. We have scheduled a meeting with HSU in the morning and I will update you after that meeting. 8:41 PM

+1 [REDACTED]  
[REDACTED] 8:42 PM

+1

Seems like APD was in the right and did a good job. Court of public opinion also seems to significantly agree with police response. Majority is in the girls favor but a good amount of comments say the police were in the right. Arrestee may have scrubbed her facebook page. Only three photos are visible which seems unusual.

9:06 PM

+1

Looks like she claiming the officers son is threatening her.

9:06 PM

+1

Thanks

9:30 PM

+1

Was the female officer UPD?

9:34 PM

+1

Yes - but I don't know if they have put that out yet.

9:35 PM

+1

I believe it is

9:42 PM

+1

Thats what I was told just now.

9:44 PM

+1

Today I randomly pulled up the arrests around the plaza yesterday and compared to oysterfest last year using RIMS. Seemed like there were more arrests last year than this year. told me she went to yesterday night and someone had to carry a woman out because she was so intoxicated. I saw several people carrying in alcohol to oysterfest when I left around 1:30pm. I dunno. My overall perception yesterday was the event was well planned this year. I saw around 10:15am and she expressed concern about the events "openess" vs one way in and one way out, making it harder to regulate people entering and leaving with alcohol. Everytime I went in and out of the entrances, security checked my cup for alcohol. I was impressed with their diligence. And thats all I know :)

9:50 PM

+1 [REDACTED]  
I agree -  
We had no arrests at the event this year-  
That might be a first. We may need to deal with [REDACTED] they  
understandably try to capitalize on events but perhaps in a reckless  
way- I think they also did. Good job- but lots of drunk folks

10:09 PM

Monday, June 18, 2018

+1 [REDACTED]  
In case you havent seen this yet

12:09 PM

+1 [REDACTED]  
<http://kymkemp.com/2018/06/18/oyster-fest-arrest-goes-viral-racial-bias-alleged/>

12:09 PM

+1 [REDACTED]  
HSU is working on a statement

12:23 PM

+1 [REDACTED]  
I can see it now... "we're really disappointed in the City of Arcata"  
lol

12:25 PM

+1 [REDACTED]  
I heard [REDACTED] is going on kmud tonight at 7pm

+1 [REDACTED]  
👍  
12:29 PM

12:33 PM

+1 [REDACTED]  
Lol

+1 [REDACTED]  
👍  
12:37 PM

12:37 PM

+1 [REDACTED]  
She met with [REDACTED] last Friday- I hope she felt that he is  
prioritizing the case and pushing it forward

+1 [REDACTED]  
:)  
12:37 PM

12:38 PM

+1 [REDACTED]  
Excellent. I guess we will hear tonight.

12:39 PM

+1

In case you arent listening live, [REDACTED] canceled and [REDACTED]  
[REDACTED] is replacing her by phone

7:05 PM

+1

This show sounds awful.

7:06 PM

+1

It sounds good  
To me? [REDACTED] now

7:08 PM

+1

[REDACTED]

7:08 PM

+1

This must be from the documentary

7:09 PM

+1

Yes its the documentary.

7:12 PM

+1

The person introducing it all was talking about how apd failed to  
get [REDACTED] to the hospital in time etc

7:12 PM

+1

That part baffles me

7:12 PM

+1

Do you know who that last female voice is?

7:15 PM

+1

No. She mentioned [REDACTED] in the intro. I had to leave my  
radio for a minute

7:18 PM

+1

Maybe its the [REDACTED]

7:18 PM

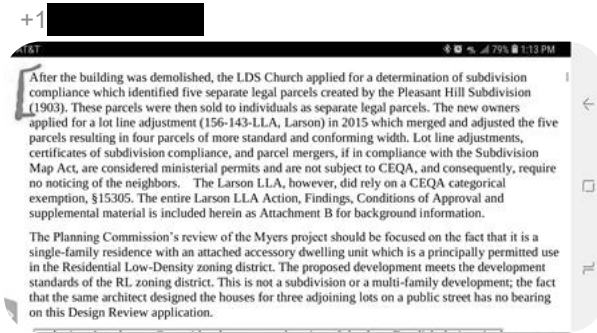
Wednesday, June 20, 2018

+1

Page two of the blue folder item

3:24 PM





3:25 PM

Thursday, June 28, 2018



11:07 AM



11:07 AM



3:26 PM



3:26 PM

+1



3:26 PM

[Number Unknown]

You are faster than the streets crew :)

3:51 PM

Friday, June 29, 2018

+1

Whos the person on campus to talk to re: using hsu's liability insurance if someone wants to use D Street?

3:53 PM

[Number Unknown]

is our contact

3:53 PM

+1

And is alcohol allowed at D street if you have abc permit etc?

3:53 PM

[Number Unknown]

That is a question- HSU has traditionally not allowed alcohol at any events they sponsor

3:55 PM

[Number Unknown]

Yes- alcohol is allowed at D street with an ABC permit for events open to the public- they just need to be insured .

3:55 PM

+1

Thank you! from Housing wants to do an event first week of fall semester to introduce new students to the council and other community leaders.

3:56 PM

+1

Thanks again!

3:56 PM

Tuesday, July 10, 2018

+1

just emailed and said she will not be there tomorrow

10:10 AM

+1

just emailed and said she will not be there tomorrow

10:21 AM

+1 [REDACTED]  
You will be great! Channel 3 just called would like an interview on the statue item- I assume you would prefer that I respond :) 2:35 PM

+1 [REDACTED]  
Yes and thank you 2:42 PM

+1 [REDACTED]  
Right when I call the meeting to order I want an officer to drag a random person from the audience out, just to set the tone 😊 2:45 PM

+1 [REDACTED]  
😂 3:06 PM

Wednesday, July 11, 2018

+1 [REDACTED]  
We have a certificate for [REDACTED] - I think anyway this week is good 9:34 AM

+1 [REDACTED]  
Great. May i please get the speaker timer setup on the dias by 4:30pm so I can briefly become acquainted with it? Is that reasonable? 10:28 AM

+1 [REDACTED]  
Reasonable? Crazy 😊 - yes it will be ready. 10:32 AM

+1 [REDACTED]  
Thank you! 10:36 AM

+1 [REDACTED]  
Good job tonight! 9:43 PM

+1 [REDACTED]  
Thank you!! Couldn't have done it without your support. 9:45 PM

Thursday, July 12, 2018

+1 [REDACTED]  
I just spoke with hospice an [REDACTED] care provider- they think it would be best for them to pick it up and share it with her- she is not up for visitors. 11:01 AM

+1 [REDACTED]  
Ok should I bring it back to city hall? 11:04 AM

+1 [REDACTED] 11:04 AM  
Perfect- thanks

+1 [REDACTED] 11:05 AM  
No huge rush- by tomorrow should be fine

Monday, July 16, 2018

+1 [REDACTED] 1:07 PM  
Is now good?

Tuesday, July 17, 2018

+1 [REDACTED] 12:23 PM  
[REDACTED] said she saw [REDACTED] comments on nextdoor.com and thats where she got the info from

Wednesday, July 18, 2018

+1 [REDACTED] 8:10 AM  
How many people could the new waste water treatment plant serve?

+1 [REDACTED] 8:14 AM  
All of our planning has been under the limitations of our current general plan that predicted growth to a population of 20,000.

+1 [REDACTED] 8:15 AM  
So the new \$40mil plant would only serve under 20k residents?

+1 [REDACTED] 8:24 AM  
Yes- it is designed to replace /rehab the existing 40-60 year old equipment / treatment marshes and add additional treatment technology to meet new water quality standards. It is being designed with space to add additional capacity as the town grows (a second oxidation ditch) but to build out that capacity now was not the council's preferred project for 2 reasons - 1) There was concern that having the capacity would render the natural system unnecessary with current waste levels. 2) we would need to amend or adopt a new general plan so the project was not growth inducing under CEQA.

+1 [REDACTED] 8:48 AM  
If 2nd ditch is added, then whats the population potential?

+1 [REDACTED] 8:51 AM  
Let me pull the facilities plan and take a look- I will get back to you.

+1

No problem and no rush. Just trying to get some food for thought.

8:51 AM

Friday, July 20, 2018

+1

I hope you have a great weekend! Thanks for all you do.

2:14 PM

Sunday, July 22, 2018

+1

I did some door to door today on [REDACTED] and the neighbors are happy with the direction we're going with The Village. [REDACTED] said it was okay because its my 1st amendment right to campaign. Seemed like good news so I wanted to share.

8:18 PM

+1

That is good news- it was a good weekend to walk the neighborhoods- looking forward to what else you learn. Thanks

8:38 PM

Tuesday, July 24, 2018

+1

<http://madriverriverunion.com/khsu-staffer-alleges-abuse-by-vp-cites-racial-implications/>

11:27 AM

Tuesday, August 7, 2018

+1

I'm going to be 10 minutes late

8:25 AM

Thursday, August 9, 2018

+1



9:56 AM

+1

😊 the good old days

10:04 AM

Friday, August 10, 2018

+1

I forgot to get a stack of marsh brochures and community forest maps for the chamber table to give out during HSU move in on Monday morning. Is there a way I can those before Monday? No problem if not. Thank you.

6:22 PM

+1

might have jury duty so she asked me to cover for her Monday am

6:22 PM

+1



6:32 PM

Here for you in the council office

6:32 PM

+1

Thanks!!

6:32 PM

Wednesday, August 15, 2018

+1

Should we leave the dias?

5:57 PM

Thursday, August 16, 2018

+1

Whatever happens, I hope you dont cancel your vacation plans!

7:02 AM

+1

Super sweet- protesters left around 12- I just got in.

7:04 AM

+1

Woohoo!!

7:04 AM

+1

Still meeting at 6?

12:29 PM

+1

As far as I know- talking with at 1- might have a better sense after that- although I doubt he will know their plans.

12:49 PM

+1

Got it

12:49 PM

+1

Is it too late to pull something from the consent calendar? 😊  
hope you have a good night.

8:26 PM

+1

Lol! That made me laugh out loud. I hope you're home enjoying  
your evening. Thank you

8:29 PM

Friday, August 17, 2018

+1

is asking me when next meeting is fyi. I'm not going  
to reply.

9:13 AM

Friday, August 31, 2018

+1

Welcome home! Hope you have a great weekend.

7:53 AM

+1

Thanks- it is good to be back- I hope you get to relax this weekend  
and not campaign the whole time :)

7:54 AM

+1

Haha thanks. I figure a lot of people will be out of town for the  
holiday so I'm going to work on other things.

7:56 AM

Tuesday, September 11, 2018

+1

Hopefully that's the new location

8:13 PM

+1



8:13 PM

Wednesday, September 12, 2018

+1

I think I will attend the homeless meeting today if it's still okay.

7:13 AM

[Number Unknown]

Sure

7:49 AM

Monday, September 17, 2018

+1

Did we lose our new building inspector or is this another position?

2:52 PM

[Number Unknown]

Whew- it is the new position- [redacted] has filled the position part time for the last year but this years budget allocates a full time position-

4:31 PM

+1

Cool. Thank you

4:54 PM

Wednesday, September 19, 2018

+1

Are you going to make visitarcata.com live?

7:57 AM

+1

Im at [redacted] meeting

7:57 AM

[Number Unknown]

Hoping to this week- can fill you in tonight

8:01 AM

+1

Thanks

8:01 AM

Thursday, September 20, 2018

+1

May I please request a meeting with [redacted] to learn about distaster prep?

9:51 AM

+1



12:35 PM

+1

Woah that emoticon is kinda creepy

12:35 PM



[Number Unknown]

Yes it is  
Just had a good meeting with [REDACTED] - will have [REDACTED] reach out to you to schedule a meeting time unless you want to give me a time or two to check on.

12:38 PM

+1 [REDACTED]

Good! You want to try for our 8:30 meeting time Tuesday? Then we can all meet together? Only if you want to. Otherwise Friday 8am-11am or after 12:30. Or Monday anytime before 3.

12:40 PM

[Number Unknown]

I will try for Tuesday 🙄

1:48 PM

Sunday, September 23, 2018

+1 [REDACTED]

I'm being told there are lots of sewer main backups impacting homes and businesses in Arcata right now. Is that true?

9:18 AM

+1 [REDACTED]

I know if the following-

- 1) sewer back up on lower Shirley - affected the basement and laundry area- clean up underway and family is in a hotel.
- 2) mid way up Shirley- minor amount- contractor cleaned up.
- 3) sewage smell and some in toilet around 11th street- homeowner hasn't returned my emails or calls for 4 weeks so I think it has resolved itself.
- 4) report of burping toilet on south G street. Report came in Friday (same owner as lower Shirley house)but he told me it had been happening for months. Will investigate Monday. Not convinced this one is part of the pipe work given the initial timeframe given but the tenant might have a different story.

12:17 PM

We expect gas smells and potentially some burping in toilets and showers/sinks but the contractor /city has sent letters and issued door hangers as they have been moving to sites and the 4 above are the only ones that have made it to me. #1 is the only claim so far, which we will transfer to the contractor but we need to get the family back into the house.

I will see if there are others but none that have called for assistance.

I know of the following-

- 1) sewer back up on lower Shirley - affected the basement and laundry area- clean up underway and the family is in a hotel.
- 2) mid way up Shirley- minor amount- contractor cleaned up.
- 3) sewage smell and some in toilet near 11th street- homeowner hasn't returned my emails or calls for 4 weeks so I think it has resolved itself.
- 4) report of burping toilet on south G street. Report came in Friday (same owner as lower Shirley house)but he told me it had been happening for months. Will investigate Monday. Not convinced this one is part of the pipe work given the initial timeframe given but the tenant might have a different story.

12:25 PM

We expect gas smells and potentially some burping in toilets and showers/sinks but the contractor /city has sent letters and issued door hangers as they have been moving to sites and the 4 above are the only ones that have made it to me. #1 is the only claim so far, which we will transfer to the contractor but we need to get the family back into the house.

I will see if there are others but none that have called for assistance.

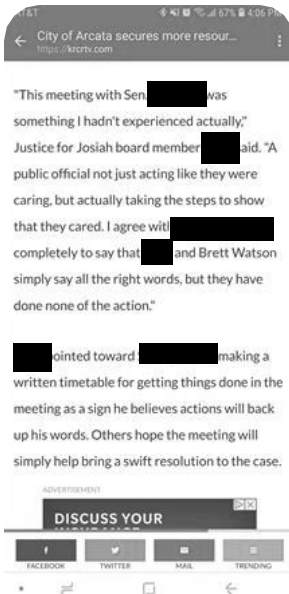
+1 [REDACTED]

Thanks!

12:45 PM

Tuesday, September 25, 2018

+1 [REDACTED]



4:07 PM

[Number Unknown]

Sorry! Not fair.

7:23 PM

+1

It's okay. Hopefully things move forward soon! I stopped by [REDACTED] house in Windsong. Nice guy. Putting him in touch with Wilson. Hope you have a good night.

8:17 PM

[Number Unknown]

Thanks for liasioning - if that is a word :)

8:18 PM

+1

Going to people's houses and saying "I'm your [REDACTED]" and trying to help them is like my favorite thing! Haha. It's also really nice to be able to confidentially tell them the city staff works really hard.

8:20 PM

Thursday, September 27, 2018

[Number Unknown]

[REDACTED] is here for your office hours. Are you coming in tonight?

5:10 PM

+1

I will be there at 5:30. Thank you

5:11 PM

[Number Unknown]

I will let her know. Thanks

5:11 PM

[Number Unknown]

Does [REDACTED] think she could drive a bus?

5:45 PM

+1

She said no lol

5:46 PM

[Number Unknown]

Lol

5:46 PM

Monday, October 1, 2018

+1

Could we meet at 8 or 8:15 tomorrow- I need to meet with a few staff st 9:00 on an item.

4:51 PM

+1

Yes. I will be there at 8

4:52 PM

+1 [REDACTED] 5:00 PM  
Thank you

Tuesday, October 2, 2018

+1 [REDACTED] 11:12 AM  
Should I wear a tie tonight?

+1 [REDACTED] 11:14 AM  
Oops wrong person sorry lol

+1 [REDACTED] 12:12 PM  
A blue one- definitely a blue one - lol

+1 [REDACTED] 12:15 PM  
Haha thanks

+1 [REDACTED] 3:46 PM  
Did we decide to start taking draft eir comments on the 5th?

+1 [REDACTED] 3:50 PM  
On the McKinley EIR? We continue to move forward and should release the EIR within the next week. I think [REDACTED] is planning on Friday but I haven't seen the cleaned up final. So I would say by the 12th.

+1 [REDACTED] 3:50 PM  
It is not so much a decision on date- just when the consultant finished things up.

+1 [REDACTED] 3:56 PM  
Thanks. Mad river union says draft is open for comment on the 5th.

+1 [REDACTED] 4:11 PM  
Yes- we did take out a legal add so that would set the date.

+1 [REDACTED] 6:57 PM  
[REDACTED]



6:59 PM

+1 [REDACTED]  
The [REDACTED] reached [REDACTED] today- I can fill you in tomorrow.

7:17 PM

+1 [REDACTED]  
Sounds good. Hope you have a nice night.

7:19 PM

+1 [REDACTED]  
Hope the forum goes well

7:20 PM

+1 [REDACTED]  
It's over. Was 530 to 630. [REDACTED] really took me to task and I announced I was withdrawing. Lol jk. It was good. I talked about how great our staff was and how I had a lot of confidence in our police dept. in response to questions about affordable housing and crime. And I wore a blue tie.

7:22 PM

+1 [REDACTED]  
Lol- sounds like a good one to start with. Enjoy the rest of your night.

7:24 PM

Wednesday, October 3, 2018

+1 [REDACTED]  
May I please pull consent item E, Ordinance 1508, to add language saying the council is to receive quarterly statements of claims approved under 25k?

3:34 PM

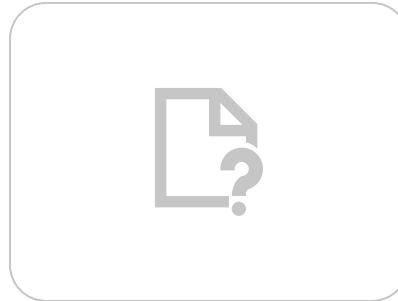
Friday, October 5, 2018

+1

If you happened to get a good photo with [REDACTED] in it, would you please send it to me?

1:38 PM

+1



1:51 PM

+1



1:51 PM

+1

Thank you!

2:55 PM

Tuesday, October 9, 2018

+1

Do you want to meet this morning or go to the mainstreet business talk group?

8:05 AM

+1

Meet for 20 then walk over? They are doing some social media thing for the first 20 min. Whatever u want to do is okay with me

8:08 AM

+1

Sounds good

8:20 AM

Wednesday, October 10, 2018

+1

Is there someone who wants to buy the statue?

5:29 PM

+1

[REDACTED] is saying that online

5:29 PM

+1 [REDACTED]

There is someone who is willing to pay all costs to relocate it to an appropriate historic site out of the area if this community makes a decision to relocate it outside of Arcata. The individual does not in anyway want to be part of the community's decision but it is a bonafide offer to pay full cost to move it out of Arcata and to a site that would preserve it, in its artistic/ historic context.

5:33 PM

+1 [REDACTED]

You know who it is- but I think we really need to ensure they stay out of the fray as we don't want to lose the potential financial assistance if we end up at that point. :)

5:34 PM

+1 [REDACTED]

I do wonder about its value. I contacted the Christy's auction house as they have sold other Patiagan pieces- but they declined to give me an appraisal :)

5:37 PM

+1 [REDACTED]

Interesting about Christy's! Yes I only say theres a person who's willing to help if it leaves the area. I cant wait until all this crap is over! Thank you.

5:46 PM

+1 [REDACTED]

Ditto that - I really love paving streets and fixing pipes :)

5:47 PM

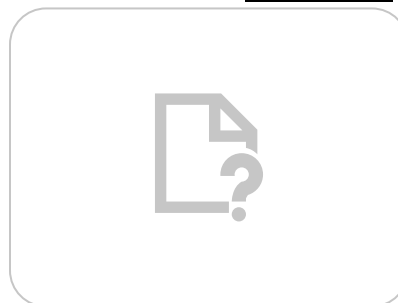
+1 [REDACTED]



5:49 PM

Friday, October 12, 2018

+1 [REDACTED]



6:05 PM



6:05 PM



6:05 PM

+1 [REDACTED]



6:06 PM



6:06 PM



6:06 PM



Monday, November 5, 2018

+1 [REDACTED]

Thanks for letting me know the dog park meeting was cancelled 😊 Haha no big deal. We still on for 830am tomorrow? No big deal if you need to cancel!

7:07 PM

[Number Unknown]

So sorry! I even confirmed that meeting date with you. I should be there in the morning. Flights are on time as of now- just got to LAX.

7:10 PM

+1 [REDACTED]

No problem at all! Gave me more time to needlessly do more door to door and allay my anxiety 😊 remind me to tell you about the constituents I talked to while they were on LSD. Hope you have a safe trip home.

7:12 PM

[Number Unknown]

Lol- can't beat knocking on doors in Arcata.

7:13 PM

Tuesday, November 6, 2018

+1 [REDACTED]

Going to be 10-15 late.

8:28 AM

[Number Unknown]

Enjoy the night!

6:30 PM

+1 [REDACTED]

Thank you!

7:05 PM

Wednesday, November 7, 2018

+1 [REDACTED]

Gonna be 5 min late for [REDACTED]

8:58 AM

Thursday, November 8, 2018

+1 [REDACTED]

Would you please consider buying me and [REDACTED] a subscription to The Economist for us to share?

12:51 PM

Monday, November 12, 2018

+1 [REDACTED]

May I please bring [REDACTED] with me to our 830am meeting and just do a brief run down of the current state and direction of the city's Zero waste work?

9:31 AM

[Number Unknown]  
Sure. [REDACTED] is not in tomorrow- it would be better to wait until she returns- but happy to meet with her. 9:39 AM

+1 [REDACTED]  
Great. Thanks so much. It will be quick. 9:40 AM

Wednesday, November 14, 2018

[Number Unknown]  
ABC admin judge's decision supports full license revocation. I assume there may be an appeal period- will know more soon. 10:04 AM

+1 [REDACTED]  
Thanks for the update! 10:04 AM

Thursday, November 15, 2018

+1 [REDACTED]  
If you'd like to Taste of the Holidays tonight at the community center, let me know and I'll gladly get you and [REDACTED] a ticket. 8:03 AM

[Number Unknown]  
That is super sweet- I have another commitment tonight- but I should calendar that in for next year- it is always a good event. Thanks 8:10 AM

+1 [REDACTED]  
 8:12 AM

[Number Unknown]  
[REDACTED] is gone through Sunday- are you around this weekend? Thanks 8:16 AM

+1 [REDACTED]  
Yes I'm here but I have a full schedule of playing video games 😊 I will be gone Dec6th-10th. 8:28 AM

[Number Unknown]  
   10:41 AM

+1 [REDACTED]  
Would you have 10-15min for me at 130 or 145? 12:35 PM

[Number Unknown]  
 Sure- I have a 2:00- but will be there before then 1:13 PM

+1 [REDACTED]  
 Thx. I will be there at 130 1:15 PM

Monday, November 26, 2018

+1 [REDACTED]  
 [REDACTED] email.... they left it there for a week?!! 😊 4:14 PM

[Number Unknown]  
 ??????????? 4:15 PM

[Number Unknown]  
 😂😂 4:15 PM

Monday, December 3, 2018

+1 [REDACTED]  
 Just wanted to update you that I dropped in on [REDACTED] to discuss [REDACTED] meeting and I'm meeting [REDACTED] at 3:30 to go over garbage rates. 2:24 PM

Tuesday, December 4, 2018

+1 [REDACTED]  
 I just emailed [REDACTED] so the entire council should now know I'm likely to apply to the [REDACTED]. Thank you. 11:40 AM

Wednesday, December 5, 2018

+1 [REDACTED]  
 Just wanted to let you know I will only be asking about two things tonight. A brief walk through of how we got to the rate/option we're moving forward with and general questions about what we/ Recology are doing on the education front. Hope you have a great day!! 12:00 PM

[Number Unknown]  
 Thanks- appreciate the heads up. 1:15 PM

Monday, December 10, 2018

+1 [REDACTED]  
 Interesting agenda items for Mainstreet meeting tomorrow. Let me know if you think you should be there and we can reschedule. 10:58 AM

[Number Unknown]  
I just thought the same thing- might be good to listen into Mainstreet-I can meet Thursday at 8:30 or Friday between 11-3 or Tuesday at 1:30.... 11:13 AM

+1 [Redacted]  
How about Friday at 1? 11:33 AM

[Number Unknown]  
Friday sounds good- just send or drop off your [Redacted] by Wednesday. Thanks 12:26 PM

Friday, December 28, 2018

[Number Unknown]  
Hi Brett- we just landed. Nice to be back in Arcata. Hope your Christmas was relaxing. 8:30 PM

+1 [Redacted]  
Thanks! Welcome back. 8:36 PM

Monday, December 31, 2018

[Number Unknown]  
<https://itunes.apple.com/us/podcast/the-daily/id1200361736?mt=2&i=1000425716121> 11:31 AM

Tuesday, January 1, 2019

+1 [Redacted]  
Just listened to it. It was good. Thanks for sharing. 5:46 PM

[Number Unknown]  
Hold on a sec... 6:00 PM

[Number Unknown]  
See you soon. 6:00 PM

[Number Unknown]  
You're welcome. 6:00 PM

[Number Unknown]  
Sorry just trying to figure out this new Apple Watch. Glad you enjoyed the podcast. Didn't mean to send you three quick responses 6:01 PM

+1

fun! You were probably thinking to yourself, "I wish I had the annoyance of a phone constantly ringing/vibrating, but on my wrist." Jk 😊 I hope you enjoy it!

6:11 PM

Wednesday, January 2, 2019

+1

May I please talk with [REDACTED] about our free wifi? I have a few questions.

12:11 PM

[Number Unknown]

Sure- he is out sick today - I will let you know if he is in tomorrow

12:18 PM

+1

Thank you

12:24 PM

Thursday, January 3, 2019

[Number Unknown]

Do you have a number for [REDACTED]? Thanks

10:04 AM

+1

[REDACTED]

10:11 AM

[Number Unknown]

Thanks

10:14 AM

Friday, January 4, 2019

+1

May I please attend the meeting with the senior center folks on Monday at 2pm?

11:54 AM

[Number Unknown]

Sure

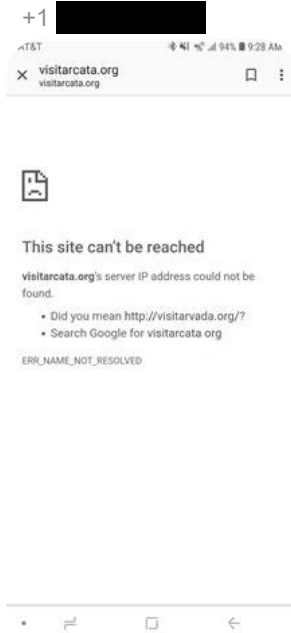
11:55 AM

+1

Thank you

11:55 AM

Tuesday, January 8, 2019



9:28 AM

+1 [REDACTED]

I'd like to share my thoughts with you on potential timelines for AMCAL. Do you have maybe 15min before or after agenda setting?

1:54 PM

[Number Unknown]

Sure

2:54 PM

+1 [REDACTED]

Ok I will try to get there early.

2:55 PM

[Number Unknown]

Either way-

2:55 PM

Thursday, January 10, 2019

+1 [REDACTED]

[REDACTED] asked his board and said University Center decided they dont want to be involved.

1:46 PM

[Number Unknown]

Thanks for trying. I am not surprised

3:47 PM

+1 [REDACTED]

He said they didnt want to "upset the vp's".

3:49 PM

Saturday, January 12, 2019

+1 [REDACTED]

City of Eureka Poised to Make Sharp Turn Away From 'Redwood Tourism' and Do Its Own Thing Instead | Lost Coast Outpost | Humboldt Ctoutpost.com/2019/jan/12/city-eureka-poised-make-sharp-turn-away-redwood-to/

8:07 AM

Monday, January 14, 2019

+1 [REDACTED]

Did you hear [REDACTED] died over the weekend?

9:55 AM

[Number Unknown]

No- thanks for letting me know. I hope it was natural causes.

10:41 AM

Thursday, January 17, 2019

+1 [REDACTED]

Will you please send me the photo of me and [REDACTED] at your convenience?

9:22 AM

[Number Unknown]



10:03 AM



10:03 AM



10:03 AM

Friday, January 18, 2019

+1 [REDACTED]

Leaving weaverville. Is 430 too late to check in?

2:12 PM

[Number Unknown]

Great - I'll be here

2:14 PM

Saturday, January 19, 2019

+1 [REDACTED]

I had coffee with [REDACTED] today and he said he would take care of the Caltrans approval of the footbridge lighting. He wants our [REDACTED] handing it to call his rep [REDACTED] and setup a phone call with him and [REDACTED], district director of Caltrans. May I email that info to [REDACTED]

4:47 PM

[Number Unknown]

Great- yes, good work.

4:48 PM

+1 [REDACTED]

Thanks! He really liked the [REDACTED] and I told him you deserve all the credit for picking him.

4:51 PM

[Number Unknown]

😊 aww...most important- any talk of coastal commission?

5:09 PM

+1 [REDACTED]

Yes. Hes not endorsing anyone, for now. He recommended I meet with [REDACTED] and [REDACTED] to discuss it with them. He said crescent city mayor was telling people [REDACTED] endorsed him and he had to call him and tell him to stop saying that lol. On the village, he approved of what we're negotiating with them and said he thinks it absolutely needs to be mixed occupancy.

6:02 PM

+1 [REDACTED]

I talked to [REDACTED] and he pointed out the commission meetings are usually first week of the month and would conflict with our council meetings. We could work around it if needed. I could miss a wednesday [REDACTED] meeting or two and be there for Thursday Friday and I could also miss a council meeting or two when nothing important on the agenda. Also, I could potentially attend the Wednesday [REDACTED] meeting during the day and then phone into the council meeting at 6pm. Anyways, we can figure that out if we get there.

6:05 PM



Friday, January 25, 2019

+1 [REDACTED]

I just talked to a board member of the Greenwood Cemetery Association. Hes going to see if their board has interest in taking the statue at the Arcata cemetery.

3:41 PM

Monday, January 28, 2019

+1 [REDACTED]

I got a call from the NEC saying they had an angry and disruptive person in their office that wouldn't leave so I told the [REDACTED]. He said hes going to stop by. They called me because the person wanted to speak to the [REDACTED] lol.

12:57 PM

+1 [REDACTED]

Is that okay or would prefer I didnt do that in the future?

1:13 PM

[Number Unknown]

That is fine- it is also ok to encourage people to call 911 just so it does not become another full time gig for you :)

1:18 PM

+1 [REDACTED]

Haha thank you.

1:19 PM

+1 [REDACTED]

Haha thank you.

1:24 PM

+1 [REDACTED]

[REDACTED] just called me and wants to meet and tell me about all hes doing at his windsong property. Just thought that was interesting. I'm meeting with him Wednesday at 10:30am.

3:46 PM

[Number Unknown]

Thanks - are you meeting at the property?

5:57 PM

+1 [REDACTED]

No. He wants me to meet him at his saw mill so he can show it to me. You are more than welcome to come.

6:24 PM

+1 [REDACTED]

What if we leased Belle Star from [REDACTED] for like 6 months and tested the whole "APD on the Plaza" concept? She would probably give us a deal. Shes making \$0/month on it right now. At the least we could then say we tried it and it worked or didnt work because of xyz. She commented to me the other day about the city renting it. I dont feel strongly about it. Just a thought.

7:14 PM

[Number Unknown]

Hum.....

7:19 PM

Wednesday, January 30, 2019

+1

wants to interview me at 5pm today and ask what my 2019 goals are. I'm going to say 1. Work with neighborhoods to increase housing in the city while not creating significant impacts, 2. creating an ordinance to prepare for new 5G infrastructure, 3. continue to move forward upgrades to WWTP, 4. continue to work on homelessness solutions, 5. Continue progress on a dog park 6. Strengthen relationship with HSU. Anything else I should be prioritizing?

11:45 AM

+1

Reduce plastics

11:46 AM

[Number Unknown]

Support the work of the Plaza Improvement Task Force and the zero waste task force?

We also have the arts and strategic plan that will be developed. Just a few thoughts- your list looks great!

12:34 PM

Friday, February 1, 2019

+1

Are you and yours available Feb 9th for a vegan dinner?

7:53 AM

[Number Unknown]

That date looks great!

7:56 AM

+1

cant do it that night so we will try again in May.

10:50 AM

[Number Unknown]

May is great to! Thanks

11:00 AM

Friday, February 8, 2019

+1

is asking about the statue. Can I tell him it will be on the agenda for the 20th, we are talking to , and we also have some other offers we are considering? Want me to tell him just to contact you directly?

7:46 AM

[Number Unknown]

I think you can share all of that with [REDACTED]. You're welcome to send him to me but I think you have as good a background on the statue as any of us right now. If you steer him towards the [REDACTED] [REDACTED] I am happy to give them a heads up that [REDACTED] might be calling.

7:51 AM

+1 [REDACTED]

Okay thank you.

7:51 AM

+1 [REDACTED]

This is what I told him: We are talking to officials in [REDACTED] about the possible relocation of the statue to [REDACTED]. We are also considering some additional offers from other people interested around the country. Personally, my first choice is to find a suitable new home for the statue somewhere locally but that place hasn't surfaced yet. It's important to me that wherever the statue ends up, it remains in the ownership of the public.

8:01 AM

[Number Unknown]

[REDACTED] called. I did send him [REDACTED] letter so I will share it with the whole council today as well.

10:03 AM

+1 [REDACTED]

Great. Thank you.

10:14 AM

Monday, February 11, 2019

[Number Unknown]

Will you be in at 11? Or will I just see you at 1?

8:40 AM

+1 [REDACTED]

Was going to come in at 11 unless you need the time

8:40 AM

[Number Unknown]

Sounds good.

8:49 AM

Tuesday, February 12, 2019

+1 [REDACTED]

Having lunch with [REDACTED]. Was just wondering if we are able to make a final decision on the statue's new home on Wednesday

1:13 PM

[Number Unknown]

Sure if you want. We should talk messaging but a final decision and no need for another public meeting probably sounds good to everyone.

1:15 PM

+1

I agree with you that would be ideal. I'm wondering if we are going to try to make a final decision, should we put [REDACTED] vote before or after statue item. Example: I don't want to piss off [REDACTED] and lose his support for [REDACTED] if I vote for [REDACTED] and he wanted to sell the statue on Ebay. I'm probably over thinking it.

1:46 PM

[Number Unknown]

[REDACTED] will not make the downtown business meeting- if interested it might good.

7:14 PM

+1

Shoot. I would but I need to be in Ferndale by 9am to have coffee with their [REDACTED] re: [REDACTED]

8:18 PM

+1

I'm having lunch tomorrow with Arcata branch manager of [REDACTED]. Let me know if you want me to ask them for anything. You're also welcome to join. 1:30 at wildflower cafe.

8:18 PM

[Number Unknown]

Thanks- just landed in San Fran - heading in to San Diego. Enjoy your full day tomorrow!

8:20 PM

+1

I forgot. Glad your flights went well!

8:26 PM

Wednesday, February 13, 2019

+1

[REDACTED] mayor will nominate me for [REDACTED] and [REDACTED] is no longer applying because he thinks he will get too much opposition. So we can make our agenda item just for an Arcata council member. Meeting with [REDACTED] this afternoon to lockdown best wording for agenda item.

11:06 AM

[Number Unknown]

Wow!!!!!! I just met [REDACTED] from Pi [REDACTED] this morning- your [REDACTED] has cost me a monthly contribution to his PAC - lol!!! It's all good. We will be meeting up later to chat more. Great news!

11:09 AM

[Number Unknown]

Are there any supervisors interested?

11:09 AM

+1

Thanks for your support! Other [REDACTED]: not that I've heard of, so far. Hopefully(sadly) majority of [REDACTED] are united in their dislike of other candidates and they nominate me. Also of interest is [REDACTED] only gets to participate in [REDACTED] for appointment of air quality control board rep. and no other appointments.

11:18 AM

[Number Unknown]

[REDACTED] is suppose to be here this afternoon- I will see what I can get from him.

11:35 AM

+1

Great. I also talked to [REDACTED] at Times Standard and he was very apologetic about quotes. Left a message for [REDACTED] and emailed [REDACTED].

11:37 AM

[Number Unknown]

So busy :)

11:37 AM

[Number Unknown]

[REDACTED] is also still following up with Willow Creek Vets.

11:38 AM

+1

Great. Planning on being less busy in March lol.

11:39 AM

+1

Oh and [REDACTED] interested in LAFCO. I told [REDACTED].

11:39 AM

[Number Unknown]

[REDACTED] select nominated a [REDACTED] member first name is [REDACTED] something- I will get the scoop from [REDACTED] the [REDACTED] tonight. [REDACTED] also still interested- not sure if he will have any nominations

1:58 PM

+1

Thanks for the info!

3:19 PM

+1

[REDACTED] is the [REDACTED] person. He has been on [REDACTED] for 16 years and just won another term. He was the top vote getter with a total of like 650 votes.

8:10 PM

[Number Unknown]

You had way more votes than that - lol

8:32 PM

Friday, February 15, 2019

+1

neely just told me got support from so he may try to play it like he has support from two counties if he gets Mayors committee endorsement

10:08 AM

+1

I'm trying to block from being able to vote on at selection committee meeting. Bylaws are very specific in saying only votes on air quality control board.

12:00 PM

Tuesday, February 19, 2019

+1

How do you think I should address the in my letter of interest to the them? E.g. , but something better than that lol

2:51 PM

+1

I think you should list each name . E.g.

Dear  
and

2:58 PM

+1

Thanks. Also, Just want to make sure you saw email from ?

3:26 PM

Wednesday, February 20, 2019

+1

?

11:33 AM

+1



11:33 AM

+1

Also told me hes thinking about buying building, he will probably be the next will be leaving the board.

11:34 AM

+1

Interesting about main street. It would be great to get a new owner in the Goodman building- it is so close to being done and just need a little attention infusion.  
Great news from [REDACTED] called and said the eureka vets hall is interested.

11:40 AM

+1

Cool. I told [REDACTED] another anonymous donor is willing to split costs with him. Thank you.

11:41 AM

+1

<https://lostcoastoutpost.com/2019/feb/19/arroyo-and-watson-pursuing-north-coast-seat-state/>

3:18 PM

Friday, February 22, 2019

+1

St Onge said HSU is looking at a \$120million project to build a 600 bed dorm. Could be built as soon as 3 years if it moved forward.

3:57 PM

Tuesday, February 26, 2019

+1

Will you please share this with [REDACTED]?

6:02 PM

+1

[REDACTED] shared a post to the group: NO  
on Measure M - Remove McKinley.  
3 mins · [REDACTED]  
[REDACTED] 4 mins



6:03 PM

+1

He says thanks

7:28 PM

+1

Thank YOU. I just met the owner of [REDACTED] at a fundraiser dinner. I didnt bring up the special project but I thanked him.

7:30 PM

+1



7:32 PM

Wednesday, February 27, 2019

+1

I just left the second message for the

9:09 AM

+1

doesn't care when the deed is done. She doesn't need to be there.

1:03 PM

+1

Thanks for the heads up on - I reached him and have called Hog Island to ask a few questions.

5:48 PM

+1

Thank you for doing that. I know you're really busy and I appreciate it.

5:51 PM

+1

I was about to send an email to and you expressing my annoyance that there's an online option for this ethics training and no one told the . told me she learned that from the . May all of my annoyance leave me in this text 😊

6:19 PM

+1

I hope they do also....I also hope the in person training is better....at the end...at least you will be done!

6:22 PM

+1

If it helps I just signed our first tenant rental assistance agreement with a Lazy J park resident- yeah!

6:27 PM

+1

It's all good. I just know all this shit inside and out. This is like my 4th time and it never changes. I should be teaching this training! Glad to hear about the rental assistance.

6:42 PM

+1

I've got a constituent complaining about noise from a neighboring business and they say it's in violation of our noise element. Which department do I bother with that?

7:17 PM



+1 [REDACTED]  
I would send it to APD. You will get a few more complaints tomorrow morning :) 7:19 PM

+1 [REDACTED]  
Hahaha thank you 7:47 PM

Thursday, February 28, 2019

+1 [REDACTED]  
If you feel its appropriate, I'd be willing to pay his water bill for a month and help him with his business. 11:20 AM

+1 [REDACTED]  
Do you need photos of your product? He is free today :) 11:30 AM

+1 [REDACTED]  
I actually do need some photos. Give him my number? 11:35 AM

+1 [REDACTED]  
Thanks Brett- I took care of his water. It will be back on today. He seems to be trying hard to turn the corner. I suspect we might be let down.....but I am throwing out a little hope. 12:19 PM

+1 [REDACTED]  
👍 hes coming by at 130 to take some photos. 12:20 PM

+1 [REDACTED]  
I gave him a check for \$50 for about 30 minutes of work. If the photos come out well then it's a good deal. Everything was very positive and he was professional. We will see how the photos turn out. 2:19 PM

+1 [REDACTED]  
Can you do a phone call with me, [REDACTED] and [REDACTED] monday at 9am? 4:02 PM

+1 [REDACTED]  
Spoiler alert: [REDACTED] wants to send The Village back to the Plan Co. 4:03 PM

+1 [REDACTED]  
I will plan for Monday morning. Thanks for the heads up. 4:16 PM

Friday, March 1, 2019

+1 [REDACTED]  
I can just make any one I want my volunteer intern, right? 12:14 PM

+1 [REDACTED]

Do you want my long answer? Or just a yes :) if they are just working for you- no independent access to city hall, and don't need any special paperwork for HSU then it is pretty easy. If they are doing official city volunteering there is a process so they are covered under workers comp and their actions are covered by the city (unless they are grossly negligent). Having them complete the city's intern /volunteer packet- protects you and the city. The answer can still be yes.

12:53 PM

+1 [REDACTED]

Thanks! They would not need access to city hall and I would have them do an interview with you. I told the persons advisor what the duties would be, largely research, and if the advisor agrees then I will talk to you more about it.

2:11 PM

+1 [REDACTED]

Sounds good.

2:30 PM

+1 [REDACTED]

People are asking me who knew about removal date and time. What's the official reason why [REDACTED] was there?

4:10 PM

+1 [REDACTED]

I talked with [REDACTED] about photographing to fulfill our environmental review obligations.

4:53 PM

Monday, March 4, 2019

+1 [REDACTED]

Happy for her but BOOOOOOOO at the same time lol.

6:02 PM



6:02 PM

+1 [REDACTED]

I'm being told [REDACTED] lawyer made a casual comment that they would be paying off the RREDC loan.

6:04 PM

+1 [REDACTED]

Well...maybe he can balance by supporting you for [REDACTED]

7:18 PM

+1 [REDACTED]

Its okay. [REDACTED] just told me she is thinking about bringing [REDACTED] to the [REDACTED]. It was hard but I told her not to because people wont take her seriously. I can just imagine [REDACTED] having a field day with that too.

7:36 PM

Tuesday, March 5, 2019

+1 [REDACTED]

[REDACTED] says hes emailed you several times and has never received a reply. He also said he gave the city a check for \$500.

1:33 PM

+1 [REDACTED]

Enjoy your night :)

5:52 PM

+1 [REDACTED]

Thanks! [REDACTED] has a digital sign at the entrance of town and it said "council meeting tonight" with the time of the meeting. We have to one-up them! Lol

6:52 PM

+1

had a letter for me on their consent calendar last night and it sounds like will give me one.

6:54 PM

+1

Great!

6:57 PM

+1

did you know they have this sign that lights up with how each council member votes?! 😊

6:59 PM

+1

I know does.... does also? They also for a while had a resident who video taped their meetings, added his own hilarious captions on them and airs them on Access Humboldt.

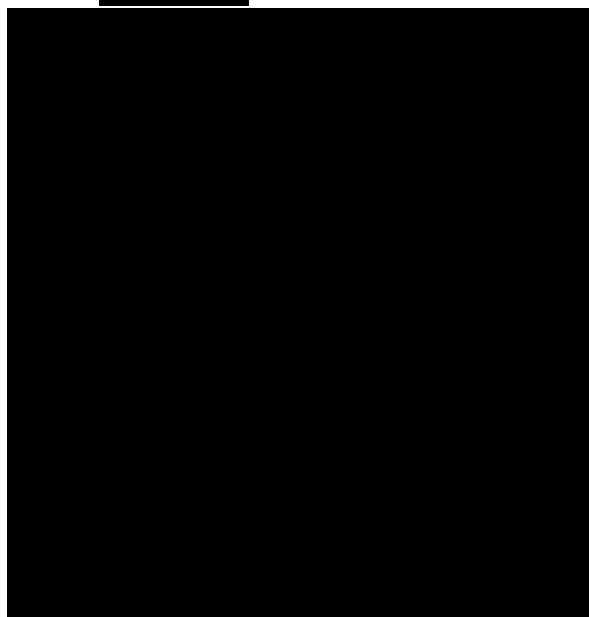
7:01 PM

+1

Ha! I had no idea. Their asked them to add a 1/2% tax on cannabis products sold by dispensaries that would go directly to the .

7:08 PM

+1



9:09 PM

Wednesday, March 6, 2019

+1

I have a lot to do today and I will probably be late to . Please start without me.

7:51 AM

+1

Will do.

8:00 AM

+1 [REDACTED]  
[REDACTED] just called me and I'm interviewing next Thursday  
230pm 3:17 PM

+1 [REDACTED]  
Yeah! Glad they are moving forward. 4:24 PM

+1 [REDACTED]  
I'd like to get a hotel room the night before in Sacramento and use  
my travel budget, please. 4:40 PM

+1 [REDACTED]  
Do you want [REDACTED] to help? Or just get reimbursed? Either way. 5:13 PM

+1 [REDACTED]  
I will pick something out and send it to her. Just wanted to run it  
by [REDACTED] first 😊 I will be there in 5 min. 5:14 PM

Thursday, March 7, 2019

+1 [REDACTED]  
Lets talk about potential public records requests on Monday? 4:49 PM

+1 [REDACTED]  
Sounds good- I think some of it will help answer their questions. 4:50 PM

Friday, March 8, 2019

+1 [REDACTED]  
Changed my flight and I'll be back tonight. 11:48 AM

+1 [REDACTED]  
Hope it went well 11:49 AM

+1 [REDACTED]  
It did. I met [REDACTED] [REDACTED], got good interview advice and some  
letters of support. 11:51 AM

+1 [REDACTED]  
I'd like to see the terms we are asking [REDACTED] to agree to. Is that  
going to council for approval? 1:05 PM

+1 [REDACTED]  
It is not scheduled to go back to council- we finalized terms this  
morning- I will send it to you. Let me know what you think. 1:11 PM

+1 [REDACTED]  
Thank you 1:12 PM


+1 [REDACTED]  
Should be in your inbox 1:14 PM

+1 [REDACTED]  
Got it 1:31 PM

+1 [REDACTED]  
Looks great. Thanks for letting me look at it. 1:38 PM

+1 [REDACTED]  
Do you know anything about the [REDACTED]?  
Do we care about that? 2:17 PM

+1 [REDACTED]  
Their staff person wants to meet with me on tuesday. 2:18 PM

+1 [REDACTED]  
 5:11 PM

+1 [REDACTED]  
He emailed me also. We could meet with him together- maybe  
eight before agenda setting at 3 or 3:30? 5:22 PM

+1 [REDACTED]  
Sure. Sorry to pester you 5:27 PM

+1 [REDACTED]  
No problem....at first I though I sent the google eyes from my  
watch lol.  
I think the meeting will be mostly lip service. Questions I have are  
What is their role in PGE bankruptcy?  
Given the NCRA railroad legislation that passed can we get a  
blanket approval to remove all the old crossing signs and lights?  
What is their position on PGE being able to shut down power in an  
emergency without notifying local governments trying to get  
emergency messaging out? Any funding sources for energy  
projects we should be aware of?  
Other items on their agenda we should know about....may think of  
more by next week. 5:52 PM

+1 [REDACTED]

Great! Sounds like it will be a lot more educational for me to meet with him with you there taking the lead. Otherwise I would have no idea what's going on.

6:18 PM

Sunday, March 10, 2019

+1 [REDACTED]

[http://slausongirl.com/grand-jury-process-begins-in-\[REDACTED\]-case/?fbclid=IwAR2V2QU8iJMb6hMQqzMB6uBISI0vG2EXIMcZU0Pb3xzerLKKQ7C7cZFIHr0](http://slausongirl.com/grand-jury-process-begins-in-[REDACTED]-case/?fbclid=IwAR2V2QU8iJMb6hMQqzMB6uBISI0vG2EXIMcZU0Pb3xzerLKKQ7C7cZFIHr0)

9:02 AM

+1 [REDACTED]

FYI

9:02 AM

+1 [REDACTED]

Thx

9:02 AM

Monday, March 11, 2019

+1 [REDACTED]

[REDACTED] says shes calling off her public records request

8:07 AM

+1 [REDACTED]

Thanks-

8:08 AM

+1 [REDACTED]

Can we tell [REDACTED]?

8:50 AM

+1 [REDACTED]

I am meeting him down there now- just honestly by chance. I did not expect the transporter to be here until wed or thurs. I will alert other media shortly

8:53 AM

+1 [REDACTED]

Cool thanks

8:53 AM

+1 [REDACTED]

Still at the Corp yard

10:52 AM

Wednesday, March 13, 2019

+1 [REDACTED]

Times standard just called but I didnt answer.

5:27 PM

+1 [REDACTED]

How about I tell them to email me and I write them back with a statement? That way it's harder for them to fuck it up.

5:33 PM

+1 [REDACTED] 5:38 PM  
I Am working in a statement for you now

+1 [REDACTED] 5:39 PM  
Thank you

+1 [REDACTED] 6:27 PM  
You and [REDACTED] can edit :)  
The outcome is disappointing and not what we hoped for. The City brought considerable state wide homicide expertise in to complete the investigation. We remain committed to solving this case for the [REDACTED] family and our community. Under our new [REDACTED] the city has increased staff dedicated to criminal investigation and I'm confident that they will get to work immediately.

+1 [REDACTED] 6:36 PM  
[REDACTED] says your brilliant and it's perfect. I agree. Thank you so much.

+1 [REDACTED] 6:52 PM  
Here is the final - The outcome is disappointing and not what we hoped for. The City brought considerable outside homicide expertise in to complete the investigation. We remain committed to solving this case for the [REDACTED] family and our community. Our new Police Chief has increased staff dedicated to criminal investigations and they will immediately get back to work on the case.

+1 [REDACTED] 6:53 PM  
I already sent the first one 🙄

+1 [REDACTED] 6:54 PM  
No problem- we are sending out a press release to all media - it will be consistent.

+1 [REDACTED] 6:54 PM  
Ok. I just forwarded you what I sent to the standard. Only changed the wording around police chief

+1 [REDACTED] 6:55 PM  
Perfect.

+1 [REDACTED] 9:21 PM  
I really appreciate the energy you put into the messaging and press release. Thank you.



+1 [REDACTED]  
 I hope you still had a  
 Good dinner with [REDACTED]. We are holding here- about 20 people or  
 so at the courthouse. Get some rest for your interview tomorrow.  
 Good luck! 🍀 9:25 PM

+1 [REDACTED]  
 Dinner was good. [REDACTED] said you're the best [REDACTED] she knows.  
 Thanks! 9:31 PM

+1 [REDACTED]  
 I buy her drinks to say things like that :) 9:31 PM

Thursday, March 14, 2019

+1 [REDACTED]  
 HSU cancelled the moment of silence for tomorrow. 6:16 PM

Friday, March 15, 2019

+1 [REDACTED]  
 Times standard says vigil is 530 at courthouse? 8:42 AM

+1 [REDACTED]  
 Is there something else at noon? 8:42 AM

+1 [REDACTED]  
 The noon was at HSU and is. Cancelled . 8:56 AM

+1 [REDACTED]  
 Got it. Thanks 8:56 AM

+1 [REDACTED]  
 As it turns out there will be an event on the quad today at noon-  
 organized by students. I will head up there. 10:13 AM

+1 [REDACTED]  
 Did you get the email from the [REDACTED]? 10:19 AM

+1 [REDACTED]  
 No- did you? 10:19 AM

+1 [REDACTED]  
 Someone sent it me. I will forward to you now. 10:20 AM

+1 [REDACTED]  
 Thanks 10:20 AM

+1 [REDACTED]

The event was heartbreaking and had a decent turnout- only [REDACTED] spoke - things are breaking up now.

1:10 PM

+1 [REDACTED]

Thanks for the update. Just got back to Arcata.

1:11 PM

+1 [REDACTED]

Do you have time to talk before 5? I can stop by city hall.

1:17 PM

+1 [REDACTED]

Sure - I am free until 3

1:20 PM

+1 [REDACTED]

Ok I will come by at 145. Thanks

1:20 PM

+1 [REDACTED]



1:23 PM

+1 [REDACTED]



2:28 PM

+1 [REDACTED]

Just FYI, I sent this to [REDACTED] "Hi [REDACTED]. Its very sad to see the outcome from the jury. I'm really sorry. I just got back to town but I'll be at the vigil at 5:30 and I'll be speaking with [REDACTED] about our plans to continue working on the case. Please let me know if theres anything I can do for you."

3:25 PM

+1 [REDACTED]

We just finished meeting. It didn't go great but it was all right. It's a really hard time right now. I am heading to the vigil. Will probably be 15 minutes late.

5:30 PM

+1 [REDACTED]

Ok. I'm here. Maybe 75 people here.

5:34 PM

Monday, March 18, 2019

+1 [REDACTED]

May I please call you back in 5-10 min? I have notes from talking to [REDACTED].

5:25 PM

+1 [REDACTED]

Sure

5:26 PM

Tuesday, March 19, 2019

+1 [REDACTED]

Talked to [REDACTED] and came up with a potential strategy. I can talk after 6 or any time tomorrow. No rush.

5:30 PM

Wednesday, March 20, 2019

+1 [REDACTED]



12:49 PM

Thursday, March 21, 2019

+1 [REDACTED]

I was thinking about it and I forgot last night that [REDACTED] is suing us. It doesn't really make sense to give a gift of public funds to someone suing us.

11:00 AM

+1 [REDACTED]

No return call from [REDACTED] today. I will call again tomorrow.

4:30 PM

Friday, March 22, 2019

+1 [REDACTED]

No rush. Hopefully you will hear from her by Monday.

9:26 AM

Sunday, March 24, 2019

+1 [REDACTED]

[REDACTED] called me back. Short version of conversation is she is not excited about the idea of the meeting we are asking for but she will think about it. I focused on keeping a good rapport with her so I didnt press her on it. We can talk more about it Monday. Hope you have a really nice weekend.

10:13 AM

+1 [REDACTED]

Thanks for the update. Found a beautiful spot this weekend....see you in the morning.

6:22 PM

Monday, March 25, 2019

+1 [REDACTED]

I just heard they did 3 other appointments today. Maybe they will do Coastal tomorrow. Hope you have a great evening.

5:23 PM

+1 [REDACTED]

Hum....great that they are moving quickly! Thanks for the update.

5:38 PM

Wednesday, March 27, 2019

+1 [REDACTED]

I talked to [REDACTED] first about changing the date of the village meeting because I knew he had more detailed information about their availability for a special meeting, I didnt want to waste your time, and I didnt want to bother you in the evening after work.

8:43 AM

+1 [REDACTED]



2:46 PM

I tried to capture a photo that showed the north coast fabricators logo lifting the new ballpark press box in.

2:46 PM

+1

Nice!! will be happy lol

2:47 PM

+1

office will do a letter to if and do one. I'm working on them. told me he thinks is going to talk to later this week or next.

2:48 PM

+1

I'm hearing says he has a connection in the and hes going to apply. Our is already calling for a meeting on April 18th to make a nomination.

4:09 PM

Thursday, March 28, 2019

+1

I heard got a DUI on Monday.

2:53 PM

+1

Let's design a new city logo together. That would be so much fun!

6:00 PM

+1

Don't you like the potato?

6:41 PM

+1

Lol I dont not like it. I have a lot of experience designing logos and I think you have a really good eye. we can do it in a way that wont cost the city anything. Just phase it in over time.

6:56 PM

+1

I'm at a labor awards dinner and the speaker just blamed HSUs enrollment issues on murder mtn.

7:03 PM

+1

So easy to come up with quick criticism these days :)

7:06 PM

Friday, March 29, 2019

+1

May I please talk to the about the investigation? I want to get caught up and have a clear picture of everything that's going on.

7:29 AM

+

Sure- we will need to prep some talking points For wed.

7:33 AM

+1

thank you. Did you see her press release?

7:42 AM

+1

Just this morning.

7:50 AM

+1

I'm realizing some of the people Like want ranked choice voting so hopefully that entices them to let us get through our meeting since it's at the end!

9:48 AM

+1

And at the start of the meeting I will tell the audience that we've deliberately planned for a short meeting so we can get through and spend time listening to them and answering questions.

9:49 AM

+1

Wanted to make sure you knew about this. Sorry to bug you!  
<http://kymkemp.com/2019/03/29/das-office-responds-to-letter-from-mother-of-slain-hsu-student/>

9:20 PM

Saturday, March 30, 2019

+1

I can hope it helps. Thanks....btw....you never bug me.

7:01 AM

Tuesday, April 2, 2019

+1

Nice work on the sista vegan food truck on the trip counties lot!!

4:18 PM

+1

Tri

4:18 PM

+1

???

8:05 PM

+1

I sent a photo to and hes happy because they're a client. See you tomorrow. It's going to be a good meeting.

8:13 PM

Wednesday, April 3, 2019

+1

is doing an interview on kmud, sounds like it's at the same time as our meeting but not sure.

4:24 PM

+1

Does the recommend giving main street 33k?

4:42 PM

Thursday, April 4, 2019

+1 [REDACTED]

Do you have a few minutes to talk today? Nothing pressing.

8:56 AM

+1 [REDACTED]

I am free at 11

9:54 AM

+1 [REDACTED]

Ok I will stop by and keep it brief. Thanks

9:54 AM

Friday, April 5, 2019

+1 [REDACTED]

Who can I talk to about our EV permit that lets EV owners park at meters without paying?

9:39 AM

+1 [REDACTED]

I am working on getting a map of our meters. I also want to see if it applies to times parking. Should have more shortly

9:40 AM

+1 [REDACTED]

Thanks did you get the complaint from the guy parking on campus?

9:41 AM

+1 [REDACTED]

I did 😊

9:53 AM

Monday, April 8, 2019

+1 [REDACTED]

Is dog park meeting happening today?

12:07 PM

+1 [REDACTED]

Yes- I don't have much of an update but I will be here.

1:33 PM

+1 [REDACTED]

I'm going to skip it today.

3:26 PM

Thursday, April 11, 2019

+1 [REDACTED]

Did you know fire and light is out of business?

3:56 PM

+1 [REDACTED]

And [REDACTED] is doing a letter to the [REDACTED]

3:57 PM

+1 [REDACTED]

Excuse me, fire and light is "restructuring" and not producing any new product.

3:58 PM

+1

And Mainstreet is open to mediation and is willing to pay for it

3:59 PM

Friday, April 12, 2019

+1

Missed my flight and rescheduled for next Friday so I'm in town. There was no one at the counter when I got there so I couldn't check my bag and then when I finally found someone they said it was too late to check it 🙄

8:13 AM

+1

Urgh.....so frustrating. they say sun tomorrow...if that helps.

10:18 AM

+1

is happy I'm not leaving yet so that's a win lol. I might show up to the league lunch and talk my way into a seat somewhere. Maybe.

10:27 AM

+1

Talked to and reiterated for some seats. says she has 2, possibly 4 tickets, and shes going to keep in touch with me on it.

1:00 PM

+1

No worries about me- you need the recognition:)

3:01 PM

+1

Just as long as they refer to me as Mayor Brett Wilson.

3:02 PM

+1



3:05 PM

Monday, April 15, 2019

+1

A person quoted in sundays paper said she told him he couldn't quote her but he did anyways lol.

4:57 PM

+1

Not surprised

6:26 PM

+1

I just talked to her myself and she described him as harassing her 🙄

6:28 PM



+1 [REDACTED]  
That is really too bad- it is such an emotional time we don't need additional stressors.

6:31 PM

+1 [REDACTED]  
Are you at the vigil?

6:33 PM

+1 [REDACTED]  
No. I was going to go but [REDACTED] said he wasn't going and I don't really feel welcome since she hasn't responded to me. Are you there?

6:34 PM

+1 [REDACTED]  
I am-  
She just arrived. Crowd still under 100

6:38 PM

+1 [REDACTED]  
I'm at Humbreys and I can walk over if you think the mayor should be there.

6:39 PM

+1 [REDACTED]  
Nothing has really started yet.

6:43 PM

+1 [REDACTED]  
Ok. I'll sneak over

6:43 PM

+1 [REDACTED]  
Dang the statue is gone now so I can't use it as cover

6:43 PM

+1 [REDACTED]  
They are now setting up where the statue was

6:46 PM

Tuesday, April 16, 2019

+1 [REDACTED]  
Council schedules for the Budget study sessions is pretty slim....I think in part because both [REDACTED] and [REDACTED] have day jobs now.... [REDACTED] is going to redoodle for evenings of that same week. Let me know if you any concerns about that.

9:45 AM

+1 [REDACTED]  
Ok. Maybe I can change a day of availability, too. I said no to Monday because I didn't want to sacrifice our weekly meeting lol.

9:52 AM

+1

My new concern is the meetings are 33% shorter than originally scheduled. That's a lot of time to cut out. I do not want any sense of being rushed through these meetings. If all the council members can't make it during the week then so be it. They knew what their responsibilities were when they took their jobs.

3:04 PM

Thursday, April 18, 2019

+1

Three different people commented to me today about rumors they've heard re: city staff issues.

4:41 PM

+1

Do you think they were all related to leaving?

4:53 PM

+1

Have you met on yet?

4:53 PM

+1

They were all about . Yes. We nominated and was a surprise.

4:54 PM

+1

is

4:54 PM

+1

Yes- we can talk more about these concerns.

4:55 PM

+1

I can give you more details whenever you want. I know you're on top of it. One of the people was .

4:56 PM

+1

I'm guessing gets all his info from . No one else likes him lol

4:57 PM

+1

and were both at the Mainstreet lunch....

5:22 PM

+1

I saw at around 11:45 today when he asked me about it. I just know they are close enough friends that he house sits for her when she travels and shes commented to me about this issue in the past.

5:24 PM

+1

I also briefly talked to [REDACTED] and [REDACTED] and they were the other two who brought it up.

5:25 PM

+1

Their comments were general but [REDACTED] were pretty specific.

5:25 PM

+1

That would all fit.

5:26 PM

Monday, April 22, 2019

+1

Can we check in at 11? No problem if you're already scheduled something for that time.

8:15 AM

+1

Sure-  
Unless you want to enjoy your vacay:)

9:53 AM

+1

Thanks. I will keep it brief :)

9:55 AM

Friday, April 26, 2019

+1

On Monday morning the [REDACTED] usually comes up and chats with folks in the lobby until I come out at 9:30. You will most likely find him there :) have a good weekend. On the last flight to Nashville- I clearly don't have the right boots for this trip. 😊

1:30 PM

+1

Lol! Hope you have a great time.

1:42 PM

+1

Are you going with someone named [REDACTED]?

6:54 PM

+1

We are not....is she from [REDACTED] and turning 50....she can join us.

7:04 PM

+1

Hmm I dont know. She works with [REDACTED] at HSU and told her she was on the way to Nashville for a ladies weekend. Seemed like too much of a coincidence!

7:05 PM

+1 [REDACTED]

I will be on the look out

7:15 PM

Thursday, May 2, 2019

+1 [REDACTED]

No problem

11:38 AM

+1 [REDACTED]

[REDACTED] will not be attending planned parenthood dinner. Just me.

3:50 PM

Saturday, May 4, 2019

+1 [REDACTED]

[REDACTED] is asking why lots of the budget has strikethroughs.

3:42 PM

+1 [REDACTED]

Preliminary Budget Message  
May 13, 2019  
Page 4

**Transport Fund**  
The amount of revenue is due to one time revenue in from Proposition 13 funds and CalGSA funds to fund various operating costs and ADA capital improvement projects which were required in 2015/16.

**Stormwater Drainage Fund**  
These funds decreased slightly from the prior year due to the one time grant funding of various capital improvement projects.

**Central Garage Fund**  
In fiscal year 2018/19 the Central Garage Fund will be fully funded to cover all operating and replacement costs.

**Redevelopment Fund**  
The Successor Agency to the Arcata Community Development Agency receives funding in accordance with its approved Redevelopment Obligation Payment Schedules which are approved by the Successor Agency and Grants/Loan Board.

**SUMMARY OF APPROPRIATIONS**  
The proposed budget for the City of Arcata is \$34,031,302 for fiscal 2019/20. The following schedule compares the proposed budget for 2019/20 to the adopted budget for 2018/19.

2018-19 Budget Summary					
APPROPRIATIONS - Comparison to Prior Year Adopted Budget					
		2018/19	2019/20	Dollar	Percent
Position	Description	Budget	Budget	Change	Change
001	General	\$14,436,412	\$14,436,762	\$350	0.00%
200	Capital	\$4,072,212	\$4,072,212	\$0	0.00%
Various	Various	\$2,513,062	\$2,513,062	\$0	0.00%
Various	Other Special Revenue	\$2,496,418	\$2,496,418	\$0	0.00%
002	Water	\$2,225,000	\$2,225,000	\$0	0.00%
002	Wastewater	\$4,113,688	\$4,113,688	\$0	0.00%
003	Transit	\$1,128,428	\$1,128,428	\$0	0.00%
004	Public Works	\$2,129,000	\$2,129,000	\$0	0.00%
004	Stormwater Drainage	\$2,496,418	\$2,496,418	\$0	0.00%
010	Central Garage	\$2,496,418	\$2,496,418	\$0	0.00%
010	Redevelopment	\$2,496,418	\$2,496,418	\$0	0.00%
010-000	Redevelopment Agency	\$2,496,418	\$2,496,418	\$0	0.00%
		\$34,031,302	\$34,031,302	\$0	0.00%

Page 4

Packet 4

3:43 PM

+1 [REDACTED]

I talked with him...they are just areas that will be updates after the council discussion. Thanks

5:02 PM

+1 [REDACTED]

??

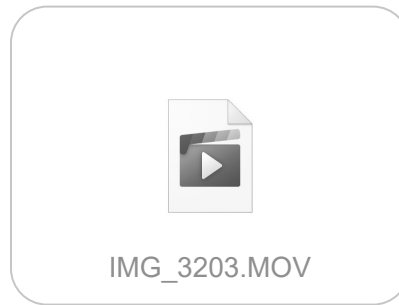
5:03 PM

+1 [REDACTED]

I will see you soon...

5:04 PM

+1 [REDACTED]



7:51 PM

Thursday, May 9, 2019

+1 [REDACTED]



11:07 AM

My [REDACTED] email account 😊

11:07 AM

+1 [REDACTED]

I think I have to say....challenge lost.....I can not compete - but I can be envious 😊

1:30 PM

+1 [REDACTED]

That lasted for about an hour and then I had 5 more emails lol. No one wins the email battle!

1:38 PM

+1 [REDACTED]

I have confirmed the lights are ordered. We expect them by June 20and till have them installed hopefully by the 30th of June.

4:13 PM

+1 [REDACTED]

Great! Thank you. Should I wait to get more info from [REDACTED] on project?

4:14 PM

+1 [REDACTED]  
Still checking schedules/ tomorrow at 10:30 or 1 seem to both work or next week? 4:29 PM

+1 [REDACTED]  
To meet with them? 4:31 PM

+1 [REDACTED]  
Yes- sorry - if either of those times work- just to get a better overview of what we are delivering for \$150,000. 5:01 PM

+1 [REDACTED]  
Yes they both work. Whatever's best for staff. Thank you! 5:02 PM

+1 [REDACTED]  
At 10:30 they have 30 minutes...at 1 they have an hour..... 5:02 PM

+1 [REDACTED]  
30 minutes has to be plenty of time I would think. 5:03 PM

+1 [REDACTED]  
Great - see you at 10:30. 5:03 PM

+1 [REDACTED]  
[REDACTED] 5:03 PM

Monday, May 13, 2019

+1 [REDACTED]  
We can put amcal on whatever next agenda you think makes sense/they are available. 12:55 PM

+1 [REDACTED]  
Sounds Good/ I should know more tomorrow. 1:01 PM

Wednesday, May 15, 2019

+1 [REDACTED]  
Times standard reporter just called me and wanted to talk about the budget priorities and challenges. I told her I would be happy to talk with her but you're the best person to talk to about it. 11:49 AM

+1 [REDACTED]  
Thanks for the heads up. 11:53 AM

+1 [REDACTED]  
I meant thanks 11:53 AM

+1

agrees to refunding the \$75K for lk wood/sunset study and he feels we should take it from reserves. That's what we'll pitch and see how and/or feel about it. Please let me know if you dont like that plan!

3:21 PM

Friday, May 17, 2019

+1

May we please talk about agenda for Thursday meeting?

12:54 PM

Wednesday, May 22, 2019

+1

will be at library at 12 for meet and greet

11:17 AM

+1

Thanks

11:49 AM

+1

I just saw an email that said it's for the "campus community". just told me shes tasked with making recommendations to his assistant on who he should meet with.

11:50 AM

+1

Sounds good- we can hold for now :)

11:51 AM

Sunday, May 26, 2019

[Number Unknown]

Just FYI- we had an interaction tonight that resulted in two male victims shot and a single male suspect on the run. One victim is in critical condition with a significant chance of not surviving and the other has at least one gun shot wound that is not life threatening. The investigation unit had been called in and the scene is barricaded off. It was on the corner of alliance and foster. I will update you as details become more clear. It does not appear to be random perhaps a drug deal that went wrong but it is way too early to tell. We have called in mutual aid from CHP and UPD to assist with the search. I will have an update in the morning.

10:48 PM

+1

I'm sorry to hear that. Thank you for the update.

10:50 PM

Monday, May 27, 2019

[Number Unknown]

We are crafting a press release update now but just wanted to let you know that the suspect is in custody. He is a juvenile and booked into juvenile hall.

4:07 PM

+1 [REDACTED]

Okay thank you. Glad hes been found.

4:07 PM

Tuesday, May 28, 2019

+1 [REDACTED]

Are we good for a 5:15 meeting?

12:58 PM

[Number Unknown]

Yes

1:02 PM

+1 [REDACTED]

Thank you

1:05 PM

Wednesday, May 29, 2019

+1 [REDACTED]

Are you available for a quick phone call sometime before tonight's meeting? I only need 3-5 minutes.

10:30 AM

[Number Unknown]

I am free now or before/after the meeting with [REDACTED]

10:38 AM

+1 [REDACTED]

Let me reboot my phone? Lol

10:40 AM

Thursday, May 30, 2019

+1 [REDACTED]

Can I call you back in a few?

3:38 PM

+1 [REDACTED]

In a RREDC meeting that's almost over

3:38 PM

[Number Unknown]

No problem....I kept calling because the phone didn't seem to connect....I was just returning your call.

3:39 PM

+1 [REDACTED]

I did answer the 2nd time but you couldn't hear me maybe

3:39 PM



+1

You mentioned [REDACTED] might be marking a lot of small diameter logs for the timber sale. Are those the redwood logs?

5:12 PM

[Number Unknown]

His concern is that the market bids will want to buy small redwood logs- (ie. mad river lumber fence boards). He marks a mix of sizes and is worried that we may not have good priced bids on the larger diameter logs.

5:26 PM

+1

Ok. I was wondering what diameters are being sold for \$8xx/tbf. Not a big deal. I'm just curious.

5:40 PM

[Number Unknown]

We opened Bids today but I didn't see the results. I'll pull them tomorrow and send them to you

5:45 PM

Thursday, June 6, 2019

+1

Lunch tomorrow 1pm with HSU president? Would be me, you,

2:47 PM

[Number Unknown]

Sounds good- just got a call for a cup of coffee with him....so 7am might also be an option :)

2:52 PM

+1

Haha ok.

2:53 PM

+1

Is it better for any reason if we meet with him separately? Would kind of be double the time with him. I dunno.

2:54 PM

[Number Unknown]

[REDACTED] would also like to invite her [REDACTED] - so I will confirm the 7am for me...you should feel free to join either. I will text you a location soon.

2:58 PM

+1

Ok sounds good. i will do lunch.

2:59 PM

Friday, June 7, 2019

+1 [REDACTED]

Lunch was good. I emphasized our desire to build a really strong relationship between the city and HSU. He liked that Wing builds rafts for navy seals and I told him he should request a tour. The only negative thing I said was [REDACTED] isn't good at marketing Haha. He asked for our opinion and I was just being honest.

3:01 PM

+1 [REDACTED]



3:04 PM

+1 [REDACTED]

And he said "students don't walk" when we briefly talked about the Village traffic concerns.

3:10 PM

[Number Unknown]

Lol- glad it was a good meeting. Our breakfast was good also....then he stayed at T's and met with a group of students. He is not completely wrong about the student not wanting to walk as much now.... [REDACTED] really thought we could eliminate 1 or 2 LKWood blvd bus stops to gain route time and add additional service farther out....but the study showed they were way too popular...you could probably walk as fast as waiting and riding. We had a great finance training today, staff gained a lot of new insight and depth of understanding. Have a great weekend.

5:48 PM

+1 [REDACTED]

Thanks. You too!

6:09 PM

Wednesday, June 12, 2019

+1 [REDACTED]

That was really helpful. Thanks again. Plaza looks nice today.

9:45 AM

+1 [REDACTED]

I just wanted to let you know I wont be able to make it to graduation tomorrow. I told [REDACTED].

5:13 PM

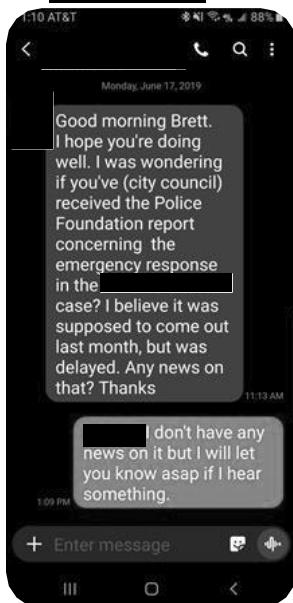
Monday, June 17, 2019

+1 [REDACTED]

FYI

1:10 PM

+1 [REDACTED]



1:10 PM

+1 [REDACTED]

[REDACTED] letter looks great. Thank you.

4:32 PM

+1 [REDACTED]

Does dinner on Sunday June 30th work for you and [REDACTED]?

6:26 PM

[Number Unknown]

Yes/ I meant to tell you that earlier today.

6:28 PM

[Number Unknown]

It sounds great :)

6:28 PM

+1 [REDACTED]

Great! [REDACTED] is out of town then so it will be me, [REDACTED], you, [REDACTED] and [REDACTED].

6:29 PM

Tuesday, June 18, 2019

+1 [REDACTED]

Sorry for string of emails last night. I'm really frustrated APA has wasted so much of our time and I read that email first. Are you or [REDACTED] gluten free or have any food allergies?

9:49 AM

+1 [REDACTED]  
Please disregard my emails about [REDACTED]. I may bring a letter of suggested alternative language tomorrow. Again, I apologize. Thank you. 3:18 PM

[Number Unknown]  
Also... [REDACTED] and I love gluten and have no allergies :) 4:17 PM

+1 [REDACTED]  
Thanks! 4:20 PM

Wednesday, June 19, 2019

+1 [REDACTED]  
Can we over appoint a committee? 4:23 PM

[Number Unknown]  
Not technically 4:31 PM

Thursday, June 20, 2019

+1 [REDACTED]  
Ahhhhh [REDACTED] just called me about the times standard article and he thinks we should ask for a correction. 9:11 AM

[Number Unknown]  
Looks like they have retracted and put up a different article. Urgh 10:22 AM

+1 [REDACTED]  
[REDACTED] is flying out of San Francisco 1230am July 1st and I was thinking that was 1230 "at night" but obviously it's in the morning so she cant do dinner on the 30th. I'm asking the hosts if we can do Saturday the 29th instead. Does that work for you? SORRY! 5:48 PM

[Number Unknown]  
Lol- Sat should work fine....unless it feels like a push for you two. 6:03 PM

+1 [REDACTED]  
Thanks! 6:18 PM

+1 [REDACTED]  
It is now Saturday 6pm the 29th. 7:06 PM

[Number Unknown]  
Perfect 🙌 7:09 PM

Tuesday, June 25, 2019

+1

SUPER random question: [REDACTED] brother is/ used to be a sheriff for the Orick area? [REDACTED] just told me that. I'm trying to check in on a friend who lives there because I havent heard from him a couple of weeks and I dont know where he lives.

2:37 PM

[Number Unknown]

[REDACTED] does work for the sheriff- but he is out of town until late next week. You could call in a welfare check and I think someone would go by. 445-7251 - I think is there non emergency (911) number

6:58 PM

+1

Thanks!

6:59 PM

Wednesday, June 26, 2019

+1

FYI [REDACTED] is asking owners about house by Tuttles.

1:53 PM

[Number Unknown]

Great-thanks

1:53 PM

Thursday, June 27, 2019

+1

[REDACTED] says she can arrange to show the [REDACTED] the house. She wants to know first whether or not it will be in his price range and what that range is.

10:07 AM

[Number Unknown]

He is in the \$550,000 range

10:55 AM

+1

I'm going to give him [REDACTED] number. She said it's in that range.

11:24 AM

[Number Unknown]

Perfect.

12:16 PM

[Number Unknown]

On [REDACTED] - [REDACTED] is back in the field with him now- there is work happening on the opposite side of the street from his house.'perhaps a truck was parked near his back gate but no work blocking his gate. The curb cut out he has asked for is in the plans. That's the short answer 😊

12:20 PM

+1 [REDACTED]  
Thanks! I was sure you 're on it but I hate not replying to people. 12:22 PM

+1 [REDACTED]  
And the sheriff's office was able to find my friend and hes okay.  
Thanks a lot for suggesting welfare check and giving me the number to call. 12:23 PM

+1 [REDACTED]  
[REDACTED] 8:46 PM

+1 [REDACTED]  
6pm 8:46 PM

Saturday, June 29, 2019

+1 [REDACTED]  
[REDACTED] is calling it a "house Bib/brass faucet" 12:45 PM

[Number Unknown]  
Got it :) 12:51 PM

+1 [REDACTED]  
Really appreciate it. Thank you. 1:05 PM

+1 [REDACTED]  
I just asked the hosts if we should bring anything e.g. wine and she said no, they have "everything". 4:27 PM

[Number Unknown]  
Great....urgh I just swallowed a bug....do you think I can still call my dinner vegan tonight ? 4:59 PM

+1 [REDACTED]  
Ha! Its vegan and vegetarian 4:59 PM

+1 [REDACTED]  
Hmmm I dont know where insects fall 5:00 PM

[Number Unknown]  
Did you say 6:00? 6:07 PM

+1 [REDACTED]  
Yes 6:07 PM

+1 [REDACTED]  
We are just hanging out drinking wine and eating appetizers. 6:08 PM

Monday, July 1, 2019

+1

I dont have anything to bug you with so we cancel for today unless you need me to come in for something.

9:20 AM

[Number Unknown]

I have nothing urgent. Still digesting that awesome dinner Saturday. Thanks!

9:35 AM

+1

Thanks for coming! I keep thinking about all the work they put into it. I'm going to try and get them a thank you card.

9:37 AM

Monday, July 8, 2019

+1

Sorry to bother you!! If I email you and [REDACTED] about APA, is it subject to a public records request?

8:04 PM

+1

Never mind I figured it out. Hope you and [REDACTED] have a fantastic trip!

8:22 PM

Wednesday, July 17, 2019

+1

I'm running late. Probably won't be there until 420 or 430

3:44 PM

+1

Thanks

3:50 PM

Thursday, July 18, 2019

+1

[REDACTED] says the [REDACTED] heard about the money we committed to Mainstreet and they are "offended" lol.

9:36 AM

+1

Does she Understand that 1) the plaza is the priority that the [REDACTED] Funded and that 2) we have the [REDACTED] extra money for visitarcata and it was too much work for them to manage. We are not funding Mainstreet staff only events and projects.

10:00 AM

+1

I'll talk to her about it. She texted me late last night. [REDACTED] did an article on [REDACTED] and mentioned the money so I'm guessing that's where it's coming from. Also, to be fair, the chamber didnt ask for more money and Mainstreet did.

10:22 AM

Friday, July 19, 2019

+1

I have an update for you whenever you have a minute

2:57 PM

Monday, July 22, 2019

+1

I want to follow up on the "divesting from fossil fuels" conversation. I forget where you and I left it. Should I ask about it, or...?

1:24 PM

+1

is back tomorrow-so I should have an update by Thursday. Thanks

8:17 PM

+1

Thank you. Just want to get it off my list. Forgot to tell you I have some contact info for . Will try to remember to talk to you about it on Monday.

8:49 PM

Wednesday, July 24, 2019

+1

Still available to talk?

1:41 PM

Thursday, July 25, 2019

+1

Do we have a female detective named ? Just curious. I thought we only had two and they were both men.

7:44 AM

+1

We do- we have Sergeant detective and two officer level detectives and . The Chief has been trying to build investigative capacity.

7:48 AM

+1

Cool. Hope you have a great day!

7:53 AM

+1

Thank you for replying to the sky dancer guy.

2:52 PM

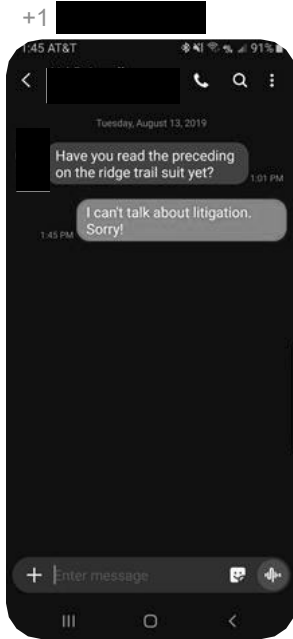
+1

We will see if it pushes at all.

3:03 PM



Tuesday, August 13, 2019



1:46 PM

FYI

1:46 PM

Wednesday, August 14, 2019

+1 [redacted]  
Interesting he would reach out. [redacted] will update you all on Wednesday but of course reach out to her ahead of time if you would like to read her's or their pleadings.

4:48 PM

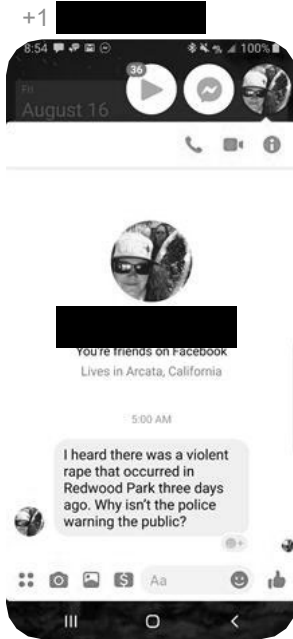
+1 [redacted]  
Also I have your code number- I will put it inside your mail box.

4:49 PM

+1 [redacted]  
Thanks!

4:50 PM

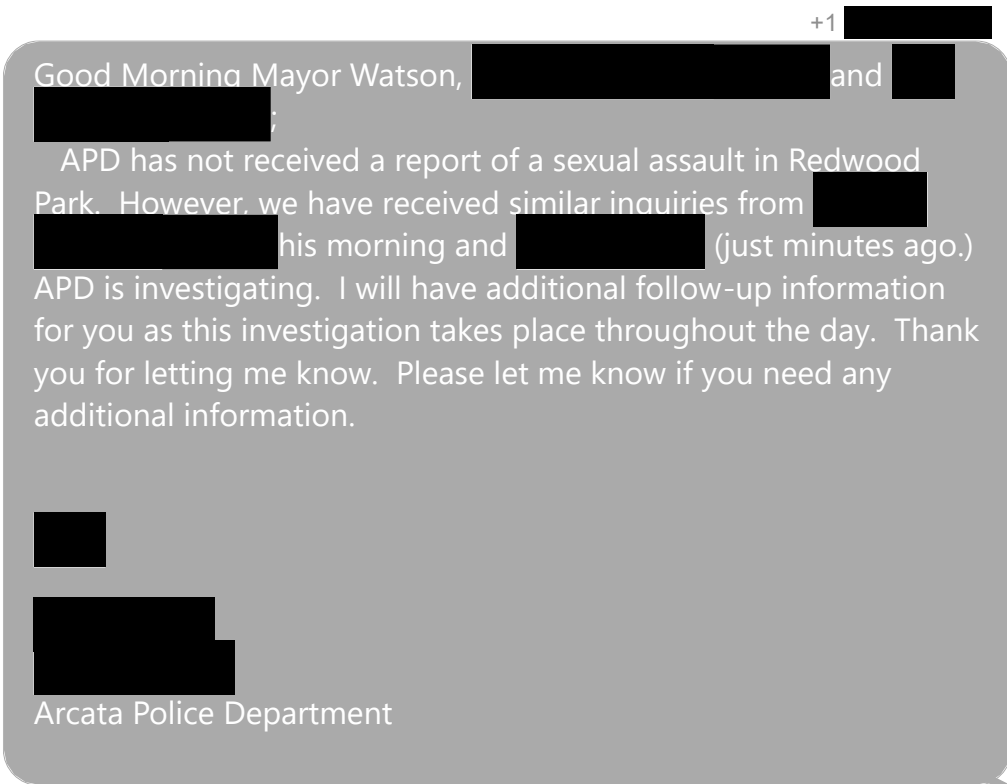
Friday, August 16, 2019



8:57 AM

I do not know who this is

8:57 AM



9:03 AM

Just in (via email) from [redacted]

9:03 AM

Thank you

9:05 AM

+1

Also, thanks for fixing the 8th and K street signs and a belated thank you for replacing the council office computers!

9:06 AM

+1

😊 Happy Friday!

9:39 AM

+1

Last night [REDACTED] and I went to the [REDACTED] vigil. About 40 people. [REDACTED] was there. All was good but [REDACTED] was there and decided to call me out pretty harshly...which was fine but then a woman who I didn't know came over with her phone right in my face saying this is streaming to [REDACTED] ...what do you have to say....I should have walked away- but made a feeble attempt at diplomacy...we will see where it ends up. I didn't say anything I haven't already said publicly. Oy-vay

9:43 AM

+1

That sucks! I'm sorry that happened to you. Thanks for going and representing us.

9:55 AM

Monday, August 19, 2019

+1

Is it okay if I don't go to HSU move in from 1-4? I had something come up and I need to work 😞

8:46 AM

+1

Of course- I will let them know.

10:06 AM

+1

Did you still want to talk? Just checking in.

3:39 PM

+1

Are you free?

5:17 PM

+1

Yes I am now. Whatever is convenient for you.

5:27 PM

Tuesday, August 20, 2019

+1

I have a question about the protocol manual at your convenience.

4:28 PM

+1

I am free

6:19 PM

Wednesday, August 21, 2019

+1 [REDACTED]

We have a sandwich for you

4:17 PM

Friday, August 23, 2019

+1 [REDACTED]

Times standard called me and asked about elevated crime levels in Arcata per Public safety task force packet. I told her to talk to you or the chief for best info.

1:43 PM

+1 [REDACTED]

What would you do if one of your employees failed to follow the rules like 5 times? [REDACTED] continuing to send out agenda items without approval by the [REDACTED]? Totally ruined my afternoon.

4:04 PM

+1 [REDACTED]

Brett- I am not sure what you are referring to, but it sounds like I should apologize. I am sorry to bum you out-

5:27 PM

+1 [REDACTED]

I forwarded you the email.

6:25 PM

Friday, August 30, 2019

+1 [REDACTED]

I dont have anything pressing I need to meet with you about on Monday so unless you have some things you want to talk about, we dont need to reschedule in light of the holiday.

3:01 PM

[Number Unknown]

Thanks Brett- I also have nothing pressing- but I am around so if things up let me know. If not- enjoy what should be a beautiful north coast weekend!

6:16 PM

+1 [REDACTED]

You as well!

6:19 PM

+1 [REDACTED]

City of Arcata table at Friday night market in Eureka

6:22 PM

+1 [REDACTED]



6:22 PM

[Number Unknown]

We are infiltrating the competition- lol

6:28 PM

+1 [REDACTED]

Get them while their weak with [REDACTED] leaving.

6:30 PM

[Number Unknown]

Lol- we can try :)

6:32 PM

Sunday, September 1, 2019

+1 [REDACTED]

Is fishing allowed on the bay side of the south I street parking lot by klopp lake?

1:42 PM

[Number Unknown]

Fishing in the bay is fine and the south side of Klopp Lake- I don't ever see people doing it so I don't what you would catch. I can ask around. Our muni code section:  
Fishing is prohibited in the Sanctuary with the exception of the south side of Klopp Lake and Humboldt Bay. Fishing is restricted to the use of artificial flies and lures in accordance with Article 7, Section 13.39 of the California Sport Fishing Regulations. A valid California Sport Fishing License is required in all areas.

1:47 PM

+1 [REDACTED]

Thanks! Theres a guy fishing by the dock. Yeah theres no way hes going to catch anything lol.

1:49 PM

[Number Unknown]

I'd rather see fishing than the picture I saw on Facebook last month of kids with a big bong at the end of the dock. LOL

1:55 PM

+1

I called APD on these troublemakers jk haha

1:59 PM

+1



2:00 PM

[Number Unknown]

I will never understand a cat on a leash :)

2:07 PM

+1

Looked like the belonged to a couple in an old subaru loaded down with stuff. I'm sure FOAM would love that photo.

2:20 PM

+1

I'm planning on missing the Wednesday council meeting. I can watch the presentations online. Let me know if you don't want me to do that.

2:24 PM

[Number Unknown]

Thanks for the heads up.  
I can let [redacted] know if you would like.

2:42 PM

+1

I will tell him. Thanks.

2:43 PM

Tuesday, September 3, 2019

+1 [REDACTED]

You might see [REDACTED] before I talk to him. please let him know I wont be there tomorrow if you get a chance. I'll also try to call him again this afternoon. Thank you!

11:35 AM

[Number Unknown]

I should see him in just a minute- will let him know. Thanks.

12:29 PM

Wednesday, September 4, 2019

+1 [REDACTED]

Can you talk for a minute? No problem if you need the time to prep for tonight.

4:01 PM

Tuesday, September 10, 2019

+1 [REDACTED]

I had a long "meeting" with [REDACTED] where we largely talked about how awesome you are. Hope you have a really nice evening.

8:34 PM

+1 [REDACTED]

Thanks- that is very sweet for you to take the time to share :)

8:52 PM

Wednesday, September 11, 2019

+1 [REDACTED]

Are you ok with adding the Mobil home zoning overlay consideration to the Agenda- I understand that [REDACTED] updated you this morning? Thanks

3:55 PM

+1 [REDACTED]

Yes. It was my idea to add it and I told [REDACTED] only if you are okay with it.

3:56 PM

+1 [REDACTED]

Perfect- that is also how he reported it :)

3:57 PM

+1 [REDACTED]

His idea originally but mine to do it to this upcoming agenda to try and help move it along asap. Haha good.

3:58 PM

Thursday, September 12, 2019

+1 [REDACTED]

We added a staff report to further discuss an appointment to the homelessness services working group. Since [REDACTED] agreed to only be an alternate for [REDACTED] - I do not see that his status has to change. But I do think one of us should connect with him before Friday's release of the agenda. I am happy to connect with him but wanted to check with you first. Thanks :)

11:33 AM

+1 [REDACTED]

Perfect. Thank you. Dang I just got off the phone with [REDACTED] to talk about the un declaration. I will call him back now.

11:35 AM

+1 [REDACTED]

[REDACTED] is good with it.

11:36 AM

+1 [REDACTED]

Perfect- thanks

11:41 AM

+1 [REDACTED]

I wont remember this later so... HSU is -\$5million from enrollment being down. They had \$19million stashed in an account for new housing but took out \$2million to give \$1k scholarships to students to stay in the dorms. The MBA coordinator used to be the finance director for the city of Bellingham Washington. He might be useful to chat with and he wants to maybe volunteer on the EDC.

6:18 PM

+1 [REDACTED]

Good intel.

6:38 PM

Friday, September 13, 2019

+1 [REDACTED]

I feel like we have a lot to talk about Monday. Could we please extend our time to 1230 if you're able to? [REDACTED] could come by at 12:15 to brief us on her observations of house with no garbage service

3:47 PM

+1 [REDACTED]

Sounds good. Hope the game launch went well. And you get some sleep tonight :)

4:00 PM



+1

Haha thanks. I went to sleep at 5am and got up at 10am. Now I'm trying in vain to catch up with my endless list of things to do. Thank you and I hope you have a really nice weekend.

4:02 PM

+1

The temperance ftn plaque doesnt seem to be on the HLC agenda 🙄 is there any way to modify the agenda since the meeting isnt til thursday? It's okay if you cant.

4:52 PM

+1

I'm realizing [REDACTED] wont be here next week anyways. I guess I'm just anxious to keep it moving forward. Its probably fine to shoot for October.

4:53 PM

+1

Yes- we caught that also- it is being amended. There will still be work to do when [REDACTED] returns :)

4:57 PM

+1

Thank you very much.

4:57 PM

Monday, September 16, 2019

+1

Did you here the [REDACTED] interview on The Daily podcast? Maybe that's what you were referring too. Right now my preferred ticket is [REDACTED] for pres with [REDACTED] for VP.

3:58 PM

+1

- yes- I did hear that pod cast and he talked about it a bit in the last debate....interesting pairing- I wish that all except a couple would just come out with a full cabinet platform :)

4:07 PM

+1

FYI- [REDACTED] will be reaching out to [REDACTED] regarding his internships to understand what the payment arrangement and conditions are for the students in his MBA program. She is wondering if it falls in the work-study realm which we do have a process for.

4:23 PM

+1

Great. I dont know if I mentioned it to you but [REDACTED] said he used to be the [REDACTED] for [REDACTED]. Hes a really nice guy.

4:24 PM

+1

Yeah- I will have to find a way to connect with him.

4:25 PM

+1

might be at the forestry thing thursday. I havent had time to dig into each candidate yet so my judgements are superficial at this point. I like because shes like a really smart hard working mom and I like because hes been talking about the public wage concept and Elon Musk endorsed him.

4:28 PM

Tuesday, September 17, 2019

+1

Will we let use D street for free to hold a round table on fisheries? As I type this I'm thinking "why doesnt he use hsu?"

4:29 PM

+1

I don't see why not- as long as it is in no way a campaign event- we wold allow the feds to use the facility.

4:57 PM

+1

Ok. I told her to email you for next steps. Thank you.

5:08 PM

Thursday, September 19, 2019

+1

says no he is not taking over or connected with KHSU. He is working with some former KHSU people on a new online radio station/podcast called Humboldt Hot Air. He said hes involved with that through the chamber.

3:21 PM

+1

And he wants to start a pedicab business to take people from valley west to other parts of town.

3:21 PM

+1

Interesting. I like pedicabs :)

3:30 PM

+1

Me too. The EDC looked into it 3 years ago and there are some challenges dealing with the state transportation dept. Or something but we can look at it again. Hes going to setup a meeting.

3:31 PM

Monday, September 23, 2019

+1

Did we ask an member to leave the committee?

2:26 PM

+1

was going to talk with her. It is - she was appointed 5 meetings ago. She has missed 2 meetings and left early for 2 other meeting. Last month when she left early they lost their quorum which was frustrating for other members. It came up with the council when we were interviewing members during the sept 4th meeting.

3:27 PM

+1

If she doesn't vacate and misses one more meeting or leaves early again we will bring it to the Council.

3:49 PM

+1

According to her, called her and said "the council" wants her to quit. Moving forward, 1. we need to clarify what an absence is, 2. Stick to existing procedures or change them to suit current views by the council.

3:58 PM

+1

The council should have removed her if they wanted her gone or we should have just waited to see if showed up to the next meeting. I dont get the phone call. If a majority of council members directed staff to do that, seems like it should have been agendized.

3:59 PM

+1

Oh, and the mayor should have been informed 🙄 😊

4:00 PM

+1

On the TSC issue, we need to determine if it's a personnel issue since the complaint is coming from staff and we should consider the staff member may have a personal issue with the committee member. If it's a personnel issue, my understanding is that would require a formal investigation.

4:02 PM

+1

says yes and thanks for meeting tomorrow at 5:15 for agenda setting.

7:17 PM

+1

hope you have a nice evening.

7:18 PM

+1

Just leaving the housing meeting- seems to be going well.

7:19 PM

+1

Good. Thanks for attending. Both [REDACTED] and [REDACTED] say they're going to take a renewed interest in working on homelessness issues and finding funding.

7:20 PM

Tuesday, September 24, 2019

+1

It's funny [REDACTED] heard about the mediation meeting from a growers association board member and not his own board!

6:10 PM

+1

I just spoke with [REDACTED]. It's [REDACTED] and [REDACTED] from the [REDACTED]. I am really there as an observer and to understand the context with which the decisions arrive to in mediation came about so that I can best explain them to the council. He would prefer to not have anybody else included at this point as he won't have time to vet it with all the participants And it sounds like he has worked extensively with each individual I had of time to prepare for tomorrow.

6:57 PM

+1

Sounds good to me. Thanks, [REDACTED]!

7:02 PM

Thursday, September 26, 2019

+1

Will you please call me at your convenience? I have some new thoughts. Thank you!

2:43 PM

+1

Actually I need to head that way anyways. May I please come in and meet in person at your convenience to discuss the final agenda?

3:05 PM

+1

I am good until 4

3:15 PM

+1

Okay I will be there in 10-15min

3:16 PM

Sunday, September 29, 2019

+1 [REDACTED]

Sorry to bother you on a Sunday!!! Should I not plan on meeting with [REDACTED] tomorrow? Totally fine either way.

5:51 PM

+1 [REDACTED]

I have not heard back- I will check back with him in the morning.

6:16 PM

+1 [REDACTED]

Thank you.

6:18 PM

Monday, September 30, 2019

+1 [REDACTED]

[REDACTED] will meet you at the pump station at 11.

7:48 AM

+1 [REDACTED]

Thank you. Hope you have a good day.

8:28 AM

+1 [REDACTED]

Thanks- when I get back I will schedule a site visit for you, [REDACTED] and [REDACTED] to walk the site and talk design, parking etc....

8:31 AM

+1 [REDACTED]

Sounds good. Thanks again

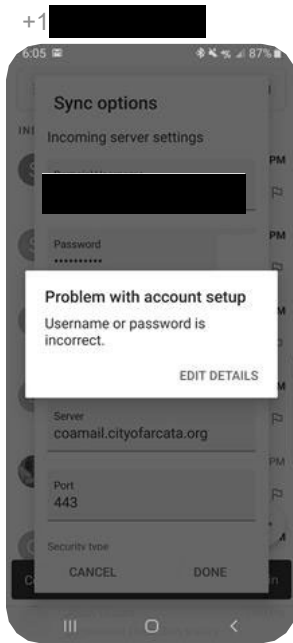
8:52 AM

Friday, October 4, 2019

+1 [REDACTED]

Did something change with the city email settings? I cant login to my email. It was working until about 4pm.

6:06 PM



+1 [REDACTED]  
6:06 PM

+1 [REDACTED]  
Not that I have heard....I will check

6:14 PM

+1 [REDACTED]  
Sorry to bother you on friday evening. I guess it can wait til Monday.

6:16 PM

+1 [REDACTED]  
I just forwarded an email from [REDACTED]. I texted him the screen shot and asked for direction on how to navigate for you. Mine is still working fine.

6:22 PM

Monday, October 7, 2019

+1 [REDACTED]  
I really appreciate your time this morning. It's VERY helpful for me to get all of those things off of my mind. Thank you very much.

1:23 PM

+1 [REDACTED]  
<https://www.courthousenews.com/judge-advances-moms-suit-over-unsolved-murder-of-son/>

4:29 PM

+1 [REDACTED]  
Came in on my google alert for Arcata

4:34 PM

+1 [REDACTED]  
Yes- he called while we were meeting. [REDACTED] should have sent an email this afternoon. If she hasn't I will check in with her shortly.

5:14 PM

+1 [REDACTED]

Just got her email. Thansk5

5:14 PM

Tuesday, October 8, 2019

+1 [REDACTED]

Are these supposed to get returned to a special bike rack?

11:22 AM

+1 [REDACTED]



11:22 AM

+1 [REDACTED]

Revolution bikes is hired by Zagster to collect and return them- I will let them know- although they should be able to see that from the chip tracking devices... thanks

11:36 AM

+1 [REDACTED]

Ok thanks

11:38 AM

+1 [REDACTED]

Will probably miss dog park meeting

3:39 PM

+1 [REDACTED]

Good choice

3:42 PM

+1 [REDACTED]

Lol

3:44 PM

+1 [REDACTED]

I got peanut butter and wine so I should be good for 5 days. Think about how great this rush on food and gas is for our retail sales tax!

5:20 PM

+1 [REDACTED]  
 I know -  
 Great economic bump 5:22 PM

+1 [REDACTED]  
 Power is scheduled to go off at midnight. It could be 2-3 days but hopefully closer to 1 or 2.  
 Humboldt Bay power plant will try to back feed but no guarantee 7:14 PM

+1 [REDACTED]  
 I can only imagine how much you have to deal with right now and I want to reiterate how much I appreciate you. I REALLY APPRECIATE YOU! Please don't hesitate to let me know if you need me for anything at all. Thank you and I hope you and [REDACTED] have a good evening. 7:54 PM

Wednesday, October 9, 2019

+1 [REDACTED]  
 Just talked to reporter from the wallstreet journal. He wanted to know how things were going with the power outage. I told him what I knew, gave him your email, and I told him I will talk to him later this evening after I meet with you at 3. 12:56 PM

+1 [REDACTED]  
 He said he might fly up here and I said we would love to have him. 12:56 PM

+1 [REDACTED]  
 You just can't make this stuff up. 1:03 PM

Friday, October 11, 2019

+1 [REDACTED]  
 Are residents allowed to park in their front yard? A local property manager is asking me. 7:51 AM

Sunday, October 13, 2019

+1 [REDACTED]  
 Hope I did okay. Thanks for coming, sorry I was late, and hope you have a great evening with family! 5:53 PM

+1 [REDACTED]  
 Thanks/ it was a full and wonderful Weekend! You did great tonight/ thanks for coming. 8:01 PM



Monday, October 14, 2019

+1 [REDACTED]

Brett- we are on for the Wiyot Tribal Council Agenda today at 4:00. [REDACTED] says we are in early so we should be there by 4. Shall we meet here at 3ish? Shall we invite anyone else?

9:04 AM

+1 [REDACTED]

3pm at city hall sounds good. Let's just email the council and say [REDACTED] are going, it should be a quick trip and they are welcome to join us? Whatever you think is best is fine with me.

9:49 AM

+1 [REDACTED]

Sounds Good.

9:58 AM

+1 [REDACTED]

I just emailed you some additions/changes I made.

1:12 PM

+1 [REDACTED]

Gonna be 5-10 late

2:56 PM

+1 [REDACTED]

Actually I should be there in 3

3:00 PM

Tuesday, October 15, 2019

+1 [REDACTED]

I caught a glimpse of your new wheels today when I was scooting by and shes gorgeous! Dont forget to name her 😊

4:22 PM

+1 [REDACTED]

Lol- maybe I will call her comfy :)

5:02 PM

Wednesday, October 16, 2019

+1 [REDACTED]

Is it too much ask to get a new copy of the agenda and also just the new and old business printed out? Pleeeeease

4:54 PM

+1 [REDACTED]

No problem

4:55 PM

+1 [REDACTED]

Thank you so much. Actually I just want the mobile home stuff, revenue stuff and Airbnb stuff. Maybe that's all that's on there anyways . I forget.

4:56 PM

Friday, October 18, 2019

+1 [REDACTED]



7:59 AM

Good rotary turn out

7:59 AM

+1 [REDACTED]

It was! They posted your photo on Facebook and I gave you credit for taking it. Thanks! They really need to make you an honorary member with fee dues and zero obligations. If they were smart, anyways.

8:23 AM

+1 [REDACTED]

Free dues

8:23 AM

Saturday, October 19, 2019

+1 [REDACTED]

Happy Saturday. [REDACTED] and I are getting away to the [REDACTED] tonight. [REDACTED] will be in town as [REDACTED]. We will be back tomorrow afternoon. Hope you are having fun.

10:04 AM

+1 [REDACTED]

Hope you have a great time! My grandma is having her 90th birthday party today. Weather is great. Everything is going well.

10:06 AM

+1 [REDACTED]

That is awesome! Enjoy the party

10:15 AM

Sunday, October 20, 2019

+1 [REDACTED]

Just fyi- we are back in town.

1:57 PM

+1 [REDACTED]

Hope you had a great time!

1:58 PM

Monday, October 21, 2019

+1

The last couple of months I've found the staff to be incredibly responsive to my questions and requests. I'm very grateful! So you know, I talked to [REDACTED] today to share with him my idea of making the exemption criteria for vacation rentals explicit and I talked to [REDACTED] about the "it's not a roundabout" traffic calming feature I've received some complaints about.

3:04 PM

+1

[REDACTED] 5

The one in front of Ace and T's.

3:04 PM

+1

Glad to hear it. I hope your bday party /reunion was fun. First time seeing [REDACTED] :) safe travels today. The Tuluwat Island dedication was very well done. [REDACTED] and I were there.

3:22 PM

+1

[REDACTED]

Yay! Thanks so much for going.

3:28 PM

+1

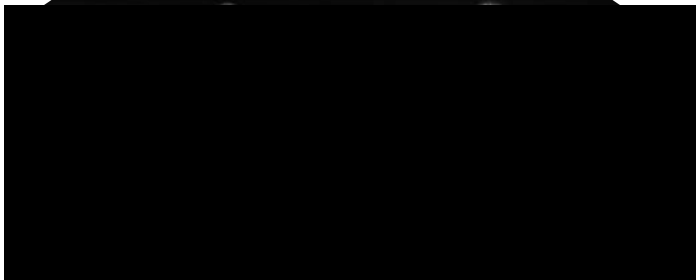
[REDACTED]

This is me with [REDACTED] and her family.

3:52 PM

+1

[REDACTED]



3:52 PM

+1

[REDACTED]

Just got back in town. Hope you have a nice evening.

5:22 PM

+1

So fun. Thanks for sharing. Glad you all had sometime together.

5:26 PM

Tuesday, October 22, 2019

+1

[REDACTED]

Looks like the liquor licenses were revoked.

4:34 PM

+1 [REDACTED]  
We have a call in...t [REDACTED] did uphold his decision. Great! But I want to make sure the only next step is court, and I want to understand if they can close them now. Hopefully [REDACTED] will stop at this point but alcohol sales do make a lot of money.

4:45 PM

+1 [REDACTED]  
"Both bars are owned by [REDACTED] Inc., whose principal officer is [REDACTED]. (The name is a reference to The Godfather, wherein a company of the same name served as a front for the Corleone family's illegal activities.)" Ha! I never made that connection.

6:37 PM

+1 [REDACTED]  
Lol- yes....but similar to the mob....he claims his innocence:)

10:11 PM

Thursday, October 24, 2019

+1 [REDACTED]  
Will you please give me a call when its convenient for you?

1:40 PM

+1 [REDACTED]  
Yes-  
I am on a [REDACTED] call right now and then will call you when I hit the road. 30 minutes or so

1:42 PM

+1 [REDACTED]  
Sounds good. No rush. Thank you.

1:43 PM

+1 [REDACTED]  
Cow is back in pasture :)

2:51 PM

+1 [REDACTED]  
I am free to talk

3:22 PM

+1 [REDACTED]  
I hope you're able to have a nice dinner and get a good night's sleep!!

5:13 PM

Saturday, October 26, 2019

+1 [REDACTED]  
[REDACTED] did an outstanding job answering my questions and keeping me informed while you were away. [REDACTED] did a good job representing the city yesterday at the RREDC housing luncheon. Thanks for keeping us all up to date.

9:46 AM

[Number Unknown]

Glad to be back. We should be in solid shape if the storm progresses as expected today.

9:48 AM

+1

No storm is a match for you and our staff!

9:50 AM

[Number Unknown]

Lol.

9:53 AM

+1

If someone has the community center reserved for an event and then we have a power outage and we need the space for a resource center, what happens? We tell people they need to move or cancel their event? I'm wondering because for example Rotary is doing the Taste of the Holidays there on 11/21 and spend a lot of time and money preparing for it and they sell a lot of tickets for it. Maybe they should have a backup plan.

3:53 PM

[Number Unknown]

We can also have a CRC somewhere else. Every situation will be different. I don't see this as an emergency so I think we would honor the event. If we really had an emergency then all bets are off. PGE will be setting up a CRC tent (or so I think as of this hour) so normal operations will be able to operate at the community center if for some reason this event goes into the week.

4:00 PM

+1

Thanks!

4:46 PM

Sunday, October 27, 2019

+1

[Redacted] said her and her staff are available tomorrow if the city needs any more volunteers. Hope you're having a nice day!

1:44 PM

[Number Unknown]

Things seems smooth so far. I understand you were there earlier. Hot burritos just out of the oven :) I suspect we will get power by morning- although that is just a guess. I have a 2:00 update call with the county and will send out something after that. Hope you are enjoying what feels like truly fall here in Arcata.

1:55 PM

+1 [REDACTED]

I just wanted to checkout how we are setup at the community center. Everything seemed great. There were only about 12 people there when I was there but I noticed more people coming in when I left. I think having the space accessible to people brings them a lot of comfort. I'm glad we're able to do it!

1:59 PM

+1 [REDACTED]

Just curious, are we providing the in internet there while it's a resource center or is someone else?

1:59 PM

[Number Unknown]

Any internet it is our connection through Suddenlink.

2:09 PM

+1 [REDACTED]

Cool

2:09 PM

[Number Unknown]

I just got word that here is a fire on the plaza- Big Blue or near by- will have more details shortly

4:48 PM

+1 [REDACTED]

Ok thanks for the update

4:54 PM

[Number Unknown]

Appears to be Big Blue - maybe a generator in the back. No injuries reported so far.

5:00 PM

+1 [REDACTED]

What a bummer! Thank you for letting me know.

5:01 PM

[Number Unknown]



5:14 PM

All contained.

5:14 PM

+1

I counted 7 fire trucks between the front and back of building.  
They weren't messing around!

6:17 PM

[Number Unknown]

It is contained but they will be on site for a while  
To make sure nothing roamed into the floor or walls.

6:18 PM

+1

Thanks again for keeping me so informed!

6:20 PM

Monday, October 28, 2019

+1

Everything seems good at the crc. Two things: There isnt enough  
internet connection capacity for everyone and two people asked  
me if we could get someone to visit to check blood pressure for  
people maybe periodically throughout the day.

12:41 PM

[Number Unknown]

I will put in a request for public health nurse

12:42 PM

+1

I bet the fire department may be willing to do some visits too.  
Thank you!!!

12:57 PM

[Number Unknown]

Thanks

12:58 PM

+1

Looked like eco groovy was open when I drove by.

1:55 PM

+1

My power in my shop just turned on

2:42 PM

[Number Unknown]

Yeah!!!! Roll that hemp ;)

2:44 PM

+1

Lol

2:55 PM

Tuesday, October 29, 2019

+1

I have a question for you when you have a minute

5:29 PM

Thursday, October 31, 2019

[Number Unknown]

Good morning. I understand that you have reached out to [REDACTED] to get an update on the WWTP and that he invited you to the weekly operational update meeting. I am happy to schedule time for you to talk with staff about the project and we also have an update scheduled for the next Council meeting but it would not be appropriate to attend these meetings. Sorry. [REDACTED]

8:15 AM

+1 [REDACTED]

You'll need to give me clarification on why it's not appropriate.

8:19 AM

+1 [REDACTED]

Telling me I cant attend a meeting on our \$70 million project doesn't strengthen my trust of the staff. I'm sure you can understand that.

8:23 AM

+1 [REDACTED]

Please explain to me why its not appropriate when you have a moment. Thanks.

8:34 AM

[Number Unknown]

Brett- I am happy to meet today. I can free up anytime except 1:30-3:00. I actually thought you would completely understand how important it is for individual Councilmembers to not get involved in operational level meetings. This is in no way intended to withhold project information from you or impact the trust you have in the work of City staff you but staff needs work time space to develop the plans that come before the Council. I have tried to be very responsive to arrange times for you to meet with staff and gain individual updates. It is truly best for the whole Council to receive the updates which is why we added the more regular staff report updates at the council meetings.

9:45 AM



+1

I just wanted to listen 😞 haha it's okay. I disagree but I don't want to argue with you about it. I feel like it's a greater benefit to the staff to have me there because then I can support staff and report I had a closer look and everything seemed fine, which is what I usually do isn't it? It's really important to me when I make statements to people like [redacted] and [redacted] like, "I completely trust [redacted] and staff..." that I have consistent and ongoing experience to back up what I'm saying. I'm okay with it for now and we can talk about it later. Thanks for the generous offer of making time for me when I know you're probably really busy today. I'll be in the council office around 2 to have an important meeting with [redacted] (she's going to help me put on my green Frankenstein makeup). If I don't see you before you leave, I'll miss having our Monday meeting but I hope you have a great trip and everything goes really well for you next week!

10:42 AM

[Number Unknown]

Thanks- things are set with the [redacted] for Monday - I look forward to seeing the costume :)

11:10 AM

Friday, November 1, 2019

+1

Did you say you were going to send out an email yesterday at 4:30? I don't believe I received anything. It's okay, I just wanted to make sure your email made it out if you intended to send one.

12:46 PM

[Number Unknown]

Thanks- yes did you not get my out of office email?

1:27 PM

[Number Unknown]

[redacted] announcement was in there

1:28 PM

+1

No I didn't get anything from you.

1:28 PM

[Number Unknown]

Thanks- checking now

1:32 PM

+1

Got it 😊

2:06 PM

[Number Unknown]

Thanks so much for letting me know. I had 2 in my outbox- 1 went out and that one didn't.....

3:25 PM

+1

Computers are dumb. Glad I could help!

5:32 PM

Monday, November 4, 2019

+1

You wanted this meeting recorded right? No one was recording so I asked staff to do it.

6:33 PM

[Number Unknown]

Thanks

6:44 PM

Sunday, November 10, 2019

[Number Unknown]

Happy Sunday. I know that we booked time to meet Tuesday- which is great. I will be in the office for a bit tomorrow if you want to meet at 11 just swing by. Thanks

10:30 AM

+1

Okay great. Whatever is BEST FOR YOU!

10:31 AM

[Number Unknown]

I will be in the office for both times...we can play it by ear...if you are bored tomorrow....or if you are being super productive ....Tuesday is fine :)

11:01 AM

+1

Okay sounds good. Thank you.

12:12 PM

Monday, November 11, 2019

+1

So sorry to bother you! I guess the Vets are waiting on the flag key from the city?

4:10 PM

[Number Unknown]

arrived

4:44 PM

+1

Thank you very much. I hope you have a really nice evening.

4:46 PM

[Number Unknown]

You also :)

5:02 PM

Tuesday, November 12, 2019

+1

I probably wont make the dog park meeting in time so please start without me. I will be there by 4, no problem.

3:37 PM

Thursday, November 21, 2019

+1 [REDACTED]

Did you tell [REDACTED] not to talk to me?

11:21 AM

[Number Unknown]

I did not. 😊

11:34 AM

+1 [REDACTED]

Lol I was going to respond with a frowny face if you said yes

11:35 AM

Friday, November 22, 2019

+1 [REDACTED]

I hope the tour goes well and I hope you have a really good day.

8:42 AM

[Number Unknown]

It is a beautiful day in Arcata! The group is small so I am hoping for casual :) thanks- I hope you also have a great day

8:55 AM

+1 [REDACTED]

Forgot to tell you last night [REDACTED] son who's name escapes me told me someone was going around his neighborhood handing out a flyer listing the [REDACTED] salary and making an argument that the position pays a lot of money and if the city can afford to pay that much for the [REDACTED] then the city didnt need to charge the fees associated with the short term vacation rental ordinance. Just FYI.

4:20 PM

[Number Unknown]

Such a weird connection. Thanks for the heads up. The day was smooth and casual...it was just a handful- there were maybe 4 actual advisor members and then their staff.... I hope you enjoy your weekend.

4:30 PM

+1 [REDACTED]

Thanks you too.

5:16 PM

Monday, November 25, 2019

+1 [REDACTED]

I think everything is good. Talk a little after 5? No problem if that's not convenient for you [REDACTED]

3:29 PM

Tuesday, November 26, 2019

[Number Unknown]

I hope you are staying warm and dry. Just FYI - the single use plastics and the Curtis heights abatement were both pushed to dec 18th to make sure they were in completely adoptable form. Also the pay updates item includes changes we will need to make in 2020 to accommodate how our pay dates every other Friday will result in issuing 27 paychecks instead of 26. We obviously didn't budget for a bonus paycheck....so we will be dividing the annual pay be 27 to spread it out. I will send an email to the Council tomorrow with a more complete explanation.

3:00 PM

+1 [REDACTED]

Ok thanks. Can we do the travel/training policy update on the 18th too?

3:06 PM

[Number Unknown]

Yes- thanks

3:13 PM

Wednesday, November 27, 2019

+1 [REDACTED]

Do we have a contact person at suddenlink? Was hoping to ask some questions about how the internet works or doesnt work sometimes when the power goes out.

11:28 AM

[Number Unknown]

My contact is gone...asking [REDACTED].

2:52 PM

[Number Unknown]

Do you have Suddenlink phone service?

2:55 PM

+1 [REDACTED]

No. [REDACTED] asked me about it this morning because his power is back on at his office but still no internet. My shop power and internet are fine on alliance. My apartment power went out last night and when I switched to my backup power source the internet still worked. This morning the internet at my apartment no longer works. Just curious how it all works since I'm not seeing or hearing about consistent internet service.

2:59 PM

+1 [REDACTED]

It can totally wait until next week too 😊

3:05 PM

Monday, December 2, 2019

+1 [REDACTED]

[REDACTED] really wants to show [REDACTED] the improvements he made to the spear property. Are you interested/ have time for that?

9:24 AM

[Number Unknown]

Doesn't he have people living there ?

9:31 AM

+1 [REDACTED]

Yes but hes still working on it I think and he has access and permission from the tenants.

9:32 AM

[Number Unknown]

Did he say when a good time Would be?

9:36 AM

+1 [REDACTED]

I told him between 10 and 12 on mondays would be most likely since that's when you're usually with the [REDACTED] He said he can be there today. Of course it can wait til next week too.

9:54 AM

[Number Unknown]

[REDACTED] drove by.....shall we try for next Monday?

10:01 AM

+1 [REDACTED]

Sounds good. Thanks

10:12 AM

+1 [REDACTED]

There in 3 min

11:01 AM

+1 [REDACTED]

Whatever you want to do re: the grant [REDACTED] emailed us about is fine with me if you want her to spend time on that project. I can sign a letter, we could co sign it, or you can just do it.

3:46 PM

[Number Unknown]

Sounds good-  
I will meet with her tomorrow

4:52 PM

Tuesday, December 3, 2019

[Number Unknown]

I have an update on the 27 pay periods when you have a few minutes to talk. Thanks

4:27 PM

Wednesday, December 4, 2019

+1

We are supposed to give you a letter from the mayor outlining the council evaluation of you within 14 days of the evaluation. [REDACTED] just sent the draft to me yesterday and it totally sucks e.g. she put stuff in it no one said, per her own notes. May I please have until next week to get you the letter?

8:48 AM

[Number Unknown]

That is interesting and no problem. Also- I just sent out letters to both [REDACTED] and [REDACTED] as they will need to reup next year. We don't auto renew PC members so you will have an opportunity to interview [REDACTED] if you want in March (If he wants to continue).

10:21 AM

+1

I may have over stated the suckyness of the letter lol but I still want to change it. Good to know about PC terms ending. Thank you. And thanks for taking the time to reply to my email. Really appreciate it.

10:37 AM

+1

I want to briefly chat with you about the visitarcata website whenever you have a minute. Im free except for 3-4pm but doesnt have to be today.

10:51 AM

[Number Unknown]

I am free- [REDACTED] come in at 5:30 but otherwise I am free today

2:30 PM

[Number Unknown]

Can I crash you party with [REDACTED] for a few minutes? Something just came up

8:18 PM

+1

Yes!!! At tomo

8:18 PM

+1

Back right corner

8:19 PM

[Number Unknown]

On my way!

8:20 PM

+1

You have to drink some tomadachi with us though lol

8:20 PM

[Number Unknown]  
Count me in :) 8:23 PM

Thursday, December 5, 2019

[Number Unknown]  
The other piece on bottles is coming shortly 10:27 AM

+1 [REDACTED]  
Okay thank you. I did find the informational pdf on bottled beverages. That should be good enough for now what I need it for. THANK YOU. 10:29 AM

+1 [REDACTED]  
Could make it so all the council members will get their signature on the single use+plastic bottle ordinance ? 12:39 PM

+1 [REDACTED]  
Thanks so much for getting me the bottle piece. 12:39 PM

[Number Unknown]  
Happy to discuss that Monday. All the council members are listed in the voting recap /clerks certificate of the ordinance. 1:30 PM

+1 [REDACTED]  
Thanks 2:16 PM

Friday, December 6, 2019

[Number Unknown]  
Statue???? 1:08 PM

+1 [REDACTED]  
Ahhhhh. Yeah I guess you're right. "Implemented the will of Arcata voters to relocate the statue from the center of the Plaza."? 1:38 PM

+1 [REDACTED]  
You know I dont think times standard readers are going to be pro removal lol. I'm going to leave that one out unless you want me to include it. 1:45 PM

+1 [REDACTED]  
Emailed her a preliminary list. She asked me an unrelated question off the record. She said she heard a rumor that [REDACTED] was blocking me from passing the single use ordinance? Wtf? Told her it wasnt true at all and it was up as soon as the 18th. Have you heard that rumor? 1:54 PM

Monday, December 9, 2019

[Number Unknown]

The [REDACTED] could meet you and [REDACTED] there at 11? Would that work?

7:15 AM

+1 [REDACTED]

I will check

7:16 AM

+1 [REDACTED]

That works thanks

7:26 AM

[Number Unknown]

Great- see you there

7:38 AM

[Number Unknown]

In route

11:01 AM

+1 [REDACTED]



11:02 AM

+1 [REDACTED]

Re: liaison agenda items, what about starting the conversation of how we would do welcome flagging etc. during preview and graduation next year and will pay for what and who will do which tasks to make set up and takedown?

2:14 PM

+1 [REDACTED]

I wasn't really truthful earlier. Of course I really want to be the mayor next year! I just finished warming up! Lol. [REDACTED] is for sure a yes, my GUESS is [REDACTED] is 95% a no. I dont think [REDACTED] would like it. [REDACTED] seems like the vote to flip but I dont think I can flip him. I havent had the conversation with him because Brown Act but it seems like hes too excited to do it. I could probably get [REDACTED] to bring it up but no idea where that would take the conversation.

3:03 PM

+1 [REDACTED]

Maybe my last text buried the first one. Thoughts on that agenda item?

6:11 PM

[Number Unknown]

Yes- love the agenda item. Want to talk through a concept with you tomorrow maybe right before or after agenda setting.

6:19 PM




+1 [REDACTED]  
Ok sounds good. Thanks 6:19 PM

Tuesday, December 10, 2019

+1 [REDACTED]  
Have time for me at 330? 1:31 PM

[Number Unknown]  
Yes 1:34 PM

+1 [REDACTED]  
Thank you 1:34 PM

[Number Unknown]  
 1:41 PM

Wednesday, December 11, 2019

+1 [REDACTED]  
Got a minute 😊 9:54 AM

+1 [REDACTED]  
I didnt see the liaison meeting agenda item I suggested on the agenda. 5:17 PM

+1 [REDACTED]  
Times standard article on 2019 accomplishments and 2020 challenges came out today. Seemed fine. Thanks for your help with it. 5:18 PM

[Number Unknown]  
Glad about the TS article-  
Will add the item at the beginning of the meeting tomorrow. 5:39 PM

Thursday, December 12, 2019

+1 [REDACTED]  
We dont want to make the ennex park ext. the dog park and free up little lakes for something else? I dont know the history. 1:49 PM

Friday, December 13, 2019

[Number Unknown]

Ennes park expansion area would make a fine dog park- the only drawback will be neighborhood compatibility - I suspect this will draw a lot of cars and the site could accommodated some parking but there will be a noticeable change in traffic down the fairly quiet neighborhood street. There will also be concerns from the ag perspective to limit development over ag soils (or paving/parking). It is close to 4 acres which is a plus.

10:35 AM

+1

Thank you

10:49 AM

Monday, December 16, 2019

+1

Looking forward to our meeting minus the part of [REDACTED] and terra gen 😊 hope your morning is going really well.

8:43 AM

[Number Unknown]

Thanks for  
Forwarding the statement .....

8:44 AM

Friday, December 20, 2019

+1

This is a painting [REDACTED] did based off of a photo from when [REDACTED] got married on Trinidad Head. [REDACTED] has it in her office. I hope you have a fantastic trip and a very Merry Christmas! Thank you so much for everything these last few weeks. I cant express how much I appreciate you 😊

5:27 PM

+1 [REDACTED]



5:27 PM

Saturday, December 21, 2019

+1 [REDACTED]

What a beautiful and tender moment. Finding life balance is at least 2 things.  
1- very important  
2- easier said than done  
I hope you enjoy Christmas and rest up to Make 2020 your best year yet. Thank you for all your support this past year- I really appreciate it.

1:53 PM

Monday, December 30, 2019

+1 [REDACTED]

Thanks for your last text. Was trying not to bother you on vacation so I didn't reply. Thanks for listening to all of my bullshit and trying to help me. I'm really grateful.

3:57 PM

Saturday, January 4, 2020

+1 [REDACTED]

I hope you feel better!!

9:50 AM

+1 [REDACTED]

Thanks - happy new year! This one really hit me- hoping I am a little better today :) hard to tell..... hope you are doing well and enjoyed ringing in the new year! Cheers to 2020

10:31 AM

+1 [REDACTED]

Ive been successful at keeping myself out of trouble so its a good year so far haha. Cheers!

10:32 AM

Monday, January 6, 2020

+1 [REDACTED]

Happy Monday- I am better and here at the office - but would suggest a phone meeting to keep you healthy. This was an awful bug.....- either way works :)

9:30 AM

+1 [REDACTED]

Happy Monday! Thanks for not wanting to get me sick haha. I'll roll the dice and come in.

9:49 AM

+1 [REDACTED]

We booked the new conference room in community development for your meeting tomorrow at 9:30. Just FYI.

2:30 PM

+1 [REDACTED]

Thank you!!!! I totally forgot. You're the best.

2:43 PM

Thursday, January 9, 2020

+1 [REDACTED]

Do you know anything about HLA and/or convention Bureau tax funds? Someone is asking me about it a rumor that 50% must be spent on cultural events or something

11:23 AM

+1 [REDACTED]

[REDACTED] is asking me

11:23 AM

+1 [REDACTED]

Hum....I have never heard of specific used- a portion is the tax generated in Arcata goes to the regional pot which is spent by the HLA board and a portion is kept for whatever the 3 Arcata mini-board members decide to spend it on. Let me see if I can find the most current language

11:35 AM

+1 [REDACTED]

Thanks!

11:35 AM

Wednesday, January 15, 2020

+1 [REDACTED]

I talked to [REDACTED] about [REDACTED] when you have a minute

10:05 AM

+1 [REDACTED]

[REDACTED] doesnt want to go tonight. Offered her ticket to [REDACTED] and [REDACTED] neither want to go. You okay with me offering the seat to [REDACTED]?

5:10 PM

+1 [REDACTED]  
[REDACTED] is also a no 5:20 PM

+1 [REDACTED]  
Hum.....too bad 5:38 PM

+1 [REDACTED]  
[REDACTED] wants to go 5:38 PM

+1 [REDACTED]  
Sounds good 5:38 PM

+1 [REDACTED]  
Sounds like hes going... 5:38 PM


Thursday, January 16, 2020

+1 [REDACTED]  
I'm now the chair of the air quality district and we're moving HSUs request for smoke monitors forward 😊 12:44 PM

+1 [REDACTED]  
Nice power move! 5:16 PM

Monday, January 20, 2020

+1 [REDACTED]  
I dont know how but I just woke up. I'll stop by at 10? Just want to go over plan for potential future disruptions. 9:06 AM

+1 [REDACTED]  
 10:24 AM

Thursday, January 23, 2020

+1 [REDACTED]  
Hope your trip goes well. 9:24 AM

+1 [REDACTED]  
Thanks- just loaded onto the second flight from Denver - no snow at all in Denver ...so weird. 9:26 AM

Monday, January 27, 2020

+1 [REDACTED]

[REDACTED] is meeting with [REDACTED] and [REDACTED] at 10:30. I will cut time short with [REDACTED] today to sit in until 11. Feel free to join us if you would like.

9:39 AM

+1 [REDACTED]

Ok thank you

9:49 AM

+1 [REDACTED]

Do you want me to go?

10:05 AM

+1 [REDACTED]

I think it would be good

10:20 AM

Tuesday, January 28, 2020

+1 [REDACTED]

Have a minute?

4:17 PM

Sunday, February 2, 2020

+1 [REDACTED]

Good morning. There was an early morning fire that engulfed at least 2 of the apartments at 115 Samoa ([REDACTED] large complex on Samoa). There was one injured (we believe injured himself escaping from the upstairs unit but that still needs confirmation) who was transported to the hospital. There appears to be one deceased victim of the fire from the lower unit. (I don't believe Fire has released any information on the deceased victim yet). APD has been on scene all morning and has called out our investigation unit. We do not know what caused the fire at this point but will be looking at all the potentials and since we can not rule out arson at this point it will be treated like a potential crime scene. I will have an update this afternoon. Please direct media inquiries to [REDACTED] and/or [REDACTED], and time call if you have questions. Thanks

9:44 AM

+1 [REDACTED]

Im sorry to hear that. Thank you very much for the update.

10:04 AM

Monday, February 3, 2020

+1 [REDACTED]

I am in the office but not fun to be around - lots of coughing...antibiotics are in the way. Would suggest a phone meeting :)

10:20 AM

+1 [REDACTED]  
Boooooooo 10:20 AM

+1 [REDACTED]  
Only if you dont want me to come in 10:21 AM

+1 [REDACTED]  
Your call :) 10:21 AM

+1 [REDACTED]  
Can I bring you some orange juice or anything? 10:22 AM

+1 [REDACTED]  
No thanks-  
All good - just can't shake it. 10:22 AM

Tuesday, February 4, 2020

+1 [REDACTED]  
Great job! [REDACTED] just called me to voice his opposition to removing flouride. 10:40 AM

+1 [REDACTED]  
I see we are meeting at 1:30- I actually have to be in eureka at 2-  
can we talk by phone? 11:51 AM

+1 [REDACTED]  
Yes. Thank you 11:52 AM

Monday, February 10, 2020

+1 [REDACTED]  
The website looks good. At least on my devices. [REDACTED] doesnt even own a computer! Lol 8:18 PM


Wednesday, February 12, 2020

+1 [REDACTED]  
Good morning 😊 do you have 30 min for me today? I'm "free" 1130 to 5. 9:15 AM

+1 [REDACTED]  
How about 1:30? 10:41 AM

+1 [REDACTED]  
Yes. Thank you. 11:49 AM

+1 [REDACTED]



5:24 PM

Outside my window right now :)

5:24 PM

+1 [REDACTED]

Niiiiice!

5:25 PM


Thursday, February 13, 2020

+1 [REDACTED]

Hope you have a great day!

9:17 AM

+1 [REDACTED]

You to 

9:59 AM

Friday, February 14, 2020

+1 [REDACTED]

Theres a skate park on the roof of the isacksons project?!

7:49 AM

+1 [REDACTED]

Not that I have seen....that sounds too cool....but I will check

7:57 AM

+1 [REDACTED]

[REDACTED] spoke at Rotary this morning and he said there was going to be a skate park on the roof.

8:48 AM

+1 [REDACTED]

Thank you!

1:01 PM

Saturday, February 15, 2020

+1 [REDACTED]

Hi [REDACTED]! A resident has a permit from the air district to burn a pile in her back yard in sunnybrae. She said a neighbor told her it was illegal to burn in city limits. Is that true?

1:15 PM

+1 [REDACTED]

That is true- the city does not allow burning in the city limits. I can see if there are any exceptions - none are coming to mind

1:30 PM



+1

What?! We need to change that! Sorry to bug you on the weekend.  
Thank you!

1:31 PM

+1

The air district shouldn't be giving people permits in the city then.

1:32 PM

+1

True-  
Or we should better coordinate public info

1:33 PM

Tuesday, February 18, 2020

+1

Did the report come in yet?

5:57 PM

Wednesday, February 19, 2020

+1

did a awful article on the plaza report saying is the  
executive director of the task force. Maybe I can get arrested and  
then I won't have to go to the meeting tonight.

8:36 AM

+1

I am baffled at his coverage- really struggles getting the  
facts straight - I will email to correct it anyway.

8:38 AM

+1

....and my vote is no arrests today :)

8:38 AM

+1

Lol. I'm dreading tonight. Maybe I can get to shut the  
meeting down.

8:41 AM

+1

Why dread tonight? The Plaza is an awesome place.

8:43 AM

+1

It is. I just dont want to sit through the CRTP public comment.

8:44 AM

+1

I only got 3 hours of sleep last night 😞 I have to work until at  
least 2:15 so I might miss the 1:30 homeless meeting.

8:48 AM

+1

Sounds good-  
Hang in there :)

8:53 AM

+1

Thanks! May I please have a printed copy of the task force report? Mostly so I can throw it at [REDACTED] from the dais but also to read.

1:08 PM

+1

Yes- I am printing parts of it for all of you and will have a full one for you.

1:23 PM

+1

Thanks!

1:38 PM

+1



7:16 PM

+1



10:00 PM

Friday, February 21, 2020

+1

Good morning! 🌞 Pothole on south G is fixed and resident is elated. Thank you! May we please check in by phone at 2 or 2:30, or whenever its convenient for you?

7:21 AM

+1

Yeah for filling potholes....not many February's where we can do that so quickly :) where is the rain. Can we touch base at 1:30?

7:39 AM

+1



130 is good. Thank you.

7:46 AM

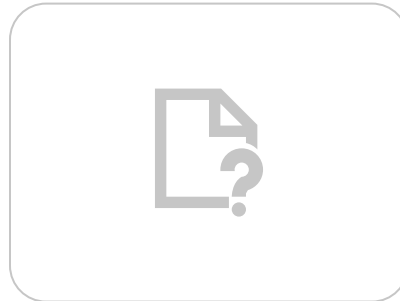
+1

I'm meeting [REDACTED] for coffee at 12 on Sunday and I learned shes marrying with [REDACTED] at 11am. Also, I saw [REDACTED] from FOAM this morning and he gave me a "why haven't you been at our meetings" vibe with his remarks. Did we ever tell them in they aren't cool enough for council to attend their meetings?

2:51 PM

Sunday, February 23, 2020

+1



10:52 AM

Hope you have a great Sunday !

10:52 AM

+1

Great picture! Thanks. You too!

11:10 AM

Monday, February 24, 2020

+1

Quick glance  
103: 18 year olds  
160: 19 year olds  
203: 20 year olds  
213: 21 year olds

3:10 PM

+1

Is that the HSU district?

3:11 PM

+1

No- of your whole list :)

3:34 PM

+1

Last question is who were the 1000+ voters who registered between the day I bought the list Oct. 9th and election day.

3:43 PM

+1

Even if all 1000 new voters voted yes, all 390 under votes voted and voted yes, and all of the 18-21 yr olds voted yes, it would have been tight but it still would have lost. So unless we're missing some information, my theory is wrong.

3:55 PM

+1

I guess we need to get a current list and compare ..... although the count is likely higher as we get to November.

also I think HSU demographic may be a little older..... but even adding 22-24 adds 1116 more.....

4:15 PM

+1

I wonder if they would give it to for free. Unrelated, Would also be interesting to see how many voters fell off the rolls since Nov 2018.

4:55 PM

+1

I am wondering the same-  
Will inquire a bit more tomorrow.

5:44 PM

+1

Cool. This is fun 😊

5:44 PM

+1

You're the best EVER. Hope you have a really nice evening.

6:49 PM

+1

Right back at you- enjoy

7:08 PM

+1

Food for thought: I wish you would be critical of me 😊 obviously I make mistakes, I make wrong assumptions on occasion, I just fuck shit up without fail. That's just my process of learning and getting better and improving anything in my life. If I had one request of you, if there was ever anything you ( you're already the only person I truly care about what you think regarding any issue, period) it would be to criticize me and give me your most critical and honest opinion of my actions and how I conduct myself.

7:57 PM

Tuesday, February 25, 2020

+1

I'm here if you have time

4:03 PM

Thursday, February 27, 2020

+1 [REDACTED]

Do you have time Tuesday afternoon to meet with me instead of Monday?

12:55 PM

+1 [REDACTED]

Does 1:30 or 2 work?

1:07 PM

+1 [REDACTED]

Yes. Whatever's best for you

1:08 PM

+1 [REDACTED]

1:09 PM

+1 [REDACTED]

Let's meet at 1:30- thanks

1:09 PM

+1 [REDACTED]

I got a blank text bubble from you- never seen that before and I can't seem to send one back- you are a tech wizard!

1:10 PM

+1 [REDACTED]

1:10 PM

+1 [REDACTED]

Lol- figured it out....not that serves any purpose whatsoever:)

1:10 PM

+1 [REDACTED]

That's weird! It shows one on my phone too

1:11 PM

+1 [REDACTED]

1:12 PM

+1 [REDACTED]

1:12 PM

+1 [REDACTED]

Ah I must have hit space bar then send PM accident

1:12 PM

+1 [REDACTED]

Yup

1:12 PM

+1 [REDACTED]

1:12 PM

+1

Lol thanks.

1:12 PM

Friday, February 28, 2020

+1

We have a closed session but meeting starts at 6? That's what web agenda packet link says.

12:08 PM

+1

We are unable to list 2 times on the web outline. If you open the agenda or the agenda packet you see the special meeting closed session that starts at 4:00.  
We tried a few things when we first went to minute traq. Like typing it in the title of the closed session items but it created more confusion.

12:42 PM

+1

Cool 😊

12:55 PM

Tuesday, March 3, 2020

+1

Will be just 1-2 min

1:29 PM

+1



1:30 PM

+1

should check out lostgolfballs.com. they have really good deals on balls that are lightly used e.g. they were used in tournaments for practice but are still in really good to mint condition. I just bought 100 balls for \$100 which is like 25% of what they would have cost new.

2:45 PM

+1

Wow! Good tip

2:48 PM

Wednesday, March 4, 2020

+1

I dont want to shave or show up at 4 🙄

10:34 AM

+1

We have a quorum - [REDACTED] will be here by phone. Shaving [REDACTED] is always optional. Do you want a sandwich- even if you arrive at 5.

12:03 PM

+1

Thanks 😊 I just need to handle my shit and do everything I should be doing. Yes to a sandwich, please. Same as last time. My goal is to be there no later than 430. Sending my plaza ranking now.

12:06 PM

+1

I'm super pleased with my tie knot! 🧐

4:24 PM

+1

🧐 perfection

4:43 PM

+1

did we redact information?

6:29 PM

Friday, March 6, 2020

+1



12:27 PM

When you go to lunch with [REDACTED].

12:27 PM

+1

Lol- classic!

6:33 PM

+1

The horns came - they will be fine over the hats as is. Ready to bowl wild tomorrow 🤖

6:33 PM

+1

Hahaha thank you so much for thinking about the best costumes.

7:21 PM

+1

I'm sorry I was a jerk wednesday night during the meeting. I always sincerely believe you're amazing and I'm eternally grateful for your tolerance of me. I'm looking forward to hanging out tomorrow night. Hope you and [REDACTED] have an outstanding evening and tomorrow.

7:49 PM

+1

Tomorrow will be fun- all good- has such a great day my whole week was washed with joy today!

8:42 PM

+1

That makes me so happy to hear 😊 I was just hanging out with a person I shouldnt have been hanging with because it made me super happy and sad at the same time. A story for another time. Made it home safe and I promise I wont get arrested between now and tomorrow night 🙏 I'm really grateful for your friendship. see you soon.

8:47 PM

Saturday, March 7, 2020

+1

I'm at the movies with my little brother and I should be done in time to get to the bowling ally by hopefully 5:30, just fyi.

3:10 PM

+1

Sounds good - we will organize ourselves if you are a little behind time :)

3:29 PM

Sunday, March 8, 2020

+1

I feel a lot better today. I'm attributing it to actually getting an entire 8 hours of pretty solid sleep. I think I'm just not sleeping enough. Anyways, for the millionth time I really appreciate your support and thanks so much for taking care of the costumes for last night. Hope you have a great afternoon.

12:44 PM



+1

Beach run 🏃 morning-

The day flies by with the time change:) glad you got some sleep-  
bowling was fun.

4:06 PM

+1

Glad you had fun bowling! I did a few chores then went golfing.  
Finishing dinner at [REDACTED] house. She said she might resign from  
council soon because of some cal pers issue. She seems pretty  
serious. If you didn't already know that then you didnt hear it from  
me 😊

7:30 PM

Tuesday, March 10, 2020

+1



Gonna be just a few min late

1:29 PM

+1

I'm really impressed with and grateful for the amount of thought  
you've put into preparing for the virus. Thank you! And thank you  
for always being so generous with your time. I really appreciate it.

3:12 PM

Thursday, March 12, 2020

+1

[REDACTED] told me they're probably going to cancel Godwit Days. Glad I  
just got my invoice to them paid!

2:44 PM

+1

An HSU African American male student was shot in the arm on  
Mack road tonight. His injuries are not life threatening and he has  
been transported to Mad River Hospital. Our detective unit was  
already on tonight for a different case so we have 3 investigators  
on scene now and the Chief on his way. Very little detail at this  
point.

I will update you more as information becomes available.

9:37 PM

+1

I'm so sorry to hear that. Thanks for the update.

9:38 PM

Friday, March 13, 2020

+1

I know you're my i [REDACTED] but just wanted to check in  
and make sure you're doing okay 😊 I'm sure with COVID and the  
student getting shot, you're dealing with a fair amount of stuff  
right now.

12:00 PM

+1

Thanks- doing well- always reminded of how strong our staff is when we need it!  
I just sent an update on the shooting- I suspect there will be a few more chapters to come on this. Hope you hit the links today before the rain comes :)

12:29 PM

+1

Haha I love the phrase "hitting the links" but no one gets it. Hopefully I'll play at 3 or 330. Glad to hear you're doing well. Please don't hesitate to let me know if there's anything I can do to help. Anytime, anyway.

12:42 PM

+1

I slept 7 to 8 hrs a night Sunday through Thursday but just 6 last night because Rotary this morning. I guess it should be obvious to me but I can't get over how much better I feel after all the sleep.

12:44 PM

+1

Lol- I thought I was so clever with my "hitting the links" phrase- not surprised you noticed :) sleep is a power cure! (So I am told- 😊)

12:54 PM

Saturday, March 14, 2020

+1

Ahhhhhhhhhhhhhhhhhh

2:55 PM

+1

I'm already drunk and making bad decisions. I'm sorry. I don't want to burden you with my bs. I'm super sad and super happy at the same time.

2:56 PM

+1

Who are you with? Try to live it up and then take an Uber home- promise?

3:33 PM

+1

Awe you're so awesome for asking me to promise 🙄 it makes me sad 🙄 I know I'm still gonna drive so I refuse to lie to you. I'm so sorry. I'm getting really sad just texting you this. I honestly don't know what's going to happen.

4:31 PM

+1

Who are you with?

4:44 PM

+1

I'm with Rotary people. The only thing I've never told you about is this other woman who I'm pretty sure you already know about so sorry I even texted you. I don't want this to be on your mind or part of the actually important decisions you have to make re: the city. I'm so sorry, [REDACTED]. I will promise you I'll stop drinking right now. I'm sorry. I love you so much and I'm so grateful to have you as someone I can confide in. I'm so sad. I wish I could figure out why. I'm dripping tears and as I text this I'm trying to hide from my friends sitting around me. Whatever. I feel so bad that I don't always 100% trust you. It makes me feel like a piece of shit. I hate my position in the hierarchy you and I are in. I would kill to be underneath you and help you get your objectives accomplished. That's really a huge goal of mine. I don't care what it is, if you're explicit with me about something you want, I'll use every resource and human I have relationships with to get you what you desire. I'm so grateful for you. I really don't mean that in an inappropriate way. I hope you understand that. I just genuinely have an enormous appreciation of you and my position as a council member fucking sucks and makes everything so hard for me. For the millionth time, I'm sorry! I don't want to cause you any problems e.g. me getting arrested. I'm gonna do my best.

5:18 PM

+1

I'm so sorry, [REDACTED]. Please forget about my bullshit. I shouldn't have bothered you over the weekend. I'm fine.

5:48 PM

+1

Just want to let you know I'm home safe. Again, I'm so sorry for even putting my bullshit problems on your radar. We will talk soon



6:56 PM

+1

Thanks for letting me know- yes- let's talk soon. Appreciate knowing that you are safe.

7:01 PM

Monday, March 16, 2020

+1

Prediction: Biden picks Oprah as his running mate.

1:20 PM

+1

from LoCo wants to talk to you and left you a message. I talked to her a little bit but told her you're the best person. She wants to ask about city preparations, impacts, how we will hold a meeting on wedn.

2:17 PM

+1

Thanks - will reach out

2:17 PM

+1

I remembered that key I found with "ACC" on it is for the chamber building. I almost did some work for them while they were closed but decided against it and forgot to return the key. Apparently they forgot too.

6:25 PM

+1

Good memory jog- careful they may still want you to do something with it for them :)

6:38 PM

Tuesday, March 17, 2020

+1

I just heard the health department is closing down restaurants and bars in old town

6:07 PM

+1

They have the authority :)

6:11 PM

+1

Im having a non alcoholic drink at the Griffin and I kind of feel drunk haha. Hope you're able to get some time to yourself this evening. Thanks again for everything.

6:25 PM

+1

Thanks for your help today - it will make tomorrow much more successful! Stay well and distant from those your with - lol

6:26 PM

+1



6:36 PM

+1

Hanging out with just and has everyone sitting 6 feet apart



6:36 PM

Wednesday, March 18, 2020

+1

Was I supposed to receive a text and robo call to test the emergency system?

2:02 PM

+1

Yes- we tested the city staff/council only Code Red group today.

2:09 PM

+1

Cool. The robotic voice makes it sound kind of spammy but it was from an 866 number which my brain felt was authentic enough to answer the phone. Just giving feedback. Not expecting you to do anything 😊

2:12 PM

+1

Do you still want me to say something about open door during their agenda item?

2:16 PM

+1

It is up to you- I just think this is a tremendous asset and gift to our community. they represent all that is good about Arcata. I am sure they are not perfect but I see no other health provider investing in this region like they are :) and to be on tonight in the midst of what they are managing today maybe says it all- totally committed! (But I don't really have an opinion- lol)

2:33 PM

+1



2:34 PM

+1

I'll probably use most of what you said in your text just now if that's okay.

2:35 PM

+1



2:36 PM

+1

Did you feel that ?

3:09 PM

+1

5.0 - Mother Nature has one crazy sense of humor!

3:14 PM

+1

I feel like a council member will bring up renter protection tonight.

3:20 PM

+1

Agreed

3:27 PM

+1

just walked up to the front door

5:12 PM

+1

This is going to be awesome

5:28 PM

+1

I'm super jealous of your flag in the background. You should put some mannequins in the council seats. Okay I'll be good now.

6:05 PM

+1

People are saying you said we are talking about rental relief tonight. Forwarded you email.

6:40 PM

+1

Winklers headset is badass. I bet he can hear a pin drop in the background.

7:03 PM

Thursday, March 19, 2020

+1

They're ordering golf courses to close?!!! I just got my new Ping G410! This will not stand. I already started lobbying the supes 😁

7:32 PM

+1

Lol- I don't read golf courses having to close in the county's....I guess you just play for free? we better over ride with a local declaration tomorrow - looks like you'll be playing baywood. Lol

7:35 PM

+1

Haha yes! The owner of beau pre is saying he has to close but the county staff is basically telling him with a wink and a nod hes prohibited from being open. I'll have to read over it again. Thanks for your support 😊

7:38 PM

Friday, March 20, 2020

+1

Is there a liaison meeting today?

9:03 AM

+1 [REDACTED]  
It is next Friday- doing was going to resend it via zoom. 9:03 AM

+1 [REDACTED]  
Thank you 9:03 AM

Thursday, March 26, 2020

+1 [REDACTED]  
If no one else is using it and if it's okay with you, I'm going to use the [REDACTED] for the meeting. No problem if you'd rather I didn't. 3:39 PM

+1 [REDACTED]  
Let's tell [REDACTED] we'll write him articles if he removes [REDACTED] from the Arcata beat 😊 4:25 PM

[Number Unknown]  
Brilliant 4:50 PM

Friday, March 27, 2020

+1 [REDACTED]  
Of course Newsom does a state wide eviction moratorium immediately after we do it. 1:08 PM

[Number Unknown]  
Aarrgh -  
Not sure where that leaves ours yet- will update soon. 1:09 PM

Monday, March 30, 2020

+1 [REDACTED]  
Good morning! I'll call you in 5 if that's okay? 10:57 AM

[Number Unknown]  
Perfect 11:00 AM

Tuesday, March 31, 2020

+1 [REDACTED]  
Hi! Do you have time to check in anytime after 230? 1:17 PM

[Number Unknown]  
3:00? 1:37 PM

+1 [REDACTED]  
Shoot O forgot I just had a dr's appt rescheduled for 3. Does 4 work? 1:38 PM

+1 [REDACTED]

I should be done by 330 or 345 if 4 is too late.

1:39 PM

[Number Unknown]

4 is fine :)

1:43 PM

+1 [REDACTED]

Thanks! Someone is asking me if we can turn the Plaza lights on at night. Are they normally on but we have them off right now ?

1:46 PM

[Number Unknown]

They should be on- I will check

1:49 PM

Wednesday, April 1, 2020

+1 [REDACTED]

Idea: I give you a phone with recordings on it of me saying:

"I dont have any comments at this time."

"Aye"

"Nay"

"Second"

7:37 PM

"I'd like to thank the staff for all of their thoughtfulness and hard work on this."

"I move to move forward with the staff recommendation".

Then you can call into the meetings with it and play whatever you want me to say and I dont have to go so it's like a total win-win! Probably my best idea, ever.

[Number Unknown]

Do I ever get veto power? Might have to use it for this idea - lol

7:52 PM

+1 [REDACTED]

Always! Haha. Thanks again for everything you're doing.

8:31 PM

Friday, April 3, 2020

[Number Unknown]

Public health negotiating on industrial electric?

1:44 PM



+1

First I've heard of it. I haven't been to a meeting in a while but I can ask the county homelessness committee chair if they're working on something with public health.

1:47 PM

+1

I'll ask my mole too

1:48 PM

[Number Unknown]

I got the impression that maybe there discussions were more long term public health office space or something- but I am just assuming from what we heard today. I will ask [redacted] also. Very interesting:) have a great weekend.

1:50 PM

+1

Maybe they're just making it sound like more than it is because people keep asking them to use the building. Mole doesn't know anything.

1:54 PM

[Number Unknown]

I think you are right

1:57 PM

+1

Talking to St Marys...

2:08 PM

+1

[redacted] told me he's going to talk to [redacted] today at 5 and will ask him. I tried to downplay what we needed and upplay what we can do e.g. policing, hand washing station, bathroom. He's going to call me back this evening and give me an update. Sorry I dropped the ball on calling him sooner.

2:11 PM

+1

He said [redacted] has to take it to a committee and ultimately is the person who decides.

2:11 PM

[Number Unknown]

Thanks- I think the finance committee has already considered it but always worth a second try :)

2:11 PM

+1

Yeah I thought their religion requires them to care about the homeless! We'll get something out of them 🙄

2:18 PM

+1 [REDACTED]

Anything else I said I was going to do and I didnt? Lol

2:18 PM

[Number Unknown]

Can't think of anything - although we both owe the times standard an article :)

2:19 PM

+1 [REDACTED]

Ok yeah. [REDACTED] asked me to record a 30 or 60 sec. PSA for the radio. She wants it to be upbeat and talk about anything we want the community to know. She also asked [REDACTED] to do one. Would you please help me write it? No rush.

2:20 PM

+1 [REDACTED]

The homeless committee knows nothing about it and neither does [REDACTED] from County planning dept., for whatever that's worth. Shes also on the committee.

2:29 PM

+1 [REDACTED]

Was just exchanging texts with [REDACTED] about how awesome you are. Thanks for everything and I hope you allow yourself to have an outstanding weekend.

5:29 PM

[Number Unknown]

Is the commercial about Covid 19 or just how awesome Arcata is?

6:38 PM

+1 [REDACTED]

I believe it's about covid19

6:38 PM

[Number Unknown]

Weekend should be great- hope I wake up early enough to hit the beach before the rain:)

6:38 PM

[Number Unknown]

10-4 in the commercial - will think about that - I like stay home stay safe .....maybe we could work around that .....let's ask [REDACTED] also....she might be more creative

6:39 PM

-  
Sorry to bother you on Saturday but I was just working with [REDACTED] at Arcata House Partnership and her stove went out today. They have repaired it many times and she thinks it may be beyond repair. Commercial stoves can run up to \$15,000. I heard several folks taking about sunrise joining some funds around food insecurity during this Covid period and I know this is an expensive one but anything you could do towards the replacement would be appreciated. She is feeding a lot of Arcata these days. During the last 3 day PSPS I think she served close to 3000 meals! I can get you in touch directly with the [REDACTED], [REDACTED], if you think the club could help. Thanks, [REDACTED]

3:00 PM

+1 [REDACTED]



3:01 PM

Just FYI- since it is your club- I wanted you to see the text I sent to [REDACTED] just now.

3:01 PM

+1 [REDACTED]

Thank you 😊

3:01 PM

+1 [REDACTED]

Theres a board meeting on Monday to discuss impacts of covid on the club budget so the timing is good.

3:04 PM

Thanks - [REDACTED]

3:05 PM

+1 [REDACTED]

Sorry, also to discuss what money we want to spend to help people right now and who to spend it on.

3:06 PM

On Fridays zoom meeting a few folks talked about donating their stimulus checks to food insecurity locally. I know the food bank also needs help :)

3:07 PM

+1 [REDACTED]

I didnt attend so I didnt know that. Thanks!

3:09 PM

Monday, April 6, 2020

[Number Unknown]

On a call - free in 5 min

11:00 AM

+1 [REDACTED]

Cool no rush

11:01 AM

Tuesday, April 7, 2020

+1 [REDACTED]



3:39 PM

Staying safe!

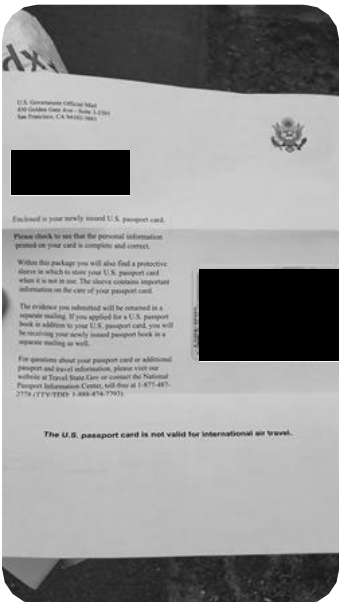
3:39 PM

[Number Unknown]

Nice birthday garb! One for the memory books indeed

3:50 PM

+1 [REDACTED]



6:14 PM

Bday present from the feds!

6:14 PM

+1 [REDACTED]



6:24 PM

Cake [REDACTED] made me. The present was a homemade mask from [REDACTED]. [REDACTED] gave me a bottle of gin and my friend [REDACTED] came. Max of 5 people and we kept our distance 😊 I'm home now so it will be hard for me to crash my car into anything or mess up my future too badly from here 🤡🤡🤡🤡 I'm really grateful to be blessed with the priviledge of working with you, for your immense kindness and especially for your tolerance of me. I really appreciate you and I'm always so sincerely sorry when I mess up. Not only are you one of the most amazing people I've ever met, you're a significant role model to me. For my birthday I'd be grateful if you have a really really nice evening. Thank you.

6:24 PM

[Number Unknown]

Aww- thank you for all the kind birthday words. You have made some very dear friends through Rotary- what's sweet pandemic safe party they had for you. 39 is an awesome year- Even if it starts at home 6 feet apart :)

8:07 PM

Wednesday, April 8, 2020

+1 [REDACTED]

Are you having a good day?

4:48 PM

[Number Unknown]

Yeah- logistics are sorta fun- lots of moving parts today but slowly coming together. How is it being 39....as I recall it is awesome 😊

4:57 PM

+1

Hahaha I totally forgot I'm 39 now. Im so old!! I dunno. I guess I feel middle aged? My thought for this year is I need to acquire more power to help people. Not sure what my best trajectory will be but I'm working on it. Thanks for everything you do to help me be better and for all you do for our city. I hope you have a great evening!

5:34 PM

[Number Unknown]

I don't think 39 is middle aged....I thought that was 50 :) at least for the real Aries ♈ .

I am not sure one needs much power to help people....leadership is all about responsibility.....very little to no power :)

But there are lots of people to help! BBBS board is a great start! Have a nice evening- hope you get some evening sun up there on the hill.

6:01 PM

Thursday, April 9, 2020

+1

Hi 😊 I a report for you on my meeting with [REDACTED] re: homeless, whenever you have a minute. I should be free to talk til my BBBS board meeting at 530.

1:01 PM

+1

Just drove through ACC parking lot. Yeah it's not looking like it's on an ideal trajectory. Seems like things are more spread apart but there is more now. Theres a large tarp someone was finishing stringing up in the trees on the west side of the lot with multiple tents inside it. Sounds like you have currently the best possible plan to address it. Thank you.

2:02 PM

Friday, April 10, 2020

+1

Good morning 😊 Hope you have a great day!

8:08 AM

[Number Unknown]

Thanks 😊- you to. I am compiling my covid-19 hours for our first OES report .....:(

8:12 AM

+1



8:12 AM

Saturday, April 11, 2020

+1

Vistarcata website is a great source of info. Nice job 😊

3:35 PM

[Number Unknown]

Yeah- I just ordered port from Portugal through libations - not quite like being there but yummy none the less :) hope your day is good- nice run on the beach this morning- off to a good start.

3:37 PM

+1

Glad to hear it! I buzzed off my hair since I wont be able to get a haircut for a while and I was going to play golf today in Brookings with a buddy but I was just too lazy this morning to do it haha. I'm thinking maybe Tuesday I'll go. I haven't been running lately but I've been diligently doing pullups and chinups and I can do 10 each way now! They really make my back feel better and help my posture.

3:58 PM

[Number Unknown]

Brookings? That is funny- I guess Oregon has it all squared away :) you men have it easy with the buzz cut option. I am laughing that my phone won't open on face recognition with my mask on- lol- where is artificial intelligence when you need it?

4:28 PM

+1

I was reading theres some courses in Sacramento that are still open and courses are open in the entire state of Arizona because their governor decided golfing is essential.

5:24 PM

Sunday, April 12, 2020

+1

Happy Easter 😊

1:23 PM

[Number Unknown]

Happy Easter- hope Mary found a safe way to feel connected to the church today.

3:38 PM

Monday, April 13, 2020

+1

Whenever you're ready. No rush.

11:01 AM

+1

The public doesnt get to see me in my hoodie at my shop lol. I'll be better next meeting. This is one is just so short.

12:59 PM

[Number Unknown]

Lo! -

1:02 PM

+1

Didnt we include commercial rentals in our rent ordinance?

3:27 PM

[Number Unknown]

Yes

3:39 PM

+1



4:28 PM

+1

I'm thinking I could also use the PSA as a piece for Times Standard. 2 birds with 1 grain!

4:48 PM

[Number Unknown]

We could certainly build on it.

4:49 PM

+1

I need the logo being used on our YouTube channel to be replaced with the correct official logo of the city. Will you please do that for me before our next meeting?

6:29 PM

+1

I guess I should add it's very upsetting to me the logo was changed without council approval. Sorry.

6:41 PM

Tuesday, April 14, 2020

+1

Happy Birthday! Its today, right? I just realized that. For your birthday you can completely ignore my requests around the logo 😊 hope you have a great day!

8:53 AM



[Number Unknown]

Thanks-

I thought the opposite....that I was slow in making the small change in the logo- haven't even really made it yet. There were questions about it right after the statue was removed and Whether or not it needed to be a discussion point for a large logo change. I thought the answer was no - just to make the small change and incorporate overtime as things change out. Happy to revisit.

11:56 AM

+1 [REDACTED]

No worries. Maybe we will discuss later. Realizing its your birthday instantly defused me 😊 I realized another anniversary is it was 3 years ago yesterday I was appointed to the council. Congratulations on putting up with me for three entire years!! I need to get you like a certificate or an award or something because you really are invincible if you can do that hahaha. Again, Happy Birthday! Hope you have a great day!

12:23 PM

[Number Unknown]

Wow- time

Really does go quickly -

Made it to the beach....obviously my favor place -and then take out- always better than cooking. Thanks for the wishes.

9:06 PM

+1 [REDACTED]

Good for you!! Hope you have a very nice night 😊

9:07 PM

Thursday, April 16, 2020

+1 [REDACTED]

I just told him we are discussing it and he said "I can get a letter stating he will not open establishments when Covid is lifted if allowed to sell licenses. His attorney said he can draft prior to any decision. Buildings will be repurposed to any approved use city allows". Isnt that what you were saying? I also talked to [REDACTED] and she gave me a couple interesting ideas.

1:24 PM

+1 [REDACTED]

Can we talk in 10 min? I can wait until tomorrow too if you'd prefer.

5:36 PM

+1 [REDACTED]

Is the appeals process costing the city anything?

6:34 PM

[Number Unknown]

No- maybe a little if we have to go testify - but Abc bites the attorneys

6:46 PM

[Number Unknown]

I meant hires the attorneys not bites - lol

6:46 PM

+1

Haha ok thank you. Just curious. Unless you object I'm going to talk to [REDACTED] in 30 min because hes pretty smart and usually comes up with ideas I wouldnt have thought of and he hates R. Then I will offer a response to the inquiry.

6:48 PM

Monday, April 20, 2020

+1

May I please get a rush permit for a 420 party at Redwood Park? Maybe just a couple hundred people. Nothing crazy.

9:34 AM

[Number Unknown]



10:56 AM

Party was moved this year- didn't you get the invite?

10:56 AM

+1

Haha glad I already stocked up

10:58 AM

[Number Unknown]

Free whenever you are

11:01 AM

+1

[REDACTED] says a lot of nice things about you in his interview 😊

5:24 PM

[Number Unknown]

Aww- I only got 3 minutes in to it today... :) have a great night

6:07 PM

Wednesday, April 22, 2020

+1

I hope you have a great day!

10:14 AM

[Number Unknown]  
Productive and good so far- hope you are enjoying the mist :) 2:16 PM

+1 [Redacted]  
I am! 2:22 PM

+1 [Redacted]  
Have a minute? 4:43 PM

Friday, April 24, 2020

[Number Unknown]  
5 min 10:18 AM

+1 [Redacted]  
Okay 📋 10:18 AM

[Number Unknown]  
Yikes-  
Still listening to someone 10:40 AM

+1 [Redacted]  
Haha no problem at all. I'm talking to [Redacted] at 11am so we can talk later if you're still busy by then. 10:44 AM

[Number Unknown]  
Call when you are done with [Redacted] - I am free 10:58 AM

+1 [Redacted]  
👍 11:03 AM

+1 [Redacted]  
You can call me back whenever 😊 11:45 AM

+1 [Redacted]  
Is it okay if I check my mailbox sometime between now and Monday? 1:25 PM

[Number Unknown]  
Of Course -  
Requires Level A  
Hazmat Suit 🧑‍🚒 1:28 PM

+1



1:39 PM

Then I didnt waste my money on this suit 😊

1:39 PM

+1

I just got a phishing email from [REDACTED], from a random gmail account. It's in my spam quarantine

3:46 PM

[Number Unknown]

Is this the part where I yell at him- Lol  
Thanks for the heads up. [REDACTED] has this happen recently also-  
do people really have nothing better to do? Urgh- was it asking for  
money for a project or invoice?

3:54 PM

+1

Haha. I think last year staff got one from me telling them to go out  
and buy gift cards. It basically said "I need to talk to you but I cant  
do it over the phone." I suspect the sender has a list of email  
addresses this was sent to and any replies show the sender which  
email addresses are still valid and which recipients they can target  
for their next phase of the scam. Or maybe it's actually [REDACTED]  
gmail acct and he just wants to talk about something lol.

4:01 PM

[Number Unknown]

Lol :) have a good weekend.

4:09 PM

+1

You too.

4:10 PM

Monday, April 27, 2020

[Number Unknown]

5 min

11:04 AM

Tuesday, April 28, 2020

[Number Unknown]

Would you be free at 12:30 for a zoom agenda setting?

10:32 AM

+1

Sure

10:52 AM

[Number Unknown]

Thanks- invite coming shortly

10:57 AM

+1

Latest [redacted] joke: What do you call a 2000 lbs outhouse in Mexico?

11:34 AM

+1

El Ton [redacted]!

11:34 AM

[Number Unknown]

Lol- she will keep you laughing 😂

11:35 AM

+1

I guess someone is building 3 units in their backyard at or near 160 g street. A neighbor feels it must be illegal construction. Do you know if they have permits etc.?

11:37 AM

[Number Unknown]

Correct/ there are no permits.  
we are working on enforcement - it is hard to see what is happening from the right of way. We have heard from a couple of neighbors - likely the same one you heard from- also pulling in Arcata Fire. I will have to drive by- I am guessing that they are working within a structure not a new free standing unit- but not sure. Thanks

11:45 AM

[Number Unknown]

Looks like it is owned by [redacted] - he owns the old delta motel next door that he renovated years ago and runs as an air bnb

11:59 AM

+1 [REDACTED]

I think I remember him from the air bnb ordinance meetings because he has the same name as me. What the fuck? I cant believe people do that. We need harsher penalties because whatever we have now isnt discouraging people lol

12:07 PM

+1 [REDACTED]

Just talked to [REDACTED]. Call me when you have a moment?

2:12 PM

+1 [REDACTED]

Please

2:12 PM

[Number Unknown]

I am free

3:29 PM

+1 [REDACTED]



5:58 PM

+1 [REDACTED]



5:58 PM

+1 [REDACTED]

construction on G

5:58 PM

+1 [REDACTED]

She says "There are three new structures like that in the back. He's also added to the original structure which is where that window with the logo is. "

6:01 PM

[Number Unknown]

Thanks -  
Will drive by in my way home

6:05 PM

[Number Unknown]

And on my way home :)

6:05 PM

+1 [REDACTED]

Yay! Have a great evening.

6:10 PM

Thursday, April 30, 2020

[Number Unknown]

Your intel was correct- still confidential

12:43 PM

+1 [REDACTED]

It was your Intel first. I just verified it 😊 the person who told me was so shocked I knew they immediately spilled the beans hahaha. Funny not funny. Hope the person lands on their feet.

12:59 PM

+1 [REDACTED]

Do you believe in luck? Totally random question lol.

4:20 PM

[Number Unknown]

Yes- it explains a lot in my life :)

5:58 PM

+1

Okay. My follow up question is do you know anyone luckier than me?

6:18 PM

[Number Unknown]

Probably.....were you lucky again today?

6:22 PM

+1

Not particularly but it's just so weird to me how I survived all that stupid shit I did during the fall and now im better than I've ever been and my business is thriving. It's too many instances for it all to be a coincidence. So then what is the explanation? Ive observed this happen to me a few times since I was a teenager. There are too many times I should have died due to poor decisions. The only possibility that makes sense/my brain can process is that there is a god and God is happy with the choices I make and/or has a plan for me and protects me from myself, which doesnt make sense. Lol.

6:49 PM

+1

I just made plans to go spend the night with [REDACTED] at his cabin in Ferndale. I'll be back tomorrow no later than noon, in case I dont have cell reception. I'm going to crack this "I'll just build whatever I want in Arcata without a permit" issue wide open! Haha.

6:51 PM

[Number Unknown]

Enjoy the cabin! Sounds lovely and I suspect not too rustic. Maybe God is happy and Maybe there is luck.....  
Regardless there is always choice :) Ferndale sounds like a good one.

7:08 PM

+1

You know I'll give you a full report 😊

7:28 PM



Friday, May 1, 2020

+1 [REDACTED]



9:41 AM



9:41 AM

[Number Unknown]

Even better than I imagined

10:01 AM

+1 [REDACTED]

He says he owns 80 acres there! Its 3 miles up the road to Patrolia.

10:08 AM

[Number Unknown]

I don't think I would come back....let me know if he wants to sell -  
lol

10:10 AM

+1 [REDACTED]

Yeah it was hard to leave this morning. I'm trying to recall any useful Intel I collected lol. Went to bed around 430am and woke up about 8:30.

10:11 AM

+1 [REDACTED]

He did buy a bar in rio dell and said he owns "the best liquor licenses in the county" because he has a couple that are transferable anywhere in the state.

10:13 AM

[Number Unknown]

I hear the golf courses are open?

10:49 AM

Monday, May 4, 2020

+1 [REDACTED]



11:51 AM

+1 [REDACTED]

I cant join. Says host has another meeting in progress

5:55 PM

[Number Unknown]

Try again....

5:56 PM

+1 [REDACTED]

I'm sorry but I feel like we're essentially being told nothing right now. None of the information so far is useful 😞

6:27 PM

[Number Unknown]

I am sorry it seems Significant to me

6:28 PM

Wednesday, May 6, 2020

+1 [REDACTED]

Hi. Do you have a few minutes to talk? No problem if not. Nothing that cant wait.

3:39 PM

+1 [REDACTED]

I can tell you heard my best friend, The Rooster.

6:17 PM

+1 [REDACTED]

And your still the mayor - 😊

6:33 PM

Friday, May 8, 2020

+1 [REDACTED]

Are you available now?

1:12 PM

Saturday, May 9, 2020

+1 [REDACTED]

If you are relaxing or playing- just ignore for now :) if you are thinking about or working on the budget and are up for talking- please call. We do have that relationship- and I hope we both think there is a better way to do this together.

1:25 PM

Monday, May 11, 2020

+1 [REDACTED]

I'm going to be a few minutes late. Sorry!!!

10:59 AM

+1 [REDACTED]



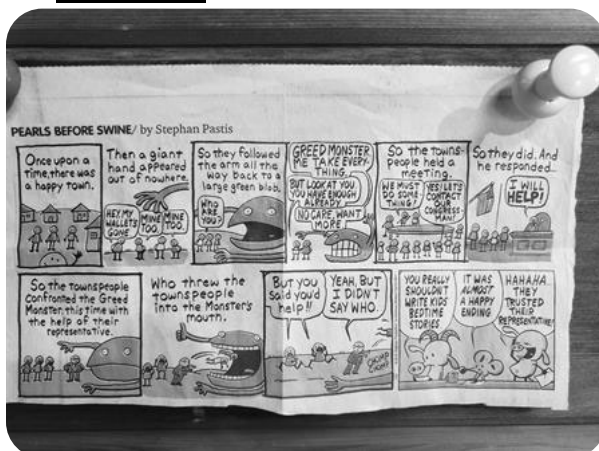
11:00 AM

+1 [REDACTED]

I'm getting him to change his forecast 😊

11:44 AM

+1 [REDACTED]



12:22 PM

Comic on the wall behind me

12:22 PM

[Number Unknown]

1 min?

4:50 PM

[Number Unknown]

Sorry 10 min

4:50 PM

+1

Of course Take your time

4:50 PM

+1

Forget about me? 😞

5:58 PM

[Number Unknown]

Nope....getting close :)

6:01 PM

+1

Haha okay just checking.

6:03 PM

+1

I'm talking with [REDACTED] tomorrow at 11am. I know you're already busy but you're welcome to join the call and/or let me know if theres any questions you want me to ask him.

7:14 PM

[Number Unknown]

Would love to join - thanks

7:18 PM

Tuesday, May 12, 2020

+1

I hope your morning is going okay. I'm sorry I told you I dont trust you. I place an immense amount of trust in you or I wouldn't tell you everything I tell you. I would sleep even less if I didnt have faith in what a good person you are. I know you're a really good person. We can talk about it more later. Just wanted to say that before we talk again.

9:59 AM

[Number Unknown]

Thanks Brett. I appreciate you and your reaching out. Trust is important to me and I will work to keep building it between us. Let me know if I should call in at 11 or if you will call me. Thanks,

10:38 AM

+1

Will you please start a zoom meeting for us? I'm not competent enough to figure out how to invite people lol

10:59 AM

+1 [REDACTED]  
[REDACTED] 11:00 AM

[Number Unknown]  
Yes 11:01 AM

[Number Unknown]  
Sent via email :) 11:02 AM

+1 [REDACTED]  
Thank you very much 11:04 AM

+1 [REDACTED]  
Trying tow rap up unless you have more 11:48 AM

+1 [REDACTED]  
I'm so sorry but I promised I'd do my best to sleep well tonight and theres no way I would be able to get a single wink after seeing the stark contrast of your shiny clean car vs. the unshined rubber tires. So I shined them and I did wear my mask while doing it 😊 5:29 PM

+1 [REDACTED]  
Emergency hsu Senate meeting on Friday to discuss their request to do hybrid modality. 6:11 PM

[Number Unknown]  
Omg- thank you! They look great - didn't I tell you I should not own a nice car :)  
And I admired them with my mask on. 🌟 6:42 PM

Wednesday, May 13, 2020

+1 [REDACTED]  
Hope your day was okay and you have a nice evening 😊 5:36 PM

[Number Unknown]  
Thanks - you also. 5:52 PM

Thursday, May 14, 2020

+1 [REDACTED]  
May I please check in with you this afternoon? 9:28 AM

[Number Unknown]  
Sure- I am free 12:30-2 and 2:30- 3:30 9:34 AM

+1 [REDACTED]  
How about 1? 9:50 AM

[Number Unknown]  
Perfect 9:51 AM

+1 [REDACTED]  
Thank you. 9:58 AM

+1 [REDACTED]  
Isnt our tennis court open? 10:27 AM

[Number Unknown]  
Not yet- only golf I can ask on the 2 o'clock call today 10:29 AM

+1 [REDACTED]  
[REDACTED] is lobbying me to support opening our tennis court...? I told her she didnt help me when I wanted golf courses reopened lol 10:30 AM

[Number Unknown]  
I am happy to ask on the 2 o'clock call. If it's an easy one for the health officer then it's an easy one for you. Sometimes [REDACTED] is on those calls so at least she's hear that you tried 10:34 AM

+1 [REDACTED]  
Oh shit I read your text wrong. They are closed. Yeah if you remember 10:35 AM

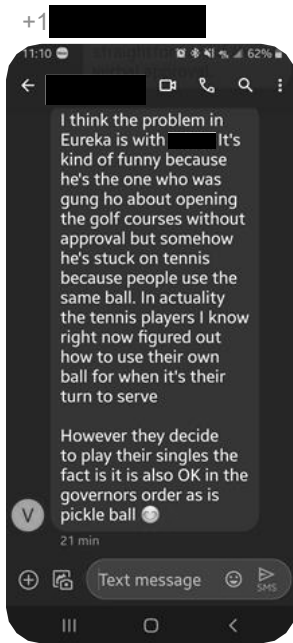
[Number Unknown]  
Will do 10:36 AM

+1 [REDACTED]  
Thank you. She says "No worries. If she brings it up on the 2 o'clock call and someone mentions it is not in the written health order That is true but both the sheriff and the public health officer have given verbal and email yes's 10:41 AM

Just as a reference, golf is not in the actual written health order yet either but did get the verbal go ahead as well 😊"

+1 [REDACTED]  
So let's open it up? 10:42 AM

+1 [REDACTED]  
We need people to lose tennis balls and break their rackets so they have to go to Hits and Kicks and buy more stuff that gets taxed 😊 10:47 AM



11:11 AM

+1 [redacted]

I forgot about the coast guard flyover event at 1 with flyover at 130. I'm sorry! Could we try 3 instead?

12:37 PM

[Number Unknown]

Sure - working on opening tennis- got a verbal ok- need staff to make up signage.

12:43 PM

+1 [redacted]

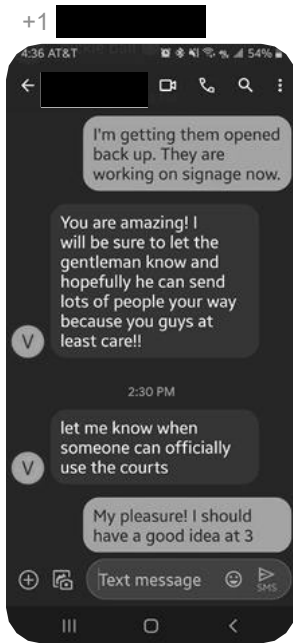
You're going to make me look so good...

12:43 PM

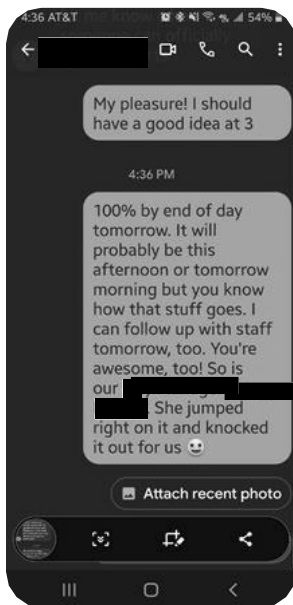
+1 [redacted]

Is now ok?

2:57 PM



4:37 PM



4:37 PM

Friday, May 15, 2020

+1 [redacted]  
Talk at 415ish?

3:41 PM

+1 [redacted]  
And I see the [redacted] email. Not sure why she started including me. Just want you to know I support whatever you want to do with that.

4:02 PM

+1 [redacted]  
15 minutes

5:15 PM



+1

I'm sorry I had to go!! Thinking about a committee working on our economy gives me anxiety! Haha. It should just be maybe a council subcommittee, you and some local biz people, bank people etc

6:04 PM

+1

I like that idea! A lot

6:19 PM

+1

Yay! You taught me to think that way 😊 please dont hesitate to call me or text me this weekend if you need to talk about anything. OE3 guy wants me to teach him how to play golf. I'll check in with [REDACTED] and [REDACTED] before we meet again.

6:50 PM

Monday, May 18, 2020

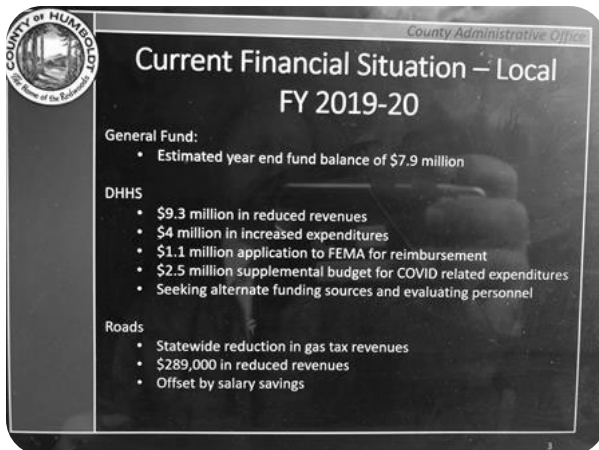
+1

Talked to [REDACTED]. She didnt know how they can afford it. She said staff said they could afford it and she trusted staff. [REDACTED] is the person she said to talk to if we want more details. Didnt sound like their budget process is as far along as ours and they havent discussed factors like HSU decline or long term shelter in place possibility, yet.

12:35 PM

Tuesday, May 19, 2020

+1



1:36 PM

From [REDACTED]

1:36 PM

+1

Thanks - I had gotten the staff report from [REDACTED] also this morning- There are several good pieces in there. 7.9 million reserve for the county.... yikes!

1:40 PM

Wednesday, May 20, 2020

+1

"The city is making changes in a sneaky way that demolishes what I found hopeful about Eureka when I ran for office." -Eureka council member

9:49 AM

+1

Whoa.....

10:34 AM

+1

I'm getting a new garbage disposal installed right now but it shouldnt interfere with my participation....

5:50 PM

+1

I hope to hear some funny sounds

5:59 PM

+1

is the best. So funny.

6:10 PM

+1

So authentically himself

6:12 PM

+1

I'll give 7.3% but not a .1% more!

6:20 PM

+1

Thank you. Hope you have a nice evening!!

6:35 PM

+1

Enjoy the remaining sun. Nice efficient meeting tonight :)

8:00 PM

Thursday, May 21, 2020

+1

Good morning 😊 How are you doing today?

10:02 AM

+1

Feeling like it is starting to come together- hoping to make it easy to understand:) how are you today?

10:21 AM

+1

Not the budget, YOU haha. Slept like 7 hours but seems like I feel more tired the more I sleep. I'm good but also sad and stressed about the budget decisions we will have to make. Your efforts on the budget do a lot to relieve some of that for me and I'm very grateful for that. I know you'll do a good job but I'm also happy to help give you any feedback, proof read, formatting, whatever you need. Just want to support you and help you give the best presentation possible if theres anything I can do.

10:35 AM

+1

Thank you- I would like to send you my new memo when it is closer to completion tonight. We have gotten a few good news pieces on state revenues this week and will keep updating as we go. I have this calm sense today that we will be ok- through some difficult decisions.  
South G street code enforcement seems to be wrapping up. He will remove remove 2 of the 3 units by the end of the month. After they are removed we will schedule a site visit to more fully review the remaining structure for compliance.

10:47 AM

+1

Thanks for the update! I'm 100% available for whatever you need, anytime. If I could make one friendly request of you it's that you please take at least 48 consecutive hours off this 3 day weekend. Pleeeeeeeeeeeeeeease? Or at least try your best 😊 I know that's not always realistic but you have my unconditional support in taking as long of a break as you can. I guess unconditional makes it sound more serious? Lol

10:55 AM

+1

Are you on this league call right now about revenue loss?

11:10 AM

+1

It is in the background - but I am taking with

11:20 AM

+1



11:20 AM

+1

Did we get any data from the tourism bureau?

11:22 AM

+1 [REDACTED]  
We can talk later. I dont want to interrupt your meeting. 11:23 AM

+1 [REDACTED]  
No but direct from hotels will call when we I am done with [REDACTED] 11:28 AM

+1 [REDACTED]  
Okay thank you. I hope I'm not being a pest. I'm sorry if I am. 11:28 AM

+1 [REDACTED]  
From VB: presentation of a budget will be on June 2 and public hearings will be held June 15 at 1:30 and 530. ....adoption is scheduled for the 23rd 3:55 PM

Friday, May 22, 2020

+1 [REDACTED]  
VB: Reading about your meeting. The county is Talking about doing a countywide ballot measure for article 34 repeal. Has [REDACTED] talked to [REDACTED] yet? 8:08 AM

+1 [REDACTED]  
No we haven't talked countywide repeal of article 34- I will text [REDACTED]  
Hum.....might worry about a countywide vote.....but we could word things strategically 8:10 AM

+ [REDACTED]  
Good morning 8:12 AM

+1 [REDACTED] 7  
Yes- Good morning 😊 8:18 AM

+1 [REDACTED]  
[REDACTED] and [REDACTED] are now connected on Article 34- will update you and the Council after they talk through the options - thanks 8:45 AM

+1 [REDACTED]  
😊 is 10am too late to get to you any feedback on the memo? 8:45 AM

+1 [REDACTED]  
It at all- just sending a slightly updated version now 8:45 AM

+1 [REDACTED]  
Do you have another update or is this the best version for me to look at? 10:15 AM

+1 [REDACTED]  
The second one I sent is pretty updated 10:18 AM

+1 [REDACTED]  
📖 reading now 10:18 AM

+1 [REDACTED]  
What did you say we are doing for child care? Also listening to econ dev call... 11:00 AM

+1 [REDACTED]  
We are going to provide a reduced summer camp- total of 60 spots I think- will confirm number 11:01 AM

+1 [REDACTED]  
How much time do I have to get this back to you? Can you talk? 11:28 AM

+1 [REDACTED]  
Can talk in 30 11:33 AM

+1 [REDACTED]  
👍 11:33 AM

+1 [REDACTED]  
Two formatting questions. #1 do you want to use the word "percent" or the symbol % throughout the document? #2 do you want it to say 2019-2020 budget or 2019/2020 budget throughout the document? Mixed uses of those two as it is. 12:10 PM

+1 [REDACTED]  
Did you decide against an option 1B? 12:12 PM

+1 [REDACTED]  
Flexible on % or percent . I think % is easier. I say 2019/2020 versus the - option 12:15 PM

+1 [REDACTED]  
We will talk about 1B 12:15 PM

+1



12:15 PM

+1

Free when you are

12:18 PM

+1

Okay let me let this rooster doodle a few more times...maybe it will get it out of its system lol

12:19 PM

+1

I feel like you could cut the councils training budget and no one would say anything about it. If you dont want to do that then I can bring it up during the meeting unless you dont want me to.

2:29 PM

+1

And our raises. Those definitely have to get cut.

2:29 PM

+1

I am fine cutting both of those -  
Just prefer they come from the Council direct

2:35 PM

+1

Sounds good

2:36 PM

+1

I know one person who will have an eye on cuts to COMM DEV and another will likely suggest deeper cuts to Parks.

2:55 PM

+1

Just sent it. Thank you. You're the best.

3:17 PM

+1

I feel like we should name something after [REDACTED]. No idea what. Just a thought.

4:23 PM

+1

Are your cuts for the middle option based off of 45% loss of retail tax?

4:35 PM

+1

Like, if you only had another 10% back in the middle budget option you could save xyz?

4:36 PM

Saturday, May 23, 2020

+1 [REDACTED]

Happy Saturday-  
Yes cuts in the middle are at 45% sales tax reductions  
- 10% back in the 2 sales tax columns would bring us to the 35%  
once elusive option 1B- lol.  
We are close and will continue to get more data and money in this  
next month to refine from. Just emailed all the budget  
documents / let me know if you want a printed copy.

12:37 PM

+1 [REDACTED]

We are working on a recognition for [REDACTED] - I will send you the  
naming policy the City has.

12:39 PM

+1 [REDACTED]

He was a great advisor to this area in all things historic and  
environmental

12:39 PM

+1 [REDACTED]

Thanks. I was just sitting here sadly contemplating the budget 😞  
thank you for working on recognition. I will look at your email.

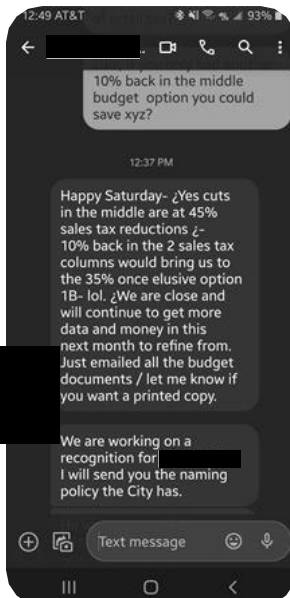
12:41 PM

+1 [REDACTED]

Why did you leave it at 45?

12:45 PM

+1 [REDACTED]



12:51 PM

Also, will you please tell me what emoticons or symbols you use so I can translate the upside down question mark I always get from you? 😊

12:51 PM

+1

I left it at 45% because that was the full option 2- we can still come in in between? I thought that was the discussion- anything below 45 would be an option 1B :)

12:53 PM

+1

I think the upside down question mark is actually showing when I hit return and go to the next line. Interesting  
Apple phones are a bit discriminating I do believe... 😞

12:55 PM

+1

That sounds good to me. Thank you and I'm sorry. I'm in a weird melancholy mood today. I probably just need to go to work. Maybe its Android phones that are dumb 😊

1:00 PM

+1

I have a tee time at 3 and having a socially distanced drink at 530 with [REDACTED] in her back yard so I have a good day ahead of me. And you're [REDACTED] and that always makes me feel better when I remind myself.

1:03 PM

+1

I really love the convenience of my iPhone...but I still seek like a sell out - lol. It is a bit windy but sunny on the beach :) or I bet the river is nice today also - hope you feel better and sleep well tonight.

1:03 PM

+1

Ops our texts crossed- thanks and yes - sounds like a better day ahead- for me to- I am heading home 🏠

1:04 PM

+1

I'm sorry you have to deal with so many stressful things. I'm glad to hear you're going home.

1:07 PM

Tuesday, May 26, 2020

+1

Are you able to talk at 4 instead?


2:48 PM



+1 [REDACTED]  
[REDACTED] opted for 4 for agenda setting- I am free after that until 5:05 :) 2:50 PM

+1 [REDACTED]  
How about now? 2:50 PM

+1 [REDACTED]  
Now is fine 2:51 PM

+1 [REDACTED]  
 2:57 PM

+1 [REDACTED]  
Arcata Post office just to me they alone got 45 pallets from amazon today. They come in on 22' white trucks that belong to a 3rd party contractor Amazon uses and the shipments come from Medford. Thought that was interesting 😊 3:57 PM

+1 [REDACTED]  
Wow- yes, counting on online sales as part of our sales tax percentage. [REDACTED] said their sales are up and she will not be deferring any is taxes :) 4:26 PM

Wednesday, May 27, 2020

+1 [REDACTED]  
That's great! I just painted the BLEAKEST picture of our finances for OE3. Lunch with him tomorrow. Hope you have a really good day. 10:56 AM

+1 [REDACTED]  
Good timing - Our budget is horrible - but with the extra two weeks of planning the pathway forward is there- we will make it and with Arcata's sound budget principles that don't let our reserves go plundering below industry standards. (More on that when we talk). 6 of our 10 frozen positions are OE3 11:59 AM

+1 7

A guy called me yesterday and complained about speeding on fickle hill by entrance to forest. Says he lives in city limits, has complained about it for 20 years, currently no speed limit signs in the area. Hes talked to netra and attended TSC meetings in the past. I told him I didnt think placing a sign there would help the problem but I would forward his complaint to staff.

12:10 PM

+1

I thought we had radar feedback signs in both sides of the entrance - but will check on the uphill side.

12:22 PM

+1

Now that you mention it I kind of remember those. I left him with the impression nothing was going to happen in the near future because of COVID/budget. He accepted it so he doesnt have any expectations.

12:46 PM

+1

I also know that if the sign is more than a driveway or two from the desired spot - it doesn't exist - when we redid buttermilk we could not ever have put in enough signs to satisfy.... how to make our culture slow to even 25 mph is a challenge.

12:51 PM

+1

We should install speed bumps that explode with bright colored paint when you hit them going 26+, so the speeder is publicly shamed 😂 people will always get away with whatever they can if no one is there to keep them honest 😞 I bet some of the biggest complainers are also some of the worst offenders.

1:17 PM

+1

Like I can totally see doing 100 down buttermilk 😂😂😂

1:17 PM

+1

Lol- 😂😂😂 speeding cars can be scary- some people are very sensitive to it- And I guess I understand- when was little I used to hate speeders on my road- now it bothers me much less :)

2:02 PM

+1

I know. I'm the same. Drives me crazy but at the same time I'm not the best at driving 25.

3:13 PM

+1

I always thought theres an interesting economic arguement for faster speeds. If one state has a limit of 65 and the neighboring state allows 75, wouldnt the 75mph state grow faster because everyone is literally moving faster? So citizens driving 40 vs 25 may be significantly more productive lol.

3:15 PM

+1

Lol.....I feel more productive moving fast for a while and then hit the wall :) figuratively of course (at least so far) 🤔

3:25 PM

+1

I dont see why the meeting needs to be longer than an hour...

5:00 PM

+1

I just drove by [REDACTED] house and he was outside wearing a mask and doing yard work

5:03 PM

+1

Fingers crossed 🙏

5:08 PM

+1

Damn it wont load my profile photo.

5:30 PM

+1

I was wondering why you were in out and then back again :)

5:30 PM

+1



6:02 PM

+1

Great job with the presentation. Thank you so much.

6:11 PM

+1

I feel like we havent really talked about these details so tell me if theres a better direction

6:29 PM

+1

Agree- thanks for your leadership

6:37 PM

+1 [REDACTED]

So much of the work was done between meetings- the work we did together removed a total of \$2.1 million. I know we didn't do it all- but the scenarios we came up with together set the targets for staff to cut to. It really was significant and I think does position us well.

7:46 PM

Thursday, May 28, 2020

+1 [REDACTED]

Thanks for the thoughtful email. Really appreciate it! I just sent you an email with a draft staff report for your economic recovery collaborative (task force). I am in meeting and finishing staff reports for an hour or so but will check in the afternoon.

11:28 AM

+1 [REDACTED]

Sounds perfect! Hope you have a great day.

11:29 AM

+1 [REDACTED]

I should call [REDACTED] anyways to check in with him. If you havent already talked to him I'm just going to tell him I'm going to work with you on it and follow up with him.

1:21 PM

Friday, May 29, 2020

+1 [REDACTED]

I am free until 12:30

11:18 AM

+1 [REDACTED]

Ok. 1145?

11:22 AM

+1 [REDACTED]



11:24 AM

Saturday, May 30, 2020

+1 [REDACTED]

[REDACTED]

From: [REDACTED]  
Sent: Friday, May 29, 2020 5:29 PM  
To: [REDACTED]  
Subject: FBI Make A Statement This Monday

HELLO [REDACTED]

Community members are getting upset law enforcement leaders to denounce the death of George Floyd while in the custody of Minneapolis PD. The video shows the need is including in a number of respects. People expect answers and they expect answers now. To strong comment until the investigation is complete is no longer acceptable. Chief and Sheriff have to find a way to communicate and take a stand on what's known at the time. Nothing must be delivered in a just manner, at all times. There are no exceptions. Community must take and all humans life must be valued and protected.

Chief Watson and you looking at all of you to the video event this Monday if your schedule will allow and so attend. There is no compensation for attending other than the satisfaction of knowing you came together as a law enforcement community with other community members to make a statement of how Humboldt County values all life and all people, all of the time. The institutions that discriminate against people of color and the unjust use of force by law enforcement against people of color must end.

What are we writing to this as a Police Department to change the course of thinking so that all people can live in peace and not feel threatened or frightened by law enforcement officers? I am asking you [REDACTED] to use us and answer the call. Be a leader, set the example. Do not sit back and watch an unjust application of force take place or tolerate inequality or discrimination against people of color or anyone who is being treated differently because of who they are. Take risk. Do the right thing. Intervene. Always. There are no exceptions. Same with honor. For all people.

Thank you [REDACTED] for your humble service to our City.

Best,

[REDACTED]

Subject: Make A Statement This Monday

Good Morning All,

Chief Watson and I have both received inquiries from community members to make a statement regarding the death of George Floyd in Minneapolis. This is a complicated request for Chief and the Sheriff and this email is not intended to discuss in depth what should be said, how it should be said and the role of using anything publicly. However, this is an opportunity to make a statement of how hate is not tolerated in Humboldt County. You may email the Humboldt County Human Rights Commission's presentation to [REDACTED] regarding their Human Rights campaign. This is an opportunity to perhaps incorporate that message into our statement. Chief Watson and I are looking at all of you and all community members to the front of the Humboldt Police Department this Monday at 1:00 PM to make statement as a community of how every life is valued. No press release is intended to be sent. We will simply appear on a message, have someone videotape it and send it to all who are present to their post to their social media accounts. Should take only a few minutes. Please bring a facial covering. Hope to see you all on Monday.

[REDACTED]

12:46 PM

Brett- just wanted to make sure you saw this statement from [REDACTED] to staff and the announcement of his event with [REDACTED]

12:46 PM

+1 [REDACTED]

Thank you.

12:50 PM

+1 [REDACTED]

Should I go to this or just the officers? Do you know who's making the request from the community?

12:59 PM

+1 [REDACTED]

I think we should go. I believe groups such as NAACP, Black Humboldt, and individual people of color within the community.

1:03 PM

+1 [REDACTED]

Okay I'll be there. Thank you for dealing with this on your weekend.

1:06 PM

+1 [REDACTED]

That is no problem :) My heart breaks for Minneapolis and all people who fear the police.

1:13 PM

+1 [REDACTED]

Yeah it's really sad. After reading the news this morning I'm almost afraid to look again. His willingness to openly be such a horrible person and incite violence leaves me speechless.

1:25 PM

Sunday, May 31, 2020



8:51 AM

+1 [redacted]  
Just FYI-

8:52 AM

+1 [redacted]  
Okay... thank you.

8:54 AM

+1 [redacted]  
I really appreciate you keeping me updated. Thanks again.

8:58 AM

Monday, June 1, 2020

+1 [redacted]  
Just checking in- do you want to drive together to Eureka- leave here at 12:30 ish?

11:41 AM

+1 [redacted]  
Sounds great. I'll be at city hall at 12:25

11:42 AM

+1 [redacted]  
Are we wearing masks during this thing?

11:44 AM

+1 [redacted]  
Yes :)

11:48 AM

+1 [redacted]  
Okay great I dont feel so bad about not shaving lol

11:49 AM

+1 [redacted]  
I'll be there unless you tell me not too 😊

2:53 PM

+1 [REDACTED]



2:55 PM

+1 [REDACTED]

At city hall already

3:38 PM

+1 [REDACTED]

I'm here in front of your office

3:39 PM

+1 [REDACTED]

Wearing a gray ping hat.

3:39 PM

+1 [REDACTED]

[REDACTED] is standing against the wall of coast central

3:41 PM

+1 [REDACTED]

Same guy from NY talking

4:15 PM

+1 [REDACTED]



4:15 PM

+1 [REDACTED]

At least we know he likes us lol

4:15 PM

+1 [REDACTED]

Bringing you a water. Want anything else?

4:50 PM

+1 [REDACTED]

Nope- all good could you forward to me the email with tonight's details

4:53 PM

+1 [REDACTED]

Humboldt Grassroots is having another demonstration tonight starting at 6pm at the courthouse.

It isn't specifically POC-led because HGR doesn't have much in terms of relationships with affinity groups (I believe it's just from a lack of communication and relationship building).

There is an assembly style platform planned for the first hour-- which I believe will be POC led-- so people should have an opportunity to speak and be heard.

5:07 PM

I'm working with HGR on better coordinating themselves with others, but we're a ways from them understanding the form and function how and why that works.

I mean...Self-described Anarchists ❤️

+1 [REDACTED]

Copy of email

5:09 PM

+1 [REDACTED]

Totally random but I was thinking about the whole "gossip" thing. I don't feel like we really gossip. It's really "intelligence sharing" 😊 Seriously! I usually only share any unauthenticated intelligence with you because I know no matter how juicy it sounds you will take it with a healthy amount of skepticism and it won't get turned into an out of control rumor because you won't tell anyone. I really appreciate everything you did today and for letting me hangout. Thank you.

6:53 PM



+1 [REDACTED]



7:16 PM

And the plaza is quiet

7:16 PM

+1 [REDACTED]

Nice! Thanks for sharing that 😊

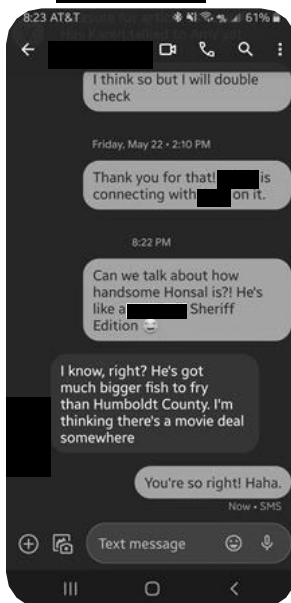
7:17 PM

+1 [REDACTED]

Lol- yes I.S. - short for intelligence sharing - that is definitely what we do. Thanks for hanging out- it was nice not to do traffic control alone.

7:20 PM

+1 [REDACTED]



8:27 PM

Thought you might enjoy this 😊

8:27 PM

+1 [REDACTED]

Lol- are you two angling to be his agent?

8:44 PM

+1 [REDACTED]

Hahaha

8:44 PM

Tuesday, June 2, 2020

+1 [REDACTED]

[REDACTED] is asking me for an update on his complaint..

12:05 PM

+1 [REDACTED]

On the code enforcement side?

12:10 PM

+1 [REDACTED]

He should have all the written info we have for his and his lawyers files

12:11 PM

+1 [REDACTED]

I believe so. Okay I'll see if he needs something else.

12:11 PM

+1 [REDACTED]

I will see what update we have on the Shari complaint side

12:12 PM

+1 [REDACTED]

Thank you very much

12:12 PM

+1 [REDACTED]

I see your email/ I am typing back some thoughts

12:18 PM

+1 [REDACTED]

Great

12:19 PM

+1 [REDACTED]

Is it okay if I'm 15 late?

3:49 PM

+1 [REDACTED]

Of course

3:51 PM

+1 [REDACTED]

Thank you

3:51 PM

Wednesday, June 3, 2020

+1 [REDACTED]

Are the checks to "HdL software" for the same HdL that does our consulting? Is that just their business name?

12:15 PM

+1

I guess my next question is how much does HdL bill us yearly? With you, I'd like to compare them to competitors. At the least it will give us confidence in the value they give us if we determine they're still the best choice. We will be heavily relying on those forecasts more than ever so it would be nice to reaffirm the reasons we use HdL. Only if you agree, of course 😊

12:21 PM

+1

Yes- same HdL - but no the reference to software is not their name but rather that these payments are for an updated online business license software billing and tracking system.  
Happy to review HdL - hoping we can wait a month for a few other things to wind down. They do provide an update if their fees and what they calculate they "save" or "find" for us in terms of taxes- so I will get the most current letter and start there.

12:25 PM

+1

Yes we can wait. Thanks for being open to it. Do we also lease software from them?

12:26 PM

+1

Im not an ophthalmologist but stop rubbing your eye! 😊 Only because you mentioned it to me I can totally see it now. Promise you'll call the doctor tomorrow? If you've been spending a ton of time in front of screens it could just be dried out from keeping them open a lot. In that case some simple moisturizing/rewetting/lubricating eye drops would help it 😊 Has to be just strain/stress. I bet the doctor will tell you to put some moisturizing drops in it and rest it. The eye is the fastest healing part of the body so it must be something chronic, IMHO. Or maybe you've been smoking the chronic. I heard that gives you red eyes too 😊

6:51 PM

+1

Or ....is it covid ??? Lol- yes I will call the doc tomorrow

6:55 PM

+1

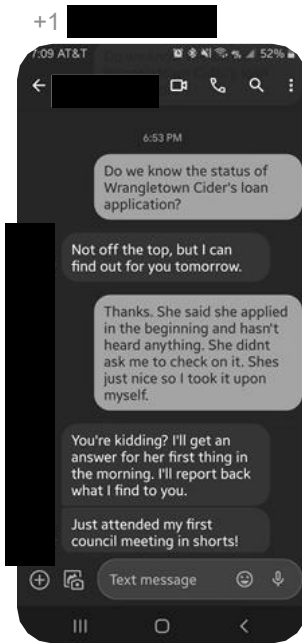
Definitely COVID. Never heard "walking on my tongue" before lol.

7:08 PM

+1

Hope we don't have to see it

7:09 PM



7:11 PM

Haha. This is just FYI my conversation with [REDACTED]



7:11 PM

+1 [REDACTED]

Thanks

7:12 PM

+1 [REDACTED]

I think I lost the bet tonight :)

7:14 PM

+1 [REDACTED]

Maybe. Maybe not. I agree if something controversial was going to be said it's very likely you would be told first. It's possible the decision was made to say something when the meeting opened how it did, or sometime during the meeting. Keeping in mind what happened Monday, I have mixed feelings about saying something even if it comes out wrong... it's really easy to tell other people that and it makes you sound super progressive 🙄 I bet that will be the only quote from the meeting in the T-S. Lol.

7:29 PM

+1 [REDACTED]

You like how I gave you complete authority to pick the Collaborative? 😊

7:31 PM

+1 [REDACTED]

Agreed- It does seem like most are united on the current issues before us. .... and no - lol - on me being in charge of the collaborative- are you shadow on this as well? Lol let's talk about a first meeting time - I will have [REDACTED] start to coordinate.

7:36 PM



+1 [REDACTED] 10:55 AM  
All those places are open for dine in?!

+1 [REDACTED] 10:56 AM  
Okay. I picked up food there yesterday and they told me they were also open for dine in but only one person was there sitting down.

+1 [REDACTED] 10:57 AM  
An APD officer is asking me to call them... the suspense! Lol.

+1 [REDACTED] 10:57 AM  
Not all open- but approved for dine in when they have all the stuff in their plans ready. Septentrio is looking at late next week.

+1 [REDACTED] 11:28 AM  
Okay thanks!

+1 [REDACTED] 12:28 PM  
Call me when you have minute?

+1 [REDACTED] 1:02 PM  
APA and OE3 are trying to setup meetings with me right now... not sure if OE3 is about Arcata members but he is being persistent in trying to get together.

+1 [REDACTED] 1:09 PM  
Leading a meeting until 2 and will call :)

+1 [REDACTED] 1:13 PM  
Sounds good. No rush.

Friday, June 5, 2020

+1 [REDACTED] 10:17 AM  
Isn't economic development [REDACTED] primary job?

+1 [REDACTED] 10:30 AM  
It is part in addition to housing, land use, planning and other special projects such as arts planning, rent stabilization etc.

+1 [REDACTED] 10:44 AM  
What's your direction to him right now on Recovery?

+1 [REDACTED]

We started with outreach and development of the emergency loan program.

Second was revamping visitarcata.com to support essential business that remained open.

Next we moved to providing staff to assist with reopening plans to ensure that business plan review is as rapid as possible through the county EOC.

Currently he is working with [REDACTED] on streamlining use of outdoor spaces to support safe reopening. He now has staff reaching out to businesses that could access the program.

He has participated heavily in the regional leadership to bring business support under Sbdc and get the word out to Arcata businesses on how to access that support.

As a side we have many businesses that we support through food works and he has ensured that they have continued support to hopefully come out of this intact in the other side. Food works has grown to capacity under his leadership this past 3 years.

We are currently reviewing businesses in the Samoa area that may be replaced by the aqua farm project to assess sites in Arcata that could be suitable for them to relocate to.

He sought out the EPA grant to work to clear little lakes for development. This is more towards growth than recovery but it all ties in.

I can look back to review other tasks during the covid period - these are the first that come to mind in the Econ development side.

10:55 AM

+1 [REDACTED]

Sorry if your phone rang. I accidentally dialed you

2:50 PM

+1 [REDACTED]



2:50 PM

+1 [REDACTED]

Then disregard my accidentally call back :)

2:50 PM

+1 [REDACTED]

Thanks for being so responsive! Haha

2:51 PM

+1

May I intentionally call you?

3:32 PM

+1

and are 100% in.

4:37 PM

+1

Fathers Day is June 21st 😊

4:37 PM

+1

Whew- great news to end the day :)

5:58 PM

+1

As always, thanks for putting up with me. Hope you have a restful weekend.

6:04 PM

Saturday, June 6, 2020

+1

Is that a real email from ? If it is, I'm beyond annoyed.

10:40 AM

+1

It appears to be- I looks like a real email but I don't know her personal address. More when we talk.

11:25 AM

+1

Ok. I started to write annoyed passive aggressive replies three times but deleted them all and didn't reply 😊 ::pats self on back::

11:48 AM

+1



12:43 PM



Just FYI 12:43 PM

+1 [REDACTED]

Thank you. I can attend if it seems useful as it gets closer. 12:44 PM

+1 [REDACTED]

I will check in with HSU. [REDACTED] may also have insight 12:45 PM

+1 [REDACTED]

[REDACTED]? 12:46 PM

+1 [REDACTED]

Of course/ lol- let's add up all the numbers and then divide.....Urgh...I meant [REDACTED] - so sorry 12:48 PM

+1 [REDACTED]

Hahaha. Totally fine. What's HSU going to say? They don't have any systemic racism and oppression? Seems like they would maybe concede and release a statement. In that example maybe we should sign it if HSU doesn't care. Seems like the only risk to signing it is offending HSU. If they are already leaning that way then they should just release it before the protest. 12:52 PM

+1 [REDACTED]

They did release one statement already but it was not specific to the oppression and hate speech on campus .....will see what we hear from them 12:54 PM

+1 [REDACTED]

One more Saturday question if you don't mind: What are you thinking in regards to the electronic "stay at home sign" on the plaza in front of Tri Counties? [REDACTED] complained to me about it yesterday. She thinks it's the wrong message because we should be encouraging people to go out and spend money. Driving by the plaza earlier it did seem like a mixed message telling everyone entering the plaza and going to the market to "stay home". That being said, my belief is particular that sign during this particular time has very little effect on human behavior so I'm not concerned about it. 12:59 PM

+1 [REDACTED]

Particularly 12:59 PM

+1 [REDACTED]  
I think it is a great point- not sure how many characters we can display/ but how about we change it to  
Plaza Businesses Open  
Masks requires  
Or something like that

1:00 PM

+1 [REDACTED]  
I meant masks required

1:01 PM

+1 [REDACTED]  
Sounds good. Is it a cal trans or do we rent it from someone? I bet I could find instructions online on how to hack it and change the message. People do it all the time lol. I promise I wont do that though 😊

1:02 PM

+1 [REDACTED]  
Or if we slogan  
Arcata's Open  
Mask because we care

1:03 PM

+1 [REDACTED]  
We own it- don't even have to break in :)

1:03 PM

+1 [REDACTED]  
I'm liking it.

1:03 PM

+1 [REDACTED]  
Awwwwwe that's no fun! Hahaha. Yeah whatever message is fine with me. Your suggestion is good or I can think about it if you want me to.

1:04 PM

+1 [REDACTED]  
FYI- town and country had an internal water leak- they had a plumber out but then told residents no water until Monday at the earliest/ I went out to try to find the plumber but he was gone- I called rotarooter who the residents thought was there and the office and owner to see what parts they need - perhaps we have them but haven't heard back. Just in case you here from residents.  
Thanks [REDACTED]

6:26 PM

+1 [REDACTED]  
Okay thanks for the update.

6:29 PM

Monday, June 8, 2020

+1

██████████ is doing a zoom webinar for the chamber tomorrow with Flamer. At 9am. Its described as a "conversation".

1:30 PM

+1

I'll plan on attending.

1:30 PM

+1

Of you have your staff meeting then, I'm happy to ask any questions you want me to.

1:30 PM

+1

Thanks-  
We have our ██████████ meeting at that time so I won't make the call. We should hear this week from ██████████ - perhaps he will announce it first at the meeting.

1:51 PM

+1



1:51 PM

+1

My mom just referred to the protestors as "savages" and then spent 5 minutes defending Trump 😂😂😂😂😂 lol

2:04 PM

+1

.....and our family keeps us grounded to the fact that the people we love most will at times have perspectives very different from ours :) and we can still love

2:16 PM

+1



2:40 PM

+1

I find the lack of a return text or even an acknowledgement is very unusual. Giving the benefit of the doubt, my impression is your texts aren't being received because any other reason would clearly show a lack of respect since it only takes 5 seconds to unlock your phone, reply at least "👍" and put your phone back in your pocket. The message being given is basically, "I don't have 5 seconds for you." To me that's unacceptable. We need each other more than ever and I'm not feeling the love being reciprocated when I hear your communications go unanswered.

4:25 PM

+1

Brett-

Was this intended for me? I was in the eye doctor but looking at my texts- would not have thought that your 😊 needed an answer. If there another text - your guess was right- I did not get it. Sorry

4:40 PM

+1

Yes but I was referring to the person you told me you hadn't heard from, from across the freeway from us

4:41 PM

Tuesday, June 9, 2020

+1

Checkin later today if you have time?

1:48 PM

Wednesday, June 10, 2020

+1

I managed to get roughly 6 hrs sleep. I guess I'll call it a win. Spent along time thinking and still didn't get to sleep until after 3am and I'm just waking up. This is really hard for me. I believe my feelings are largely the same and I don't really have my thoughts composed yet, but I really want to tell you I'm sorry and I hope you have a really good day.

9:56 AM

+1

Brett- I would call 6 hours a win also...but we know that we both have a low standard for that metric :)  
I to have been thinking and don't quite have my thoughts together - but know that you have had these thoughts for a while now. The election code requires the election to be called 114 days prior to the election- which gives you until roughly July 10th to decide. I hope this little bit of breathing room can ease your thoughts just a little.

10:05 AM

+1

I appreciate that. Thank you. I know I can get passionate sometimes when talking about things and I'm sorry if I ever come off angry or mean. When we do disagree I try as hard as I can to get through it as fast as possible and get back to where we do agree and I never intend to be mean to you. Sometimes I'm too eager to stop being in a place of disagreement with you and as you pointed out yesterday I can have a tendency to want to immediately jump on a problem which isn't always the best tactic. Sometimes I need to be more patient and not rush things. I promise that stressing you or being mean to you are the last things I want to do and it is never ever my intent. I think you know me well enough now but I still want to apologize for it. I hope that makes sense? Lol.

10:35 AM

+1

FYI I got a scam email from myself and just called me and said he got an email from me asking him to buy gift cards. He couldn't get ahold of .

11:34 AM

+1

Thanks - will connect with n.

11:48 AM

+1

Does Friday at 1:00 still work for you for Econ recovery group?

12:25 PM

+1

Yes. Thank you.

12:25 PM

+1

<https://www.instagram.com/p/CBQ2PcSA1W/?igshid=h5pjz0hmo932>

12:26 PM

Horrible Instagram of persons response to being asked to wear a mask in Arcata gas station.

+1

Unfortunate. I'm looking through everything connected to the post but for now my initial thought is report it to Instagram as harassment or whatever option in their dropdown menu that fits best. I'd do it from multiple accounts if possible. There's a chance the algorithm or a random human will remove it. Every now and then I get out of my car and just forget I don't have it on and have to do the walk of shame back to my car to get it. Totally makes me feel like a piece of shit! Lol. But I'm just busy and I forget. At least it doesn't have a ton of traction yet...

12:34 PM

+1

I can report it from at least 5 accounts if you decide it's something you want to try.

12:34 PM

+1

I'm not trying to scrub it. I just feel our city doesn't support shaming or harassment.

12:35 PM

+1

Emailed a link to the full video if you don't have it

12:37 PM

+1

Thanks-

12:42 PM

+1

FYI- is certified to open

12:44 PM

+1

Also, the business owner may not be aware their business is being spotlighted like this.

12:45 PM

+1

I have a lot of thoughts beginning to surface and I'm starting to write them down. Is it okay with you if I type them and give you a physical copy? I'm not very good at composing thoughts on the fly. Sometimes I have my moments when inspired but writing is a much better way for me to coherently communicate.

1:00 PM

+1

Sounds good- thank you. sorry I am running full speed on deadlines today but things lighten tomorrow and Friday.

2:29 PM

+1

No problem at all! My afternoon has been taken up by an 80yr old and now an 11yr old 😊 if I dont bother you for the rest of the day its because I want you to have a Brett-free evening 😊 Thanks for always listening and for always giving me so much of your time. It means a lot to me.

4:32 PM

Thursday, June 11, 2020

+1

Sorry if I sound so scattered. I'm still really struggling with my sleep. Thank you again.

11:30 AM

+1

No apology needed. I do understand and know it also takes time.

11:33 AM

+1

There a couple small things I want to talk to you about. No rush at all.

2:11 PM

+1

Did we say we would tentatively meet tomorrow after the 1pm meeting?

2:58 PM

+1

Yes- I have from 2-3:30 set aside - but also flexible

3:12 PM

+1

Ok. Yeah lets definitely meet at your convenience. That time is fine and I'm also flexible. I'm going to ask [REDACTED] to reserve a space for me for 1pm. Thank you so much.

3:17 PM

+1

And yesterday I adamantly told [REDACTED] all the reasons why you're an outstanding [REDACTED] and how much I like working with you. It wasnt being questioned, the conversation just went that way and I took the opportunity.

3:23 PM

+1

I have reserved the conference room for you tomorrow- see you at 1- and thank you-

3:30 PM

+1

Thanks!

3:31 PM

Friday, June 12, 2020

+1 [REDACTED]

Hope your morning is going well! Im sure you've got it but let me know if I can help with anything to prep for the 1pm meeting 😊

10:56 AM

+1 [REDACTED]

I just heard from both [REDACTED] and [REDACTED] that [REDACTED] will be on the call for HSU- they just heard they were "approved" for hybrid- not fully sure what that means and not sure if they will announce today or next week  
I will email you agenda thoughts

10:58 AM

+1 [REDACTED]

Sounds good. Thank you.

10:59 AM

+1 [REDACTED]

It's going to be a great day and weekend and I'm looking forward to our post meeting, meeting 😊

11:00 AM

+1 [REDACTED]

If you end up needing the time we can totally move our 2nd afternoon meeting to another time or day. I should be able to keep it under 30 min.

11:21 AM

+1 [REDACTED]

All good today - I am free until 3:30

11:54 AM

+1 [REDACTED]

I want to make sure we let [REDACTED] give a report on chamber stuff

1:38 PM

+1 [REDACTED]

\$27 bucks.... Etekcity Infrared Thermometer Lasergrip 749 (Not for Human) Digital Laser Temperature Gun Non-Contact IR Thermometer-58°F~ 716°F (-50°C ~ 380°C), Yellow & Black [https://www.amazon.com/dp/B07QZ1849H/ref=cm\\_sw\\_r\\_sms\\_apa\\_i\\_7G-4Eb3VA1ZAA](https://www.amazon.com/dp/B07QZ1849H/ref=cm_sw_r_sms_apa_i_7G-4Eb3VA1ZAA)

1:41 PM

+1 [REDACTED]

That's it: it's not funding equity Arcata its funding for economic development.

2:01 PM



+1 [REDACTED]

Just sat down and a wave of exhaustion came over me lol. I feel like I didn't leave things as crystal clear as I wanted to sooooo: I am not resigning. I will reassess AFTER the filing deadline and you'll know everything I'm thinking as I'm thinking it. No surprises and I will never abandon you. Ever. I'm very sorry for any additional stress that me going through this has caused you. Thanks for going through it with me and making me feel like I can always count on you 😊

4:02 PM

+1 [REDACTED]

Brett-

Thank you for considering staying on the Council. And also know that I know you will not abandon me and your decision to stay on the council should not be about that. I will find you at the griffin if I need you- lol 😊

5:04 PM

I grow and learn along your side when we work through things so no apologies are needed. I hope you have some fun this weekend and can unwind.

Saturday, June 13, 2020

+1 [REDACTED]

😊 I slept a little better last night. I hope you were able to sleep better too. also hope you have an especially good weekend. I'm going to try and work a lot but it's good. I try not to work too intensely on the weekend. Maybe I'll really spoil myself and wash my car 😊😊 Sleeping more than 4 or 5 hours feels like a 2 week vacation to me at this point 😊 Please consider how I might be able to help you feel less busy and/or stressed. If it's something I can do with my position or if it's just not sending you a long text on a Saturday 😊, please never hesitate to tell me. You really deserve to be rested and happy!

10:53 AM

+1

5:23 PM

+1

Thanks and thanks again for letting me visit. Hope you have a great evening and Sunday. No need to reply 😊

6:02 PM

+1



6:02 PM

Monday, June 15, 2020

+1

Good morning- hope you enjoyed the sun yesterday. [REDACTED] is in town and coming into meet with [REDACTED] and I at 10. If you get here at 11 and we are not done feel free to join us in the conference room.

9:01 AM

+1

Good morning! Okay. Of course we can meet another time too if you need the time.

9:36 AM

+1

I hope it will only take an hour - I just don't like cutting her short if the discussion is a hard one- should be fine and we have a couple things to cover today

9:37 AM

+1

Ok. I don't see the value in a short awkward hello so unless you want me to come in and say hi to her I'll hangout close by until you're done. Dont worry about me if it's taking a long time.

10:05 AM

+1

is running late- can I call you at 1?

10:05 AM

+1

I think my email i just sent was pretty good! "I probably shouldnt even tell you this..." 😊😊😊

5:37 PM

+1

I am glad-  
The vigils are hard for me. It is so not about me.....still hard.

5:53 PM

+1

I imagine it is because you really care, you've had to put so much time and energy into every aspect of the murder, and you have a son of your own close in age. You know in your heart you've done everything possible but it still has to hurt to hear people criticize you and/or the city. I'm really sorry it's hard. I'll always go with you to anything if you ever want company. You're a very caring person and that's a really good thing. In my opinion, to be able to care like you do is only possible if you leave part of yourself vulnerable to being effected by the horrible things that happen around us all the time. To me its required to truly see the reality around us and to care as deeply as the people in our lives need us to. Okay I'm beating around the bush here haha. What I'm trying to say is: to care is to hurt, in my opinion. Not always but definitely sometimes. So if you really care, you endure tough and sometimes painful things because that's what it can take. You know going is essentially a waste of your incredibly precious time and theres a good chance it will be hard but you do it anyways because you sincerely care. That's my opinion, anyways 😊

6:10 PM

+1

Thank you for the thoughtful note- I think it is part that and part I still really feeling like I have failed her. We will keep working for Justice. Hope your night was fun or relaxing or both :)

9:00 PM

+1

I emailed you a long winded reply 😊 Synopsis: you didnt fail her and you're a really good person. I'm in my shop eating sushi, playing a game, and making my product at the same time so I think I have all the boxes checked. Goodnight and talk soon 😊

9:44 PM

+1 [REDACTED]  
I think you do have all the boxes checked :) I hope your progress then let's you sleep.

9:45 PM

+1 [REDACTED]

Thank you 🙏

9:46 PM

Tuesday, June 16, 2020

+1 [REDACTED]

Hey! Good morning 😊 I thinking got nearly 7 hours sleep and I feel like a different person. Hope your staff meeting went well. I m forwarding an email re: negotiations

10:18 AM

+1 [REDACTED]

I want to reply so badly but my reply would be the equivalent of me shouting at him what an idiot he his. Thanks for helping me stay grounded.

10:23 AM

+1 [REDACTED]

Good morning- meeting is good/ always refreshing to hear about progress around the city.  
Will read your email when we finish up here. Glad you've restrained from shouting back- it  
Might make your eye bloodshot for months on end. In combination with sleep/ I am appreciating Matcha during this covid period :)

10:28 AM

+1 [REDACTED]

I've never heard of it but I see I can get "ceremonial grade" matcha haha and how they grow it and prepare it for consumption is fascinating!

10:40 AM

+1 [REDACTED]

Basically - super caffeine :) not my healthiest option but also it does not seem to create the shaky feeling that coffee can :)

10:42 AM

+1 [REDACTED]

I'm glad you're liking it! Plants are awesome. Ever since I learned about them in botany I've felt worse when eating a plant than an animal. Plants are just so much smarter to me 🤖 I've probably told you my crazy logic on this before haha. I mean I dont feel THAT bad about eating plants because they're also DELICIOUS 🤤

10:54 AM

+1

I'm having a really difficult conversation with [REDACTED] right now. It's really weird because I don't see what the path forward looks like but I feel like turning back isn't an option. I feel waves of sadness, numbness and relief at the same time. I don't know why this is all happening at once. I really don't feel like I forced or rushed anything. I think I just need to express this to someone right now so I can try to focus on work. I don't know who else I can tell this to and I don't want to harbor anything for the sake of the people around me I care about. You don't need to reply. Thanks for being someone I can confide in. I just gotta make it to when it's time to sleep tonight and I'll be okay

2:02 PM

+1

It is natural to feel a deep love and connection even when you are questioning a pathway forward. Try to do something healthy for yourself today. There is no rush. I am free until 4 if you are free to call.

2:11 PM

+1

Thank you. I'll call at 330 if you're still free then. It's okay if something comes up.

2:30 PM

+1



2:31 PM

+1



3:29 PM

FYI

3:29 PM

+1 [REDACTED]

Hi. Just got off the phone 😞

6:44 PM

+1 [REDACTED]

Please know it's okay if you cant talk this evening. It was a long conversation and easily the worst of my life. That's the short of it. I'm sad and I feel drained but I'm sure I will survive. This makes me so tired but I dont want to sleep. I think getting some things done will help me feel better. Thanks for being there for me.

6:55 PM

+1 [REDACTED]

That must have been a very hard step- I hope you were able to finish up a few things and then settle in for some rest. There will be more conversations and they will get easier as things are more in the open. Walk tomorrow at noon? I have an hour break.

9:12 PM

+1 [REDACTED]

That sounds great. Thank you.

9:25 PM

Wednesday, June 17, 2020

+1 [REDACTED]

Good morning. I maybe slept 7hrs. I still feel exhausted. Looking forward to our walk. Hope your morning is going well.

9:52 AM

+1 [REDACTED]

Why don't I meet you at your office and we can walk in the bottoms

10:36 AM

+1

I'm nervous around you a lot and it makes me respond generically sometimes because I don't know what to say that won't reveal how I really feel and that won't upset you by crossing a boundary. I'm pretty sure you told me on Friday you care deeply for me and I responded that I appreciated that which I feel wasn't an appropriate response. I guess I've assumed you've known how I feel about you for a long time. August was when I first realized how important you are to me and it was in the middle of me being upset with you over probably some dumb agenda thing or something. I've spent a lot of time thinking about it since then. You're the only person I've ever known that always makes me feel like everything is going to be okay. There's no amount of exercise or medication or anything that compares to how you make me feel better. You're so important to me and it makes me really afraid of losing you as a friend and I'm really afraid of doing or saying something that will detract from our friendship in any way. I haven't even fully realized what I was doing until a few days ago. I've spent more energy trying to build a really strong friendship and working relationship with you because I truly care about you and value you so much and to be blunt I need you. I really can't continue doing anything on the council or anything in politics without you. I can't do it alone and I don't want to. This is hard for me because I want to be open and honest with you about everything but I also dread saying anything that will create distance in our friendship. That's the worst thing I could do to myself right now. This isn't everything I want to say but I'm going to stop here. If I've crossed a line or made you uncomfortable in any way, please tell me. Thank you for always listening. I can't express how much it means to me and how grateful I am for you for being patient with me and for your tolerance of all of my traits.

10:36 AM

+1

Okay. But you can't call it an office. It's more like an old barn or something 😊

10:38 AM

+1

You're mad at me. I'm sorry.

10:42 AM

+1

certainly not mad- sorry to see you hurting- just on two calls at once all morning . See you at noon. At the barn :)

11:00 AM

+1



11:11 AM

+1

Lets take \$150K from reserves and put this behind us.

1:52 PM

+1

Agreed- need to push county planning

1:55 PM

+1

I'll get council to approve expense tonight.

1:56 PM

+1

Should I stay on? I dont know what were talking about now. I can come back

2:28 PM

+1

I'll try not spend to much money tonight. I should probably say as little as possible for the entire meeting.

2:29 PM

+1

Just the transition and county funds for wind down for the parking lot sites-  
I will call when we are done :)

2:29 PM

+1

Thanks 😊

2:29 PM

+1

Talked to [REDACTED]. Seems fine and I reiterated my lack of interest in engaging in anything controversial and to just move the meeting along if something comes up vs. Try to take some principled stance on something that we may not need to be focusing on at this time. I think I need to stay busy. The call distracted me from how sad I am for at least a few minutes. I need to find a balance between distracting myself but not so much that I dont keep working on my problem. I feel so exhausted. For the first time in a long time I just want to sleep but I cant. I did eat an avocado and it was good. I'll keep making myself eat things.

3:07 PM

+1

I'm the longest texter I have ever met 🙄

3:07 PM



+1

wants to have a beer after the council meeting. I told him we could have one at my shop and I'll try to get a growler of IPA. He wanted to buy but I said I would since I was about to cut his salary tonight 😊 he thought it was funny. Trying to keep up my sense of humor 😊 but I need to be careful with that. Did I mention I'm exhausted? Lol

3:10 PM

+1

I'm cancelling the drink. Maybe after friday I'll be in a better space.

3:41 PM

+1

Thanks for being open with me today about not having a lot of time for me. I completely understand. I dont know that its healthy for me to lean on you so much and I should probably work on just enduring things by myself more.

3:45 PM

+1

Can you talk now?

4:59 PM

+1

I'm really sorry. I know you understand but I'm still very sorry. I promise I wont mess up the agenda item.

5:47 PM

+1

Thanks for showing up tonight/ if it is too Much and you are not here I will say you are sick

5:52 PM

+1

Appreciate it. I'll try not to look too sad 😊 😊 😊 😊 😊

5:52 PM

+1

Your picture is soooo happy looking

5:58 PM

+1

I photoshopped that one myself and probably could never figure out how to do it again lol. It was windy and my hair was sticking up. OCD Brett couldn't deal with it so he taught himself photoshop for like an hour lol. The bird is distracting but I dont care. It's too cool.

6:11 PM

+1

Can we please get her a new camera? It's so blurry its giving me a headache lol.

6:12 PM

+1

Fuck I'm tired. My camera is only off so you cant see me falling asleep in my chair 😊

6:12 PM

+1

I love the bird in the background - I hope you are tired enough to sleep well tonight

6:13 PM

+1

Me too. I dunno. Last few times I slept resulted in life changing decisions 😊

6:15 PM

+1

Watch how I build capital with [redacted] 😊

6:19 PM

+1

What part of fake Zoom background says "professional"? Haha I really dont care it's just funny to me.

6:21 PM

+1

Agree

6:25 PM

+1

Why are you having trouble sleeping?

6:25 PM

+1



6:25 PM

+1

Combo of mind spinning and wet dog nose in my face nudging me several times last night- finally walked her at 4am :) should have done it at 1:30 when she started - lol

6:27 PM

+1

I spoke with one of our representatives in Sacramento earlier today and it sounds like the state is going to be passing a budget soon and then it's very likely they will revise and present a new budget in august after theres some time to see how things with the economy. Is this a strategy we want to consider?" Yes or no

6:39 PM

+1

I think the monthly review allows this same concept if we need to make changes

6:40 PM

+1

I'm sorry I hope I didnt mess it up. Wasnt expecting that and was scrambling to find my notes from you 😞

7:05 PM

+1

Lol-  
I didn't either

7:06 PM

+1

fair game right? Lol

7:18 PM

+1

You're really an amazing friend. I'll never be able to express how grateful I am to you for tolerating all of my bad traits. And you're so nice to me all the time even when I'm not being nice. You're such a great example for me. You're beyond belief graceful. I'm glad you know me now because I used to be a lot worse 😞 but I never stop trying to improve.

7:23 PM

+1

I thank you for being here tonight- I know it is hard

7:29 PM

+1

Thank you. Not doing it for me. It's for the community #1 and you #2. I feel bad making you #2 anything but I think you'd be community #1, too 😊

7:32 PM

+1

Community should always be #1 agreed- 😊

7:32 PM

+1

No yawning! 😊

7:37 PM

+1

Yeah this is hard. I'm sorry 😞

7:54 PM

+1

almost there :) for the meeting anyway

7:54 PM

+1

At least if dumbstresser is watching he sees I'm pro APD.

7:58 PM

+1

He said he would be watching

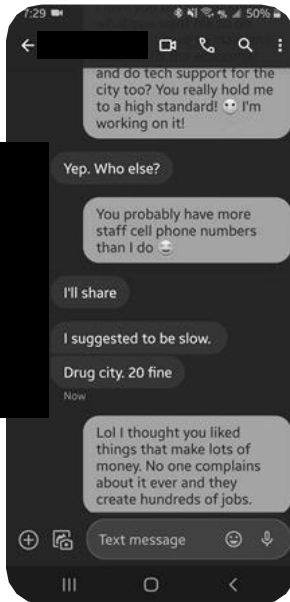
7:59 PM

+1 [REDACTED]

OMFG this is my pledge to you Im not going to say anything. I'm not going to say anything. I'm not going to say anything.

8:00 PM

+1 [REDACTED]



8:02 PM

[REDACTED] was complaining she couldn't get on the meeting but then I guess she figured it out. Then she called the innovation zone "drug city" lol

8:02 PM

+1 [REDACTED]

I guess not the zone

8:02 PM

+1 [REDACTED]

Yes - she does not like more cannabis

8:03 PM

+1 [REDACTED]

She can start her own successful industry then.

8:04 PM

+1 [REDACTED]

She did text me also- [REDACTED] checked all three streaming outlets and thought they were all working- she then seemed to be on.....

8:05 PM

+1 [REDACTED]

Likely user error

8:05 PM

+1 [REDACTED]

Sorry- still yawning

8:05 PM

8:05 PM

8:06 PM

8:14 PM

8:16 PM

8:20 PM

8:26 PM

8:27 PM

8:34 PM

8:49 PM

8:50 PM

8:50 PM

8:50 PM

8:51 PM

+1

Actually dont worry about it 😊 I just want to say I never want to take away from your time with your family or add to your work stress. I know the time you spend talking to me is time you have to make up somewhere else. I've always seen that and it's one reason why I'm so grateful. Thank you so much and goodnight.

9:02 PM

+1

Give me 10 min to send a few emails

9:05 PM

+1

Awe thanks take all the time you need

9:05 PM

Thursday, June 18, 2020

+1

hope you have a good day

9:24 AM

+1

Slept maybe 7 hrs but woke up at least 3 times so I still feel really tired. I guess I need to accept today is going to be awful no matter what and I just need to work as much as possible and try and get through it. Its going to be so sad if/when I tell her I want to spend time apart. Shes going to be completely devastated and I have to do that to her and then just watch her be devastated and not be there for her. It's so awful. Shes really is such a good person and she doesnt deserve that but I guess I have to keep telling myself it's worse if I do nothing and shes in a relationship with someone who isnt in love with her anymore. So really if I want what's best for her I do this. Thanks so much for letting me express this stuff to you. It really helps me feel better. You dont need to reply and please dont let me burden on you.

9:52 AM

+1 [REDACTED]

Yes- there is no way around that today will be hard- You can only focus on what you bring to your time with her- openness to really listen, accept you will see the same parts of your relationship differently, long term happiness and life satisfaction always requires hard choices and at times pain and sadness. Also make sure for you that this decision is not being overly affected by your current acute state. You said in an email last night that I saw you at your worst yesterday. Making this huge decision at your "worst" worries me- so I encourage you to stay open to all possibilities and feelings that surface when you two talk. Sending you strength to stay calm so your thoughts don't race and build defenses.

10:17 AM

+1 [REDACTED]

Thank you so much.

10:18 AM

+1 [REDACTED]

I just donated 50 campaign signs to some local BLM organizers. Hopefully that's good and it doesnt come back to bite me lol. They were really nice and very grateful.

10:28 AM

+1 [REDACTED]

For her to just get home this evening and then have me leave if I decide I need to and sleep somewhere else is just way too much for me to do to her. I dont believe she can take that much at once. I'm thinking I should sleep on the couch just tonight and then basically say goodbye in the morning. Fuck this is so sad [REDACTED]. I'm absolutely going to try and give her a chance but it's just been years of this exact cycle. We just have different personalities. It wasnt such an issue 10 years ago when we were both still figuring out who we were. I feel like I've been selfish for not addressing this sooner. I'm not beating myself up I think that's just the truth and why its actually embarrassing to myself because I try to live my life so selfless. Selfishness seems like the root of every single problem in our world. The most selfless thing for me to do is to not do what's hard because I dont want to feel bad about making her feel bad. I guess I'm just thinking through this out loud to you. I really appreciate your previous response and everything you said is right.

11:03 AM

+1 [REDACTED]

Hey I know you're working so please dont feel inclined to respond. It would be out of line with our mutual #1 priority of community first if I distract you from your work. Again, thank you so much.

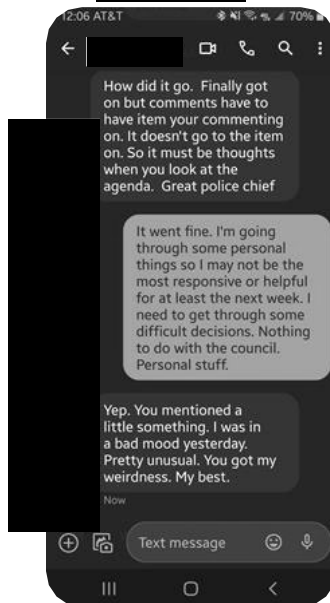
11:04 AM

+1 [REDACTED]

I was just looking at emails and happened to see healdsburg needs a [REDACTED] and I thought about if you ever left the city. I guess it scared me. I hope you know that I will always support whatever you want to do. Even if its take another job somewhere else. I would absolutely hate it and be really sad but it doesnt mean I dont want the best for you and for you to be as happy as possible. I would never hold anything like that against you and I'd be honored to write you any kind of reccomendation or anything you need. I just want you to know I'll always honor your choices and support them.

12:06 PM

+1 [REDACTED]



12:07 PM

Lol

12:07 PM

+1 [REDACTED]

It seems like there were conversations between some of the council and staff about the police reforms that I wasnt aware of before the meeting last night. Is that true?

12:46 PM



+1 [REDACTED]

I don't think that the selfless thing to do in the case of an unsatisfying marriage is to stay - a relationship of deceit seems to amount to nothingness in the end.  
Short stints of trial- are normal- but a long term false relationship would for me be the worst of all.  
(I keep starting a text and then getting pulled off- I see more came in and this responds to several texts ago) will go read the others now

1:08 PM

+1 [REDACTED]

Let's make a deal that we don't talk about any council stuff until monday? Obviously I'm not doing a good job of controlling my emotions and I want to try and get ahead of myself before I say something to you I don't mean. I want to stop having to apologize all the time. And it's not fair to you for me to stress you out like that just because I'm emotional.

1:24 PM

+1 [REDACTED]

Not sure how Secret this is but was told by HSU admin: We are changing our name from MCC to Social justice, Equity and Inclusion Center. It won't be officially announced until July. Also, sounds like a eureka council member may be considering resignation. I hope it's not [REDACTED]

1:27 PM

+1 [REDACTED]

Sounds good - you have enough to focus on this week. Hope you can eat a good lunch to fuel you well.

1:28 PM

+1 [REDACTED]

I wondered if there was a split over [REDACTED] Appointment but it could be lots of reasons right now. Maybe [REDACTED] was out a little early ...

1:30 PM

+1 [REDACTED]

I wonder if ODEI will go under the new center?

1:31 PM

+1 [REDACTED]

I ate half a breakfast burrito this morning. I should be okay as long I keep reminding myself to eat. I'll keep my ears open. Person wanted to meet up for a drink but I told them maybe next week.

1:31 PM

+1 [REDACTED]

Good plan- some time with friends would also be healthy this week for you...not today I understand. Hang in there.

1:34 PM

+1

I really appreciate your replies. They really bring me a lot of comfort. Really means a lot to me because I know you always have a lot to do. I won't let myself have the expectation you'll always be able to reply or call. She's not getting here until maybe 8 tonight. I'm definitely not going to bother you at 9 or whenever the conversation ends. You think maybe we can talk sometime in the morning/tomorrow?

1:36 PM

+1

I can get lonely but for the most part I'm completely capable of being by myself even when I'm really sad. Sadly I have a lot of experience but I guess this where that experience will be helpful. Most of my friends drink or smoke weed and I don't want to be around that right now. That's one reason why I really like hanging out with [REDACTED] because she doesn't drink anymore but she's been kinda weird lately and I've been reluctant to hang out with her. I'll try to make myself play golf this weekend or something. This nice weather is making me grumpy. Where's the rain and dark clouds?!

1:42 PM



+1

Lol- the rain will be back! That much we can count on!

1:45 PM

+1

I need to come up with at least a brief reply to bergstresser that you are willing to approve because a no reply will definitely be perceived as a "fuck you". To be in line with my desire to be more diplomatic, I want to reduce the amount of "fuck you"s I'm putting out into the world.

1:45 PM

+1

I know I shouldn't be thinking about these things right now. It's hard for me to help it. I need to slow down. I move too fast a lot of times and it's too much for some people. It can be so hard for me to patient. I just want problems behind me and to always be moving forward.

1:47 PM

+1

I understand, and just do the best you can. Happy to look over your response to [REDACTED] not for approval but insights :)

1:49 PM

+1

Do you think we can talk tomorrow? It's okay if you dont have time.

2:06 PM

+1

And fuck. I've been wondering if mary needs to quarantine when she gets back. I should really stay away from her but obviously this isnt the best time for that.

2:16 PM

+1

She did not leave the county - and I assume she is not out socializing all over the Bay Area- Free to talk around noon on Monday.

2:20 PM

+1

No 11am appointment?

2:21 PM

+1

She did leave humboldt county.

2:21 PM

+1

I'm perceiving that you feel I need to deal with this on my own from here on out.

2:22 PM

+1

I'm going to let [REDACTED] and [REDACTED] know today on resigning do to personal issues. I appreciate your support up until this point and for your assurance you dont need me and the city will be fine without me.

2:34 PM

+1

Just want to say thank you. I'm really embarrassed by a lot of things from today. I'm clearly not in a good mindset right now and I keep fighting it. Hope you have a good evening.

5:54 PM

+1

Let today go- focus on what is before you tonight - talk tomorrow

7:14 PM

Friday, June 19, 2020

+1

Why are so many people complaining to me this morning about city stuff? 🙄 I'm just venting. Hope your morning is going well.

10:01 AM

+1

So sorry-  
can I blame COVID?

10:02 AM

+1

Yes. For every one.

10:03 AM

+1

thinks the is done and his wife wants to move. Property manager has homeless person not wearing mask and shitting everywhere. People are complaining we "slashed" our police budget because of the LoCo article. I had an argument with this morning bout her coverage and now her and I are best friends so I guess that's a positive. I think I made her feel pretty guilty. Now just woke up and I'm supposed to be on the Friday 10am recovery call. I'm okay. Looking forward to our walk.

10:06 AM

+1

Lots to connect on but start with home- see you at noon.

10:08 AM

+1

I just offered to buy 33% of the Mad River Union. Probably going to regret that tomorrow 😊

11:28 AM

+1

See you soon

11:32 AM

+1

I know you're in a meeting so no worries about replying. This is the tentative plan: 1 month separation with 2 weeks of her visiting family then 2 weeks of her here. When with family we do a couple Zoom therapy sessions and stay in touch. When back in Arcata we see each other periodically and reassess at 30 days. That would leave another 2 weeks on the back end if she ends up needing family support again but that's not the goal. Goal is success. For anniversary we will take a walk, have dinner and spend some time together.

3:11 PM

+1

Just the way you wrote your text sounds like this pathway feels right. Perhaps for dinner and walk tomorrow there are no phones :) hang in there.

4:33 PM

+1 [REDACTED]

Thank you and thank you so much for the matcha and everything else. In reference to my poor behavior and comments the last few days (that I know and you already forgot about), I want you to know I never feel like you owe me anything. Anything I do to support you is because it's either what's best for the community or it's because you've been a great friend who's already done so much for me and I just want to try and return the kindness. Thanks so much again and I hope you have a great evening 😊

4:42 PM

Sunday, June 21, 2020

+1 [REDACTED]



3:12 PM



3:12 PM

About 75 people.

3:12 PM

+1 [REDACTED]

Thanks for going

3:22 PM

+1 [REDACTED]

Total accident. Stopped by city hall to drop something off. Was about 100 people when they left just now. Seemed peaceful.

3:23 PM

Monday, June 22, 2020

+1

Hope you have a good morning

8:30 AM

+1

I almost emailed you a couple times last night to mention this. I dunno maybe I did and I don't remember 😊 I have a small concern over staff seeing/hearing me like this. I think I'll be okay. I guess I don't know what to do about it so I'm just throwing it out there. If I just be conscious of my volume it seems like I should be okay. I'm going to really try to be okay and not breakdown. I feel like I'm already broken down pretty far so I don't know there's much left. I'm sorry. I just don't want to be a burden and I really need to work on things to distract myself and have something to focus on.

9:43 AM

+1

I'm so dumb. I just constantly worry you're mad at me or annoyed with me and I know that's not true. At least I'm pretty sure 😊 thank you. See you soon

9:43 AM

+1

I noticed in my city calendar you did make a meeting for 2pm today? It says I'm the only who accepted it but maybe that doesn't mean anything

10:31 AM

+1

Sorry- lots of little fires today. See you soon.

10:51 AM

+1

😊 leaving my shop now

10:57 AM

+1

May I please talk to you for maybe 4 or 5 min after the meeting?

12:22 PM

+1

Sure- looks like others thought the meeting was at 2- I had two invites plus yours so I cancelled the 1:00 I send today and kept the 2:00 Urgh....

12:33 PM

+1

Blaming it on zoom eye 👁 III

12:33 PM

+1 [REDACTED] 12:33 PM  
I am free now if you want to call

+1 [REDACTED] 2:28 PM  
Maybe our theme is "Relieving Community Anxiety"?

+1 [REDACTED] 2:28 PM  
What you just said!

+1 [REDACTED] 2:45 PM  
Shit I'm sorry. I shouldnt have mentioned it. Forgot about our side of it.

+1 [REDACTED] 2:48 PM  
Can we quickly talk about the Safe Arcata thing when you have a minute?

+1 [REDACTED] 2:52 PM  
It can be another day too or I can write you an email 😊

+1 [REDACTED] 4:01 PM  
Best I can up with in the city context is "carrot vs enforcement" lol.

+1 [REDACTED] 4:29 PM  
Can I even travel anywhere right now? I need to research it. I was thinking about Chelan, Washington because I lived there for a year when I was 20 and it was one of the best years of my life. It's only a 12ish hr drive, same as the drive to my hometown. Population 4,000 on a lake of glacier water. Gets like 110 degrees in the summer and you just jump in the lake. At least that's how it was 20 years haha. As long as I have moderately decent internet access I can leave for roughly one to two weeks at a time. I just need to spend 15 min each day Mon-Fri to remote connect to my shop computer and print the mail out. It's a major shit show if that piece gets fucked up so I always do it myself. Every platform I sell on also has "vacation" settings I can turn on and it tells customers their orders will take longer. As I'm thinking about it, I guess traveling with [REDACTED] hasn't really been appealing to me so I havent done it. We did go to lassen last year and that really nice. But its not that far away. I have no idea why I'm telling you all this haha.

+1

Oh yeah, [REDACTED] actually has keys and can lock up my shop for me lol and basically do every aspect of the business needed to fill orders. So I guess I dont have any excuses.

4:29 PM

+1



5:50 PM

Good meeting with [REDACTED]



5:50 PM

+1

Thanks a lot for everything today. Hope you have a great evening.

5:50 PM

+1

I always support travel- and do believe that driving is a good and safe alternative right now-  
There are fewer things to do when you arrive so glaciers and lakes and outdoors sounds ideal. But if being around people you enjoy feels more uplifting right now finding someone (mom, sister .....)  
who would be comfortable with a visit would also be good.  
You never sound really excited to be in Southern California but maybe that would be different if you were just visiting on your own.  
Glad the meeting with [REDACTED] was good - I hope you have a good night z<sup>z</sup> z<sup>z</sup> (those are sleeping zzzzzz's if the emoji doesn't come through)

6:05 PM



+1

The emojis came through! Haha. You make an outstanding point about visiting family. DUH! I'm silly for not thinking of that. I do like southern California when I make it to my valley. It's the rest of it that's super lame e.g. 10 million people keeping up with the Jones', traffic, etc. But being with my mom, sister, nieces and nephews and my grandma is always so nice for me. I'm tearing up thinking about it 😊 I'm really lucky to have a good family and apparently my mom and my sister stopped fighting which I thought would never happen. I ha even got them to do therapy together a few years ago and it didnt help but when my sister her 4th child last year it somehow mended everything and I'm so grateful for that. And the SUN. It feels like fucking magic when I'm standing in the sun I grew up in. I cant even describe it. I always get a super fun rental car. Fuck you're right. I should see my family even if its 115 degrees down there. Theres this bitchin little mtn town called Idyllwild just 30 min from my family home and it hasn't changed AT ALL since I was a teenager. It's the most potent nostalgia. It's also were I took my first trips into the mountains and fell in love with the wilderness. My mom would be so happy. You're the best! Thank you.



6:18 PM

Tuesday, June 23, 2020

+1

It's like 5:40am and if I havent messed this up, I'm scheduling this to send for 8:15am. I slept a few hours and hopefully I fell back asleep and I'm sleeping a few more hours now 😊 I just want to say how grateful I am for your support. I feel like, actually I know, I would be much worst off without it and I'll be trying to figure out how to repay your kindness for a very long time. Thank you so much. I hope you have a really good morning and I'll see you at agenda setting 😊

8:15 AM

+1

How are you today?

10:26 AM

+1

Good-  
Didn't want to text and wake you. Your text did come through at 8:15- sorry to hear you were up earlier. It is beautiful out today! Hopefully golf is on your schedule - after 1:30 agenda setting :)

10:56 AM

+1

Thanks 😊 I just have to accept my sleep issue and plan my schedule around it. Fighting it or trying to do 10 different things to help me sleep seems like it makes it worse. I'm trying to trust that my sleep cycle will restore itself when it's meant to be restored? Lol. I don't feel like I have another option. Normally it bugs me if I'm in bed when the sun is out and I'm up at 530 or 6 but it's been a while since I've been at that point. I need maybe 1-3 more days on the golf. It doesn't feel right doing something "fun" just yet and I'm making a lot of progress getting caught up with work. My goal is to get "caught up" or at least reasonably close. I think I can do it by the end of the weekend. I always start trying to send you a simple short reply and it always turns into way longer than I intended 😊

11:38 AM

+1

So glad to hear you are seeing progress towards being "Caught up" at work- that typically helps with my sleep and overall outlook. Understand you have a deeper issue you are facing keeping other things afloat does help.

11:43 AM

+1

My heart says if I'm a good leader I will bring up the subject of leading by example and the importance of setting a good example as leaders in regards to self care. How is it reasonable to expect the chief to take time off when his boss doesn't, and how can I expect you to take time off if I/the council doesn't. Isn't that one reasonable way to think about it? To be blunt, I really want you to take some time for yourself and YOUR EYEBALL! 🙄 This is the logic I've generated to justify that and I feel it's pretty sound, but I'm open to some push back 😊 why don't you and [REDACTED] go to that lake you like that isn't too far away? You could stay available by phone and email if you really wanted to. I just really want you to be as well as possible 😊

11:53 AM

+1

Taking quick drive to Mad River Beach and back to be a good example 🤗🤗🤗 I'll be back in 30 and I have my phone if you need to get a hold of sooner for agenda setting.

12:15 PM

+1

Do I ever "mansplain" or "Brettsplain" things? I always try to just share what I know with people but not sure if it always come out the best way. I'm really just trying not to assume other people know what I know and sometimes it will prompt them to correct me if I'm wrong or add something to what I know. But I cant say all that before every conversation 😊

2:15 PM

+1

I'm sorry but we should never have to wait a week to get something looked at by our attorney. And I do love her very much. But it just seems like an unreasonably long time. Sometimes we need something reviewed sooner and sooner should be more the norm. Like within 3 days. 72 hrs turn around time for requests seems reasonable to me for someone we pay a lot for important work. Just expressing that thought 😊

3:02 PM

+1

This is what I'm realizing is missing: if we have to experience delays from her then she needs to give us a discount. That would be good business practice. She charges full price and doesnt give us full service if shes juggling too many other clients and taking a long time to get things to us.

3:08 PM

+1

To offer some good news for the end of your day, I spoke with [REDACTED]. He fully supports plaza seating in all forms, cautions against being near h street because it's a wind tunnel, and said he will offer his big parking lot for outdoor seating. He wants to meet to talk more Thursday or Friday. I would love it if you could be there but I can 100% handle it if you aren't available.

5:37 PM

+1

A few quick updates-

was great - lots of good ideas happy to work to turn things around- didn't have to ask/ she immediately understood the urgency.

Thursday I am free 10:30-2 and Friday 1;30-4 if that works to meet with .

Glad the meeting with went well. Love to talk more about that one

5 cop cars with sirens just went screaming out of here.....bad feeling- fingers crossed.

Hope you are feeling ok today. Thanks for all the updates - 2 more emails to finish op to get outside for a few minutes :)

5:46 PM

+1

I really appreciate you taking time to reply to me when you can. I hope you know that! You think we could talk on the phone before the end of the week or maybe just a 30 min or less walk? Its totally okay if you cant! Anything I need to talk about can wait until our 11am Monday. Except for you taking time off. We definitely need to talk about that sooner 😊 I had this whole plan I've been chewing on for a few days to get and to call you up and ask you to take time off but today it felt wrong and I also worried it would make you mad at me. So I didnt do it and this is my confession of me plotting against you to take a vacation. I'm sorry! I 100% respect your choice but please know you have all the support you need to take care of yourself. I know I speak for a majority of the council when I say we all really value you and care about you and we want you to be rested and happy, as much as possible. I hope you get a lot of time outside and you have a really nice evening.

6:04 PM

+1

In the name of me trying to sleep, did vote at HWMA to raise rates for the entire city without talking the council first? Did she tell us this was coming up after she learned about at her May 14th meeting and I dont remember? Is this me making something out of nothing? Sorry.

9:53 PM

+1

According to our own minutes from May 20th, she did not report this to the council.

9:54 PM

+1 [REDACTED]  
I do recall her reporting that there would be increases to the recycling tip fee. [REDACTED] is calculating how these will affect our rates. No increase to garbage tip fee as I understand it. I think this was just at the last meeting. Can check tomorrow.

10:00 PM

+1 [REDACTED]  
Theres no record of her report. Looks like it was already voted on. I have like 5 windows open on my computer trying to sort through all of this but I will stop because I dont need to excavate this tonight. I have a call scheduled with [REDACTED] tomorrow so I'll ask her. Sorry to bother you so late.

10:03 PM

+1 [REDACTED]  
I mean no record of her giving a report after she knew about it coming up. Only a record of her telling us after it was voted on.

10:03 PM

+1 [REDACTED]  
Goodnight :)

10:04 PM

+1 [REDACTED]  
We can review tomorrow and agree- sleep is better option tonight. Tip fee review is annual. - it does Seem like this increase came later than usual- although all budgets timelines have been pushed this year. Happy to review with you. Please do try to rest

10:10 PM

+1 [REDACTED]  
I promise you I will stop working and go home right now. Thanks again and I'm sorry again for the late message.

10:11 PM

Wednesday, June 24, 2020

+1 [REDACTED]  
Please call when you're available

8:00 AM

+1 [REDACTED]  
On a call- free in 10 ish

8:06 AM

+1 [REDACTED]  
Thank you

8:06 AM

+1 [REDACTED]  
I'm free until 10. No rush.

8:06 AM

+1 [REDACTED] 8:40 AM  
I am free

+1 [REDACTED] 11:48 AM  
Hi 😊 No cavities! the dentist said I'm a "picture of health" which can only be explained by him trying to deceive me 😏😏😏 I'm totally joking. He was really nice and I really like him. Do we have an active PSO in APD?

+1 [REDACTED] 11:50 AM  
We have one- [REDACTED] is her name.

+1 [REDACTED] 11:50 AM  
You did mean police service officer right?

+1 [REDACTED] 12:06 PM  
Yes. Thank you. I'm having the BLM conversation with Z and I'm shocking myself with my diplomacy 😏

+1 [REDACTED] 2:28 PM  
Names from [REDACTED] please?

+1 [REDACTED] 2:31 PM  
Emailed to you- sorry- sent two emails - original and then a few additional beamed from [REDACTED]

+1 [REDACTED] 2:32 PM  
They were definitely beamed from [REDACTED] - lol 😏

+1 [REDACTED] 2:34 PM  
Hey! "Sorry" is MY word!! 😏😏😏😏😏

+1 [REDACTED] 2:39 PM  
Shoot I'M sorry. No wait: Dang I'M sorry. Just checked my email and I see it. You've kind of sent me a lot of emails today... maybe taper that back a bit? 😏😏😏😏😏

+1 [REDACTED] 2:40 PM  
Lol 😏 hope your tour was time well spent

+1

OMG it was awesome. Like literally filled me with awe. We walked nearly the entire system from start to finish and goes FAST like me! He explained almost everything 3 times because I was having a tough time focusing. He was so patient and understanding I almost cried. So I quickly put on my sunglasses 😊 I'm very pleased with the tour and that you chose him for that role. I really tried to make it clear to him that I'm doing this support staff. I'm going to meet with other people but I'll bring everything I gather from others back to him (and you of course) so staff can help me learn/develop arguments in favor of the current plan. We are going to meet at least one more time within the next month to complete the tour and I'm going to try and have a beer with him maybe a few times because I guess I just want to try and help him/staff get to know me better because I know how I can come off and I know how I can be.

2:47 PM

+1

I am so glad it was helpful. There is a lot going on down there-easier to understand when you can see it. Thanks for taking the time

2:50 PM

+1

It's so my pleasure! So I'm going to interject some potential bad news which is I heard a strong RUMOR will not reopen. Hopefully you already knew that. I heard it yesterday from a very reliable source. Hopefully its not true. I know a little bit so I can reach out to him if you want me to. If it's TRUE then maybe he will let us use the parking lot for outdoor seating-potential sliver of a silver lining.

2:59 PM

+1

My goal is to cap this with positive news before 5pm 🙏

3:00 PM

+1

I had a suspicion - they have opened eureka and not Arcata yet...but it was not confirmed. That would be a bummer.

3:09 PM

+1

Ahhh I really wanna debrief with you on some things but I'm doing zoom with [REDACTED] now, meeting [REDACTED] at 6. Pretty much got no work done with [REDACTED] because I had so much background to give her on things and talked a lot about how amazing of a resource you've been to me 😊 I can reimburse us for that \$200 😊 I made another appt with her for tomorrow.

4:09 PM

+1

Just wanted to check in. We can talk tomorrow 😊 thanks again for everything and I hope you have a really nice evening. I promise I won't even think about bugging you tonight 😊

5:45 PM

+1

Busy day/ heading to see my niece for her bday- have a great night and we will catch up tomorrow

6:10 PM

+1



6:11 PM

Thursday, June 25, 2020

+1

Great talk with [REDACTED]. Will share with you tomorrow. Totally broke down on her in the end 😞 but everything is good 😊

2:56 PM

+1

Appreciate you giving me fodder for common ground with my coworker. Let's definitely wrap that up tomorrow. I thinking of a General conversation on council member obligations to report back and whether or not we expect each other to vote in line with the current view points of the council. [REDACTED] says it's currently not required. Try to frame it in a way to disconnect conversation from HWMA as much as possible.

3:37 PM

+1

Reserved conference room for 6. I want to ask these questions, not saying I have to but I want to: are we all comfortable with large development projects in the city displacing and/or impacting long established neighborhoods? Also, do we all agree that we dont care who a proponent is as long as they have a project that fits and resources to build it? E.g. we're okay if Trump wants to build a 4 story luxury housing complex in Arcata?

3:42 PM



+1

To me these are important questions and if we aren't willing to talk about them in the open then why not? I can hold off if you want to talk to me about it first. I can raise questions another time.

3:43 PM

+1

If everyone said yes to both it will make my job easier lol

3:44 PM

+1

I am glad that the talk was good.  
I am curious about how the flow of decisions went on the HWMA piece but just to have a better understanding and agree that General conversation on reporting back will be good.....your texts keep coming in I am hitting send so I can read them...lol

3:44 PM

+1

Your meetings with the commission are rare- I say get all the input you can and need. It helps them also to have direction and clarity.

3:46 PM

+1

Haha we can talk whenever you want about HWMA. I could stop by just before meeting or hang a little bit after the meeting 😊 I do want to know between me and you when staff learned about this. said we should have known a month or two ago. I'm focused only on moving forward with better practices, if we feel theres a better way!

3:46 PM

+1

Okay. I just didnt want you to think I'm just trying to be a jerk or cause trouble ..

3:46 PM

+1

I'd type everything out to you but I'm scrambling a bit til 5ish

3:50 PM

+1

Saying I understand would be an understatement- lol

3:51 PM

+1

😊 also want to update you on idea of closed session.

3:51 PM

+1

On the list

3:51 PM

+1

Just want to be clear at this point it's really not about HWMA for me, just our practice in general as council members. Also want to make sure our staff was informed in a timely manner. If we were and staff just forgot to tell us, its okay!!!!!! I just want to know and see if we can change something to help with that in the future.

3:53 PM

+1

I'm really nice when I'm sleep deprived 🤔😅

3:54 PM

+1

I'm nicer when rested now, too.

3:54 PM

+1

Actually I guess that's a theory I need to prove by getting rest haha



3:54 PM

+1

is okay with camera use but you and I need to discuss some details

5:08 PM

+1

Yes-  
It has just been a wonder for me for a while.

5:36 PM

+1

should take it over for his ego

6:05 PM

+1

But I dont care

6:06 PM

+1

Agreed-  
Just concerned he doesn't have access to agenda and zoom

6:07 PM

+1



6:07 PM

+1

But I will make sure after this item

6:07 PM

+1

I'm totally okay with it 😊

6:07 PM

+1 [REDACTED]  
[REDACTED] is peanut butter and I'm jelly 😊 6:13 PM

+1 [REDACTED]  
Might have to file that one away for later 😊 6:14 PM

+1 [REDACTED]  
I sent this to him earlier " I'm going to raise these questions tonight and in a general way. I'm not going to say they are things you and I talked about or attribute them to you in anyway because we're like peanut butter and jelly now, right? Haha. Seriously man. You can pick if you're the jelly or PB lol. " 6:15 PM

+1 [REDACTED]  
He said PB, organic non hydrogenated and chunky. I havent decided what kind of jelly I am yet lol. 6:17 PM

+1 [REDACTED]  
Did your guy with the public comment get back to you? 6:52 PM

+1 [REDACTED]  
He wasn't home. Not sure if he will. That was question 1 of 2. I'll see if I can work in 2. 6:52 PM

+1 [REDACTED]  
Didnt think there would be so much discussion on it! 6:52 PM

+1 [REDACTED]  
Can barely here her 7:01 PM

+1 [REDACTED]  
Agree 7:03 PM

+1 [REDACTED]  
Thanks for pointing out to me this is a rare opportunity to talk to the PC. I didnt think about it like that 😊 I probably wouldn' have followed through with asking those questions otherwise and it would have bugged the heck out of me 😊 7:23 PM

+1 [REDACTED]  
They were both good questions and had good input- i think this is the type of input that we have been talking about- having the conversations that sometimes we duck from. 7:26 PM

+1



7:26 PM

+1

Is it too much to repeat what I've said in a meeting before: I attended a League conference with a session for Coastal Cities and my takeaway was Arcata is way out ahead of many other cities. I feel like under [redacted] leadership were heading the right direction.

7:39 PM

+1

Eh probably too much?

7:39 PM

+1

I'm going all in now.

7:39 PM

+1

As has come up...repetition is needed especially for these topics that expand for years. Yes all in it is :)

7:50 PM

+1

Was I okay? Honestly I was frustrated with the WWTP project being questioned over things I brought up LAST YEAR.

7:51 PM

+1

I have to stop letting that stuff bug me 😞

7:52 PM

+1

It's not like I expected anything different but you did a great job talking about the WWTP. Made me feel more confident about the project 😊

7:55 PM

+1

You are the fastest texter I know :)

7:57 PM

+1

I saw how it was going and It was typed before you finished talking 😏

7:58 PM

+1

Can you see a chat on the zoom?

8:03 PM

+1

I see the feature but no comments

8:03 PM

+1 [REDACTED]  
 I see one comment but I don't want to open it because my screen goes out to YouTube 8:03 PM

+1 [REDACTED]  
 Thanks 8:03 PM

+1 [REDACTED]  
 Do you have like a usb camera or is it in your monitor? 8:13 PM

+1 [REDACTED]  
 If you really want it clearer, or higher definition, theres a setting in Zoom for for HiDef video "enable HD" in video settings. 8:14 PM

+1 [REDACTED]  
 If that doesnt work it's the camera. I have a 1080p camera I dont use and can totally borrow it if you want 😊 8:15 PM

+1 [REDACTED]  
 I have an all in one camera / microphone - hard enough to see yourself in low def....high def might be too much for me- lol 😊 8:17 PM

+1 [REDACTED]  
 I dont want to send the plan to the PC. I dont see the point. 8:18 PM

+1 [REDACTED]  
 Spoiler: your present is an eye patch 😊 8:21 PM

Friday, June 26, 2020

+1 [REDACTED]  
 Walk at 2? 10:16 AM

+1 [REDACTED]  
 Talking with [REDACTED] in a little bit if you have any questions you want me to ask. 10:24 AM

+1 [REDACTED]  
 Sounds perfect- heading into meet and confer 11:07 AM

+1 [REDACTED]  
 on the county recovery call. It's going to be the tourists that take down our Safe Arcata! 11:13 AM

+1 [REDACTED]

Please dont worry about replying. I know you're busy and I'll see you at 2. Just dont wanna forget... meet with [REDACTED] at some point?

11:46 AM

+1 [REDACTED]

Meet at st Mary's?

1:40 PM

+1 [REDACTED]



1:41 PM

+1 [REDACTED]



Gonna be 5 late. I'm sorry!!

1:58 PM

+1 [REDACTED]

I've thought a lot about this because I know it's a pretty strong statement and I do have very close best friends I stay in touch with. I really feel like you're the best friend I've ever had. You've really been there for me during my worst times, even when I've been such a jerk to you, and I will never ever forget it. I've done so much work on my own but theres no way I would be here doing what I'm doing right now and continuing to get better and grow without the immense amount of support you give me. Im grateful beyond words, [REDACTED]. Your friendship is the greatest gift you could ever give me. Thank you so much!! 🥰

4:35 PM

+1 [REDACTED]

Brett- I know you have some very good friends and am sure there are several better than me- but thank you- I enjoy our talks and am certain that this period will lead to better times ahead for you- as we have talked about many times we only get one go around in this world and try hard each day to make it the best we can. I hope you have a great time at Plaza Grill tonight.

6:17 PM

+1 [REDACTED]



6:17 PM

Saturday, June 27, 2020

+1

May I please go look at Morro Bay and Pismo Beach on Wednesday? Morro Bay has WWTP that's been ordered to be moved inland. Costal commissioner in Pismo and current mayor of pismo is chair of the League Coastal group. Of course I'd prefer you to go like we previously planned but I'm fine going by myself if you cant/dont feel like it. Puhleeeeeeease? 😊😊😊😊😊

3:55 PM

+1

I can do council meeting from Zoom and I'm getting you FREE cameras on the Plaza 😊

3:57 PM

+1

This is your call. Learning about their treatment plant sounds interesting. [REDACTED] also made a stop at the treatment plant late last year. might be good to touch base with him for any follow-up questions.

We have frozen nonessential travel this year but now that hotels have been opened up state wide we will be reviewing critical training for staff And would approve travel if the staff member was comfortable with it and it was budgeted for.

Just some background for your. If you want to go and need assistance with reservations [REDACTED] could assist on Monday.

4:26 PM

+1

Thank you very much.

4:36 PM

+1

What do YOU want? Would you prefer I didnt?

4:36 PM

+1

Do you feel like theres value in me doing the trip?

4:39 PM

+1

I guess "your call" answers my question 😊

4:40 PM

+1

Yes- I think there is value in the trip. It is important for you to have information and background that helps you make decisions on our project here. Covid and the budget make it hard for me to justify or feel comfortable going myself- that's all.

4:44 PM

Monday, June 29, 2020

+1

I'm here. Please take your time.

10:55 AM

+1



10:57 AM

+1

Should I just pay for all my travel then submit \$750 in expenses?  
What's best for staff?

12:26 PM

+1

That is super easy - but if cash flow is an issue we can book things  
for you also.

12:57 PM

+1

K. I'll just pay for it all and submit. Is it okay if submit after end of  
fiscal does it need to be before?

12:57 PM

+1

After is fine- we will hold it knowing that it is coming in. Thanks

12:58 PM

+1

Good talk with [redacted] and [redacted]. I feel like things are better now  
from when you and I talked. 2nd tour with [redacted] 10am Wednesday.  
[redacted] tomorrow at 9 and I'm pretty sure [redacted] is coming. Also  
going to try and invite [redacted]. [redacted] really answered every single  
question I had including relocation and timeline. Pismo guy is  
trying to get me a deal on a sweet room so waiting for that before  
booking. If I take \$750 then donate \$750 from my council pay, it's  
kind of like I gave it to the association, right? Lol. Thank you 😊

3:06 PM

+1

I am glad that [redacted] had more concrete answers than I did...and  
yes donating cost to your travel is a donation.

3:10 PM

+1

Now you're making me feel bad. your answers are always the best  
answers! Haha

3:21 PM



+1

For the record, you're always automatically invited to any meeting or conversation I have with anyone. If I don't formally invite you it's because I don't want to take your time or hopefully I can attend it and circle back with you so you don't have to. And sometimes I probably just forget 😊

3:23 PM

+1

I appreciate you reminding me and I do always feel welcome to attend. I also wish I could attend many of them but still work to prioritize each day/ which I also appreciate that you understand. I hope you are able to catch up at work. Wish I knew of someone to refer to you for work....will think about that- although I am sure you know many people that could potentially work for you.... sorry that [REDACTED] is not working out- I know you invested a lot in her.

3:26 PM

+1

I appreciate that! I was thinking about it and I'm just glad I don't feel like I need to worry about her. I know I helped her a lot and she's back living with her parents which is a safe place for her. I'm also seeing now she screwed some stuff up and she also never stopped talking and made it hard for me to work sometimes so there's a silver lining too haha. Normally I do a Craigslist ad and I get a ton of replies. I was already thinking I'd run candidates by you first 😊

3:50 PM

+1

[REDACTED] just called me and sort of complained about the EDC and said she just talked to [REDACTED] about getting rid of the EDC. I didn't have the heart to tell her about the Collaborative because she's a really good friend and I know she would have been hurt if she knew we did it without inviting her. Anyways, I deal with that later but WHAT IF we made the Collaborative permanent and it met quarterly down the road when we don't need it as much? Keep the same structure. The problem with the EDC has always been 1. It has no teeth/power and 2. No one worthwhile from the economic development or business community thinks it's a good of time so we get unskilled candidates. I don't know if I characterized the problems right but that's the idea.

4:11 PM

+1

\*Good use of time

4:12 PM

+1

I like that idea-  
A check point with the businesses - Mainstreet, Chamber and HSU... count me in

4:42 PM

+1

To reference the HSU liaison meetings, It's almost like they could take page from each others books. The HSU liaison group seems way too big now that I think about it. It should just be [REDACTED] or something. I don't know. Do you think all the [REDACTED] and HSU [REDACTED] etc need to be there too?

4:46 PM

+1

I think the liaison meetings have been very good operationally- they just don't provide the small discussion that would be [REDACTED] and others if there is a topic specific reason. You and I talked about this before and I have brought it up with [REDACTED] - we talked about quarterly breakfast which he was considering but so much just started happening.... this meeting with the businesses could be a start

4:56 PM

+1

I talked to [REDACTED] and gave him my updated position on the WWTP. If he still has any concerns, he's focused on the Coastal commission piece. He is going to zoom in tomorrow to the [REDACTED] meeting and wants me to setup a meeting with the CCC deputy director if I can. I also suggested to [REDACTED] that he call him before Wednesday in case he has questions. Overall, I feel everything is good. Thank you. Hope you have a great evening.

5:48 PM

+1

Will you please call me? I need to explain something. Important but not an emergency.

6:55 PM

Tuesday, June 30, 2020

+1

I think I found a good middle ground between wrapping paper and the paper towels in the conference room 😊 Hope you have a great morning.

7:22 AM

+1 [REDACTED]  
Great wrapping.....but that is a lot more than an eye patch. Most embarrassingly/ I actually thought you had gotten me an eye patch- lol. I love that you know what cords and plug in devices charge the fastest- thank you. 8:31 AM


+1 [REDACTED]  
You're very welcome! I'm fine with [REDACTED] joining the meeting today, for whatever it's worth 😊 8:34 AM

+1 [REDACTED]  
I mean for whatever my opinion is worth, not him lol 8:38 AM

+1 [REDACTED]  
Thanks he is off today but I will add him to the next one. 9:14 AM

+1 [REDACTED]  
Do you think we should invite [REDACTED]? I'm on the fence. He has a lot of regional info from his groups that may be useful. Anything he will contribute I can probably just get from him one on one, too. 10:51 AM

+1 [REDACTED]  
I don't know him as well. He seems to have a lot of knowledge - The group is small enough to handle one more.... 11:10 AM

+1 [REDACTED]  
 11:11 AM

+1 [REDACTED]  
Talking to [REDACTED] at 1 if you have any eureka q's 11:55 AM

+1 [REDACTED]  
I don't think so - I think they are using their covid 19 CDBG for rental assistance - but it might be interesting to get her thoughts on that. 12:00 PM

+1 [REDACTED]  
K thanks 12:10 PM

+1

OMG the meeting was so funny. I learned the hard way why I should never use my phone as the main zoom device haha. We were trying to zoom in and texts and calls kept coming in 😓 At one point asked what the chemical composition of the biomass? was and everyone laughed but then saw was serious and then broke it down by what percent there was of what in it. My favorite part was that everyone was smarter than me in the meeting. Its kind of a relief sometimes 😊 and then I just get to watch the smart people interact with each other. So fascinating! Lol.

12:29 PM

+1

Zooming with camera guy at 930am tomorrow.

12:30 PM

+1

Sadly I will be camera off for a little bit while I finish up some work but I'm 100% here. The work is not cerebral 😊

2:26 PM

+1

Sounds  
Good

2:30 PM

+1

She was just at my shop too. Shes making the rounds lol

3:05 PM

+1

Great job asking HSU questions!!!! I wouldn't have thought to.

3:06 PM

+1

I should skip the closed session. Otherwise I'll just be upset from having to sit through us giving in to their demands. I know that's what will happen.

5:20 PM

+1

Sorry. I'll try to sleep and think about it tomorrow. Thanks a lot for the walk today. Thanks for hanging out with me before your call.

5:27 PM

+1

Will you please call me if you have a minute? It's okay if you aren't able to.

5:52 PM

Wednesday, July 1, 2020

+1

I feel like you're already busy this morning. Probably because you're always busy 😊 thanks for talking with me. I guess I need to talk through this whole piece about the enhancement marshes getting cut out. There seems to be opinions other than [REDACTED] that believe our staff screwed [REDACTED] and there actually was a chance to keep them as part of the permit. Who's best for that conversation? You, [REDACTED]?

8:49 AM

+1

I would say we try a new perspective, [REDACTED] who manages compliance. She and [REDACTED] worked on the permit.

8:52 AM

+1

Did you do anything with the open space argument- I can update and send to you

8:53 AM

+1

im also told by several people I need to talk to the operators, as well. I can do that another day, though. I need to talk about enhancement marshes before tonight if possible. Thanks for reminding me about open space. I will email you before noon on it.

8:55 AM

+1

I'm meeting with [REDACTED] tech /camera person at 930. Presuming the cameras become operational, who at the city should I tie in with so APD can get on demand access? Or how do you want to us to have access?

9:03 AM

+1

I will give [REDACTED] a heads up for the In demand- I assume we access via a website? [REDACTED] is in the office until noon- want to try for 10am?

9:05 AM

+1

It makes me feel very relieved that I can do all the digging I want and vote how ever I want and you and I are still friends 😊 thank you for assuring me of that. It really helps me with this stuff. It's a major major thing I struggle with. On the other side of that, I'll be dissappointed if you ever feel reluctant to push back or smack me or yell at me if I'm becoming unreasonable 😊 Seriously, though. My friends tell me when I'm being dumb 😊

9:08 AM

+1

10am is good. How can I contact . Sad to hear he isnt well.

9:09 AM

+1

will call at 10.

9:09 AM

+1

I dont know him really well but he always seems like such a good person. Poor guy. Just want to give him some well wishes 😊 I feel like anytime something happens to any staff person there should automatically be a letter from the council expressing our sympathies and support. I know we all really care about our staff.

9:11 AM

+1

And hes a fellow elected. We gotta look out for each other 😊

9:12 AM

+1

You must be sick of me saying how much I appreciate you. I mean it every single time I say it. Not sleeping is a big part of my problem. It definitely contributes. I'm going to work really hard on it. Might be the best thing for me to improve on right now. I really appreciate you being patient with me. Thank you.

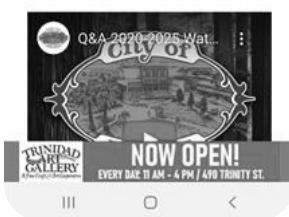
9:14 AM

+1

9:25 AT&T 88%  
HANK SIMS / TODAY @ 7:05 A.M. / LOCAL  
GOVERNMENT

Arcata City Council to  
Discuss Big  
Water/Sewer Rate  
Hikes, Coronavirus-  
Related Grant  
Applications and Oh So  
Much More Tonight

9:25 AM



+1

Do you 100% stand behind replacing the enhancement marshes with the ox ditch or do you have any doubts or concerns?

9:27 AM

+1

It is far from a one for one replacement. I 100% stand behind the design of the ox ditch to ensure we meet compliance. We are not fully in compliance now with the enhancement marshes - that is why we have spent so much on analysis and design vs just parts replacement. Further the marshes do still improve the water quality before it reaches the bay.

10:12 AM

+1

Why havent we done PR requests on initial permits if the board wont give us all the details? E.g. why could we operate like we have for the last 30 years but cant use them moving forward? is awesome. Still talking. We need those initial permits before moving forward IMHO.

10:18 AM

+1

We have all the permits - should be able to share some of the regulatory changes. I can review the big fight we had a few years ago-

10:21 AM

+1

She said they've never sent her all the information.

10:22 AM

+1

I need ALLLLLLLL the info

10:22 AM

+1

is going to call you. Hes asking about the WWTP after reading LoCo article

10:30 AM

+1

is asking me questions but I told him you're the best to talk to.

10:54 AM

+1



10:54 AM

+1

Getting to him now :)

11:24 AM

+1

Have you contacted the signers of the measure? Or should I pull the names for now

1:29 PM

+1 [REDACTED]

Pull names... will be at my desk in 15

1:44 PM

+1 [REDACTED]

Did [REDACTED] approve this? Made some grammatical changes and sent back what I approve.

2:17 PM

+1 [REDACTED]

[REDACTED] had a deadline and gave me authority to approve it. I delegate that authority to you 😊 after I approve it 😊 just kidding haha. Thanks for reminding me.

2:28 PM

+1 [REDACTED]

We cant ask people to sign it until we have language for them to read, right?

2:29 PM

+1 [REDACTED]

I think you can ask in general - but yes they would like to at least see the draft language.

2:33 PM

+1 [REDACTED]

Ok. I will call [REDACTED] and [REDACTED] and [REDACTED]. Can you try [REDACTED]?

2:34 PM

+1 [REDACTED]

Fuck. I didnt save cevas number when you gave it to me.

2:35 PM

+1 [REDACTED]

7



2:36 PM

+1 [REDACTED]

[REDACTED] is a no because tax.

3:20 PM

+1 [REDACTED]

I pulled all the names - we can announce any that confirm by 6

3:29 PM

+1 [REDACTED]

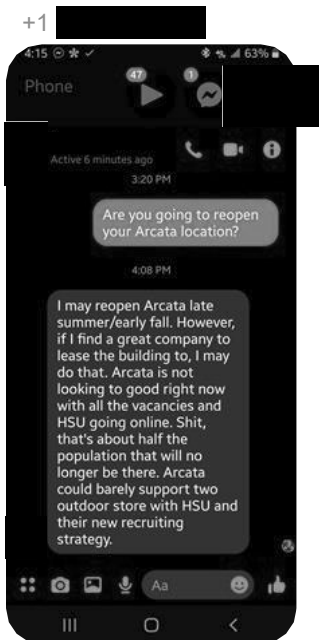
asking [REDACTED] in lieu of [REDACTED]

3:35 PM





3:36 PM



4:15 PM

+1 [redacted]  
Oh and I didnt send a single text! 😊

8:33 PM

+1 [redacted]  
So proud :)

8:56 PM

+1 [redacted]  
Thanks! [redacted] just called me. From her perspective it's all me being "hostile". I told her sometimes I feel it's her but I want to put it in the past. I apologized and asked if we could start fresh. She said yes. That's the short version. Goodnight 😊

8:59 PM

+1

8:31 AM

+1 [REDACTED]

8:35 AM

+1 [REDACTED]

8:36 AM

+1 [REDACTED]

9:32 AM

+1 [REDACTED]



10:09 AM

+1

My reply got super long so I emailed it. 2 questions: May I please talk to [REDACTED] about the data hub thing? I just want to learn about it so I have it as input for thinking about our economy. Also, may I please check in with [REDACTED]? If theres anyone else that might be sheltering intensely, it would be my priveledge to reach out to them.

11:06 AM

+1

Of course talk to [REDACTED] about the data project. We haven't seen much in project detail yet. I think because [REDACTED] had reached out to you that she may feel ok about you checking in with her but typically personal questions initiated by Council to a staff member can be awkward for staff as they feel they have to engage and answer.

2:28 PM

+1

Okay. [REDACTED] at Solutions just called me to order some of my product. It's a small order and I'm going to give it to him for free to try and be supportive. Hes always been good to work with. He said hes hoping to open on the 15th. Hope your day is going well.

2:31 PM

+1

That is good news! Plans are in for big blue also- so thankful the fire was not worse.

2:53 PM

+1



2:53 PM

+1

Is tomorrow a holiday for the city?

3:04 PM

+1

Honestly what I really want to ask is do you want to go for a walk tomorrow? Its totally fine if you're taking the day off or dont have time. I'd prefer you took the day off 😊 and I'll be fine.

3:06 PM

+1

Tomorrow is a holiday - I haven't decided if I am working - hoping to take it off.

3:11 PM

+1

Okay sounds good 😊

3:11 PM

+1

Thanks so much for the hug yesterday. If I don't talk to you again before Monday, I hope you have a really nice evening and weekend.

3:13 PM

+1

I have to be honest or it will keep hurting me internally. I'm going to miss talking to you until Monday. It makes me really sad to think about it. I need to get over it though. I really do hope you take tomorrow off and have a really nice weekend. And I know I will be okay. Thanks again for all of your support and friendship 😊 You've helped me more than you know.

3:31 PM

+1

I stopped by to tell you in person but you aren't there. I acknowledge this just may be me being sad because it's the only time I think about quitting things. I just think I can't do my business, relationship issues and council all at once. It's so overwhelming to me. I know I said I would wait for the filing deadline to decide but maybe I should do it sooner so it can be on the ballot. It really seems like the city will be okay. I can always volunteer or be on a committee to help out if needed. Over the weekend I'm going to talk with [REDACTED] and [REDACTED] and some others about it again. I'm sorry. I don't know what else to do. I've never felt so bad and I don't know how much longer I can deal with it. I need to change something. I don't know.

5:02 PM

+1

I have more to say but trying to finish up some calls before it is too late today. Hang in there - if I peter out today we will connect tomorrow. This last two weeks I have really felt the importance of your marriage. And agree that nothing is as important as that - Your business second. There are many ways to help the city - if this ends up being your decision let's talk about your idea on the collaborative with you on it.

5:19 PM

+1

Okay. I'm so sorry. I don't know if I'm being weak and I just need to suck it up or if I'm taking on too much. Thank you

5:21 PM

+1 [REDACTED] 7

I do not think this would be a weak decision.

5:23 PM

+1 [REDACTED]

Thanks. It hard to get around that feeling. I cant remember the last time I quit anything. I don't want to. I really don't. I'm just afraid I'm going to have a melt down or something in public. Say something mean to someone I care about.

5:27 PM

+1 [REDACTED]

I think another major factor for me is being friends and your boss. It constantly tears at me and it clouds my judgement and influences my decisions. It's my own fault because I made it that way.

7:00 PM

+1 [REDACTED]

It would be different if I knew we were 100% on the same side of every issue and that's what I tried to explore a few weeks ago but I guess that's not possible. Then it puts me in a position of going against my friend. A person who's really been the best friend I've ever had in such a short period of time. A person who has given me unending support in the most difficult time of my life. It's a horrible position to be in for me, on top of the other responsibilities and problems I have. The only way I see to fix it is to make it so I'm not your boss anymore.

7:06 PM

+1 [REDACTED]

Its selfish of me to do this to your evening. If I think you're a great friend then why would I do this? Im really sorry. Today started off so well for me. I even slept. In the afternoon I started feeling down and it didnt get better. I'm so not your responsibility and I'm very sorry about all of this and I'm also sorry I wasnt patient and waited until tomorrow like you so generously offered.

7:30 PM

Friday, July 3, 2020

+1 [REDACTED]

Good morning (almost afternoon). I just got to the office and will be here until 2:30 or so.

11:56 AM

+1 [REDACTED]

You're the best. May I please stop by at 1:15? I will be brief. Thank you.

11:57 AM

+1 [REDACTED]

Sounds good

11:59 AM

+1 [REDACTED]

From [REDACTED]. I check in with him this morning.

12:47 PM

+1 707-293-3585



12:47 PM

Saturday, July 4, 2020

+1 [REDACTED]

I'm so sorry to bother you. There's a video on Facebook of APD officers putting a person into the back of a car. The person is resisting. Someone tagged me in the post. It's on a page of a person named [REDACTED]. It may not be a big deal but wanted to make sure you knew about it. Very sorry again to bother you today.

5:00 PM

+1 [REDACTED]

Thanks-  
Sorry I am on a call still-  
[REDACTED] is monitoring the trending of the video on Instagram and Facebook. I got email from her just about the same time your text came in. I don't have the details of what happened prior but will get them and let you all know. Appreciate the heads up. Glad you're having a good day.

5:31 PM

+1 [REDACTED]

☺ day is still good ☺ just let me know if I can help with anything.

5:35 PM

Monday, July 6, 2020

+1 [REDACTED]

For our meeting

10:34 AM

+1 [REDACTED]

I printed agendas

10:34 AM

+1 [REDACTED]



10:34 AM

+1 [REDACTED]



10:35 AM

+1 [REDACTED]

Here. No rush

11:00 AM

+1

I'm spinning hard on the employee employer piece. I guess my question is when is appropriate for you to tell me "no"? Examples are I tell you to take time off and you say no. I tell you to cash out your vacation and you say no. It's not my sole decision but the way the system works is if I believe something needs to be done and you say no then it's well within my role as a council member to see if my fellow council members agree with me and if there is a majority opinion then we give you that direction. But if I do that you will be upset with me even though I believe I'm just going my job and doing what's best for my employee and the community. Should I just accept you're going to be mad at me and I don't need to worry about it because I'm just doing my job?

1:24 PM

+1

If that's the case then I'm absolutely going to talk to [REDACTED] and [REDACTED] because that's what I believe needs to happen and I shouldn't be concerned about it making you upset with me personally. This is where the gray area doesn't work for either of us, in my opinion.

1:26 PM

+1

Please consider that sometimes you may misuse your power with me. I feel like nothing has really changed since we started talking about this weeks ago. From my perspective you are holding on to power by preferring gray areas and not being willing to take a more black and white approach.

1:56 PM

+1

Please call me

2:17 PM

+1

I'm in my therapy session. May I please call you after 5? Thank you for calling me. It's okay if after 5 is too late.

4:29 PM

+1

Yes- sorry I called during your appt

4:34 PM

+1

No problem. I'm grateful you're willing to talk more.

4:35 PM

+1

Is it okay if I stop by or would you prefer to talk on the phone? It's okay if you've already left for the day.

5:03 PM



+1 [REDACTED]  
I am still here - [REDACTED] is in the conference room but we can meet in my office 5:09 PM

+1 [REDACTED]  
Ok. there in 3 min 5:09 PM

Tuesday, July 7, 2020

+1 [REDACTED]  
I'm sorry I'm still struggling with everything. I hope I haven't exhausted your patience. I hope you have a good staff meeting and a really good day. 8:54 AM

+1 [REDACTED]  
Do you mind if I ask [REDACTED] for advice? Just trying to do everything I can to prepare for using our time as efficiently as possible tomorrow. I can also wait until we talk tomorrow, too. 10:43 AM

+1 [REDACTED]  
[REDACTED] always has good advice - fine with me 10:46 AM

+1 [REDACTED]  
Thank you 10:47 AM

Wednesday, July 8, 2020

+1 [REDACTED]  
May I please ask you a question about the budget? 11:52 AM

+1 [REDACTED]  
Sure 12:02 PM

+1 [REDACTED]  
Is now okay? 12:04 PM

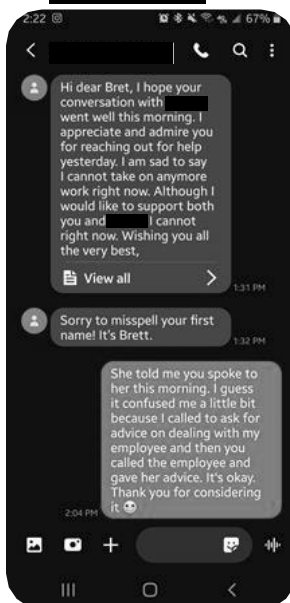
+1 [REDACTED]  
3 minutes but 4 to be safe and I have a timer ready to start 😊 12:04 PM

+1 [REDACTED]

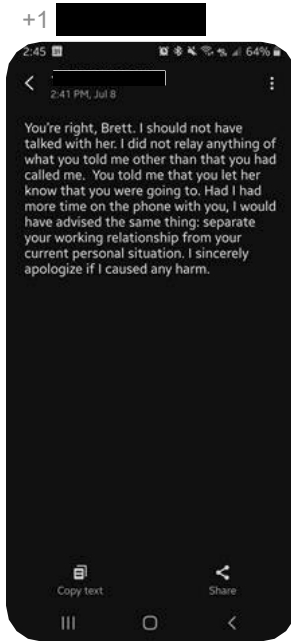
I just want to make sure I'm sharing with you this conversation with [REDACTED]. I'm sorry I reached out to her in the first place. I should have been more detailed when I asked you if it was okay with you. I take full responsibility. I believe you and I need each other in our work. I need you as a [REDACTED] and I believe you need me as a council member. I'll resign without hesitation if I'm not useful to staff or if I'm making staff uncomfortable in any way. Just say the word. It's hard to feel like you and I are doing the best possible work for the community if we have trust and communication issues. That's why I've been tirelessly trying to work on it. Not because I enjoy letting my work pile up in my business or I need someone to hangout with. I'm sorry if I've made that difficult to see. When I asked about your plans for retirement it was in regards to my own self interest in how long I'll be able to work with you at the city, purely from a work perspective, as it impacts years of my life. I believe I expressed that. Again, I'm sorry about any confusion. I will slow down and be more patient. It's okay if you don't feel the need to reply. I'm also sorry to bother you again today.

2:38 PM

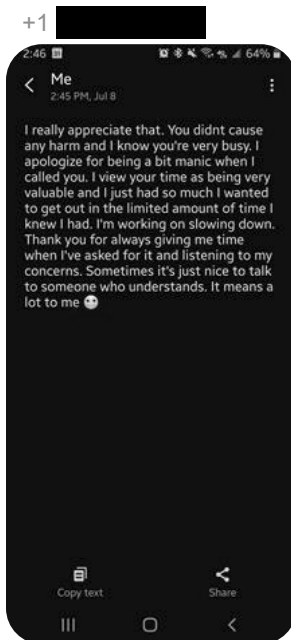
+1 [REDACTED]



2:39 PM

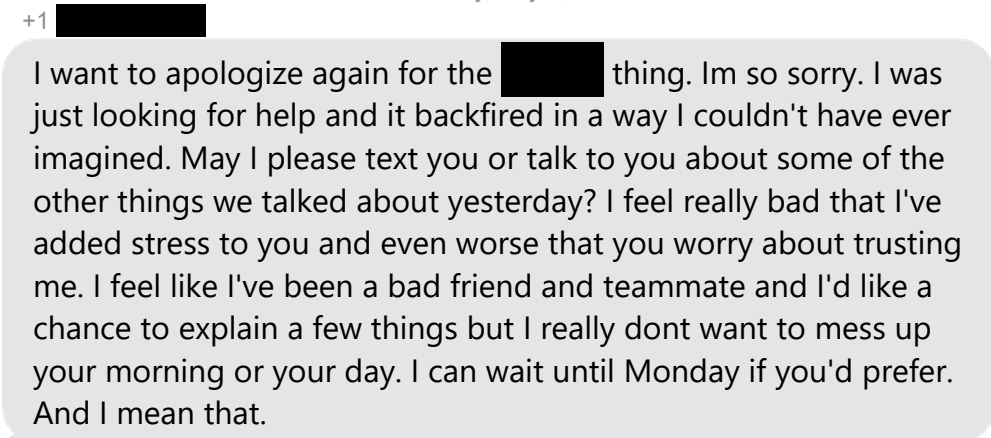


2:47 PM



2:47 PM

Thursday, July 9, 2020



+1 [REDACTED] 8:58 AM  
Are you free at 10?

+1 [REDACTED] 8:59 AM  
Yes. Thank you very much.

+1 [REDACTED] 10:49 AM  
[REDACTED] could also be a signer for measure A-  
If needed at the end


+1 [REDACTED] 10:52 AM  
Okay good idea.

+1 [REDACTED] 11:03 AM  
No need to call back- I sent an email confirming that easy supporter must sign the argument twice- once in the argument and then sign a separate form of statement (as the code calls it) - the version sent is correct. I figure with COVID each person will print and sign their own and can drop here at city hall in the drop box

+1 [REDACTED] 11:08 AM  
Okay sounds good. Thank you for helping me with this.

+1 [REDACTED] 12:36 PM  
Quick updates: meeting with [REDACTED] in the morning to brainstorm Recovery ideas. Moving into studio today. Found two really good people to help in my shop.

+1 [REDACTED] 1:19 PM  
Very productive- I am trying to get the trailers ready to move out to Boyd Road- getting close!

+1 [REDACTED] 1:23 PM  


+1 [REDACTED] 2:40 PM  
Just wanna say I really hope you're able to comfortably take tomorrow off but I won't be upset if you decide not to. You're right, it's a personal decision, especially the cashing out vacation part. I know it's behind us but it's important to me to express that 😊

+1 [REDACTED]



2:40 PM

+1 [REDACTED]



2:41 PM

+1 [REDACTED]

I stopped by adventures edge and left a message. Employee told me to also email her so I'll do that asap today.

2:42 PM

+1 [REDACTED]

Thanks for the backup on the open space measure. Hope the [REDACTED] call goes well. I know whatever the outcome, we'll get through it



3:37 PM

Friday, July 10, 2020

+1 [REDACTED]

I know you said we can deal with this by ourselves but it feels like that means I have to deal with it by myself and its really hard. I'm sorry.

7:52 AM

Monday, July 13, 2020

+1 [REDACTED]

Just wanted to let you know I will not be at the homelessness services meeting Wednesday - had a (preventative) medical apt. rescheduled and Wednesday was my only apparent option this year (love our poor limited providers) just FYI for your scheduling. Thanks

4:18 PM

+1 [REDACTED]

No problem. Is it okay if I share the HDL reports with [REDACTED] from the forestry committee? I forget if they're public. She was asking questions about where our retail sales tax comes from.

4:21 PM

+1 [REDACTED]

Yes- thanks for checking- they are public.

4:33 PM

Wednesday, July 15, 2020

+1 [REDACTED]

You dont need to call back. I think I can get what I needed a different way. Hope everything goes well today.

8:26 AM

+1 [REDACTED]

I was going to tell you my thoughts on the closed session this morning because I didnt want to suprise you with anything but then I remembered you had a doctors appt and I didnt want to bother you.

5:59 PM

+1 [REDACTED]

Thanks- happy to be here tonight :)

6:02 PM

+1 [REDACTED]

Also glad you made it! Trying to be better about texting during meetings... quick updates: meeting with [REDACTED] 10am Monday. Ride a long was good, [REDACTED] wants to make his building a dispensary and wants me to call him after the meeting tonight, we need to remember to have [REDACTED] tell the Collaborative her "vision" for where Arcata is headed in terms of who will be living here. I'm going to try and use our Google Doc to make a list of topics for our Friday meeting. Please feel free to add to it. I dont text this fast, this was prewritten :) Hope you have a nice evening!

7:34 PM

+1 [REDACTED]

Thanks- pacific outfitters might be in the prohibited zone- will have to check - it might end at the alley in which case he would be eligible.

7:47 PM

Thursday, July 16, 2020

+1 [REDACTED]

I can give you an update at your convenience. Nothing crazy but probably more than I want to type :)

11:16 AM

+1 [REDACTED]

I can also give it to [REDACTED] too if you'd prefer that

11:18 AM

+1 [REDACTED]

Are you free?

12:52 PM

+1 [REDACTED]

Yes

12:52 PM

+1 [REDACTED]

Were you able to see if the chief is able to look for any info on [REDACTED] son? She just called but I didnt answer. It's okay if you haven't, yet!

3:31 PM

Friday, July 17, 2020

+1 [REDACTED]

[REDACTED] was saying this morning theres a state campaign with all the materials available online

12:46 PM

+1 [REDACTED]

We can talk about at our meeting but I'd be happy to help with any out reach or whatever staff needs help with.

1:11 PM

+1 [REDACTED]

Sounds good

1:19 PM

+1 [REDACTED]

Please just let me know if you need more time to finish some things up at city hall or if you need to reschedule. I'm definitely looking forward to walking but I also have a little anxiety over taking up too much of your time 🙄

2:37 PM

+1 [REDACTED]

Sounds good-  
Should be on time

3:05 PM

Saturday, July 18, 2020

+1 707-845-0117

Good Morning - last night two men staying in a homeless camp in the area of Carlson Park got into an argument that resulted in one man stabbed. He is in critical condition but is expected to survive. The suspect fled but has been identified by both the victim and a witness, and is known to APD. We will update you when the suspect is in custody.

8:58 AM

+1 [REDACTED]

I understand the convenience of writing one text and cutting and pasting it but I recommend in the future the Mayor is given an update like this over the phone. He typically only uses his landline. I just talked to him and he wasn't aware of this.

1:06 PM

+1 [REDACTED]

Thanks

1:23 PM

Monday, July 20, 2020

+1 [REDACTED]

Good morning. Is it possible for me to use the conference room?

8:28 AM

+1 [REDACTED]

Is there a dog park meeting @3?

12:39 PM

+1 [REDACTED]

Yes- little to update

1:08 PM

+1 [REDACTED]



1:10 PM

+1 [REDACTED]

I really appreciate our conversation today and I feel positive about things. Thank you.

1:10 PM

+1 [REDACTED]

Thank you- I believe that more becomes clear every time we talk and appreciate that very much.

1:41 PM

+1 [REDACTED]

😊 It means a lot to me that you're willing to keep working on it with me and that you're patient with my impatience 😊 I know I can be critical but I really do think you do a fantastic job.

2:20 PM

+1 [REDACTED]

Ahhhh just got an ear full about garden gate not being happy about the Jam taking their loading zone.

4:08 PM

+1 [REDACTED]

Just let me know if theres anything I can do to help with that. I support whatever you want to do.

4:11 PM

+1 [REDACTED]

Thanks- I just went by- her hours are Mon- Thurs 11-4: I will come by tomorrow.  
The space in front is not marked loading but I am sure she uses it some.

5:03 PM



+1

Thanks so much. Hate bothering you with it. I also got a sense that there was a fairness aspect of it like The Jam took all the space and wasn't being cooperative/compromising. Probably the conversation you and I saw when we walked by. Thank you again.

5:06 PM

Tuesday, July 21, 2020

+1

Good morning 😊 Getting gas and then I'm on the road. Please blame any problems on me while I'm gone and you have my blanket support for anything you need. I really appreciate you and I hope you have a really good day and rest of your week. I hope you're able to take Thursday and Friday off. I'm going to be channeling wellness energy to your eye 😊 Please don't hesitate to call or text me for anything. Thanks so much for being willing to anchor me while I'm there. I'll let you know when I get there.

9:47 AM

+1

Just FYI-

last day at HSU is today. Very sudden but don't know any more than that. Safe travels

2:03 PM

+1

Bummer! Thanks for the update. I asked to see if she can find anything out and I will call in a minute to see if he has more info. Stopped for gas and to print my mail. I'm somewhere in SF and getting back on the road. Thank you.

2:42 PM

+1

omg I just remembered a good friend from highschool who was our valedictorian, went to MIT, and probably some badass medical school is an ophthalmologist! I may be able to get you a phone call with him if you ever need a 2nd opinion. His name is .

4:55 PM

+1

Thanks/ I will start with in Monday:)

5:26 PM

+1

Finally made it! BLM had shut down the 101 north of town so it added to the trip. The room is a Signature King something or other. This is the view. Will probably get dinner and not be up too late tonight. I really appreciate you thinking about and working so hard on Recovery. It does a lot to ease my anxiety about everything. Thanks so much and I hope you have a really nice evening.

7:43 PM

+1



7:44 PM

+1

That is as good as the internet picture - glad you made it- enjoy the break!

8:21 PM

Wednesday, July 22, 2020

+1

My head hurts. Last night was mostly fun but he was trying to hold my hand all night. Apparently I'm playing golf at 130 with some developer I met last night. I think I'm out of my depth. I wrote something in the doc but I don't remember. ordered breakfast and trying to rest until 11am. Please please tell me to not drink so much when we talk. I'm so sorry. I was worried about this but I thought I would be okay

8:25 AM

+1

You're just the absolute best. I cant say enough how much I appreciate you. I APPRECIATE YOU SO MUCH!!!! I'm going to the golf course early so I'm not rushed and I can look around and take things in and if it goes well I'll play until 5 or 6 and just bullshit my mail for the day. As long as I print before 9pm I can trick the system into thinking it all got mailed 🙏 I hope you have a really good afternoon. Thank you again so so much. You're an amazing friend.

12:21 PM

+1

If you have any developer q's, please text them to me.

12:21 PM

+1

OMG [REDACTED] told me not to let this developer guy hook me up with Katelyn Jenner because hes best friends with her 😂

12:38 PM

+1

You have very interesting experiences- try to just enjoy the day- all about the balance.

12:42 PM

+1

I just want to stress that I'm 100% okay.

1:40 PM

+1



1:42 PM

+1



1:43 PM

+1



1:43 PM

+1



1:43 PM

+1 [REDACTED]



1:43 PM

+1 [REDACTED]

Wow Brett- I cant believe you walked away from that. Keep breathing- definitely rest by midnight- you had to be thrown around. Let me know if there is anything I can do from here. That is crazy....your lucky / not so lucky balance continues.... Grateful you are ok.

1:58 PM

+1 [REDACTED]

Thank you. I was really torn on whether or not to tell you because I know you already have so much going on. I cant believe it either. I dont understand how I keep surviving these things. Ive lived through so much in my life that it's hard to believe its coincidence. I dont know what else can explain it. I'm really glad I was alert and sober and there wasn't anything that was my fault and no one was hurt. It happened so fast. Everything had to happen within 5 seconds. I remember the car pulling out in front of me, my anti lock brakes engaging, trying to maneuver my car to save myself and then brush covering my windshield and I couldn't see anything and I was just waiting for my car to come to a rest and to see how badly I was going to be injured if I survived. CHP said from the evidence it looked like I hit the curb sideways and the car became airborne and rolled maybe twice. It happened so fast. And then I was there and I was injured. I grabbed my backpack and what else I could and climbed out the sunroof. I was in shock and didnt know what to do. I called [REDACTED] first to see who I should call but he didnt answer. I then called the non emergency pismo beach police number and they sent out the CHP. He was very nice and helpful. I'm not going to let this ruin my trip or drive me to drinking a lot, no pun intended 😊 I REALLY just want to relax now. Hopefully I can golf tomorrow. I'm going to my best to come back with some good information/ideas and comeback rested. Thanks for always being there for me.

2:27 PM

+1 [REDACTED]

I am glad that you texted the experience as now you can set it aside and know that you have it. Sounds terrifying- and such a reminder of how fast things can happen.

4:01 PM

+1 [REDACTED]

I feel so drained now. Will definitely sleep well tonight. I have a rental car on my insurance policy so I'll be good there. Im at another Pismo council members house talking about random city stuff. Shes very nice and has the highest house in the city with these amazing views. I really appreciate you. Thank you so much.

4:21 PM

+1 [REDACTED]



4:21 PM

+1 [REDACTED]



4:21 PM

+1 [REDACTED]



4:21 PM

+1 [REDACTED]

So sorry to bother you- we are hoping to move the council meeting until 2:00 Monday to fit in an update on the fed law suits- would that work for you?

5:10 PM

+1 [REDACTED]

Never a bother. That should be fine.

5:14 PM

+1

Sorry it took me a minute to reply. I didnt want to be rude to the host.

5:14 PM

+1

Is the fed lawsuits re: ?

5:15 PM

+1

Yes-

5:16 PM

+1

Hope you are starting to come down from all the adrenaline:)

5:16 PM

+1

Yeah I think that's the drained feeling. Just drove my rental car 10 minutes to the hotel and definitely felt some PTSD getting on the 101. That's the worst accident I've ever been in and probably the closest I've ever come to dying. I already miss my car. She protected me and got me and my friends and family home safe so many times. It's so dumb but I'm really sad about losing her. I had her for 6 years and that's the longest time I've ever had the same car. Thank you again so much for your support. I really appreciate you letting me share my thoughts with you. I hope you have a really nice evening and I'll text when I turn in for the night, before midnight.

5:59 PM

+1

I understand about missing your car- I have always kept mine for years and they are filled with many memories. She was the right car today!  
Have fun tonight- or stay in if it feels right. 😊

6:10 PM

+1

😊 She definitely gave me everything she had left today. Please just let me know if you're not able to check in tomorrow at 11. I really hope you're able to take it off and you have a really nice 4 day weekend.

6:19 PM

+1

Thanks. If I am around let's talk/ if I head out of range- ie the River I will let you know.  
Take care tonight

6:55 PM



+1

In my room and in bed. I had a good dinner and only 2 beers. I haven't felt this tired in a long time and I'm pretty bummed about today. I know I'll feel better after getting sleep and I'll go for a run or a walk in the morning. Thanks so much for everything, . Im so grateful. I hope you have a really good night.

9:42 PM

Thursday, July 23, 2020

+1

I just got some really bad news that my dad is expected to pass away within a few hours. I dont know what to do. Hes in Indiana. I cant be there in time. Maybe I should try to fly back to Arcata instead of drive. I'm going to try and get some emails and other work done before this hits me any harder.

8:49 AM

+1

I have an appt with my doctor at 2. Thanks for reminding me of that possibility. Went to my car in the tow yard and got everything out of it. Toured Morro Bay WWTP. Strikingly similar to ours. Hope your day is going very well.

1:10 PM

Friday, July 24, 2020

+1

Are you able to talk for a few minutes this evening? It's okay if you can't.

6:20 PM

Saturday, July 25, 2020

+1

Made it to my moms house. Thanks for everything. Hope you're having a really nice day.

3:02 PM

+1

Very glad to hear. I am sure the drive was a bit nerve racking- Good to have it behind you. It is so beautiful here- your sister won't ever want to leave. Hang in there- hope it doesn't get too giddy - lol- or maybe I hope it does get too giddy. Hopefully giddy or not you can let yourself relax- I suspect you had to rally to keep going with which seemed good for a couple of days but it will also be healing to let down with family.

3:35 PM

+1

Please try not to blame yourself or your father.  
No one wants to die - in that moment they see no other way- and often as you suspect masked by something such as alcohol. I would encourage you to reach out to the other woman. I know there is pain around the infidelity but she may also have insights into his most recent moments of joy and happiness as well as hints of or areas of life concern. Hope I haven't overstepped - I have seen how deeply you can take things in - and seeking to understand I hope can build a compassion for your father who I can tell from your stories loved you very much, influenced greatly who you are and in no way ever wanted to hurt you.

3:43 PM

+1

I appreciate you soooooooooo much 😊

3:46 PM

Monday, July 27, 2020

+1

\$33K out the door including taxes and extended 3 yr warranty.  
Took 2.5 hours. Not bad lol.

2:46 PM

+1



2:47 PM

+1

Driving in style- nicely done- great color - lol 🤖 be ready for a few more stops with an 8 month old :) saw your made part of the meeting- hope it was helpful. Waiting for the doctor now.

3:00 PM

+1

Thanks! And I made them give me a free Lexus polo shirt 😊 I did suspect that about the 8 month old and that's why I'm splitting up the drive over 2 days but thanks for confirming that haha. I'm excited for you to meet my sister.

3:10 PM

+1

Looking forward to meeting her as well- lol on the polo shirt- you can wear it well at Beau Pre- 😊

3:14 PM

+1

My met Z at my election party in 2018 and she just told me, "I dont know why but he makes me happy. Hes just so nerdy and out there. Hes like a mad scientist." 😂😂😂

3:45 PM

+1

My mom

3:45 PM

+1

Lol- He was sweet today and wanted to wait for you- I finally said I thought you would want us to start without you since you were very familiar with the rebuttal argument :)

4:45 PM

+1

Thanks! I'm so sorry I forgot to text. Was dealing with salesperson bullshitting me and lost track of time.

4:47 PM

+1

Totally understand and I told them you checked in before and knew you might be late. Car is good?

5:10 PM

+1

Yes! It's lots of fun and has a really good sound system. Just got it back to my hometown. How is your eye?

6:04 PM

+1

Awesome! The doctor was great- his assistant super dilated my eyes which made him hard to see anything so we laughed pretty hard. Fortunately I had photos and he felt confident in his diagnosis and prescribed me drops that he thinks will cure it in a week-

6:10 PM

He was very perplexed that my optometrist did not prescribe them already as he said he noted the condition as a likely diagnoses in what he sent over... just happy to potentially be on the mend. Thanks for asking-

+1

Yay!!! That makes me happy to hear.

6:11 PM

Tuesday, July 28, 2020

+1

Good morning 😊 my sister doesn't want to leave until 2 and I don't want to get to anywhere too late tonight so I think we're going to stay in Pismo Beach and hopefully get there by 7 at the latest. I want to get a nice place to stay for my sister. Then drive the rest of the way tomorrow. I can't wait to get home. I'll stay on top of measure A signatures. I hope you have a really good day.

8:06 AM

+1



8:52 AM

+1

Talked to [redacted] and he's bringing the forms in. He confirmed he has your number if he has any issues. THANK YOU SO MUCH FOR HELPING ME!

9:15 AM

+1

You and [redacted] need to take a trip to Pismo so we can get you one of these sweet \$99 rooms! Lol. Just got setup for tonight at The Cliffs.

9:40 AM

+1

[redacted] just dropped hers off

9:52 AM

+1



9:52 AM

+1

just told me there's a serious campaign forming around banning students from coming here 😞

10:10 AM

+1

Thanks- wonder who is behind that. Seems like the plan was good but I understand the concerns.

10:12 AM

+1

She mentioned and the "reasonable left". She said she has full authority from HSU to campaign against it.

10:26 AM

+1

You said send to , right?

12:10 PM

+1

Sorry I'm paranoid I didn't hear correctly lol

12:11 PM

+1

Yes :)

1:46 PM

+1

All in :)

4:56 PM

+1

Yay!! Thank you. Perfect timing. Just stopped for gas. Teamwork!

4:58 PM

+1

Yes indeed!

5:00 PM

Thursday, July 30, 2020

+1

Good morning 😊

8:51 AM

+1

Good morning-  
Are you waking up in Arcata?

9:04 AM

+1

Yes and its great. Got in around 1am. Had to put sometime in with [REDACTED] and fix another pismo council members computer yesterday morning. Then stopped at a vineyard for a glass of wine with [REDACTED] and met the owner who's also the chair of their regional board. Don't worry, I got you a bottle of wine 😊 I was read to get a room in Santa Rosa and drive in today but [REDACTED] wanted to push through so we did.

9:08 AM

+1

Regional water board

9:08 AM

+1

Sounds like a full fun day :)

9:35 AM

+1

I'd very much like to visit with you if you have time today or tomorrow. I've been overly cautious with mask wearing and distancing but I completely understand if you'd prefer I stay away from city hall etc for a while.

9:46 AM

+1

Not sure how my schedule got like this today but I no breaks...I am open tomorrow afternoon after the Econ collab meeting - To connect, meet your sister etc....hope you are doing alright and the car made the drive a bit more enjoyable ☀

11:30 AM

+1

Who's in charge over there?! Hahaha. No problem at all. Maybe 3:45 tomorrow wherever you prefer to meet? City hall or whatever you want. I'm doing okay. Feels like I'm busy enough today to keep my mind off of things. I keep thinking maybe I'm done grieving but I know it will take a lot of time and I'm reminded by intermittent moments that kind of catch me off guard. I know its going to be part of the process for a while. I hope you have a really good day.

11:44 AM

Friday, July 31, 2020

+1

Just so you know what you're getting into, my sister knows you know everything about my dad and I've only said very positive things about you to her. See you soon.

3:07 PM

+1

Thanks

3:08 PM

+1



Probably going to be 5ish minutes late

3:38 PM

+1

I thought maybe she already knew about the art and was hanging something for the crabs to counter it so I was afraid to reply!  
Thanks for handling it. Hope you have a great night.

7:28 PM

+1

I suspect she just has one piece that we can fit in- will let you know- enjoy dinner with your sister - she seems lovely and lily is adorable!

7:42 PM

+1

Dinner was great. My sister decided to leave on the 4pm flight tomorrow. Its been a great visit. Thanks again for everything. Im very grateful.

8:01 PM

Monday, August 3, 2020

+1

When do you want to work on the budget?

1:22 PM

+1

I was thinking the council meeting was next Wednesday but its not until the 19th, right? So we can maybe start talking about it next Monday at 11?

1:46 PM

+1

Correct- we have another week. Let's dedicate next Monday to it.

1:54 PM

+1

Sounds good. I felt a lot better after talking to you. My mind is completely clear right now. Thank you so much 😊

1:57 PM

+1

May we please talk very briefly around 5?

3:44 PM

Tuesday, August 4, 2020

+1

You're such a good friend to me. Im so grateful. This morning isn't the best but I'll get through it. Im going to get a lot done but not push myself too hard. Maybe I'll try to play golf. I hope your eye is continuing to heal and I hope you have a really good day. Thank you for everything you continue to do for me.

8:46 AM

+1

Im really struggling right now. I don't know what to do. My mind is racing on so many different things. Im trying to get out the door and to my shop. Maybe I'll feel better when I get to my computer. Just writing this to you makes me feel a little better but I know this isn't sustainable and I so don't want to over burden you like I did last time. Its so unfair to you and it made me so sad that I did that to you. And I want you to write me back and I dont want you to because after we walk on friday you'll have already given me 3.5 hours this week when you include our meeting and evening phone call yesterday. And the time it takes you to read these texts on top of that so now I'm pushing four hours. I wrote a lot last night but didn't send it for several reasons. I unintentionally had a tough conversation with [REDACTED]. It just seems to get harder. I was already feeling like I was overloaded. And then my dad died. So now I'm not overloaded and I can handle everything? Why am I leaving my wife? Isn't everyone just living in a marriage that's less than ideal? Does anyone stay in love forever?

10:16 AM

+1

Just talked to [REDACTED] and he said there are at least 20 10'x10' popups we can use and he will bring it up with the MainStreet board. We can also talk to [REDACTED] about it on Friday.

12:44 PM

+1

Great. Thanks.

1:34 PM

+1

Wouldn't it seriously make you happy if I resign? Or at least make your job easier? I keep thinking it's the best thing for us both.

4:25 PM

+1

I don't want your decision to serve the community to be based on or influenced by me.

5:28 PM

+1

May I please trade my Thursday half hour for now?

5:29 PM

Thursday, August 6, 2020

+1

I keep thinking about how much I appreciate our conversation yesterday. Thank you!! This is not a compliment 😊

8:36 AM



+1 [REDACTED] 8:38 AM  
😊. I agree. Hope you have a good day.

+1 [REDACTED] 8:39 AM  
You too.

Friday, August 7, 2020

+1 [REDACTED] 11:31 AM  
All 10 candidates that have submitted signatures have cleared county validation.

+1 [REDACTED] 85 11:40 AM  
Thank you. [REDACTED] is 100% not turning in his papers.

+1 [REDACTED] 11:59 AM  
May I use the conference room for the 1230 meeting? No problem if its reserved 😊

+1 [REDACTED] 12:03 PM  
It is open and reserved for you.

+1 [REDACTED] 12:03 PM  
Thank you

+1 [REDACTED] 12:29 PM  
Few minutes late. Feel free to start without me

+1 [REDACTED] 2:18 PM  
If you need more time or need to cancel, its okay 😊 I dont want you to be stressed or have to work on the weekend or something because of the 230 meeting.

+1 [REDACTED] 2:19 PM  
Thanks- a walk would be good - it would be helpful to end at 3:30- which I think was our goal :)

+1 [REDACTED] 2:19 PM  
Perfect

+1 [REDACTED] 2:27 PM  
On my way

+1 [REDACTED] 4:29 PM  
There's a council meeting on Monday?

+1

Did I know about that? Its not in my calendars and I have a doctors appointment at 1230.

4:30 PM

+1

I vaguely remember talking about it Monday - we wondered if [REDACTED] would make it- but sorry the day and time were not forefront - should only take a few minutes - and if you can't make it I will make sure [REDACTED] can.

6:16 PM

Two more at the very end of the day- won't know if they will qualify until next week- [REDACTED] and [REDACTED].  
Thanks for the time to walk today!

+1

I just emailed you more about the monday meeting because I feel bad about it.

6:18 PM

+1

Thank YOU for the walk! I'm really grateful. I'll look at the agenda packet and try to email you if I have any questions. The HWMA thing is the only thing I see I may have questions about but I feel like you've already talked to me about it. I can definitely be there until 1230 and I'll call to see if I can reschedule Monday morning. Hope you have a really nice weekend.

6:22 PM

+1

Plaza Grill is full and the heaters are cool!

7:09 PM

+1



7:10 PM

+1



7:10 PM

+1

Awesome 🖐️

8:47 PM

Saturday, August 8, 2020

+1

Are you going into the office today?

8:59 AM

+1

Not sure getting a late start :)

9:03 AM

+1

That makes me happy to hear. I can't stop thinking about city stuff and thinking critical thoughts about everything. Couldn't stop last night and wrote a bunch about it and again this morning. And I have so many other things on my mind. I don't know what to do about it and the best I can do is try and keep it constructive. I'm afraid of reading my packets and working on the budget because I don't want to find more things to be critical of. I haven't figured out how to break this cycle yet but I really want to. I realized last night that maybe I'm really being critical of myself when I do this because I always have this looming feeling that I'm not doing enough and I'm wasting my time here. I'm so sorry to bother you this morning. If you go in and have maybe 15-20min for me I'd be grateful. If not, I'll just write everything out in the doc or something. I will still be grateful for you. I know you already put in a minimum of 50 hours a week, if not 60, so I have no expectation for you to work on the weekend. I'm going to get coffee and walk to the plaza and hopefully it will make me feel better. I already feel a little better after writing this. Thank you.

9:41 AM

+1 [REDACTED]  
The plaza is beautiful this morning- heading for a run now and will touch base around noon with a schedule update.

9:45 AM

+1 [REDACTED]  
Thank you. Hope you have a great run.

9:46 AM

+1 [REDACTED]  
Just got home- could talk by phone in around 2

12:46 PM

+1 [REDACTED]  
At 2 or in 2? :)

12:47 PM

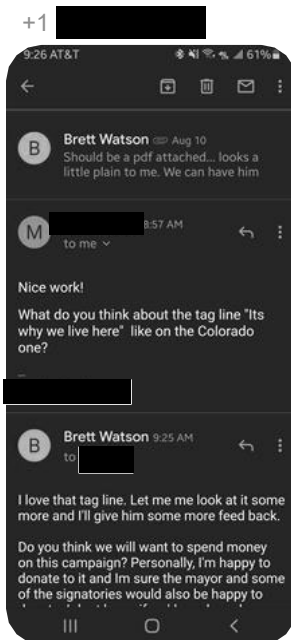
+1 [REDACTED]  
Sorry- at 2- free for the next hour

1:52 PM

Tuesday, August 11, 2020

+1 [REDACTED]  
Look! Look! Four sentences without any typos! 😊

9:27 AM



9:27 AM

+1



5:59 PM

+1

Over the parking bumper - nice

6:04 PM

+1

Im really sorry I took up so much time. You did help me get a lot off of my mind and I'm really grateful for that. I'll work more on letting things go and keeping our positive work more on the forefront of my mind. Thank you for mentioning that to me.

6:06 PM

+1

It is great to care

6:09 PM

+1



6:17 PM

Wednesday, August 12, 2020

+1

From [REDACTED] "btw Gold Star for [REDACTED] in the Finance/ Water dept, she answered phone at last second and made it happen👉 (Saved me 3 weeks of [REDACTED] lectures and silent treatment)"

12:40 PM

+1

Yeah - I think they all feel bad for [REDACTED] :)

2:18 PM

+1

FUCK! I just replied all to two emails. For some reason the default setting on the council computer is reply all. Totally my fault, regardless. Im sorry.

5:27 PM

+1

I just found the setting and changed it. To identify something positive today and in regards to feedback, we have outstanding staff. Hope you have a good evening.

5:29 PM

[Number Unknown]

Urgh...I did that last week- wasn't horrible but not intended or great :) other good- just drove through town and lots of outdoor eaters!

6:22 PM

+1

Woohoo! Left a message for . Going to for dinner. Washing my car now 😊😊😊 Hope you have great afternoon off tomorrow with family.

6:24 PM

Friday, August 14, 2020

+1

I'd like to have a hard copy of the agenda minus your budget draft and I'd also like all of my agendas in a hard copy moving forward, please.

11:43 AM

[Number Unknown]

Will do.

12:00 PM

+1

Thank you. I'd be grateful to get the answers to my "where is the money coming from/what are requirements to spending it" questions before the 1230 meeting, please.

12:01 PM

[Number Unknown]

was referring to CDBG funds- he thinks we could create a "forgivable" loan to support a business need during COVID-19 such as outdoor dining support

12:08 PM

+1

Thank you. How much money is there?

12:09 PM

+1

Also, I did suggest inputs in my email to and asked for her opinion. I never received a reply.

12:21 PM

[Number Unknown]

We currently have \$300,000 in the CDBG program income fund

12:29 PM

+1 [REDACTED]

1:14 PM

+1 [REDACTED]

Our budget is based off of the three scenarios you and I came up with. I dont see them in this packet. Am I missing them? If they aren't there, please send them to the council via email.

1:43 PM

Saturday, August 15, 2020

+1 [REDACTED]

1:50 PM

Thought this was you lol

+1 [REDACTED]



1:51 PM

Monday, August 17, 2020

+1 [REDACTED]

10:37 AM

Im kind of just waking up 😞 will probably be 10-15 minutes late.

[Number Unknown]

I hope that means lots of sleep- not a sleepless night :) I will be here 😊

10:40 AM

+1 [REDACTED]

I think lots of sleep lol. Thanks. Should be there in 10

11:04 AM

+1 [REDACTED]

Sorry to see the power outage notice and HSU covid case. I really appreciate you and I hope you have a good evening.

5:48 PM

[Number Unknown]

Thanks- yes bummer about the student- glad to see they put a notice out.

6:05 PM

Tuesday, August 18, 2020

+1

In the conference room. NO RUSH!

1:30 PM

+1

Outdoor seating was full at HumBrews just now and its beautiful outside and on the Plaza. Hope you get a chance to get a outside for at least a little bit and I hope you have a nice evening.

5:35 PM

[Number Unknown]

Great meeting with true north- quick dog walk and then league of women voters :) enjoy beautiful Arcata

6:37 PM

Wednesday, August 19, 2020

+1



10:18 AM

[Number Unknown]

That's the one :) you can see the posts referred to - trimming back to the posts looks about the right distance.

10:37 AM



+1

Im about to call [REDACTED]. This is the corner I believe [REDACTED] is referring too. When there are cars parked on the Westside of the street it can be hard to see traffic but I would describe it as mildly inconvenient. You just have to be a little more careful and stick your head out to see. Also, almost everytime I cross here the oncoming traffic stops for me.

10:53 AM

+1



10:53 AM

+1



10:53 AM

+1

This is a seemingly in use homeless camp on the east side of G street just passed the footbridge.

10:54 AM

+1



10:54 AM

+1

Also, the city tree in the giant planter in front of Pacific Paradise looks 100% dead ☠️

10:56 AM

+1

Im not expecting the camp or the tree to get fixed right away. Just wanted to share with you before I forget.

10:56 AM

[Number Unknown]

Thanks-

10:59 AM

+1

Its so nice outside and we're stuck inside 😞

1:31 PM

+1

says she has a permit already to use parking for tables but doesn't have money for fencing. She used some cones over the weekend and an APD officer (Kent) told her she was in the street too much? Can we give her a forgivable loan for fencing material and she can be responsible for putting it together?

2:21 PM

+1



123\_1.x-vCard

2:57 PM

+1 [REDACTED]

2:57 PM

+1 [REDACTED]

I couldn't help thinking of my dad today. I was driving back from Eureka earlier and it was so beautiful outside and I remembered how much he loved it here everytime he visited. He would always insist on sleeping on our couch in our little apartment. He did the same when he visited my sister. He just wanted to be close to us. I found a picture of us together and with my sister and her family that I took in October, the last time I saw him in person. Knowing how sad he must have been for so long I could see the sadness in his face and it made me see the picture in a totally different light. I miss him so much. I still can't accept not knowing why he did it. He was such a good person and really smart. He was always upbeat and always helped others. I just got back to my studio and [REDACTED] had left a really nice note of condolences on my door. It made me sad all over again. Im sorry. Just trying to get over this so I can hold it together in the meeting.

5:08 PM

[Number Unknown]

I am so glad that you have the photo from October. I also think that he had moments of joy and love throughout even the toughest times. I really wish you did not have to go through this pain. Your dad wishes this also- I love that he had to stay as close to you as possible. What a gift of time that gave you during his visits. Know that you have good driving time ahead to reflect and focus on your love for him. Let me know if I can call [REDACTED] for you. I don't think she plans to attend until the next meeting but might be able to.

5:24 PM

+1 [REDACTED]

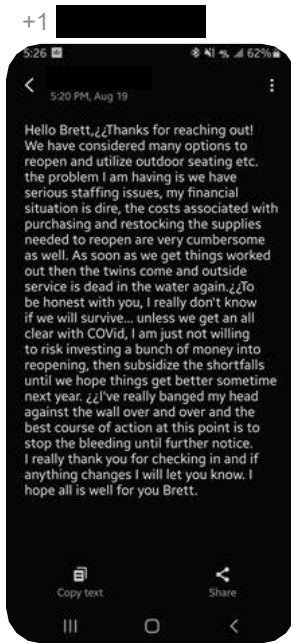
Thanks for the positive words. Im at city hall and I should be okay. Thank you.

5:26 PM

+1 [REDACTED]

He meant "rains" not twins

5:27 PM



5:27 PM

+1 [Redacted]

Im going to try and get the meeting over with asap. No later than 6:45 but should really only be 30 minutes.

5:30 PM

[Number Unknown]

. Excellent plan. I'm gonna try to get there on time. LOL

5:31 PM

+1 [Redacted]



5:31 PM

+1 [Redacted]

Im going to try and get the meeting over with asap. No later than 6:45 but should really only be 30 minutes.

5:31 PM

Friday, August 21, 2020

+1 [Redacted]

I'm going to do the meeting from my shop so I can finish some stuff up 😊

12:24 PM

[Number Unknown]

Sounds good

12:27 PM

+1 [Redacted]

I don't think you can hear me

12:31 PM

+1

Where do you want to walk? Maybe forest to get out of the "heat"? I'm open to anything.

1:46 PM

+1

Actually its cool outside right now

1:50 PM

[Number Unknown]

I was thinking forest- either little panorama trail or main forest- we are logging today so maybe panorama?

1:50 PM

+1

Sounds good. Panorama road?

1:51 PM

[Number Unknown]

Meet at corner of and panorama?

1:53 PM

+1

2:15 ok?

1:53 PM

+

Ok

1:54 PM

+

Is 215 ok?

1:54 PM

+

I can do 2 too

1:54 PM

[Number Unknown]

Heading out now

2:11 PM

+

Made it to my hotel. Hope you sleep well tonight.

9:20 PM

[Number Unknown]

Good timing-  
Hope the drive over the bridge was spectacular and that it is not too Smokey.

10:07 PM

Saturday, August 22, 2020

+

A little bit smokey but not too bad. Hope you're having a really nice day 😊

5:19 PM

+ [Redacted]



5:19 PM

[Number Unknown]

Looks like a beautiful trail- the state is sure on fire- hope there is some relief and relaxation being out of town. Enjoy your time with [Redacted]

5:25 PM

+ [Redacted]

I think he finally realized I'm not bi curious or gay and now he keeps trying to hook me up with his lady friends lol. So far so good. Drinking free margaritas and looking at the view.



5:30 PM

Monday, August 24, 2020

+ [Redacted]

You answered the phone so positively and I'm sorry I wasn't more upbeat. Its hard being in the house my dad built and everyone trying to remind me of happy memories. The memories make me sad. Its still great to be here and to be able to take care of my mom but I really miss meeting in person and I really miss our City.

1:05 PM

[Number Unknown]

Losing a parent is hard. We wish the grieving was short. If we have memories to miss that is both our fortune and what makes the processing so difficult. I think you were drawn to go home in part because you needed space and time to grieve. It is hard for you to naturally give yourself that space and easier to push it aside here in Arcata. It is also lucky to have a home town to miss. You will be back before you know.

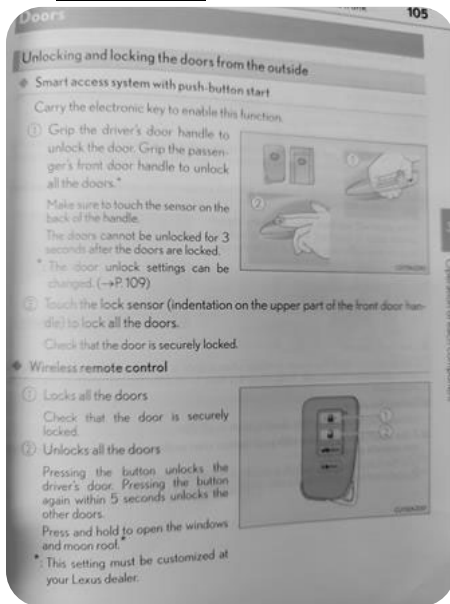
1:41 PM

+1 [REDACTED]



1:47 PM

+1 [REDACTED]



1:48 PM

+1 [REDACTED]

Unrelated but noteworthy observations

1:48 PM

+1 [REDACTED]



1:50 PM

[Number Unknown]

Portable camera system? Interesting

2:15 PM

+1

Will you please just send me some short bullet points from the meeting?

3:00 PM

[Number Unknown]

Was this before you were able to connect in?

4:50 PM

+1

Yes. I was trying to be detached lol. No problem. I just went ahead and connected. Did a 30 min measure A call and now I'm hanging out with my 10 year old niece 😊

4:55 PM

+1

I'm going to say you're off the clock now: I keep forgetting to bug you about the name for the potential treasurer.

4:58 PM

[Number Unknown]

I keep forgetting - [REDACTED] I will call her shortly to gauge her interest.

5:31 PM

[Number Unknown]

She was first appointed to parks and Rec 5/1/1984

5:31 PM

[Number Unknown]

I wonder if moonlight would help?

5:32 PM

+1

Thats a good idea. We can use her once we need content created e.g. letters to the editor, a poem about trials in the MRU 😊

5:36 PM

+1

Wow I was born in 81 so thats a long time ago haha

5:36 PM

[Number Unknown]

Lol/ I just talked with her- she is recovering from pneumonia but happy to help if she can. I told her we would be in touch.

6:04 PM

+1

"Pneumonia" lol. Thank you for doing that. Hope you have a really nice evening.

6:11 PM

Tuesday, August 25, 2020

+1

Am I on agenda setting today?

11:18 AM



+1

I talked to [REDACTED] and asked for city beautification to be added to the agenda. I don't see it on the draft agenda 😞 I'd like to get an update on the HWMA item as soon as possible, please. Why is districting discussion agendaized? I'm opposed to that.

11:32 AM

+1

All this makes me feel like I need to head home right when I was starting to relax a little bit 😞

11:34 AM

+1

[REDACTED] sent an email a few days ago saying I wasn't on agenda setting until sept. 8th but then I got an email for agenda setting and the draft agendas so I'm confused.

11:36 AM

+1

I also want to know how much time staff has spent researching redistricting.

11:39 AM

+1

One sec. I do want to talk

1:37 PM

[Number Unknown]

Sounds good

1:37 PM

[Number Unknown]

Agenda setting was smooth- enjoy your evening. Again, I am sorry.

4:32 PM

+1

Its so funny because I was just thinking about you and hoping I didn't create a nightmare for you to deal with. I'm glad to hear that! I'm also sorry and I REEEEEALLY APPRECIATE YOU! 😊 Hope you also have a nice evening. I'm going to have dinner with my sister's family and hangout with my nieces and nephews. I never end up spending a lot of time with them when I visit because they're always in school or doing extra curriculars. Another COVID silver lining, lol.

4:38 PM

[Number Unknown]

Sounds like a great night. Hi to [REDACTED].

4:42 PM

+1

For sure. She's asked about you, too 😊

4:42 PM

+1

Is the suicide prevention proclamation going to be read out loud? I want to do it but I'm worried it will end up being a train wreck if I do.

4:52 PM

[Number Unknown]

Yes- it is scheduled to be.... I would wait a year and mute my sound this year. We could also practice next week if you want to read it.

5:01 PM

+1

Sounds like a good plan. Thank you.

5:01 PM

Wednesday, August 26, 2020

+1

Just want to remind you that you're AWESOME. Hope your day is going well.

3:23 PM

+1

I was just talking with - the Jam and Campground are in for the road closure. They think they can fill it- they are talking with ABC next to see about liquor license.

3:24 PM

+1

Cool! Nice work.

3:25 PM

+1

Hope you are also having a great day! Thank you

3:25 PM

Thursday, August 27, 2020

+1

You really have helped me feel like I'm on vacation in terms of me feeling like I don't need to worry about our City 😊 I need to do some serious email maintenance today but I haven't done any the entire time I've been gone. I'll hang out with my sisters family tonight and tomorrow. Getting my car fixed tomorrow. Taking a drive into the mountains on Saturday with my sister. Pismo Beach on Sunday. Helping mom in between. Should be pretty relaxed. Thanks again for everything.

3:59 PM

+1

It is just lucky you don't mind multitasking. I really wanted you to just get away- I also understand with so much on your mind it is hard to be too relaxed. Thanks.

4:03 PM

+1

I want the same for YOU! You always check your email when you're gone 😊 I probably need a significant other and/or need to go into the wilderness with no cell reception in order to 100% disconnect. I never feel more relaxed then when I'm out in the woods. Its hard for me to do it just for me, though. Counting the 9 days I was gone when my dad died,, this is the most I've been away from my regular routine in at least 10 years. It gives me peace of mind to know my mom is taken care of and all of her technology is working correctly for her. Its therapuetic for me to be in the house my parents built when they were still together and to be on my old street, in the sun I grew up in, and seeing Mt. San Jacinto in the background everyday. Its also great to spend a lot of time with my nieces and nephews. Im staying busy but there's a lot of good things here. That being said, my mom is driving me crazy! Hahaha. She NEVER stops talking. She misses all of her friends and work colleagues and I can tell she's really lonely. She also lives in a 3000 square foot house by herself. I'm really glad I chose this week to come here so I can be here for her. But I'm also ready to get back home. Pismo Beach always feels like I'm getting away when I'm there. There's this lazy relaxed feeling that comes over me from being right on the ocean. You being such an awesome friend is really helpful too 😊

4:40 PM

Friday, August 28, 2020

+1



7:46 AM

+1 [REDACTED]



7:46 AM

+1 [REDACTED]

This is my mom's backyard, front of her house, the street, and her dog Chip

7:46 AM

+1 [REDACTED]



7:46 AM

+1 [REDACTED]



7:47 AM

+1

I'll skip all my meetings today unless you want me to go to the collaborative meeting. Just trying to be "away" but I'll happily attend if you want me there 😊

7:48 AM

+1

Wow! It is beautifully manicured there. And your moms dog is adorable. I absolutely hope you can take a day "away". Happy to send you a text after the Econ Collab meeting with the highlights if that helps.

7:59 AM

+1

That sounds good. Thank you so much.

8:10 AM

+1

It would be great to hear from you later even if you just want to say hi but we can talk about work/council stuff on Monday 😊 I still haven't done my emails and I'm just going to do a few high priority work emails today then leave the rest for next week. I really appreciate your encouragement for me to be away.

9:00 AM

+1

Ahhh there's a lot on the agenda. There's no way I will be prepared if I wait until Tuesday to read everything 😞 Maybe I should skip the council meeting.

3:08 PM

+1

I shouldn't have looked at the agenda but then I really wouldn't have been prepared if I didn't look until Tuesday.

3:11 PM

+1

I'd be grateful for 5 minutes.

4:51 PM

+1

Can we please still talk tomorrow? It will help me sleep if I know that. This is killing me. Im very sorry.

5:28 PM

+1

That was an accident. Im sorry.

6:07 PM

+1

Fuck. I went to dial another friend to talk and I dialed you without thinking. Im sorry.

6:09 PM

+1 [REDACTED]  
 Hope you are feeling better- happy to talk tomorrow- enjoy time with family. 7:18 PM

+1 [REDACTED]  
 A little bit. Thank you for being willing to talk tomorrow and for writing me back. I really appreciate it. I promise I'll enjoy time with family. 7:20 PM

Saturday, August 29, 2020

+ [REDACTED]  
 Hope your car looks perfect. I am in the office. 12:21 PM

+1 [REDACTED]  
 Is now a good time? 12:22 PM

+1 [REDACTED]  
 Good for me 12:22 PM

Monday, August 31, 2020

+1 [REDACTED]  
 Just got to my studio. I think I have a good plan for when you go on vacation. I couldn't ask for a better friend than you. I hope you have a really nice evening. 5:17 PM

+1 [REDACTED]  
 Glad you made it home to beautiful Arcata! And thank you. Your printed packet is on your mailbox - happy to deliver it tomorrow if you don't want to sneak in after hours. 6:04 PM

+1 [REDACTED]  
 😊 maybe you could bring it to my shop and I could do one quick practice reading of the proclamation with you? Only if you have time for that. I can totally get it after hours, too. Thank you. 6:26 PM

+1 [REDACTED]  
 Sounds good- Tomorrow around 3:30? 6:29 PM

+1 [REDACTED]  
 Thats perfect. Thanks again. 6:31 PM

Tuesday, September 1, 2020

+1

I really appreciate the visit today and thank you for the idea to practice reading the proclamation. I hope you have a really nice evening and a really good night's sleep.

7:15 PM

+1

Thanks- it was good to catch up a little more.  
You got this tomorrow night! Amazing that you want to do it and very moving for your father. I hope it is a little touch of healing for you.

7:17 PM

+1

Thank you 😊

7:19 PM

Wednesday, September 2, 2020

+1

Did you see [REDACTED] resigned?

1:00 PM

+1

The postponement was positively received and she's good to meet with you on Wednesday. She will hold on to her written statement until she talks with you. I gave her your number, as well.

1:33 PM

+

Thanks- I will let [REDACTED] know we are postponing the report.

1:42 PM

+1

Well done. Not easy. 🌟

6:06 PM

+1

Thanks. I almost made it without getting emotional. I couldn't have done it without all of your support.

6:09 PM

+1

I appreciate you SO MUCH! I hope you sleep really well tonight.

8:27 PM

+1

Good job getting through tonight. I hope you rest well also.

8:40 PM

Friday, September 4, 2020

+1 [REDACTED]

Good morning-  
Thank you for the pill container- hopefully it will keep me rich with vitamin D.  
Reminder that after the collaborative meeting I am jumping onto the league division meeting. (I am guessing [REDACTED] will leave the collaborative meeting at 1) and then probably straight to my leadership group meeting so I won't be able to walk today.  
Let me know if there is a good day to look through budget stuff. I am trying to decide when to work this weekend- probably some on sat and Monday- we could also start on Monday and see how far we get. We have another week but the staff report will go out next week. Thanks again!

8:45 AM

+1 [REDACTED]

Good morning. You're very welcome. Im happy to come in on Saturday or anytime that's good for you. I hope your meetings go well.

9:25 AM

+1 [REDACTED]

Is there anything specific you want me to educate myself on or research before we meet tomorrow?

4:04 PM

+1 [REDACTED]

I think just any other national data trends that might be helpful. What are good contextual talking points to support our conservative approach.

4:40 PM

+1 [REDACTED]

Sounds good. Hope you have a really nice evening.

4:56 PM

Saturday, September 5, 2020

+1 [REDACTED]

I'm so grateful for all of the time you gave me today. I feel so much better. Im going to have dinner with [REDACTED]. Im sure I'll have a better night tonight thanks to you. Thank you so much.

4:06 PM

+1 [REDACTED]

Thanks Brett- I hope you get to talk to your mother tonight and she is on the mend. Hi to [REDACTED] and [REDACTED]. I know we got distracted but it was helpful for me to go through the initial August figures with you today.

4:39 PM



+1

Thank you. Its nice to hear I was at least a little bit helpful 😊

4:48 PM

Monday, September 7, 2020

+1

I don't think I am heading into the office - could we talk at 11:30?

9:42 AM

+1

Yes. Thank you.

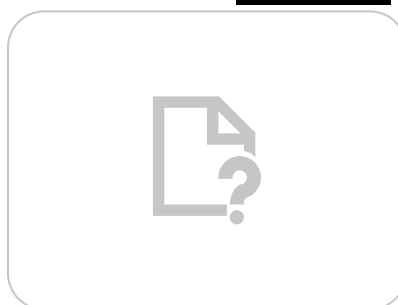
9:44 AM

+1

I feel better after talking to you and I'm getting some things done.  
Thank you so much.

2:03 PM

+1



3:35 PM

Great to hear- I am on to peppers :)

3:35 PM

+1

Thanks for sharing 😊

3:39 PM

Tuesday, September 8, 2020

+1

Good morning. Hope your day is going well, so far. Will you please print me a copy of all the language we have regarding what homeowners and business owners are required to maintain in front of their properties and what the penalties are for noncompliance?

9:31 AM

+1

Good Noon. Will have the documents for our walk.

12:05 PM

+1

You're the best.

12:12 PM

Wednesday, September 9, 2020

+1

How's your day going?

11:11 AM

+1

Sooooooo weird- but starting to get lighter. How are you?

11:32 AM

+1

Yeah the smokey light outside definitely creates a weird feeling. Im okay. Just got my teeth cleaned. They took my mom back to the hospital again this morning. I don't know what to do. Going to work on donation letters for measure A at my shop with [REDACTED] and [REDACTED] in a little bit. Hopefully that makes me feel a little bit better.

12:19 PM

+1

I suspect you have mixed thoughts about your mom back in the hospital - of course you want her home but there did seem to be several questions yesterday that needed more thorough medical answers and I really hope those answers and a concrete care plan for her comes forward from this visit to the hospital.

12:41 PM

+1

Thank you. I need to let my moms situation play itself out a little more. Shes in good hands right now. Mailed 100 letters today requesting support for Measure A.

4:01 PM

+1

I thought a lot about it and I definitely couldn't have gotten through everything without you. I would have resigned months ago, at the least. You literally make my life better and you're an amazing person. Thank you.

4:49 PM

+1

And you make me a better person. I can't forget that one 😊

5:04 PM

+1

First- thank you. That all makes me sound way better than I am and super uncomfortable- you are a very strong person- managing a lot right now and doing so with a lot of thought! I really hope you get some good news soon from your mother. Way to go on measure A today. When it passes it will all have been because of you! I hope you can make something interesting out of this weird night. Hopefully south winds tomorrow move the smoke out.

5:17 PM

+1

I didn't mean to make you uncomfortable. Im sorry.. Just being honest. Im at a Rotary event at the Griffin. I've been feeling a lot better today. Thank you

5:19 PM

+1

All good :) glad to hear you are out for a bit tonight.

5:44 PM

Thursday, September 10, 2020

+1

Have you considered flying out of Santa Rosa? United goes to Denver from there. Also, The Lexus dealership in Palm Springs said you can leave your Lexus there for free and they give you free rides to the airport and back. Santa Rosa Lexus might do the same thing.

11:18 AM

+1

Sorry I made you uncomfortable yesterday. I hope you have a really good day.

11:19 AM

+1

I'm feeling better and getting lots done.

11:19 AM

+1

Like texting you a bunch 😊

11:19 AM

+1

The Santa Rosa idea is brilliant! Thanks. Glad to hear today is productive so far and a little lighter out. I hope your mom is feeling better today. ☀️

12:44 PM

+1

I hope you can use it 😊 I might fly out of there on Alaska to go down south. Its only \$150 to Orange County. Even if they don't do vehicle storage and shuttle I can still get my car serviced while I'm there. My mom is in the hospital and feeling better. She doesn't really remember me visiting her recently, though. That makes me sad but I'm hopeful for her recovery and it sounds like she has good care now.

12:58 PM

Friday, September 11, 2020

+1

May I please use the conference room at 1230?

11:18 AM

+1

Sure

11:57 AM

Saturday, September 12, 2020

+1 [REDACTED]

Can we please talk for a few minutes today? Maybe before the shower site review?

9:56 AM

+1 [REDACTED]

I hope you're feeling better

9:56 AM

+1 [REDACTED]

I am heading into town shortly. We could meet at 1 if that works. I am very uncomfortable (but healing) so I won't be staying much after the meeting :)

11:50 AM

+1 [REDACTED]

That's perfect. I'm going in soon myself to do some reading. Thank you.

11:51 AM

+1 [REDACTED]

I'll let you know when it gets here

2:04 PM

+1 [REDACTED]

Thanks

2:04 PM

+1 [REDACTED]

I just saw it

2:04 PM

+1 [REDACTED]

Take your time!!

2:05 PM

+1 [REDACTED]

You're not missing anything yet.

2:07 PM

+1 [REDACTED]

Super uneventful so far 😊

2:09 PM

Monday, September 14, 2020

+1 [REDACTED]

On a call with [REDACTED] and [REDACTED] - will be a few minutes late

10:56 AM

+1 [REDACTED]

Okay. I'm here.

10:56 AM

+1 [REDACTED]

I feel a lot better after talking with you. Thank you so so much.

1:23 PM

+1 [REDACTED]  
 Hope your day continues to get better. The sun is starting to warm things up ☀️ 2:05 PM

+1 [REDACTED]  
 Thanks again. Im still feeling better 😊 4:10 PM

Tuesday, September 15, 2020

+1 [REDACTED]  
 May I please use the conference room for a RREDC meeting at 11am? 10:18 AM

+1 [REDACTED]  
 The rooster is the primary reason I don't want to use my shop. 10:19 AM

+1 [REDACTED]  
 Sure - all open 10:32 AM

+1 [REDACTED]  
 Thank you 10:33 AM

+1 [REDACTED]  
 I'm so grateful for your time today. I really needed to have that conversation. I hope the rest of your day goes really well. 1:29 PM

+1 [REDACTED]  
 Thanks- know that it might be hard but trust you will make the right decisions. ☀️ 3:00 PM

+1 [REDACTED]  
 Thanks for writing me back so I'm not worried that you're mad at me 😊 You're the best. 3:10 PM

Wednesday, September 16, 2020

+1 [REDACTED]  
 I'm feeling better today. Just wanted to share that with you. I think I came up with a good plan. 10:19 AM

+1 [REDACTED]  
 Look forward to hearing about your plan. hoping we can walk tomorrow and maybe film a quick 15 sec welcome to students together if you are up for it.  
 I am using my pill sorter for my trip :) thanks 10:24 AM

+1 [REDACTED]  
Im glad the pill sorter is useful. That all sounds good to me 😊 If its okay I'd like to use the conference room for the homelessness meeting, please. 10:26 AM

+1 [REDACTED]  
Sure 10:31 AM

+1 [REDACTED]  
Missed you- see you soon :) 2:16 PM

+1 [REDACTED]  
Awe I'm sorry! I didn't want to bother you. You had your post meeting phone call and you're already giving me so much time. I'll be there early in case I need to read something. 2:24 PM

+1 [REDACTED]  
May I please use the conference room at 1030am tomorrow for my air board meeting? 6:02 PM

+1 [REDACTED]  
Sure 6:02 PM

+1 [REDACTED]  
Thank you 6:06 PM

+1 [REDACTED]  
🙄🙄🙄🙄🙄 7:25 PM

+1 [REDACTED]  
Exactly 7:25 PM

+1 [REDACTED]  
I support as brief of an item C as you wish. 7:51 PM

+1 [REDACTED]  
I have shared the same sentiment with the chief 8:00 PM

Thursday, September 17, 2020

+1 [REDACTED]  
are you busy? 11:07 AM

+1 [REDACTED]  
On a call now-  
Can text or 30 min 11:11 AM

+1 [REDACTED]  
Okay. I'm still in my meeting too. 11:12 AM

+1 [REDACTED]  
How about now? 😊 11:45 AM

+1 [REDACTED]  
Trying to get off 11:45 AM


+1 [REDACTED]  
I hope you're able to go home soon and have a nice evening. Thanks so much for the walk today and for everything. Maybe the best walk, yet. I appreciate you SO MUCH. 6:36 PM

+1 [REDACTED]  
Thanks- I am getting there. It was an awesome walk- very refreshing! Finally got our videos off my phone....lol and then I saw the email for the award one we did that still had you as mayor and it made me laugh :) have a great night! 6:41 PM

+1 [REDACTED]  
Hahaha I didn't catch that in the email. You too 😊 6:43 PM

Friday, September 18, 2020

+1 [REDACTED]  
Hope everything is going well for you today 😊 10:35 AM

+1 [REDACTED]  
 10:38 AM

Great morning so far- hard not be uplifted when your plane neighbor is this.... 10:38 AM

+1 [REDACTED]  
Just boarded to Denver 10:38 AM

+1

I hope you're not mad at me for not going to the collaborative meeting. suggested a walk at the marsh since the meeting was canceled and that went well. I asked him if you told him to go on a walk with me hahaha. How about we tentatively check in Sunday afternoon?

2:17 PM

+1

That sounds good. 1:00 your time as a place holder- with room to move it if either of us needs to? Glad to hear you got out for a walk. It is super Smokey in Colorado- I think they blame our fires :) the airport is very quiet! One more leg to go.

2:23 PM

+1

I might be on the road at 1 my time on Sunday. Is 3pm my time a possibility, with room to move it? I'm glad you're getting close to your family.

2:26 PM

+1

Sure- let's try for 3. Hope you are on the road by then.

2:27 PM

+1

Thank you. I hope to be off the road by then 😊 Im thinking to leave by 9am and be in Redwood City by 230. Thank you again for allowing me to stay in touch with you while you travel. It really means a lot to me. I kind of feel weird everyday right now and knowing I can still communicate with you brings me a lot of comfort. Im so grateful.

2:31 PM

+1

Everyday is one more step forward. You will find the right balance.

2:40 PM

+1

Thank you 😊

2:41 PM

+1

FYI- measure A page went live today. <https://www.cityofarcata.org/912/Measure-A>

3:08 PM

+1

Thats great. Thanks for sharing. Yesterday I bought 50 yard signs, two car door magnets (lol), and 500 postcards. Had them shipped to house since I will be gone. Today I bought four ads in the MRU.

3:11 PM



+1 [REDACTED]  
Thanks- good work. 3:12 PM

Sunday, September 20, 2020

+1 [REDACTED]  
Hope your drive has been smooth- we have a small covid situation here that will require me to spend a bit of time on the phone. Should be ok. I was good before I left - but [REDACTED] girlfriend had an exposure. They are leaving to head for more testing but we have some decisions to make. I will text when I am free. Sorry. 2:30 PM

+1 [REDACTED]  
I'm so sorry thats happening during your vacation. Dont worry about me. Maybe we can check in tomorrow if you don't have time this evening. Im two hours away from Pismo Beach. Decided to go straight there. Again, I'm sorry and I hope everything works out okay. 2:56 PM

+1 [REDACTED]  
Thanks- just lots of decision scenarios to review- safe driving and I will let you know if I free up. 3:05 PM

Monday, September 21, 2020

+1 [REDACTED]  
You doing okay ? 8:27 AM

+1 [REDACTED]  
All doing well. Pretty free today if you want to touch base. If you are busy- totally fine as well. 9:05 AM

+1 [REDACTED]  
I'm glad to hear that. Going to breakfast with [REDACTED] but would love to check in later. Maybe in a couple of hours? 9:29 AM

+1 [REDACTED]  
Sounds good- We are quarantined until [REDACTED] girlfriends test results are back.... will be around :) 9:51 AM

+1 [REDACTED]  
Pismos new "plaza" 2:38 PM

+1



2:38 PM

+1



2:38 PM

+1



2:38 PM

+1

Polished concrete slide and wooden whale

2:38 PM

+1 [REDACTED]

Part of their new pier area? Very cool. Plane neighbor

2:56 PM

+1 [REDACTED]



2:56 PM

+1 [REDACTED]

Holy shit! Lol. That guy is hardcore. Yes thats by their new pier. We went exactly 15 minutes inland for wine tasting and its much better weather here.

3:16 PM

+1 [REDACTED]



3:16 PM

+1 [REDACTED]

Decided to head to Hemet tonight so I'm not bored out of my mind tomorrow.

3:16 PM

+1 [REDACTED]

Are you going to the Hsu liason meeting on Friday?

3:54 PM

+1 [REDACTED]

I was not planning on it. They are fine without us :)

4:14 PM

+1 [REDACTED]

That looks beautiful

4:14 PM

+1 [REDACTED]

Excellent. Hope you have a great evening!!

4:18 PM

Tuesday, September 22, 2020

+1

I hope your day is going as well as possible. How about we try for 10am my time tomorrow, 12pm your time?

10:29 AM

+1

Sounds good.  
Hope things at home are good. And that you found good wine along the way :)

10:30 AM

+1

Haha thanks. I only bought two bottles this time. Im really glad I came so I can help my mom and my sister. Your support does so much to help me manage my stress and remain effective at helping others. Thank you again.

10:37 AM

Wednesday, September 23, 2020

+1

Just heading to the pharmacy with mom to get some refills for her- hopefully home by 1:30 my time- sorry

9:17 AM

+1

No problem. Thats a better time for me 😊



9:21 AM

+1

And its totally fine if its later than 130, too.

9:27 AM

+1

I am free whenever it is a good time For you

11:31 AM

+1

Okay I will call you in a few minutes

11:35 AM

Thursday, September 24, 2020

+1

Hi 😊 I hope you're having a really nice and relaxing day. How does 3pm your time tomorrow sound?

12:54 PM

+1

Sounds good 🍷

1:01 PM

Friday, September 25, 2020

+1

Are you going to the Collaborative meeting? Do you want me to go?

11:02 AM

+1 [REDACTED]  
Was not planning on going. [REDACTED] can touch base with chamber and mainstreet. 11:33 AM

+1 [REDACTED]  
Great 11:33 AM

+1 [REDACTED]  
I am free if this is still a good time 1:01 PM

+1 [REDACTED]  
Thank you so much for all of your time. Our talks do bring me more clarity and they always make me feel better. Thanks for sticking with me through all of my challenges. 3:59 PM

+1 [REDACTED]  
I'm so sorry to bother you. I want to apologize for how I've been. Im sorry for being weird. I have all this anxiety about it right now. Im hoping this helps. I've been feeling very down the last few days and its made my talks with you extra important to me. As much as I want to be with my family, its hard for me to be here. It drums up a lot of emotions for me. Im trying to make the best of it but its tough. Im doing my best to deal with it and again I'm very sorry. 6:20 PM

+1 [REDACTED]  
I sincerely wish you did not have to go through all of this and topped with the covid challenges. Please don't worry about about our talks- that should not add stress or anxiety. Trust yourself and if it is too much plan your exit / just knowing what your plan to leave is- might help. Sleep well and hang in there. 7:15 PM

+1 [REDACTED]  
Thank you so much and thank you for writing me back. I really appreciate it. I hope you have a good night. 7:17 PM

+1 [REDACTED]  
You to. 7:17 PM

Saturday, September 26, 2020

+1

Hi. Hope you're having a really nice day. Im feeling better for the most part. I just have to face that I'm depressed. It sounds weird but I feel like I'm trying so hard not to be that I keep forgetting that I am. May we please change our talk schedule to tomorrow, and then talk again on Tuesday, Thursday, etc? I'm thinking I'm going to head home on Wednesday so I'll be on the road all day. Then maybe stay in the bay Wednesday night, then get home on Thursday afternoon. Is that acceptable to you?

3:13 PM

+1

That sounds fine- I  
Am glad you are feeling a little better today - figuring out a strategy the makes you feel well can take some time. Probably the earlier the better for me tomorrow but let me know what time works for you. Have a great evening

3:18 PM

+1

Thank you. How about 12 your time? I can make anytime work. Im grateful for your time.

3:21 PM

+1

Let's try for 12 my time 10 am your time

3:21 PM

+1



3:21 PM

Sunday, September 27, 2020

+1

May we please do 1230 your time? Its okay if you want to stick to 12.

9:26 AM

+1

Sounds good

9:48 AM

+1

Thank you

9:48 AM

Monday, September 28, 2020

+1

The brewery was really good yesterday. Will you please pick the time for tomorrow thats best for you? I can make anytime work. We can make it a shorter call so I'm not cutting into your family time too much.

8:36 AM

+1

Im not feeling very strong today and its frustrating. I try to do everything right. Sleeping, taking my meds, exercise. I've been dealing with things for so long. It seems like it will never end. You being such a good friend helps me so much. Just being able to write to you helps me. Just writing what I've written so far makes me feel better. I miss my dad. I wish I was okay again. I wish it was 7 days into the future and we were walking. I hope you're doing something really nice with your family right now. My sister told me yesterday how happy it made her that I was here and how much she's enjoyed cooking for me and me being around. That was nice to hear. Im feeling ready to go home but I'll also be sad to leave. Thank you for always listening and being there for me. I don't know what I'd do without your friendship. Thank you.

10:50 AM

+1

I am hoping that your day has improved. Up and down is normal I am sure/ but frustrating none the less. I am glad the trip yesterday was fun. As you get closer to leaving the push pull of wanting to get home and sad to leave is hard. Try to make the most of what you have today. Tomorrow perhaps 11ish - would that work?

2:15 PM

+1

Thank you for always taking the time to write me nice thoughts 😊  
Yes. 11 your time or my time?

2:30 PM

+1

\*thank

2:30 PM

+1

11 my time- 9 your time but I might try for a tee time - will let you know. ☀️

3:18 PM

+1

Okay that works for me. I solved my first rubiks cube 😊

3:21 PM

+1



3:21 PM

+1

Im feeling better. Trying to enjoy the time I have left here. I'd like to get through this trip and then come up with a plan together on reducing my dependance when you get back.

3:23 PM

Tuesday, September 29, 2020

+1

First- I hope this doesn't wake you. Sorry if it did. That is awesome in the Rubik's cube/ something that has eluded me thus far. We are headed golfing- probably until 4 our time. I will text when I am free and see if you have time to connect. Have a great day. Sorry.

7:31 AM

+1

Okay. I hope you have a good day and I hope can talk later.

7:36 AM

+1

I mean I hope we can talk later. I really appreciate you making time for me.

7:37 AM

+1

Hi. I hope you're having the best day 😊 Long story short, decided to go to Pismo today. Could we please talk at 730pm your time or tomorrow at 10am your time?

1:33 PM

+1

Hope your travels were good and you view is beautiful tonight. Might be eating at 7:30 but will let you know. Tomorrow at 10 should work fine. But we can try for tonight.

3:58 PM



+1

Great. Thanks

3:58 PM

+1

Just want to let you know I'm running a little bit late. Will probably be closer to 8pm your time for me. If thats too late then we can do tomorrow. I also have a couple quick agenda questions (actual city business lol)

4:16 PM

+1

Sounds Good- should be sitting down to dinner in 15 - will probably. I will let you know when we are done but will plan for tomorrow. Thanks

5:26 PM

+1



6:02 PM

+1



6:30 PM

+1

That is beautiful-  
I am falling asleep- hope you have a good night and will call you tomorrow.

7:39 PM

+1

Goodnight 😊

7:39 PM

Thursday, October 1, 2020

+1


Made it home last night. Hope you have a really nice day.

10:55 AM

+1 [REDACTED]  
 Glad your drive was safe. Stormy and cold here -headed up to see [REDACTED] and his girlfriends new digs this afternoon. 12:15 PM

+1 [REDACTED]  
 I hope the new place passes your inspection 😊 12:16 PM

+1 [REDACTED]  
 Setting low expectations now :) 12:25 PM

+1 [REDACTED]  
 12:25 PM

Friday, October 2, 2020

+1 [REDACTED]  
 I hope you're having a really nice day. Im attending the collaborative meeting. Trying to stay busy. I've been feeling a little better so just trying to hold on to that. Hope you're well. 12:49 PM

+1 [REDACTED]  
 Calmer winds today- was able to spend a few hours with a real good old friend and [REDACTED] will come Down for dinner tonight. Glad to hear you are feeling well- Busy can be good- 🍲 1:42 PM

+1 [REDACTED]  
 That sounds nice 😊 1:43 PM

+1 [REDACTED]  
 Is there a time on Sunday we can check in while you're between flights? 2:11 PM

+1 [REDACTED]  
 If my flight stays the same (through Denver) my layover is from 9-10:30am your time....I will text you when I land. Hope you have a good evening. 2:26 PM

+1 [REDACTED]  
 Sounds good. Thank you. You too. 2:26 PM

Saturday, October 3, 2020

+1 [REDACTED]

Just want to say hi. Hope you have a really nice evening.

2:54 PM

+1 [REDACTED]

Thanks- good day all around - Getting packed up- hopefully in Time for a lakeside cocktail. Hope your day is good.

3:30 PM

+1 [REDACTED]

Glad to hear it 😊 my day has been okay/good. Trying to stay busy. Hope you make it to your cocktail 🍸

3:35 PM

Sunday, October 4, 2020

+1 [REDACTED]

Everything okay?

9:28 AM

+1 [REDACTED]

Just getting to gate free to talk?

9:31 AM

+1 [REDACTED]

Yes

9:33 AM

+1 [REDACTED]

Sorry to bother you. I've felt off all day. I was okay the last couple days. Not sure what happened. Its frustrating. Just wanted to say hi again.

5:14 PM

+1 [REDACTED]

You sounded a bit down earlier. Seems like a lot of emotions from the trip and return home. We can try to walk it through tomorrow. I am sorry- it does sound frustrating but from the outside you do seem to be still accomplishing a lot through a very tough time. The redwoods are healing :) 🌲

5:28 PM

+1 [REDACTED]

Thanks. I hope you have a really nice evening.

5:30 PM

Monday, October 5, 2020

+1 [REDACTED]

I just want to tell you again how much I appreciate you. You're such a good friend to me. Thanks for helping me get through the last two weeks. Thanks for always being such a good listener and always trying to help me. Im so grateful to have you as a friend.

2:30 PM

+1

I am always wish I had the quick answer for you....but these decisions will take sometime. Thanks for getting me out for a walk. Hope your day has continued well.

4:16 PM

+1

I was able to get a few things done and then I met with and together for an hour to help them answer some questions for their next forum. Im feeling down again and I don't know why. I've been dealing with these same issues for long enough. They shouldn't have such an impact on me. Maybe its the weather. Can we please talk on Wednesday? Even if its just for a few minutes?

4:39 PM

+1

I am free on Wednesday between 1-3 if you have any time then. Sorry to hear the day got tougher- I am pretending the weather is beautiful-...Which I think it is....on the other side of the smoke :)

4:46 PM

+1

☺ That works for me. Do you want to try for a walk? Its totally fine if not. You already give me a lot of time.

4:52 PM

+1

We could do a shorter one, like 130 to 230. Again, totally fine if not.

4:54 PM

+1

1:30 sounds good- ideas on where to walk?

4:55 PM

+1

Maybe a shorter forest loop? Maybe we can do the Jane's creek loop in an hour. I can look at the map for ideas.

4:58 PM

Tuesday, October 6, 2020

+1

Do you want to try and do the Jane's Creek (north?) loop off of west end road? I estimate it would take about an hour. I don't see it on the city trails map, though. Or maybe the marsh? Really, wherever you'd like is fine with me ☺

5:08 PM

+1 [REDACTED]  
Kane's creek north sounds good/ might have the dog with me :) see you there at 1:30. Hope your day was good- I am getting settled into quarantine- lol...test scheduled for Friday :) 5:09 PM

+1 [REDACTED]  
I look forward to meeting your dog 😊 Today was better for me. Knowing we're walking tomorrow helped keep my spirits up. I really appreciate you and I hope you have a nice evening. 6:05 PM

+1 [REDACTED]  
Avenza is loaded- and ready :) 6:57 PM

+1 [REDACTED]  
😊 6:59 PM

Wednesday, October 7, 2020

+1 [REDACTED]  
That was a great walk. Thanks again. 4:17 PM

+1 [REDACTED]  
It was- Being on zoom is not as fun. 6:00 PM

+1 [REDACTED]  
[REDACTED] just called concerned about our agenda item. He said there's already been vandalism to a san jose state vehicle. 5:56 PM

+1 [REDACTED]  
I hope we aren't paying [REDACTED] to be at this meeting, lol. 5:57 PM

+1 [REDACTED]  
My earlier message to you says undelivered/ hope this comes through 5:59 PM

+1 [REDACTED]  
I didn't get one 😞 5:59 PM

+1 [REDACTED]  
I heard that about the vehicle/ very unfortunate 5:59 PM

+1 [REDACTED]



6:01 PM

+1 [REDACTED]

Well done!

6:36 PM

+1 [REDACTED]

Hope I did okay. I appreciate you so so much!

6:36 PM

+1 [REDACTED]

Yay! Glad you approve 😊

6:36 PM

+1 [REDACTED]

Have a good night

6:37 PM

+1 [REDACTED]

Thank you. You too.

6:43 PM

Friday, October 9, 2020

+1 [REDACTED]

Given our time today- should we meet at St. Mary's and do the old bottoms walk?

8:51 AM

+1 [REDACTED]

That sounds good to me.

9:50 AM

+1 [REDACTED]

Great- see you at 1:30

10:50 AM

+1 [REDACTED]

I thought we said 1 so you'd have time to get home? 1 to 230?

11:03 AM

+1 [REDACTED]

Im fine with either time. Whatever is best for you.

11:04 AM

+1 [REDACTED]

Let's meet at 1:20- thanks

11:42 AM

+1 [REDACTED]

Okay

11:42 AM

+1 [REDACTED]

I guess it was on the agenda. :)

3:14 PM

+1 [REDACTED] 3:24 PM

+1 [REDACTED] 3:24 PM

Our walk made me really hungry lol.

+1 [REDACTED] Lol- 3:25 PM

+1 [REDACTED] 4:40 PM

I hope you have a really nice evening. I'll try not to bug you this weekend 😊

+1 [REDACTED] 4:46 PM

I hope you get some awesome food For Dinner 😊. I thought that was one of our better liaison meetings....so if it still felt less worthy of your time we should definitely change structures a little like we talked today.

+1 [REDACTED] 4:51 PM

It was an efficient meeting. I think they're fine if there's a good person keeping people on track. I still don't think we need a special group with regular meetings. Maybe just designate some people at the city and university and do the meetings on an as needed basis. Situations like the SJSU football team aren't very common.

+1 [REDACTED] 4:53 PM

I have to say this: you're an awesome friend!

+1 [REDACTED] 5:13 PM

I was thinking more of the [REDACTED] and provost breakfast club once a quarter and letting the liaison meetings focus on staff level coordination..... anyway it is Friday night.....hope you have a good night and weekend.

+1 [REDACTED] 5:15 PM

That sounds good to me. You too 😊

Sunday, October 11, 2020

+1 [REDACTED] 10:44 AM

Hi. Are you having a nice weekend? Mine is okay. I feel like I'm getting better but I'm still sad underneath. I don't know if its possible to get better and still be sad but thats how I feel. Thanks for letting me write to you. I really appreciate you.

+1 [REDACTED]  
Sometimes figuring out how to appreciate the little things and allow yourself to feel happiness can be hard. I hope that each week is better than the last.

5:36 PM

+1 [REDACTED]  
We need to fix that error on your phone so you don't have to send messages twice 😊 thanks for writing me back. It was a beautiful day. Hope you were able to enjoy it. Any thoughts on where to meet tomorrow?

5:49 PM

+1 [REDACTED]  
Marsh tomorrow?

6:04 PM

+1 [REDACTED]  
Marsh sounds good. South I street parking lot? Or?

6:40 PM

+1 [REDACTED]  
South I sounds Good- see you at 11

6:48 PM

+1 [REDACTED]  
You're so right about appreciating the little things. Thank you.

7:04 PM

Monday, October 12, 2020

+1 [REDACTED]  
From [REDACTED] to me and [REDACTED] lol

12:46 PM

+1 [REDACTED]  


12:46 PM



+1

That was a really nice walk for me. Thank you.

12:46 PM

+1

Lol- that is funny. If she is looking for an out - let her know he is actively suing us in court so an endorsement now may create a conflict later :)

1:38 PM

+1

Today is the hardest day I've had in a while. I don't know why. Maybe because I didn't sleep well last night. I feel like I'm getting worse. I got an appointment with my psychologist tomorrow at 11. He hasn't been very helpful but its all I can do for now. Psychiatrist is on Thursday. I've been having a really tough time and I really appreciate you being there for me.

5:32 PM

+1

I am sorry the day got harder. Don't be discouraged by a tough day/ just know tomorrow can be better. Sleep always helps. Will check in tomorrow.

6:33 PM

+1

Im feeling a little bit better. Thank you for your encouraging words. Hope you have a nice evening.

7:40 PM

Tuesday, October 13, 2020

+1

I hope you're having a nice morning. I was able to get some sleep but I woke up a couple times filled with worry. I don't know why. Thanks for listening. You being there for me makes me feel like I'm not alone.

9:53 AM

+1

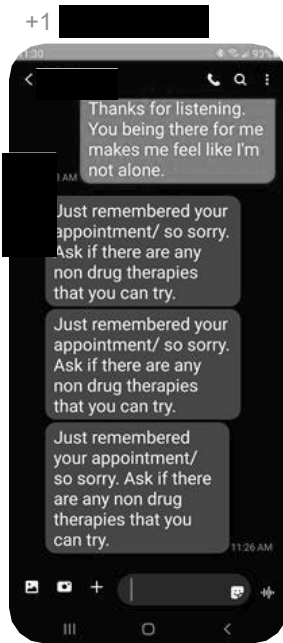
Just remembered your appointment/ so sorry. Ask if there are any non drug therapies that you can try.

11:24 AM

+1



12:21 PM



12:21 PM

Wednesday, October 14, 2020

+1 [REDACTED]

I feel better right now. Thanks for being such a good friend.

2:21 PM

+1 [REDACTED]

I hope your day is still on the upside!

6:34 PM

+1 [REDACTED]

Just want to update you that I still feel better 😊 I was able to keep myself busy and get a lot done today. I almost feel "normal" right now. Thanks again for the talk earlier. I appreciate you taking the time.



6:41 PM

+1 [REDACTED]

😊 It is. Thank you. I appreciate your friendship SO MUCH!! I hope you're able to sleep well tonight before your early morning.

7:05 PM

Thursday, October 15, 2020

+1 [REDACTED]

Lexus service tidbit for the day....if you bring it in for a recall item they fill the gas tank for free. I was in Uber efficient mode so I filled it on my way to them.....but next time :) hope your day is off to a good start.

10:17 AM

+1 [REDACTED]

Thats a good tidbit 😊 I'm feeling better today. Got plenty of sleep. I really appreciate you checking in on me.

10:42 AM

+1

You're such a good friend. I hope your day goes smoothly and you make it home at a decent time.

11:03 AM

+1

Thank you

11:04 AM

+1

The day has had a few ups and downs....but lots of laughs. Both [redacted] and my car have to go back for more work tomorrow- lol ....well lol for the car....bummer for [redacted]. I should make the collaborative meeting but will miss our walk. I don't think we will make it home until night. I might be able to connect over the weekend- let me see how tomorrow goes. It is 90 here today 🌞 - hope your day is awesome!

3:21 PM

+1

Im glad you're able to laugh about it 😊 Of course I'll be sad to miss our walk. Thats a bummer but I understand. My weekend is open. Im always grateful for whatever time you give me. My day is okay. Trying to stay busy. My sister called and we cried together about my dad. It was about this time a year ago we last saw him in person. His birthday is also near. I want to write him a goodbye letter but I'm afraid of feeling all the emotions.

3:30 PM

+1

Its painful for me to think about missing our walk. Its not your fault. Im just sad about it. Maybe we can talk tomorrow? I'm sorry I'm like this. I hate feeling this way. I'm talking to my doctor at 430. Hopefully that helps.

3:41 PM

+1

I hope your appointment offers some support. I drop [redacted] at 11:45 for his appointment- we could talk before the collaborative at 12?

3:52 PM

+1

That would be great. Thank you so much. I hope [redacted] feels better. Will you promise me you'll have a nice evening?

3:57 PM

+1

Yes/ to sleep early :) my eyes are still tired from Zoom all day yesterday :) lol

4:04 PM

+1 [REDACTED]

I really appreciate you being there for me while you juggle everything. I'll be sure to ask my doctor about non medicated treatments. You're the best.

4:26 PM

Friday, October 16, 2020

+1 [REDACTED]

Plans changed/  
We just finished at the dentist and are heading home but I should be home by 4 and will call you

11:41 AM

+1 [REDACTED]

Ok. Hope you have a good drive.

11:42 AM

+1 [REDACTED]

Lost you

3:55 PM

Sunday, October 18, 2020

+1 [REDACTED]

Just got to the office- will have to leave here at 2:30.

11:43 AM

+1 [REDACTED]

Okay. I'll be there by 1215 if that works for you.

11:45 AM

+1 [REDACTED]

Sounds good

11:45 AM

+1 [REDACTED]

I really appreciate all of the time you gave me today. Thank you very much. I hope you sleep well tonight.

4:57 PM

Monday, October 19, 2020

+1 [REDACTED]



8:15 AM

I hope you do as well. The attached is a little blurry- but it is a good sentiment.

8:15 AM

+1 [REDACTED]

Are you up for going to dmV together for our 11 meeting?

10:15 AM

+1 [REDACTED]

Sure 😊

10:16 AM

+1 [REDACTED]

My link says waiting for the host. Do I have the wrong link?

3:00 PM

+1 [REDACTED]

I didn't read the grief quote right away because I didn't know how it would make me feel but I just read it and its very nice. Thanks for thinking of me.

3:53 PM

+1 [REDACTED]

It does look like there are two lots for sale on A street

5:16 PM

+1 [REDACTED]



5:16 PM

+1 [REDACTED]

Yes- I think there are- maybe they are ready to deal. I just don't know how much pressure there is to build the defined home.

5:18 PM

Tuesday, October 20, 2020

+1 [REDACTED]

How's your day going?

3:07 PM

+1 [REDACTED]

Pretty good-  
Sort of feel like I am getting sick.....not covid sick....but definitely masking up :) how are you?

5:16 PM

+1

Awe. Im sorry. I felt like I might be getting sick last week but nothing materialized. Hope its the same for you. Im doing okay. I read my letter to my dad to my psychologist today and it made me cry a lot. I feel better but kind of drained from the emotion.

5:19 PM

+1

asked me about putting what sounded like a "pattern/chain" store in his Arcata location. He wanted to know what he could do. I told him to talk to .

5:20 PM

+1

Sounds like you probably needed to get some of that out. I hope you rest well and can look on today as a day with a little healing. Thanks for the heads up on pacific outfitters. Just got home- no fever - Guess I am just being a baby :) better tomorrow! For both of us.

5:58 PM

+1

Better day tomorrow sounds like a plan :) I hope you have a nice night.

6:12 PM

+1

You to.

6:18 PM

Wednesday, October 21, 2020

+1

Can I get you anything?

4:58 PM

+1

Maybe they think its at 6?

5:48 PM

+1

I mostly want to read it for something to do lol

6:01 PM

+1

Great to break it up :)

6:02 PM

+1

So dangerous to offer to meet with her. You're a brave person! hahaha.

6:50 PM

+1

Your TS piece encouraged her to stay :)

6:52 PM

+1

You're so right! It's totally my fault.

6:53 PM

+1

Its dumb but I'm bummed by not having a better goodbye lol. I hope you feel better and I hope you have a really good evening.

7:33 PM

+1

Yes- sorry...I have just been riding [REDACTED] hard and wanted to tell him he did a good job tonight. Thanks for the chocolate - hopefully I will feel up for sunny brea Friday. [REDACTED] saw a mountain lion on that trail Sunday :)

7:42 PM

+1

Hope you have a good night.

7:42 PM

+1

Its no problem. I was just being a baby about it. Thanks for writing me back 😊 Goodnight.

7:45 PM

Thursday, October 22, 2020

+1

Are you feeling better today?

10:35 AM

+1

I am - thank you. How was your night?

10:42 AM

+1

Im glad you're feeling better. You not feeling well makes me sad. My night was okay. Thanks for asking. I slept a lot but it was filled with weird dreams! I'm having lunch with [REDACTED] today.

10:51 AM

+1

We didn't layoff any [REDACTED] employees, right?

1:49 PM

+1

I know we've talked about this and I'm 99% sure the answer is no. Just want to double check. [REDACTED] asked me how many we layed off and I said we didn't layoff anyone.

2:04 PM

+1

Sorry...you are right. No [REDACTED] laud iff. Only part time were laid off or not rehired

2:53 PM

+1

No apology necessary.

2:57 PM

+1

I've been feeling down today. I start to feel like I'm getting better and then I'm down again. Its frustrating. I hate that people can tell and comment to me about it. My mom told me today I sounded sad. Im looking forward to walking tomorrow. Maybe if you're not feeling up for a walk we can just have tea or something?

2:58 PM

+1

The ups and back down is very hard. I hope you start to notice that the duration between the downs becomes longer. Moms are suppose to know these things.....I don't think you show your emotions as clearly to the rest of the world. I see so many people living on the street in front of my office each day I am constantly reminded of how lucky we are.

4:08 PM

I am feeling better today- hoping I am up for a walk tomorrow- sounds like we could both use it and I want /don't want to see a mountain lion 🐾:)

+1

Lol. You're right. we are very lucky. Thanks for listening and for your thoughts. I hope you have a good evening and dreams that aren't weird 😊

4:24 PM

+1

Lol- yes no weird dreams...or just a couple anyway.

4:26 PM

Friday, October 23, 2020

+1

2:10 at sunny Brae

12:47 PM

+1

Okay. See you soon.

12:47 PM

Sunday, October 25, 2020

+1

I hope your weekend is going well. Where would you like to walk tomorrow?

4:30 PM

+1

We could do the dunes? Or g and h street.....

4:31 PM



+1 [REDACTED]  
Doing well- lots of time with [REDACTED] this weekend. How are you? 4:32 PM

+1 [REDACTED]  
Lets do the dunes. Im glad you got to spend time with family. I'm doing okay. Thanks a lot for asking. I just still feel weird most of the time and its hard for me not to worry about the same stuff I always worry about. Im really trying to work on it though and get better. I realized Friday was 3 months since my dad died. I feel like such a big piece of me is missing without him. I think I'm doing okay though. Im trying to be okay. I tried to relax a lot this weekend and I also got some errands done. Went for a short walk today, washed my car and worked a little bit. Im looking forward to walking tomorrow. 4:43 PM

+1 [REDACTED]  
Sounds like a pretty good weekend-should we meet at city hall or the parking lot by the dunes? Hope you rest well tonight. 3 months is still very little time for real healing, your efforts will pay off - look forward to talking tomorrow. 4:46 PM

+1 [REDACTED]  
How about I pick you up at 11? 4:56 PM

+1 [REDACTED]  
Sounds Great! See You at 11 4:57 PM

+1 [REDACTED]  
I hope you rest well, too. 5:02 PM

Monday, October 26, 2020

+1 [REDACTED]  
Im here 10:56 AM

+1 [REDACTED]  
Just finishing up 10:57 AM

+1



1:56 PM

That was beautiful today- thank you

1:56 PM

+1

Im so glad you liked it. Thank YOU. You're so kind and generous to me. Thanks for thinking about how to make me feel better. It means a lot to me. Im feeling better after our walk. Im so lucky to have you as my friend.

2:20 PM

+1

I got a lot done today and I'm still feeling better. I think im going to be okay tonight. I'll take tomorrow as it comes. I feel like I'd be in a really bad place without you. I'm so grateful for all of the support you give me, [REDACTED]. It means so sooooo much to me. Im sorry but I just can't thank you enough 😊

5:45 PM

+1

Brett, I'm really glad to hear that your day went well. You definitely thank me enough – LOL. That was a beautiful walk this morning- really glad we went there. You are definitely strong enough on your own ☀️

6:17 PM

+1

You're doing a lot to help me find that person within me again. You're the ultimate teammate. I hope you have a really nice evening.

6:53 PM

Tuesday, October 27, 2020

+1

I feel weird again today. I hate it. I wish it was yesterday. The highs and lows are painful. I wish you were here to give me a big hug and tell me everything's going to be okay.

9:17 AM


+1

Im sorry.

9:19 AM

+1 [REDACTED]  
On department head zoom - but free from 11-12 if you want to swing in - hard to wake up this way. 9:29 AM

+1 [REDACTED]  
You're the best. I'll definitely take you up on that. 9:30 AM

+1 [REDACTED]  
 9:50 AM

+1 [REDACTED]  
😊 You're already making me feel better. Thank you so much. 9:51 AM

+1 [REDACTED]  
Tell me when you are here and we can go for a quick drive if you want 11:06 AM

+1 [REDACTED]  
Im here 11:06 AM

+1 [REDACTED]  
I think im on agenda setting today. Is that zoom at 4pm? 1:23 PM

+1 [REDACTED]  
Yes- just picked up my phone to text you. Link was just sent by Zoom and [REDACTED] calendar 1:41 PM

+1 [REDACTED]  
I got it. Thanks 1:41 PM

+1 [REDACTED]  
Im sorry to bother you. My mind is kind of racing right now and I'm trying to get it to stop. I think I just need to say thanks again. Today was rough for me and I'm grateful for all of the time you gave me. Thanks for talking through things with me. Sorry I need to say thanks so much 😞 6:51 PM

+1 [REDACTED]  
What if I'm like this for a long time? I'm going to get better right? I'm worried that I won't. 7:56 PM

+1

Im sorry. I just need to go one day at a time and stop worrying so much. I need to let go of things that make me worry.

7:58 PM

+1

One day at a time- you are doing better! Much better in fact. Think positive thoughts- you do much good in the world and have much more to give. Tomorrow we can focus on what to give.

9:34 PM

+1

Thank you and thanks for writing me back. I hope you sleep well tonight.

9:36 PM

+1

You to....the Dodgers won :)

9:37 PM

+1



9:37 PM

Wednesday, October 28, 2020

+1

Good afternoon. Are we still on for 3pm?

1:11 PM

+1

We are- are you still free?

1:16 PM

+1

Yes. I'll see you soon. Should I get there a few minutes early so we can talk about it before we talk to her?

1:17 PM

+1

Sure- I will be here :)

1:21 PM

+1

Have you looked at the house on south G?

5:06 PM

+1

One to live in and one to work in :)

5:06 PM

+1

I saw the listing. The one for \$700K? Its probably too expensive for me. \$600K is probably the best I'll be able to do right now. Thanks for thinking of me though 😊 You're THE BEST.

5:10 PM

+1

\$700,000 on south G .....I will have to look it up- seems weird is it a huge lot?

5:34 PM

+1

Look at this home I found on realtor.com!

293 G St, Arcata

\$699,000 | -- bd • 3 ba

See details at: <https://b1iw.app.link/9Ofh7kITXab>

5:36 PM

Or: [https://www.realtor.com/realestateandhomes-detail/293-G-St\\_Arcata\\_CA\\_95521\\_M19430-19114?](https://www.realtor.com/realestateandhomes-detail/293-G-St_Arcata_CA_95521_M19430-19114?cid=soc_shares_core_ldp_android)  
cid=soc\_shares\_core\_ldp\_android

+1

Says its two homes plus a mother in law unit

5:37 PM

+1

Also, Isn't that area going to be underwater?

5:37 PM

+1

Insane! Offer \$550 - lol. Yes to the water but it is really close to Samoa - lots of cons and at that price ridiculous- hope buttermilk is better

5:39 PM

+1

Yeah its a crazy price. I could see making an offer on if its still around in a few weeks. The Buttermilk house was too small and too funky of a layout. There were two other people there looking at it when I got there and we had to wait in line lol. said it would probably go for like \$345K and we could do better for the price. I gave him the print out for the California street house/ property you helped me find and hes going to track down the owners and call them.

7:22 PM

+1

Thanks again for today. I feel okay right now and I promise I'll have a good night 😊


7:23 PM

+1 [REDACTED]  
It is good to see what is out there. Rest well- we will connect sometime tomorrow. 7:49 PM

Thursday, October 29, 2020

+1 [REDACTED]  
I hope you're having a good day. 11:47 AM

+1 [REDACTED]  
Great Day! Hope you are also....just in case..... 12:14 PM

+1 [REDACTED]  
 12:14 PM


+1 [REDACTED]  
I was feeling a little down but your positivity makes me smile and makes my day better 😊 12:16 PM

+1 [REDACTED]  
It looks like you tried to send an attachment but its not coming through 😞 12:24 PM

+1 [REDACTED]  
I am feeling low today. Trying to focus on it being a nice day outside. Im going to try and go to the golf course. I just need to make it to 5pm drinks with [REDACTED]. Then I'll be okay with things to do until we finish our walk tomorrow. Looking at a house on Hilltop at 11am tomorrow. 12:27 PM

+1 [REDACTED]  
Hilltop is a lot more for the money. I agree it is too nice to be down today- let's save the downtime for the rain. Hoping it is this nice tomorrow in Manila :) 1:00 PM

+1 [REDACTED]



1:00 PM

+1 [REDACTED]

I just sent the pic again :)

1:00 PM

+1 [REDACTED]

Lol. Thanks for making me smile.

1:19 PM

+1 [REDACTED]

Thanks for cheering me up today. You're the best.

5:02 PM

+1 [REDACTED]

Hope golfing was good. Cheers for your drink with [REDACTED]!

5:04 PM

+1 [REDACTED]

I made myself be patient and try to enjoy it. Its a tough one because my dad bought me most of my clubs I use and its what him and I did most together when I was younger.

5:07 PM

+1 [REDACTED]

It is a great way to honor, miss and remember him.

5:10 PM

+1 [REDACTED]

Time with [REDACTED] was good. I cried about my dad and we talked a lot about local businesses. Thinking about my dads birthday coming up makes me sad. I really appreciate you offering to spend time with me on that day. It really means a lot to me. You're such a great friend and I'm so grateful. I hope you have a really nice evening.

7:35 PM

+1 [REDACTED]

Glad to hear your night was healing :).

9:16 PM

Friday, October 30, 2020

+1 [REDACTED]

[REDACTED] is in the hallway talking to [REDACTED]

1:27 PM

+1 [REDACTED] Lol 1:27 PM

+1 [REDACTED] Are you standing on a corner tomorrow until 11 because you're volunteering for the Halloween event? 5:01 PM

+1 [REDACTED] Yes - lol....should be fun....you know how this girl loves traffic control :) 5:13 PM

+1 [REDACTED] May I please come and stand with you for a little while? Pleeeeeeeeeeeease. 5:14 PM

+1 [REDACTED] Puhleeeeeeeeeeeeeeease 😊 5:16 PM

+1 [REDACTED] I will text you once I am there and [REDACTED] sends me somewhere. You are welcome to come.... 😊 5:24 PM

+1 [REDACTED] Yay!!! You made my evening. The little things lol. I was able to get my mail to the post office in time. Just so I'm not waiting around in anticipation, What time does your shift start? 5:26 PM

+1 [REDACTED] I told her I would come around 6. 5:29 PM

+1 [REDACTED] Okay. I hope you have the best time with your friends tonight. I feel drained after today but I'm glad we did it. Thanks again. 5:30 PM

+1 [REDACTED] All fun, laughs and silliness tomorrow night 5:31 PM

+1 [REDACTED] 😊 5:31 PM

+1 [REDACTED] Standing in front - not sure where we want to go 5:31 PM



+1 [REDACTED] 5:32 PM  
Sorry -wring text string :)

+1 [REDACTED] 5:32 PM  
I figured lol. Enjoy yourself.

+1 [REDACTED] 5:32 PM  
Thanks

Saturday, October 31, 2020

+1 [REDACTED] 6:11 PM  
Just got to City Hall- heading to Plaza

+1 [REDACTED] 6:15 PM  
Im here

Sunday, November 1, 2020

+1 [REDACTED] 1:59 PM  
I hope you're having a nice day.

+1 [REDACTED] 2:01 PM  
Our conversation on Friday was pretty emotional for me between my dad and the other personal stuff. I've been feeling down all weekend but last night was a good break for me. Thanks for letting me volunteer with you. I hope I was helpful.

+1 [REDACTED] 2:02 PM  
Where would you like to walk tomorrow? I'm open to anywhere. We could even do the dunes again.

+1 [REDACTED] 2:03 PM  
Happy Sunday- thank you SOOOO much for being there last night....hilarious, predictable, not sure we made a difference and yet probably saved at least a few fender benders :)

+1 [REDACTED] 2:04 PM  
Im glad you're glad I went 😊

+1 [REDACTED] 2:05 PM  
Tomorrow - the dunes sound good. We will just plan on 11 and if you feel like somewhere else that is fine also. We will keep it light and fun- maybe we should bring a trash can lid

+1



2:06 PM

+1

You're so funny. I'll put a trash can lid in my trunk. Just in case. Thanks for cheering me up 😊 I appreciate your friendship so much.

2:09 PM

+1

Pick you up at 11, then?

2:09 PM

+1

Perfect - see you then

2:27 PM

+1



2:27 PM

+1

OMG stop it with that sign 😊 I hope you have a great evening, best friend.

2:32 PM

+1

The sign is a nice thought. You made me feel a lot better. Thank you.

2:38 PM

Monday, November 2, 2020

+1

Im here

10:57 AM

+1

On my way

10:58 AM

+1

Thank you so much for today and for always trying to cheer me up. Thank you for listening. I promise I'm working as hard as I can everyday to get better. Its really hard for me. It feels like the hardest problem I've ever faced. I really appreciate you helping me face it and for your patience. I can't express how much I appreciate it and how grateful I am.

1:12 PM

+1



1:13 PM

+1



6:10 PM

Thanks for trying the sledding today- perhaps I just miss the snow sometimes :)

6:10 PM

+1

Hope you have a fun night.

6:11 PM

+1 [REDACTED]

Thats a funny picture lol. It was 100% worth a try 😊 I'm home now. We went to the Jam and I told her you wished her luck. You would have been proud of me because I laughed a couple times. Thanks a lot for the text. I hope you have a really nice evening and that you sleep well.

6:37 PM

+1 [REDACTED]

Thanks- rest well. :)

7:10 PM

+1 [REDACTED]

I got it three times. I will rest extra extra well 😊

7:21 PM

+1 [REDACTED]

Lol- only sent it twice :)

7:22 PM

+1 [REDACTED]

I'd rather get them multiple times than not at all. Thanks for always resending.

7:24 PM

+1 [REDACTED]



7:24 PM

Tuesday, November 3, 2020

+1 [REDACTED]

Hi. Do you have any time for me to visit today?

10:29 AM

[Number Unknown]

I am free 1:30 - 3. Hope your day is off to a good start

12:30 PM

+1 [REDACTED]

It took a while to get going but I'm starting to feel okay. I took some extra medication. Maybe its helping. Im meeting with [REDACTED] at 5ish. I will stop by around 145. I have a couple city things we can talk about. Maybe we can look at Redwood Park if you want to. You're the best.

12:44 PM

+1 [REDACTED]

Two beers with [REDACTED] over two hours. Now we are at the Shanty. Im going to have one more and go home. Im not going to drink too much and drive.

7:11 PM

[Number Unknown]

You are definitely after a job.....)

7:31 PM

+1 [REDACTED]

University Advancement foundation is buying the craftsmans mall and some other stuff I'll tell you in person. He said I can be a contractor for SBDC helping small businesses and made it sound like a sure thing.

8:24 PM

+1 [REDACTED]

I made it home. You made my day better. Thanks for being such a great friend.

8:43 PM

+1 [REDACTED]

First results are up

9:16 PM

+1 [REDACTED]

Measure A is 79%!

9:16 PM

[Number Unknown]

Wow! That is great! Just to get some experience and connections. Measure A looks great! Council is tight! So glad you are home and didn't drink too much with your new boss- lol

9:20 PM

+1 [REDACTED]

I was worried about A. I wanted it to pass so badly. It makes me happy the effort we put in wasn't for nothing. I guess its still early but it seems safe.

9:24 PM

[Number Unknown]

It seems to be in a really good position. I am super excited. And so happy for you [redacted] and [redacted]. It actually looks like our local community was very supportive of local services. This is why we live here and why if the national election goes bad tonight we will stay here and be happy

9:26 PM

+1 [redacted]

I agree 😊 Yeah the council is tight! What a nail biter lol.

9:30 PM

+1 [redacted]

To be honest Im a little worried about the council results. The uncertainty of all new people gives me anxiety. This is my first time experiencing something like this. Im glad [redacted] looks like a sure thing.

9:40 PM

+1 [redacted]

Im so grateful for our friendship. You really help me worry less. Im going to do my best to sleep tonight. I really hope you sleep well.

9:45 PM

[Number Unknown]

You will be a great mentor and senior council member.....way too early to call it- rest and we will on the morning :)

9:47 PM

+1 [redacted]

Thanks 😊

9:47 PM

Wednesday, November 4, 2020

+1 [redacted]

Good morning. I managed to sleep okay. How are you?

8:53 AM

[Number Unknown]

I am glad you got some Rest :) great news on the ballot measures! Lots of change in leadership but it is part of city governance - we will be good and you will be great!

9:04 AM

+1 [redacted]

I appreciate that a lot. I don't know why im so worried. I guess I'm already dealing with stressful stuff and I don't want any more stress. Thanks for being so supportive and positive. I really appreciate you.

9:08 AM

+1 [REDACTED]  
Thanks for helping me feel better and worry less. Im so tired of being sad and worrying about things. I hate it. Im so lucky to have you as my friend. So so lucky. 9:14 AM

+1 [REDACTED]  
May I please talk to you before the council meeting? 9:47 AM

+1 [REDACTED]  
Maybe just like 1 to 130? 10:00 AM

[Number Unknown]  
That the works! 10:06 AM

+1 [REDACTED]  
Thank you!! 10:08 AM

+1 [REDACTED]  
Can I bring you anything? 3:40 PM

[Number Unknown]  
Thanks- I am good- 3:45 PM

+1 [REDACTED]  
Feels like this is taking for-ev-er 7:14 PM

[Number Unknown]  
Agreeeeeeed 7:14 PM

Thursday, November 5, 2020

+1 [REDACTED]  
Hi. I had a good hour and 45 min walk with [REDACTED] this morning. Talked to [REDACTED] for a little bit. Getting some work done now. How is my best friend? 😊 1:57 PM

+1 [REDACTED]  
Sounds like a good day. Doing well. Slowly getting through things :) 3:04 PM

+1 [REDACTED]  
I hope the rest of your day went well. Where would you like to go tomorrow? 5:11 PM

+1 [REDACTED]  
Totally open tomorrow - Do you have a preference? 5:21 PM

+1 [REDACTED] 5:29 PM  
West end road/Jane's creek loop?

+1 [REDACTED] 5:31 PM  
Or we Sunny Brae

+1 [REDACTED] 5:35 PM  
Either sound good- right now west end road sounds good


+1 [REDACTED] 5:53 PM  
Okay let's plan on that then. Want me to pick you up or meet there?

+1 [REDACTED] 6:25 PM  
We can meet there :)

+1 [REDACTED] 6:28 PM  
Okay. I hope you have a really nice evening!

+1 [REDACTED] 6:32 PM  
Okay. I hope you have a really nice evening!

+1 [REDACTED] 6:39 PM  
You to- lol I got your last text twice

+1 [REDACTED] 6:47 PM  


Friday, November 6, 2020

+1 [REDACTED] 11:45 AM  
I didn't sleep very well last night. Feeling kind of down right now. Might be my medication. Its hard to find the right balance. Im really looking forward to our walk.

+1 [REDACTED] 12:21 PM  
I am also looking forward to the walk....my hips might be frozen in the seated zoom position after this week :)  
Sorry to hear the medication frustration! Hopefully the fresh air will add the right medical oxygen formula to round out your mix!



+1

The free book I'm getting is called Citizen and the talk is called "The Making of Citizen" so apparently its about the making of the book.

3:38 PM

+1

Lol :) did you see the rainbow?

3:45 PM

+1

No! I did enjoy our rainy walk though 😊

3:48 PM

+1

( ) told me to apply asap. Now I have something to do for a little bit 😊

3:49 PM

+1

Just want to double check, is it okay if I use you as a reference?

5:50 PM

+1

Of Course!!!!

6:00 PM

+1

Thanks. Theres a new election results update posted from the county.

6:26 PM

+1

I hope you have a great night.

6:26 PM

+1

Thanks- looks about the same- yeah for measure A

6:34 PM

Sunday, November 8, 2020

+1

Hi. Where would you like to go tomorrow?

5:38 PM

+1

I am open- fickle hill forest loop if it is windy?

5:55 PM

+1

Sure. I played golf today. It was cold and windy but I'm glad I went and got outside for a while. I also submitted my application to the county.

5:57 PM

+1

Do you want to meet there or for me to pick you up?

6:24 PM


+1 [REDACTED] 6:25 PM  
Why don't you pick me up.

+1 [REDACTED] 6:26 PM  
Okay. I hope you have a nice night.

+1 [REDACTED] 6:27 PM  
You to :)

Monday, November 9, 2020

+1 [REDACTED] 10:58 AM  
Im here

+1 [REDACTED] 10:59 AM  


+1 [REDACTED] 3:47 PM  
I felt better after our walk. Thank you for always talking through things with me. The house on California needed a ton of work and it looked like the foundation was slipping. Its right next to the tree root guy. I just talked to [REDACTED] on the phone. Going for a walk with her soon. She sounded nice.

+1 [REDACTED] 3:49 PM  
I know I say it a lot but I'm so so grateful and lucky to have you as a friend. I think about it all the time. You do so much to keep me stable and from worrying more. Thank you. Thank you. Thank you.

+1 [REDACTED] 4:25 PM  
You are very welcome. Sorry the house was crappy. Hopefully it was not the tree root's fault. Glad you connected with [REDACTED]. Have a great night.

+1 [REDACTED] 4:27 PM  
You too 😊

Tuesday, November 10, 2020

+1 [REDACTED] 10:01 AM  
Could you do agenda setting at 12:30?

+1 [REDACTED] 10:10 AM  
Im feeling really down this morning

+1 [REDACTED]

So sorry Brett- I wish I could send you into the sun....but it looks cloudy from my window :)

10:13 AM

+1 [REDACTED]

I don't know what do to. Im sorry. I hate feeling this way. I wish I could give you a big hug.

10:23 AM

+1 [REDACTED]

You come at 11:45 and we could chat for a few minutes and do agenda setting with [REDACTED] at noon....and then [REDACTED] and I could keep meeting after agenda setting.

10:49 AM

+1 [REDACTED]

Okay

10:51 AM

+1 [REDACTED]

Thanks so much for the hugs today. I just did the Jane's creek loop with my [REDACTED] No word on number of candidates yet.

4:49 PM

+1 [REDACTED]

I got these today

4:50 PM

+1 [REDACTED]



4:50 PM

+1 [REDACTED]

So glad you got outside - those cups look great! Really nice of you to do that for the helpers! I hope your night is better and tomorrow starts out brighter. Not sure when I will be in the office but probably 12-4 ish.....

5:58 PM

+1 [REDACTED]

Will text you when I head in.

5:59 PM

+1 [REDACTED]

Thank you for giving me a window of time to plan for. I hope you have a great night.

6:23 PM

Wednesday, November 11, 2020

+1 [REDACTED]

Heading in now/ need to swing by the greenwaste site on my way

12:07 PM

+1 [REDACTED]

Okay. Im going to eat something and then I'll head over.

12:08 PM

Thursday, November 12, 2020

+1 [REDACTED]

I know you're busy. please forgive my long text. Yesterday was a great day for me. It gave me a lot of time where I wasn't thinking about my problems and I realize I really needed that break. Thank you. For a while I felt like everything is okay and I don't have anything to worry about. Later in the evening that feeling started to fade but I did my best to ignore it and have a good evening. I did have trouble falling asleep though. Then I had a sad dream about my dad which is the first time I've had a dream about him since he died. It made me wake up sad but I think I've shaken it off. Im resolved to having a good day today. I just got off the phone with my doctor and he's giving me a new medication for night time to replace the two I currently take. Its called Quetiapine. In low doses its prescribed for sleep. Hes giving me 25mg pills to start but says I can go up to 100mg if needed. The new medications always scare me. At least im trading 2 meds for 1 med. The goal is for me to get better sleep so I'm not sleeping so much and for my mood to improve.

12:31 PM

+1

is calling me soon to talk about the job so hopefully that's good. I appreciate you so much. Thanks for always supporting me. Im so grateful.

12:32 PM

+1

(First text- county job) great to hear is calling you. This would be a different relationship with her so reminder to be conscious of your role to support her and to make things smoother for her. If working full time is a deal breaker probably good to talk that through with her.

1:06 PM

+1

Day/Night. I think it is hard but SO great that you dreamt of your dad. I am sorry the dream was sad and I hope that if he continues to come into your dreams that the dreams are more positive. I am happy to hear that you are trying a new night med support. It seems that you identified the night meds as potentially affecting your mornings. Hearing you say your are feeling prepped to push away the sadness for a bit today is a strong step!

1:11 PM

+1

Will you please call me when you have a minute?

5:04 PM

Friday, November 13, 2020

+1

My trainer says she hopes to be done for the day by 12 or 1. So far I've wiped down my work station lol. I can tell there will be lots of sitting and waiting today. I hope you're having a good morning.

8:32 AM

+1

Glad you made it and hope you are feeling good. I suspect a bit of down time today as you get settled. is in town :)

8:44 AM

Saturday, November 14, 2020

+1

Running 15 min late

11:37 AM

+1

Okay

11:37 AM

Monday, November 16, 2020

+1

Made it to work on time and I feel pretty good today. I hope you have a great morning.

8:10 AM

+1 [REDACTED]  
Great to hear! [REDACTED] was happy to move so just let me know when you want to meet 8:11 AM

+1 [REDACTED]  
I'll be there at 12:15/12:20 9:51 AM

+1 [REDACTED]  
Sounds good 10:06 AM

+1 [REDACTED]  
Should we go for a walk? 10:37 AM

+1 [REDACTED]  
Meet at the marsh? 10:41 AM

+1 [REDACTED]  
Sounds good. South I street? 10:43 AM

+1 [REDACTED]  
Perfect. 10:43 AM

+1 [REDACTED]  
At my desk 😊 1:59 PM

+1 [REDACTED]  
I didn't have to rush. I was in and out of wildberries in like 3 minutes and I parked closer to the courthouse ?? I just finished folding stuffing and sealing 100 checks ?? who can I talk to at the city to get my "calpers ID"? 3:34 PM

+1 [REDACTED]  
Glad you made it/ you were so fast at wildberries I stopped at the office grabbed the cookies and ran up there but you were gone- lol. I will have [REDACTED] send it to you. But I assume you set up your my calpers online with just your social? 3:36 PM

+1 [REDACTED]  
I don't think I've ever done anything online with calpers. 3:39 PM

+1 [REDACTED]  
Maybe put the cookies in my mailbox? I will try to remember to get them on my way home. Or I can eat them Wednesday. 3:39 PM

+1 [REDACTED] will email it to you shortly:) 3:46 PM

+1 [REDACTED] I appreciate you so much. Thanks for today. I'll check for my cookies when I stop by [REDACTED] this evening. 5:21 PM

+1 [REDACTED] They are in your box :) 5:24 PM

+1 [REDACTED] I took a nibble of one and they are delicious. Thank you for thinking of me and for sharing. I feel like crying right now and I don't know why. I think I'm sad about the job and my mom, and happy about the cookies. I wish I could be with my mom to comfort her. Thanks for helping me try to stay positive. 6:28 PM

+1 [REDACTED] The new job is a big adjustment and is intended to create structure and fill the time. The work is important but I am sure it doesn't feel that way yet. You trying new things is comforting for your mom- you have shared with me how strong and she will get through this- Knowing you are taking these steps to take care of yourself is huge for her. Take relaxing breaths tonight and rest. 9:09 PM

Tuesday, November 17, 2020

+1 [REDACTED] Thanks for your message last night. Im going to make the best of today. I appreciate your support so much. I hope you have a really good day. 8:40 AM

+1 [REDACTED] I just read about three levels of gratefulness.  
 1) Grateful-for: noticing and acknowledging benefits and good things  
 2) Grateful- to: intentful expression of gratitude  
 3) Gratitude-in-hardship: the ultimate gratitude practice  
 More to come :) on to Zoom now :) have a good day! 8:59 AM

+1 [REDACTED] Thanks for sharing those 😊 9:27 AM

+1

More on #3..... Ingratitude might feel good, but it's always self-destructive the alternative to gratitude-during hardship is self-sabotage. It's ridiculous to be thankful for sickness, pain, or evil but still important to notice the benefit or advantage IN hardship. Hardship reveals anger and bitterness that often simmers unseen and also illuminates Blindspots that helps one's personal growth on the journey to becoming your true self....

11:39 AM

+1

Okay- maybe that is a bit much....but it is getting close to Thanksgiving- lol

11:39 AM

+1

Its nice to get a text from you. Thank you. It all makes sense. Im overall grateful. Its just a hard transition for me. I talked to my sister about her trip a little while ago. It made me emotional. I miss her and want to see her but I worry about her making the long drive. Especially if there's bad weather. I was emotional this morning, too. Its kind of a sad day for me. Im looking forward to getting home and having another cookie. Im rationing them so they last longer.

11:46 AM

+1

?? I miss you, buddy.

11:48 AM

+1

I ate a cookie for lunch. It lifted my spirits ?? and I got all of next week off for Thanksgiving. Any thoughts on meeting later in the week? Ideally for me would be on Thursday or Friday 1:15 to 245.

1:05 PM

+1

The weather is suppose to be better in Friday- I am rearranging so let's try for your break time Friday- maybe 1:30- or we don't schedule Econ collab and meet at noon or 1

1:37 PM

+1

Lets walk on Friday. Maybe do an email asking people to email any updates and then we can talk to and/or directly.

3:00 PM

+1

Sounds good-

4:36 PM



+1

Thanks again for sharing the three levels of gratitude. You're the #1 thing I'm the most grateful for right now. That's my level 1. I think I'm successful at level 2 because I tell you constantly how grateful I am. I'd say I'm pretty good at level 1 and 2 in general. Level 3 is a tough one. It's hard for me to find gratitude in my hardships e.g. my dad, my mom's health. I know these things will make me stronger one day but it's not my preferred way of becoming stronger.

5:34 PM

+1

I had a good chat with [REDACTED] before I left today. She asked me to be honest about how I felt about the job. I told her as politely as I could. She was very nice about it and acknowledged it's a lot of grueling work. She said she wouldn't be upset if I ended up not wanting to do it. She also said I could work less, like 20 or 30 hours a week. I want to talk to you about that. I don't know if I can sit at a desk doing data entry in a windowless office for 40 hours a week.

5:42 PM

+1

Good progress- call when you are driving home

6:03 PM

Wednesday, November 18, 2020

+1

Did you get my email yesterday about the agenda for Friday's collab meeting? I sent some emails yesterday but they aren't in my "sent" folder.

9:17 AM

+1

We had an email crash- just finalizing the restore now and things are starting to come through. Was it about sending an email to folks for updates?

9:24 AM

+1

Okay. Then I'm not crazy. It was before we finalized our plan for Friday. I was asking what was slated to be on the agenda.

9:26 AM

+1

Ahh- items were debrief from Halloween, holiday plans, and support an Arcata business monthly plan (i.e. drink pick up monthly, or give the gift of dinner once a month from [REDACTED] this holiday)

9:37 AM

+1

Thanks. I had sent some other emails and deleted some from my inbox but this morning I noticed old emails back in my inbox and several emails were not in my sent folder. Just checking. I broke my rationing and finished the cookies last night. Thanks again. I hope your morning is going well. Im feeling okay. Im doing a mix of sitting and waiting and data entry.

9:46 AM

+1

wants me to make a motion tonight to direct staff to write an all electric for new construction resolution. What do you think about that?

10:29 AM

+1

He said it has to be approved by the state as being cost effective. I said I didn't see a problem with it.

10:33 AM

+1

I don't know for sure where a cost effectiveness study stands for our climate zone- we would be the first in this zone to pass an all electric mandate. We do love being first :)  
My recommendation is to send the direction back to the stressing the importance of the all electric mandate and if their final research again leads them to an electric preferred to be specific with the Council as to why they don't think all electric mandate works here.

10:59 AM

+1

Shoot. Okay. I'll have to call back and convince him.

11:00 AM

+1

The has historically been Uber smart on these things and knowing the strong commitment of the Council to go for a mandate they would do what they could to come to that as well

11:01 AM

+1

I think we are at the same place just with a review by the Committee

11:01 AM

+1

It is your call- and ok for my recommendation to be different from and for you to go with . The goal is good.

11:02 AM

+1 [REDACTED]  
Can we try and get a committee rep on the meeting tonight so they can explain their thinking on this? 11:43 AM


+1 [REDACTED]  
We have reached out but not 100% yet- [REDACTED] is looking good- will let you know when we hear. 11:49 AM

+1 [REDACTED]  
Thank you. 12:36 PM

+1 [REDACTED]  
I don't have any updates 2:17 PM

+1 [REDACTED]  
Thanks 2:21 PM

+1 [REDACTED]  
Are you getting ready to mute him yet? Lol 6:52 PM

+1 [REDACTED]  
 6:57 PM

+1 [REDACTED]  
[REDACTED] has rallied a group of people on this. I hope it's not too many 7:20 PM

+1 [REDACTED]  
3 more hands at this point 7:23 PM

+1 [REDACTED]  
4 others in the attendees column without raised hands 7:24 PM

+1 [REDACTED]  
Not too bad. Thanks 7:24 PM

+1 [REDACTED]  
I forgot to say you did a good job on your presentations tonight. [REDACTED] was using her phone on the city website. 8:22 PM

+1 [REDACTED]  
Thanks and thanks- you were great tonight! Hard with so many priorities between the members :) 8:48 PM

Thursday, November 19, 2020

+1

Overall I feel okay but I'm struggling with the job today. Im doing a 3 hour employee orientation thats basically going over benefits I don't get 😞 other than that I'm doing data entry and stuffing envelopes all day. Im just venting a little bit.

10:15 AM

+1

texted me last night and thanked me for supporting her motion so that was good.

10:16 AM

+1

It makes me feel good to wake up and go to a job. Its just the work I'm doing for the job totally sucks. Im learning I like having a job but I need to find different work to do thats fulfilling.

10:17 AM

+1

I have had the same sense for you this week. The structure does seem positive for you. But it sounds like the work itself is not fulfilling.  
Hang in there today :)

10:29 AM

+1

Thanks, buddy 😊 is it okay if I call you buddy? Lol

10:30 AM

+1

Funny but all good. 🤔 😊

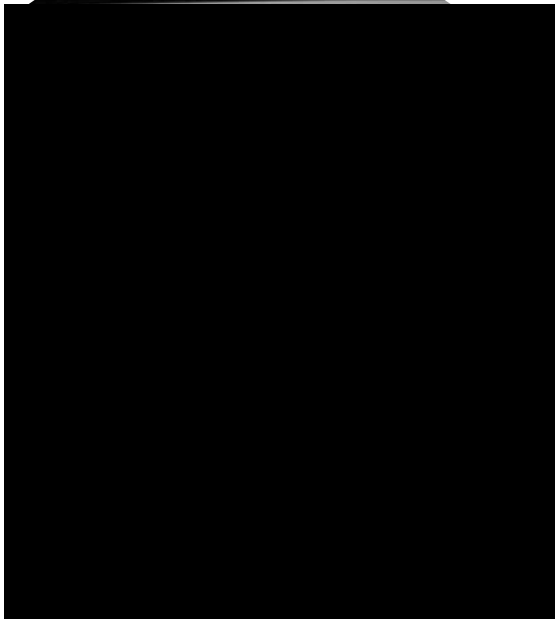
10:37 AM

+1

This is an example of what I have to do. I have to enter everything on this page and its one page of many 🤔 I'm almost to the end of the day...

3:50 PM

+1 [REDACTED]



3:50 PM

+1 [REDACTED]

Looks like that one adds up perfect- to the penny. Lol...tomorrow's Friday. See you a little after 12 if it still works for you.

7:08 PM

+1 [REDACTED]

It does. Looking forward to it. Hope you have a nice evening.

7:10 PM

+1 [REDACTED]

You to

7:13 PM

Friday, November 20, 2020

+1 [REDACTED]

I was awarded \$3875.00 from the county through their COVID grant program so thats good news. SBDC/RREDC was locked up and no one answered the phone. I left a message asking if I can email my application.

2:38 PM

+1 [REDACTED]

Thanks again for the walk today and for all of your support. I hope you have a nice evening.

6:50 PM

+1 [REDACTED]

Not surprised the offices were closed - lol- Looks like the election results are holding. Hope you have a great night. And enjoy sleeping in Tomorrow 😊

7:36 PM

Sunday, November 22, 2020

+1

Im not feeling well. I feel like im in a lot of pain. I can't stop worrying about everything and my mind has been racing for hours. I don't know what to do. I wish you were here to help it stop. I miss my best friend. I'm sorry. I hate this so much.

10:15 AM

+1

I miss my dad so much. It makes me so sad.

10:16 AM

+1

I am so sorry- it is cold outside but fresh air is good. The first year of holidays is very hard- so glad your sis is coming soon.

10:23 AM

+1

Have you seen this?

10:23 AM

+1



10:23 AM



10:23 AM

+1

Its not coming through

10:25 AM

+1

I've been dealing with this for so long and it hurts so much. I don't want to be me anymore.

10:29 AM

+1

The attachment didn't come through. Im sorry if I'm being a downer on your Sunday. Im just desperate to feel better.

10:44 AM

+1 [REDACTED]  
 Front page of the times standard- special meeting of the board of  
 Sups reviewing the auditor controller operations. 10:45 AM

+1 [REDACTED]  
 She called me about that Friday night in tears. She thinks its him  
 retaliating because she filed a complaint against him. 10:47 AM

+1 [REDACTED]  
 When I see you - I see a successful business, family who loves and  
 enjoys you, connected to your community/ remember you have all  
 of that as you try to slow your mind. 10:47 AM

+1 [REDACTED]  
 Who is him? [REDACTED]? 10:47 AM

+1 [REDACTED]  
 Yes 10:47 AM

+1 [REDACTED]  
 The supes can't do anything about it so its all for show. 10:48 AM

+1 [REDACTED]  
 Thanks for your thoughts and for talking with me a little bit. I really  
 appreciate it. 10:49 AM

+1 [REDACTED]  
 Im sorry about this morning. I feel better now. Where would you  
 like to walk tomorrow? 6:22 PM

+1 [REDACTED]  
 I am glad you are feeling better! I am open tomorrow- you pick :)  
 should be dry. 7:12 PM

+1 [REDACTED]  
 Do you have time to try the new trails at fickle hill? 7:24 PM

+1 [REDACTED]  
 We have until 12:30-  
 Let's do what we can. :) have a good night 7:37 PM

+1 [REDACTED]  
 Okay see you there. Good night. 7:37 PM

Monday, November 23, 2020

+1 [REDACTED]

Am I picking you up?

10:57 AM

+1 [REDACTED]

Nope on my way

10:57 AM

+1 [REDACTED]

Thanks again for today. It was funny seeing the squirrels again. I hope you have a nice night.

7:38 PM

+1 [REDACTED]

It was a good walk- at least 5 miles and the squirrels were incredible/ to see them twice!

7:52 PM

+1 [REDACTED]

5 miles?! That's great.

7:53 PM

Tuesday, November 24, 2020

+1 [REDACTED]

Im here

12:57 PM

+1 [REDACTED]

I really appreciate your advice on getting [REDACTED] her favorite drink and a cake. It made a regular day more special for her. Thank you. I hope you have a great evening.

5:52 PM

+1 [REDACTED]

Thank you. I hope you have a fun dinner /take out :) 30 is a fun year!

5:57 PM

+1 [REDACTED]

Oh, I got candles for the cake too 🕯️

5:58 PM

+1 [REDACTED]

Whew! Glad all bases were covered!

6:01 PM

Wednesday, November 25, 2020

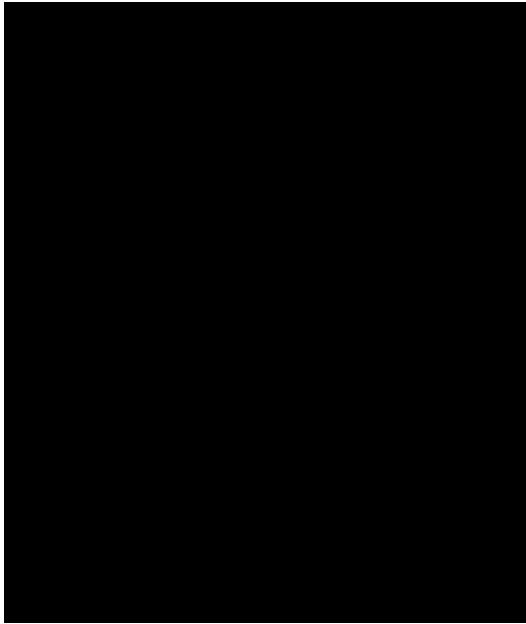
+1 [REDACTED]

Thanks for replying to [REDACTED]. Its good to have my sister here but I feel down. I don't know why. I hope you're having a good day.

2:18 PM



+1



3:16 PM

+1

Look at that little walker! Wow! I am glad to see you got outside- I hope it helped. Expect the holidays to be filled with mixed emotions- and find that bit of inner strength to lean in to missing your dad and being filled by your sister and that great nephew and baby niece energy. 🌲

4:04 PM

+1

Thank you for the text. I hope you have a great evening.

6:33 PM

+1

Thanks- I hope you do to!

6:55 PM

Thursday, November 26, 2020

+1

I feel good today. I have many blessings in my life. This year I'm most grateful for your friendship. Thank you for everything you've helped me get through this year. Happy Thanksgiving.

12:53 PM

+1

Happy Thanksgiving - it has been quite a year! And yes, so many things to be grateful for. Our walks have been a blessing on many levels! I hope you enjoy a wonderful meal with your family! I woke up at 4:30 and had all my cooking done by 7- lol.....ready for a nap now- but think we will be getting out for a beach walk soon.



12:58 PM

+1

Nice work on the cooking! I love our walks SO MUCH. Im excited about the spruce area on Monday. I hope you have a great walk.

1:51 PM

Monday, November 30, 2020

+1

Happy Monday:) I think we should meet at California trailhead today- does that work for you?

8:45 AM

+1

Yes. See you soon.

9:54 AM

+1

I appreciate you so much. I went home and took a hot shower after our walk. It made me feel better for a little bit. I went to work but Julian had already done almost everything. I chipped away at some little things that needed to be done. Im worried that today won't be my worst day this week. Im worried about waking up tomorrow and how I will feel. Adjusting to medication changes can be very difficult. I don't like how I feel right now. I just want to lay down and curl up and be warm. There is so much day left. I want to work hard at getting better but I can't find it in me right now. I feel so broken.

3:04 PM

+1

I wish I could take it all away....and I am glad you are a little better. Still holding out for a bit of rest and better day tomorrow. I finally got the forest maps to print so Wednesday before council we can highlight what we have covered. Should be fun. Jealous of your warm shower today! ☀️

5:24 PM

+1

I need to get through these medication changes before I'm able to work on my problems. Its really tough. I got an appointment with my psychologist for Wednesday. We just talk. He doesn't do meds. I always appreciate your thoughts. I know I can get through this. Its just really hard and painful. Thank you for being such a good friend to me.

6:03 PM

Tuesday, December 1, 2020

+1

Are you going to write back?

9:00 AM

+1 [REDACTED]  
I changed medication back last night. I was feeling too awful. Im feeling a little better today. 9:01 AM

+1 [REDACTED]  
Im still worrying so much. I hope your meeting goes well. 9:08 AM

+1 [REDACTED]  
Let's celebrate your "a little better" :). Was waiting to write [REDACTED] back until after a little brainstorming today. Let me know if you are up to talking about this and one other agenda item. 11:15 AM

+1 [REDACTED]  
Yes I'm up for it. How about 330 or later? Could possibly do sooner if needed 11:30 AM

+1 [REDACTED]  
3:30 is perfect- I am free until 4 11:44 AM

+1 [REDACTED]  
Okay. I'll see you then. 11:58 AM

+1 [REDACTED]  
See or phone - whatever works for you :) 12:21 PM

+1 [REDACTED]  
Im not going to pass up an opportunity for a hug. I'll be there. 12:21 PM

+1 [REDACTED]  
Im free now if it works better for you 1:19 PM

+1 [REDACTED]  
Just got off with [REDACTED] and have a 2:00 1:33 PM

+1 [REDACTED]  
Your call 1:33 PM

+1 [REDACTED]  
We can stick to 330. I should be there a little early. 1:34 PM

+1 [REDACTED]  
Sounds good :) 1:35 PM

+1

Thanks for letting me visit you today. I know you're busy. I really appreciate you. So much. Its really hard for me to feel this way everyday. Im so exhausted from it. I sleep a lot but I'm still so tired. Im trying to heal but Im still struggling to. Your friendship is really important to me. Thanks for everything you do for me. I don't know what else to say.

4:38 PM

+1

Did your meeting go well?

5:57 PM

+1

All good- will call you shortly

5:58 PM

+1



5:59 PM

Wednesday, December 2, 2020

+1

I woke up feeling bad and thinking about my dad. It was a struggle to get out of bed and get going. I just finished talking to my doctor and I feel better for now. I wish I had more to do. Something meaningful. Im really grateful to be able to text you. Thank you. I hope your day is going well. I'm looking forward to looking at the map this evening. Im going to get there at 5-5:15 if thats okay. Whatever works for you.

12:07 PM

+1

I hope that the new /old medication starts to smooth things out. I hurt so much for you and am simultaneously jealous of your free time :) my last meeting is at 4 so I should be wrapped up by 5 ready with maps. The map review will be fun.

12:21 PM

+1

Im jealous of your busy schedule 😊 Your texts always help to lift my spirits. Thank you.

1:37 PM

+1

Im struggling already 😞 say something to give me strength? Lol

6:33 PM

+1

There was no early Oral communication:)

6:33 PM

+1 [REDACTED]  
Lol great point 6:34 PM

+1 [REDACTED]  
Its okay but Im still a little sad about it. I just need to express that. 6:51 PM

+1 [REDACTED]  
Thank you and sorry 6:52 PM

+1 [REDACTED]  
Could you print me out the liasion assignment form so I can fill it out while I sit here? I recycled mine yesterday. 7:00 PM

+1 [REDACTED]  
I just printed it and can grab it in a minute 7:03 PM

+1 [REDACTED]  
I got it. Thanks 7:04 PM

+1 [REDACTED]  
This is brutal. 7:21 PM

+1 [REDACTED]  
This will be the long one :) 7:27 PM

+1 [REDACTED]  
I have to reboot my computer 7:33 PM

+1 [REDACTED]  
Its cold in here ❄️ 7:39 PM

+1 [REDACTED]  
Reducing our carbon footprint and keeping us awake :) 7:47 PM

+1 [REDACTED]  
We need a wood burning stove in here. 7:48 PM

+1 [REDACTED]  
Were you serious about the construction job? 7:51 PM

+1 [REDACTED]  
Lol :) we did only get a couple of applications 7:52 PM

+1 [REDACTED]  
Only [REDACTED] remains in the attendee side 7:58 PM

+1

Sounds about right. He keeps calling me. I keep not calling him back. He left a message saying he wanted to know more about

7:59 PM

+1

called me yesterday to ask about the auditor controller then told me he would look out for a job for me. It was about a 2 minute phone call lol.

8:00 PM

+1

probably had good job leads - our construction specialist pours concrete most of the time, helps the paving crew and sets water meter boxes

8:03 PM

+1

Since is taken, I want to be the assistant to the

8:05 PM

+1

Is that under our covid powers

8:05 PM

+1

Lol yes? Right now I feel okay. I feel like everything is going to be okay. I wish I could hold on to this feeling.

8:19 PM

+1

I saw you laugh at story- I think you were at that meeting - it was funny

8:22 PM

+1



8:22 PM

+1

He remembers an article from 1965?!

8:25 PM

+1

Yes- even the name - amazing!

8:28 PM

Thursday, December 3, 2020

+1

I've been okay today 😊

4:31 PM

+1

How is your day?

4:31 PM

+1

Glad to here- good day on my side - got a lot done :)

5:02 PM

+1

Thats great. Im looking forward to tomorrow and exploring a new section of the forest. I'd like to do trail 6 if you're up for it.

5:36 PM

+1

Sounds good to me

6:06 PM

+1

I hope you have a good night and rest well.

6:10 PM

Friday, December 4, 2020

+1

Broken lock on this ballard by entrance to wwtp

12:08 PM

+1



12:08 PM

+1



12:08 PM

+1

Thanks

12:23 PM

+1

Such a good walk. I feel good. I hope you have a great evening.

4:15 PM

+1

1/2 I don't know why but I'm worried about becoming distant from you. Im so reliant on our friendship. Will you please tell me I'm being dumb and I don't nee

7:41 PM

+1

2/2 d to worry? I'm sorry.

7:41 PM

+1

So don't need to worry- great walk today. Hope your salmon was yummy and time with [REDACTED] was fun .

7:45 PM

+1

Preceding msg modified, Media objects were removed

7:51 PM

+1

Time with [REDACTED] was good. Sorry to bother you. I was feeling insecure. Thank you. You're the best.

8:01 PM

+1

Have a good night zzz

8:03 PM



+1 [REDACTED]  
 You too 🙄 8:04 PM

Monday, December 7, 2020

+1 [REDACTED]  
 Any way we can reschedule for later today? I have an upset stomach this morning 😞 9:03 AM

+1 [REDACTED]  
 Or tomorrow 9:04 AM

+1 [REDACTED]  
 I can walk 11-12:30 tomorrow. Hope you are feeling better soon. 9:14 AM

+1 [REDACTED]  
 Thanks. Tomorrow sounds good. Thank you. Did you have a good weekend? 11:41 AM

+1 [REDACTED]  
 I did - really appreciating this warm December :) I hope you did not feel sick all weekend and were able to enjoy it as well. 11:47 AM

+1 [REDACTED]  
 My weekend was good. I had the last four days in a row of good days. Today I'm feeling sad though. I don't know what to do. I wish I wasn't feeling sick today so I could see you. My stomach is feeling better now but I'm still sad. I feel broken down. 12:15 PM

+1 [REDACTED]  
 Im feeling better now. I hope you're having a good day. 3:00 PM

+1 [REDACTED]  
 Glad to hear! 3:04 PM

+1 [REDACTED]  
 If you are feeling better still tomorrow should we park near 14th and Union and try for a few of the lower trails? 4:52 PM

+1 [REDACTED]  
 I was just thinking about our walk. That sounds good. Want me to pick you up? 4:53 PM

+1 [REDACTED]  
 I will meet you there. If your packet is still here, I will bring it with me. Thanks 4:55 PM

+1

I hope you have a nice night.

4:57 PM

+1

You as well. 😊

5:07 PM

Tuesday, December 8, 2020

+1

You want to park at 14th and union or park at the parking lot at the end of 14th by the park?

10:48 AM

+1

Or near there in the street- should leave here in 5

10:54 AM

+1

I had a good appointment with my psychologist and I got my other tasks done. Thanks for the encouragement. You're an awesome friend.

5:11 PM

+1

That was a great walk today! Many unexpected surprises- glad you made your appt. have a good evening.

5:58 PM

+1

You too 😊

6:05 PM

Wednesday, December 9, 2020

+1

Do you have a few minutes to talk about liaison positions? Shouldn't take long

11:19 AM

+1

Yes. Now?

11:35 AM

+1

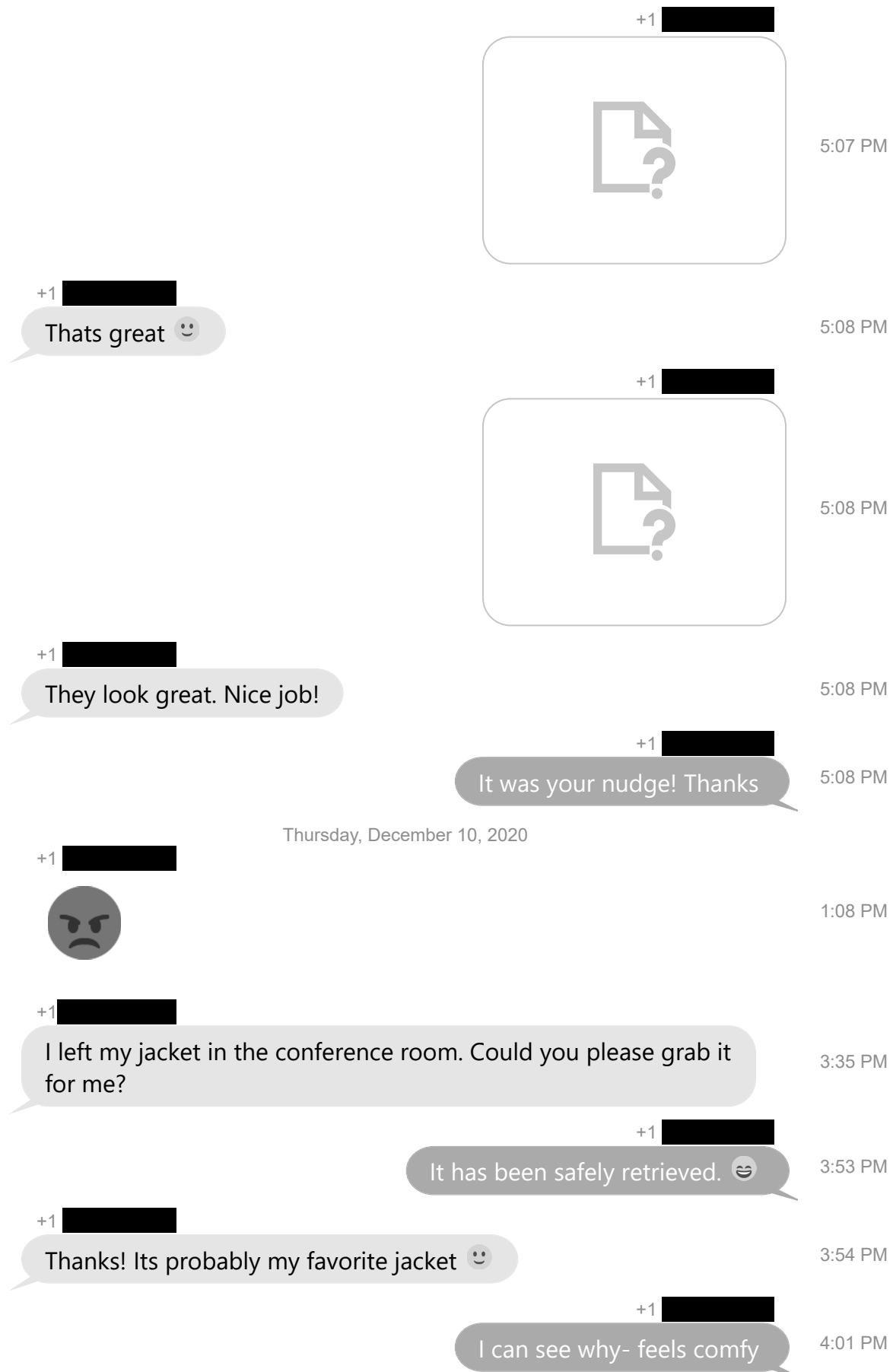
Going over the liaison positions gave me a feeling of relief. Thank you again. I hope you have a nice evening.

5:04 PM

+1

Glad to hear. The plaques arrived. They are soooo cool

5:07 PM



Friday, December 11, 2020

+1 [REDACTED]

Do you have a rain jacket with you?

11:38 AM

+1 [REDACTED]

Good enough- it should be light- lol

12:18 PM

+1 [REDACTED]

Sorry I left my empty can in your car!

4:27 PM

Sunday, December 13, 2020

+1 [REDACTED]

Want me to pick you up tomorrow?

6:56 PM

+1 [REDACTED]

Sounds perfect

7:03 PM

+1 [REDACTED]

See you then. Hope you have a good night 😊

7:36 PM

Monday, December 14, 2020

+1 [REDACTED]

Im here

10:58 AM

+1 [REDACTED]

Dog park at 3?

12:52 PM

+1 [REDACTED]

Nothing to report - [REDACTED] will be canceling shortly.

1:52 PM

+1 [REDACTED]

Okay thanks

1:52 PM

+1 [REDACTED]

[REDACTED] wants to talk to me about "what you hope to achieve or work through your tenure. " Do you have any time tomorrow to help me come up with some talking points?

7:22 PM

+1 [REDACTED]

I am sure we can- let's plan on 2 if that works-  
I am on hold for federal court and our first checkin is at 11- if it looks like we will go all day I will let you know but I really doubt we will/  
I could be free by noon.

9:19 PM


+1 [REDACTED]  
Thank you. You're the best. I hope you have a good night. 9:28 PM

Tuesday, December 15, 2020

+1 [REDACTED]  
I am free for 45 min if you want to talk 11:12 AM

+1 [REDACTED]  
Can we still do 2? 11:24 AM

+1 [REDACTED]  
As far as I know- court was pushed until 12:15 start 11:32 AM

+1 [REDACTED]  
Lets try for 2 if that's okay with you.  11:52 AM

+1 [REDACTED]  
We just got into zoom court- I will text when we are out. 1:40 PM

+1 [REDACTED]  
Okay 1:41 PM

+1 [REDACTED]  
Just got done- I am going to email you a few thoughts 2:40 PM

Wednesday, December 16, 2020

+1 [REDACTED]  
You're not here 😞 lol 5:30 PM

+1 [REDACTED]  
Maybe we can rename a street or creek "[REDACTED]" or "[REDACTED] BLVD" 😊 7:47 PM

+1 [REDACTED]  
Lol- I can see the memes now 7:56 PM

Thursday, December 17, 2020

+1 [REDACTED]  
Lock is still broken fyi 11:16 AM

+1



11:16 AM

+1

And there's another one across from it with no lock. Maybe it's not a big deal?

11:17 AM

+1



11:17 AM

+1

Thanks 😊

11:18 AM

+1

I'm just worried about someone doing something mischievous with the ballards but maybe it's not a big deal. I had a good walk with [REDACTED]. How is your day so far?

12:18 PM

+1 [REDACTED]  
I really appreciate the photos and sent them on to staff. Good day so far- glad you went out and had a nice walk!  
12:33 PM

+1 [REDACTED]  
I can't wait for our walk tomorrow. Maybe we can do the sunny Brae loop? I'm open to whatever you want to do.  
12:35 PM

Friday, December 18, 2020

+1 [REDACTED]  
Hi. Where would you like to walk today?  
12:27 PM

+1 [REDACTED]  
Sunny Brae sounds good [REDACTED] will open the collaborative meeting I need to check something. Thanks  
12:29 PM

+1 [REDACTED]  
I didn't know there was a meeting and I don't have an invite  
12:30 PM

+1 [REDACTED]  
Perfect!  
12:38 PM

+1 [REDACTED]  
I'm here setting up  
12:40 PM

Sunday, December 20, 2020

+1 [REDACTED]  
Hi. Hope your day is going well. I had a good walk with [REDACTED] today. Where would you like to walk tomorrow? I picked last time.  
6:19 PM

+1 [REDACTED]  
Glad you had a good walk....pretty open about our walk tomorrow- why don't you swing y by at 11 and we will see what the weather looks like  
7:57 PM

+1 [REDACTED]  
Okay. Hope you have a good night.  
7:58 PM

Monday, December 21, 2020

+1 [REDACTED]  
I'm here  
10:56 AM

+1 [REDACTED]  
May we please schedule a walk for Wednesday?  
1:01 PM

+1 [REDACTED]  
 Sure- how about 2:00 so I can swing back to sign any last minute stuff. Will that work for you? 2:54 PM

+1 [REDACTED]  
 That sounds perfect. Thank you for being so generous with me with your time. I see how busy you are everyday. Im so grateful. 2:56 PM

+1 [REDACTED]  
 Look for to it 3:05 PM

+1 [REDACTED]  
 Have a great night - lol 3:05 PM

+1 [REDACTED]  
 you too 😊 3:47 PM

Wednesday, December 23, 2020

+1 [REDACTED]  
 Do you want to walk along V street today? 1:20 PM

+1 [REDACTED]  
 Sure. Want me to pick you up? 1:27 PM

Saturday, December 26, 2020

+1 [REDACTED]  
 Hi. Did you have a good Christmas? 11:59 AM

+1 [REDACTED]  
 It has been a good couple of days...just decorating the tree now.....am I too late? Lol. How are you doing? 12:48 PM

+1 [REDACTED]  
 It's not too late! Lol. Im doing okay. Yesterday was fine and wasn't too emotional. I just wanted to say hi 😊 1:13 PM

+1 [REDACTED]  
 I am glad to hear that. The rain was nice and I was so happy that my mother in law and sister in law were together. Have a great night 1:15 PM

+1 [REDACTED]  
 I also enjoyed the rain. I hope you have a great night, too. 1:22 PM



Sunday, December 27, 2020

+1 [REDACTED]

Where should we walk tomorrow?

6:48 PM

+1 [REDACTED]

Dunes? Or hills?

6:50 PM

+1 [REDACTED]

Dunes? I am open to either. Have a great night

7:25 PM

+1 [REDACTED]

Okay. I'll pick you up unless you tell me different. Goodnight.

7:31 PM

+1 [REDACTED]

Sounds good/ see you at 11

8:39 PM

Monday, December 28, 2020

+1 [REDACTED]

I'm here

10:58 AM

+1 [REDACTED]

I just want to write to you right now. First, I'm really lucky to have you as a friend and for all the time you share with me. Whether you want to acknowledge it or not, you do so much to help me get through my weeks. You're so important to me and I don't want to replace you with something else. I couldn't replace you even if I wanted to. You're the best friend I've ever had. Right now I'm just trying to make it to my SBDC interview which feels too far away. I don't know what to say or do. I don't want to be unfair to you. I've been trying to go days at a time without texting you and trying to be less dependent on you. It's really hard for me to do because I want to talk to you all the time but I've been trying. Knowing we have a walk coming up helps me get through that time so it's hard for me think about going so long without being able to visit with you. I'm sorry.

1:00 PM

+1 [REDACTED]

You're a huge part of why I've been doing better and I'm afraid to lose the progress I've made.

1:02 PM

+1 [REDACTED]

I think that I'm afraid. I've been able to avoid feeling sad and depressed for maybe two weeks and I'm afraid of feeling that way again.

1:08 PM

+1 [REDACTED]

Can we please talk? I don't want to be sad about this.

3:16 PM

+1 [REDACTED]

Brett- I am truly sorry. I don't want to cause you more sadness and agree that you outwardly seem to be doing so much better. I know these are just small steps for you and you have many more to take to feel that sense of strength beneath you. So I am sorry if I push you too hard with a zillion ideas of things to try to fill your time and space. I know that you enjoy many things and I guess I hope that if you can overcome the inertia of the combo [REDACTED] and medication and try some things they might feel good enough to do again. I also need to understand better how hard that initial push is for you and know that motivation is coming at it own right pace.  
I also just feel bad that I can not give you the time I know you believe would benefit you.

3:32 PM

+1 [REDACTED]

Yes- call when you are free

3:32 PM

+1 [REDACTED]

Thanks for your reply. I'm meeting someone to sign some papers for the air board on the plaza at 4. Is it okay if I stop by your office when I'm done?

3:38 PM

+1 [REDACTED]

Sure

3:39 PM

Tuesday, December 29, 2020

+1 [REDACTED]

Did we say fickle hill?

10:19 AM

+1 [REDACTED]

Yes- we will meet there at 12:30? Does that work?

10:25 AM

+1 [REDACTED]

Yes

10:26 AM

+1 [REDACTED]

Hope you have a good night.

5:15 PM

+1 [REDACTED]

You to- that was a good walk today!

5:21 PM

+1

It was. Thanks so much for making the time. I'm very grateful.

5:33 PM

Thursday, December 31, 2020

+1

Hi. Is your visit going well?

10:07 AM

+1

Good morning - hope you are getting ready to set your positive intentions for 2021.

Yes- nothing better than having him home. ...and a little sun today will get us out and about :). Hope your walk was good yesterday and you are feeling well.

10:16 AM

+1

Our walk got canceled. I had trouble sleeping and then she wasn't feeling well. I'm glad you're visit is going well. It makes me happy that you're happy. I'm trying to be okay. Thanks for letting me text you. It always makes me feel better.

10:24 AM

Saturday, January 2, 2021

+1

Hi. I hope you're doing really well. The days have been tough for me to get through but I'm doing my best. I hope im giving you enough space and not bothering you too much. How are you?

1:28 PM

+1

I am very sorry to hear that you are having a hard weekend. And do hope you are getting out in between the rains. I still recommend a puzzle....different brain patterns than videos and you can do it with .....even when it is raining :) I think the art center on the plaza has some. Enjoying time with .....and ..... nice for them to be in the "pod" and not out with friends- it has given us lots of time- but I remember being that age and wanting more than anything to hang with my friends so I am sure it is a bit harder on them - they fake it well for our sakes- lol. Everyday, I believe, is forward progress for you. Try to sit back and smile just for a few minutes.

5:01 PM

+1



5:01 PM

Oh yay.....and

5:01 PM

+1

Thanks so much for your reply. I'm very glad to hear you're getting a lot of time together. I'm sure you have endless ideas on things to do together. I will get a puzzle. Thanks for the suggestion. I hope you have a really good night.

5:29 PM

+1

I hope you get a good sleep and have a brighter day tomorrow.

5:33 PM

Sunday, January 3, 2021

+1

Hi. Hope you're having a good evening. Where should we walk tomorrow?

7:50 PM

+1

It looks like rain....although it keeps pushing over us. We could do the forest loop.....

7:54 PM

+1

Hope you are having a better day

7:54 PM

+1

Okay at fickle hill, right? If it's too rainy we don't have to walk.

7:57 PM

+1

Let's plan fickle hill- if it is raining maybe we just go for a drive

8:00 PM

+1

Sounds great. Hope you have a good night.

8:06 PM

+1

You to :)

8:08 PM

Monday, January 4, 2021

+1 [REDACTED]

Do you want to just pick me up at City hall and we can go for a drive?

9:22 AM

+1 [REDACTED]

Sure

9:43 AM

+1 [REDACTED]

House on union is \$769K

1:32 PM

+1 [REDACTED]

Ridiculous- what is going on ..... that is crazy. Moderate housing should be your suggested top goal- lol.

1:38 PM

+1 [REDACTED]



1:39 PM

Wednesday, January 6, 2021

+1 [REDACTED]

I hope you're having a good day. Is it okay if I get there at 5:15 to visit with you?

2:10 PM

+1 [REDACTED]

It is fine- I did not connect with [REDACTED] last night so she may call in her way home from work to review some meeting logistics - see you this evening.

2:20 PM

+1 [REDACTED]

Okay thanks. See you soon.

2:21 PM

+1 [REDACTED]

Are there any activities for item C you want me to push for?

6:33 PM

+1 [REDACTED]

Nothing specific- the grant criteria was just released by the state so staff will start go through the list and let you know at your next meeting what activities will be most competitive. The funds do need to have a nexus to COVID response or effects.

6:40 PM

+1 [REDACTED]

Staff report introduction says pick up to three

6:52 PM

+1

Spending more time on the agenda is 100% my responsibility.  
Thanks again for the cheese. I love cheese and it lifted my spirits.

8:26 PM

+1

Have a good night- it would be good to talk through the agenda more :) Wisconsin cheese should always lift the spirits - lol

8:33 PM

Friday, January 8, 2021

+1

Dunes today? Or do you want more hills?

12:18 PM

+1

That's a good question. Let me think about it for a few minutes

12:27 PM

+1

We can do the dunes. Pick you up?

12:54 PM

+1

Let's meet as I may try to grab my 4:00 from home then. See you there

1:05 PM

+1

I am bringing sunglasses :)

1:05 PM

+1

See you soon

1:30 PM

Sunday, January 10, 2021

+1

Hi. Where should we walk tomorrow?

6:35 PM

+1

Any preference?

7:32 PM

+1

Jane's Creek loop?

7:34 PM

+1

Sounds good

7:43 PM

+1

Meet there

7:43 PM

+1

Have a good night zzz

7:43 PM

+1

😊 you too.

7:46 PM

Monday, January 11, 2021

+1

Just leaving city hall

10:57 AM

+1

I remember what I wanted to talk to you about. When do you want to go over the budget before the next meeting?

5:11 PM

+1

Would you have time Friday?

5:24 PM

+1

Yes. Whenever is best for you.

5:26 PM

+1

Let's gauge weather and look at the budget before or after our walk.

6:21 PM

+1

Sounds good. Hope you sleep well tonight.

6:25 PM

+1

You to.

8:08 PM

Tuesday, January 12, 2021

+1

I had weird dreams about my dad last night and I didn't sleep well. It leaves me feeling weird today. I don't know a better way to describe it than weird. I hope you were able to get some sleep and I hope you're having a good day.

11:57 AM

+1

I'm feeling low today 😞

2:33 PM

+1

The house was a bust. Needs a ton of work. It's broken up into 4 or 5 units and we could only see 2 of them because [REDACTED] said she was exposed to covid and another person refused to let people in. Another person wasn't home. Thanks so much for the call earlier. It made me feel a lot better. You're the best.

4:06 PM

+1

I just talked to [REDACTED] at sbdc. She said new advisor contracts are on the back burner while they deal with the California Relief Grant that just came out. She said they would get back to advisor contracts at the end of the week.

4:13 PM

+1

[REDACTED] just told me I can still go back to work for her if I wanted to. Maybe I should. I'm going to think hard about it.

5:58 PM

+1

Wow-

I figured the house was in bad shape....it is a good price for someone wanting to work on it.

Not surprised about SBDC- good you called to follow up.

Interesting about [REDACTED]...when do you need to let her know by? I really hope you get some good sleep tonight.

6:33 PM

+1

I told her I would tell her in a couple of days. Thanks again for your support. I hope you sleep well too.

6:43 PM

+1

It is an interesting offer.....glad you have a day or two.

6:44 PM

Wednesday, January 13, 2021

+1

I slept better last night. I hope you're having a good day.

3:40 PM

+1

Good to hear- lots of good today- always fun to see younger staff bring projects to milestones or completion.

4:29 PM

Thursday, January 14, 2021

+1

Homeless structure by footbridge

11:22 AM



+1



11:22 AM

+1

Thanks

11:30 AM

+1

Could I trade with maybe?

1:59 PM

+1

If it's okay with you I will ask to trade.

2:05 PM

+1

I would prefer not- I have been late a few times and feel she deserves a bit more. We can try for 1:30 - it just might have to include a stop to eat

4:02 PM

+1

Okay. Im sorry to be a pain about it. Thank you. I hope you have a good evening.

4:30 PM

+1

Thanks- have a great night

5:55 PM

Friday, January 15, 2021

+1

It's raining ☹️

12:56 PM

+1

Budget first :)

12:57 PM

Sunday, January 17, 2021

+1 [REDACTED]

Are you having a good weekend?

1:15 PM

+1 [REDACTED]

It is a beautiful day. How are you feeling?

1:56 PM

+1 [REDACTED]

It is a beautiful day. How are you feeling?

6:06 PM

+1 [REDACTED]

Thanks for asking. You're the best. Im doing okay. The time is challenging for me to pass. I'm trying to stay busy. I've been doing a lot of cleaning and working on my taxes. You told me to do something fun this weekend and I just had drinks with [REDACTED] so thats my fun thing for the weekend. I decided I want to take less medication and I reduced some of it last night. I felt a little better today. I feel like it makes me too sedated. I'm tired of feeling down all the time. I really appreciate all of your support. I couldn't do it with out you. You give me a lot of strength. Thank you. I hope you have a good night.

7:14 PM

+1 [REDACTED]

It is great that you are trusting yourself enough to try different medication levels and I am sure time with [REDACTED] was fun. I hope you rest well tonight and Feel even better tomorrow.

8:45 PM

Monday, January 18, 2021

+1 [REDACTED]

Should I meet you at 130 at City hall tomorrow?

6:15 PM

+1 [REDACTED]

Maybe walk the fickle hill loop?

6:22 PM

+1 [REDACTED]

Let's meet at the fickle hill entrance- 1:35 :) have a great night

7:40 PM

+1 [REDACTED]

Sounds good. You too.

7:41 PM

Tuesday, January 19, 2021

+1 [REDACTED]

I didn't sleep well last night. My mind is racing. I'm really looking forward to our walk. I hope you're having a good morning.

9:15 AM

+1 [REDACTED]  
 Sorry to hear- sleep definitely helps. It is beautiful outside and hopefully warming up a bit before we meet :) 11:01 AM

+1 [REDACTED]  
 On my way 1:39 PM

+1 [REDACTED] 5  
 Thanks again for the walk today. I'm really torn about whether or not to try this new medication. It's called Doxepin. Like a lot of medications there are some potential bad side effects. One of them is suicidal thoughts. The pharmacist also told me not to use alcohol while I take it. Im also afraid of it negatively affecting my behavior. I guess I'm telling you because I value your opinion and I know I'll want to lean on you more if it makes me feel worse. 5:11 PM

+1 [REDACTED]  
 I'm just so tired of feeling down all the time. I hate that whenever I get to visit with you I'm always down. I hate not having motivation. I'm willing to try new things but I'm afraid of dealing with the side effects by myself. 5:19 PM

Wednesday, January 20, 2021

+1 [REDACTED]  
 I appreciate you so much. 3:10 PM

+1 [REDACTED]  
 2021 will improve 3:41 PM

+1 [REDACTED]  
 I'll get the [REDACTED] photo and send you a copy you can use. It will take me 2 minutes 6:01 PM

+1 [REDACTED]  
 I emailed it to you 6:06 PM

+1 [REDACTED]  
 Got it- Perfect- your the best. 6:08 PM

+1 [REDACTED]  
 You got to mute him one more time 😊 6:13 PM

+1 [REDACTED]  
 Lol/ too too funny 6:13 PM

+1 [REDACTED]  
You're on your computer again? 7:56 PM

+1 [REDACTED]  
Yes- whew - my battery pack went out 8:06 PM

+1 [REDACTED]  
I bet [REDACTED] is here for this item 8:11 PM

+1 [REDACTED]  
Agree 8:17 PM

Thursday, January 21, 2021

+1 [REDACTED]  
I woke up a few times last night but overall I'm feeling better today. How are you? 1:53 PM

+1 [REDACTED]  
Great day- getting back on track with [REDACTED]! Whew 😞 2:51 PM

+1 [REDACTED]  
That's great. You've done a great job staying on top of it. 2:53 PM

+1 [REDACTED]  
May I please get there at 530 to visit with you? 2:58 PM

+1 [REDACTED]  
I am taking my next meeting from home and will come in when I am done. I will text you when I leave. 3:03 PM

+1 [REDACTED]  
Okay. Thank you. 3:18 PM

+1 [REDACTED]  
I spilled water on my laptop. Hoping I can sit in with you for the meeting. 5:41 PM

+1 [REDACTED]  
Oh shit- no problem 5:41 PM

+1 [REDACTED]  
We can set you up with your own computer if you want also- leaving here in 2 min 5:42 PM

+1 [REDACTED]  
I'll be fine just listening in. See you soon. 5:43 PM

Friday, January 22, 2021

+1 [REDACTED]

Where would you like to walk today?

11:49 AM

+1 [REDACTED]

Sunny Brae?

11:50 AM

+1 [REDACTED]

Sounds good. Meet there or pick you up?

11:51 AM

+1 [REDACTED]

I will meet you there :)

12:58 PM

+1 [REDACTED]



3:43 PM

Charles and Blake court- for sale

3:43 PM

+1 [REDACTED]

I did not see an estate sale on panorama

3:38 PM

+1 [REDACTED]

Although the sign says panorama x Blake  
So maybe that was it

3:39 PM

+1 [REDACTED]

Thank you and thanks for the walk. I'm so grateful to have you as a friend. I think a lot about how much you make my life better, especially right now when I'm struggling so much. I hope you enjoy your sushi and I hope you have a great night.

3:59 PM

+1 [REDACTED]

Still in line for sushi....lol :) should be good

6:05 PM

+1 [REDACTED]

🙄 hope the line goes quick for you.

6:07 PM

Sunday, January 24, 2021

+1

Hi. Are you having a good weekend?

1:08 PM

+1

Two great beach mornings :) almost done cooking and settling in to cheer the packers in the second half....how are you?

1:38 PM

+1

Im glad to hear you're doing well. I feel in between okay and not being okay. Maybe that makes me not okay. I worried a lot this morning. I did some cleaning yesterday and got some work done in my shop.

1:44 PM

+1

I always feel a little better after texting you. I really appreciate it. Maybe we can still walk tomorrow if we get a window in the weather.

1:48 PM

+1

I hope your small accomplishments make you feel like the day was productive. Looks like a little weather window may open tomorrow....larger storm to follow. I hope you find something to enjoy this afternoon :)

1:51 PM

+1

You're the best.

1:55 PM

+1

Weather permitting, how about I bring my map tomorrow and maybe we do a variation on the fickle hill loop?

6:39 PM

+1

Sounds great!

6:45 PM

+1

😊 I hope you have a great night.

6:51 PM

+1

Sorry- meet there, right?

6:54 PM

+1

Yes- let's meet there- have a good night

7:37 PM

Monday, January 25, 2021

+1

I really appreciate how hard you work and your attention to detail. You often impress me. You have a fantastic memory that I'm jealous of. Thank you for all that you do and for always making time for me. It means so much to me. I promise that I'm trying hard to get better and I try hard to find things to do. Its not easy for me and I'm often frustrated with myself. I wish I could get better faster. I'll keep trying. Thanks for not giving up on me. You're truly my best friend and everyday I think about how lucky I am to have you as a friend. Thank you. I hope you have the best night.

6:55 PM

+1

Thank you Brett- that is beyond sweet. Have a good night! See you tomorrow

10:03 PM

Wednesday, January 27, 2021

+1

We don't have a collaborative meeting on Feb 19th, right? Maybe that's the old zoom link in my calendar?

2:43 PM

+1

Correct- I will try to delete the series again.

2:58 PM

+1

I think it's in my Gmail calendar for my account so it's probably just on my end. Thank you.

2:59 PM

+1

Actually it's gone now so maybe you did it. Thanks

3:00 PM

+1

I signed up for Hospice group counseling and got on a waiting list for individual counseling. I have to go through a process to get in. No big deal. I want to try and find someone to help with meditation. Did you have a name or two of people that might do that?

4:18 PM

+1

The only one I know of is - she is right above the

4:23 PM

+1

Thank you

4:49 PM

Friday, January 29, 2021

+1 [REDACTED]

Why do we now have three people representing mainstreet?

12:51 PM

+1 [REDACTED]

I'd be grateful if you talked to me before adding people to the group. You added [REDACTED] and [REDACTED] without talking to me about it.

12:53 PM

+1 [REDACTED]

I did not add anyone

12:53 PM

+1 [REDACTED]

[REDACTED] we added as a group when [REDACTED] was with us

12:54 PM

+1 [REDACTED]

[REDACTED] took [REDACTED] place when he backed board President

12:54 PM

+1 [REDACTED]

I don't know who have [REDACTED] the link

12:54 PM

+1 [REDACTED]

I remember you talking about adding [REDACTED].

12:54 PM

+1 [REDACTED]

Will you please tell the group if they want to invite people they need to run it through you? It will sound nicer than if I say it.

1:07 PM

+1 [REDACTED]

Let's just find out how [REDACTED] got here and talk to that individual to start

1:11 PM

+1 [REDACTED]

She said main street told her to come.

1:12 PM

Sunday, January 31, 2021

+1 [REDACTED]

Hi. Are you having a good weekend?

11:48 AM

+1 [REDACTED]

I'm not doing well. I feel like I'm deteriorating. My thoughts are getting worse. I don't know what to do. It makes me sad and It hurts.

11:59 AM



+1

The weekend is not super cheery and I am sorry to hear that your mind is racing. Perhaps your body is telling you to try the alternative medicine, but perhaps you wait until after you meet with the meditation specialist. Take 5 minutes )set a timer) to lie flat on your back- knees bent and just focus on your breathing- maybe 4 counts in and 4 counts breathing out. Every time your mind wanders (which will be lots of times- just bring it back to what is right around you- say within 1 foot of you) I would follow that with 25 jumping jacks (no 10 won't do anything....has to be 25-lol) and a walk even in the rain - just 15 min.  
Finding ways to manage the consuming thoughts will put you in a place to help others, which I know you like. Please hang in there- you are not deteriorating- it just slips some days and requires a bit more work.

12:30 PM

+1

Should we try the new fickle hill loop tomorrow?

12:31 PM

+1

You're so good to me. Thanks for the suggestions. Yes we should do the new loop. I'm not sure if I remember exactly which trails we did but we can figure it out. I'm so grateful for you.

12:44 PM

+1

To mix it up and mix us up we can try to go backwards :)

12:51 PM

+1

You cheer me up. Thank you.

12:52 PM

+1

You got this!

1:00 PM

+1

I would send you emojis but you have that independent apple free phone and I assume they would just show up as ??!!!!!! - lol

1:00 PM

+1

I got that message 3 times. Lol. I thought the emojis worked. I wondered why you always use :- ) vs 😊. You've really made me feel better. Thank you so much. You're truly THE BEST.

1:20 PM

+1 [REDACTED] 1:24 PM  
Stupid apple :)

+1 [REDACTED] 1:24 PM  
😊

+1 [REDACTED] 1:30 PM  
That emoji worked 😊

+1 [REDACTED] 5:41 PM  
You still want to walk if it's raining?

+1 [REDACTED] 5:46 PM  
Depends on how hard it is raining but hopefully it will be good. 😊

+1 [REDACTED] 5:48 PM  
Okay. Thanks again for your support today. You helped me a lot. I hope you have a great night.

+1 [REDACTED] 6:41 PM  
You to- see you tomorrow

Monday, February 1, 2021

+1 [REDACTED] 10:41 AM  
Drive or walk?

+1 [REDACTED] 10:44 AM  
I don't know 😞

+1 [REDACTED] 10:45 AM  
I can go either way. Do you have an opinion?

+1 [REDACTED] 10:46 AM  
I don't think this will lighten up but I did bring my rain jacket :)

+1 [REDACTED] 10:48 AM  
Lets try for a walk then

+1 [REDACTED] 10:48 AM  
Sounds good

+1 [REDACTED] 5:56 PM  
It was a good walk today. I was able to stay busy for the afternoon. Thanks for being there for me. I hope you have a good night.

+1 [REDACTED]  
What a break in the rain :) good timing. Have a great night. 6:03 PM

Tuesday, February 2, 2021

+1 [REDACTED]  
Are you having a good day? 4:14 PM

+1 [REDACTED]  
Pretty good- just not leaving here until my state of the city overview is done -  
Lol how are you? 6:02 PM

+1 [REDACTED]  
I should probably come by and help you with that 😊 I'm doing okay. I made it through the day so far. I have things to do tomorrow so it should be a better day. I have an appointment with my psychologist tomorrow, too. 6:20 PM

+1 [REDACTED]  
I'll seriously come by and help if you want me to. 6:20 PM

Wednesday, February 3, 2021

+1 [REDACTED]  
Are you coming in for the meeting? 4:44 PM

+1 [REDACTED]  
Pleeeeeeease say yes 4:46 PM

Thursday, February 4, 2021

+1 [REDACTED]  
I feel pretty down today 😞 Trying to be motivated to do something but it's hard. I don't know what to do. 12:14 PM

+1 [REDACTED]  
I was able to get going. I pressure washed my driveway. I hope you're having a good day. 3:18 PM

+1 [REDACTED]  
So glad to hear- great idea to get outside and pressure wash- pressure washing is usually instant satisfaction and as I recall was your "official" plan for today :) 3:35 PM

+1 [REDACTED]  
Do you have any interest in downloading the Robinhood app and learning it together? Might be fun. 4:35 PM

+1 [REDACTED] 5:33 PM  
Might be- let's talk tomorrow :) where do you want to walk?

+1 [REDACTED] 5:34 PM  
I was thinking maybe the dunes? I'm open to whatever you want to do.

+1 [REDACTED] 5:35 PM  
That sounds great! Meet you there. Have a good night

+1 [REDACTED] 5:36 PM  
Are you going to sleep on your clean driveway?

+1 [REDACTED] 5:50 PM  
You're hilarious 😊 I hope you have a great night.

Saturday, February 6, 2021

+1 [REDACTED] 9:52 AM  
Good morning. FYI- the smoke you see from your house is a structure fire at the end of greenbrier. Suspected Arson set by an individual staying at the house. Suspect is in custody and lots of fire personnel on scene. The initial structured is probably a complete loss but I don't think any neighboring structures will be affected.

+1 [REDACTED] 12:10 PM  
Thank you for the update. I hope you have a good day.

+1 [REDACTED] 12:19 PM  
You to :)

Sunday, February 7, 2021

+1 [REDACTED] 1:26 PM  
Hi are you having a good weekend?

+1 [REDACTED]

It has been good-  
Spring cleaning :) I have to retape the ending of the state of the  
city tomorrow and [REDACTED] just told me he was open from 11-12.  
Would you be open to either  
1) meeting at 11:45 (it should really only take 30 min and you are  
welcome to hang with us if you want). And I will ask [REDACTED] to meet  
at 2.  
Or  
2) meet at 1:30  
How is your weekend?

3:00 PM

+1 [REDACTED]

Im doing okay. I played golf yesterday. Watching super bowl with a  
friend today. Lets meet at 1:30.

3:13 PM

+1 [REDACTED]

Sounds like a good weekend. Enjoy the game- no routing for  
stupid Tom Brady :) just kidding. See you at 1:30. Thanks

3:35 PM

+1 [REDACTED]

Will you still have time for a walk?

3:43 PM

+1 [REDACTED]

I can do 1145 if it gives us more time for a walk.

3:45 PM

+1 [REDACTED]

I have plenty of time at 1:30- let me know where you want to go.

3:46 PM

+1 [REDACTED]

🤔🤔🤔🤔🤔 I will think about it

3:46 PM

+1 [REDACTED]

Thank you

3:46 PM

+1 [REDACTED]

Lets just do Fickle Hill?

6:08 PM

+1 [REDACTED]

Sounds good- meet you there. Have a great night

6:25 PM

+1 [REDACTED]

You too ?? p.s. you're the best

6:27 PM

+1

You too 😊 p.s. you're the best

6:27 PM

Monday, February 8, 2021

+1

On my way

1:35 PM

+1

Ok

1:35 PM

+1

1pm Thursday is fine or anytime thursday

4:16 PM

+1

Great-

5:06 PM

Tuesday, February 9, 2021

+1

Did the State of the City go well?

3:53 PM

+1

Yeah- it was fun. Good content Freon equity arcata and HSU as well. How is your day?

4:42 PM

+1

My day is okay. My uncle passed away yesterday. It seems weird to say my day is okay when my uncle just died. I don't know how to feel about it yet. It doesn't feel real. Maybe it's delayed grief like with my dad. Im sad for my mom. I did my first Hospice meeting yesterday. I talked a little bit about why I was there and got a little emotional. Everyone there was an older woman who was grieving over the loss of their husband. I didn't really feel like I fit in. Maybe I'll just do the one on one sessions. Despite all that, I feel okay right now. Thanks for being my friend and for list

5:05 PM

+1

I hope your uncle is okay.

5:09 PM

+1

More later but wanted you to know I am sorry to hear that/ he was way too young! My uncle is heading towards hospice - but he is 85- very different situation. Hold your mom tight.

7:27 PM

+1

Thank you. You're the best.

8:13 PM

Wednesday, February 10, 2021

+1

The meditation session was okay. Part of me is resistant because it requires me to slow down and part of me sees the benefit. Im going to give it a chance. Is your day going well?

2:51 PM

+1

I think it is perceptive that you could feel your resistance. My reflection is that you have taken moments of your life to figure out more deeply who you are but are not sure about just sitting with that knowledge, Accepting that knowledge and figuring out how to manage your highs and lows to bring out the best of yourself. I do really think meditation

5:33 PM

Friday, February 12, 2021

+1

Just a thought while its on my mind: visitarcata is useless unless people go there so if we're really going to invest into building it up then we need a significant marketing campaign around it

1:15 PM

Sunday, February 14, 2021

+1

Are you having a good weekend?

3:25 PM

+1

Good day- enjoying the rain ☂ - how about you?

3:33 PM

+1

Im glad to hear that. My feelings are mixed. I feel like I should be okay but I don't feel that great. The time is hard for me to get through. I'm doing my best to find things to do and distract myself. Sometimes I feel okay. Sometimes I worry. I think a lot about how grateful I am to have you as a friend. Im sorry I thank you so much. I don't know how else to deal with how I feel. I just appreciate you so much! Sometimes it makes me feel better to tell you.

3:45 PM

+1

I've been missing my dad and wishing I had done more to console him.

3:45 PM

+1

Its hard to accept there's probably nothing I could have done to help my dad. I'll probably always feel that way. I don't really dwell on it but the feelings come to the surface sometimes.

3:49 PM

+1

All of the emotion seems so understandable and yet that doesn't make it any easier. There is certainly nothing more you could do for your dad- other than doing your best to heal and live fully as you feel better. Focus on your valentine today- she is such a gift in your life.

5:39 PM

+1

Im being good. I got her flowers and a heart shaped cake. Thanks for talking with me. I feel a little bit better. I also did some meditation. It feels weird but I'm trying to give it a chance. I hope you have a good night.

5:49 PM

+1

You to :)

6:17 PM

Monday, February 15, 2021

+1

Where would you like to walk tomorrow?

6:24 PM

+1

Shall we start the week with the dunes? Did you have a good day?

6:29 PM

+1

The dunes sound great. Thanks for asking about my day. It was okay. I had my hospice one on one session. I realized that I may be still a little upset with my dad for doing what he did. Part of me wants to forget and part of me feels like I still have grieving to do. I feel like there is still sadness inside me but its not coming out. I don't know how to make it come out. Does that make sense? It sounds weird to say. Did you have a good day?

6:35 PM

+1

Yes- that sounds like a very understandable mix of emotions - it sounds like a good session- I look forward to hearing more about it tomorrow- meet you there at 11. Have a great night

6:55 PM

+1

You too :)

6:56 PM

Tuesday, February 16, 2021

+1

I hope you did not go at 11- that would be horrible- we are meeting at 12:30- right?

11:27 AM



+1 [REDACTED]  
Yes 12 30 😊 11:44 AM

+1 [REDACTED]  
I can meet at 12 or 1215 if that's better for you 11:46 AM

+1 [REDACTED]  
12:30 is good- in a zoom interview now :) 12:07 PM

Wednesday, February 17, 2021

+1 [REDACTED]  
Thanks for your help 😊 6:45 PM

+1 [REDACTED]  
It is a conservative start- always easier to loosen than tighten 6:46 PM

Thursday, February 18, 2021

+1 [REDACTED]  
I was going to Barnes for a prescription. How is your day going? 2:21 PM

+1 [REDACTED]  
Day is great - albeit a little wet :) how about you? I am glad Barnes is still open- sad about Limas closing 2:39 PM

+1 [REDACTED]  
I'm doing okay overall but I've been feeling annoyed. I have an appointment with my psychologist and psychiatrist today at different times and their office called me and said insurance won't pay for both on the same day. The office should have known that before scheduling them. I don't want to wait until next week so I paid \$250 for one of the appointments so I didn't have to cancel one. It's just annoying 😞 I want to get better faster and I don't want to be set back a week. 2:47 PM

+1 [REDACTED]  
Super good choice....and very dumb rule!!!!!! I hope you learn something helpful! I think you are moving forward every week this year. 2:49 PM

+1 [REDACTED]  
Maybe I should have just waited but I know I would have hated it. I never have to pay for appointments so paying for one isn't a big deal. I guess I'm mostly annoyed with the bad customer service lol. 2:50 PM

+1

Thanks. You've been such an important part of any progress I've made.

2:50 PM

+1

You should charge me \$250 an hour 😊

2:51 PM

+1

I just finished with my psychologist. We talked a lot about my dad and it made me sad but I guess it was good that I talked about it and got it out. He pointed out that my dad was my friend and I also lost a friend when I lost him. I feel like I knew that but maybe I needed to be reminded of it. I appreciate you so much. It helps me so much to be able to talk to you.

4:03 PM

+1

I hope you have a good night.

8:41 PM

+1

Sounds like it was a good appointment- see you tomorrow

9:59 PM

Friday, February 19, 2021

+1

Where do you want to go today?

12:07 PM

+1

Shall we meet here at 2? Where do you want to go?

1:18 PM

+1

I'll be there at 2. Jane's Creek or Sunny Brae?

1:28 PM

Sunday, February 21, 2021

+1

Did you have a good weekend? Did you get your painting done and your bed assembled?

4:48 PM

+1

Pretty good- ceiling paint is done and edges- no new bed yet :) how was your weekend? Where should we walk tomorrow? The dunes?

5:25 PM

+1 [REDACTED]  
It's been okay. Reading a lot. Went to North Northtown Books and Tin Can Mailman and bought some books. Worked for a couple hours today. The dunes sounds good. Pick you up or meet you there? 5:33 PM

+1 [REDACTED]  
Either way/ want to pick me up? 6:12 PM

+1 [REDACTED]  
Sure. I'll be there by 11. I hope you have a really nice evening. 6:15 PM

+1 [REDACTED]  
Thanks you to. 6:18 PM

Monday, February 22, 2021

+1 [REDACTED]  
I'm here 10:53 AM

Tuesday, February 23, 2021

+1 [REDACTED]  
Will be calling in for agenda setting :( 4:37 PM

+1 [REDACTED]  
😞 I understand. Did you have a good drive? 4:40 PM

+1 [REDACTED]  
It was a beautiful day along the river :) talk to you soon 4:42 PM

+1 [REDACTED]  
Can I please talk to you for a minute when you're done with [REDACTED]? 5:15 PM

+1 [REDACTED]  
I hope you have a good night. 7:34 PM

+1 [REDACTED]  
Sorry- good meeting- besides my almost late start - hope you rest well tonight and wake up feeling better. 10:15 PM

Wednesday, February 24, 2021

+1 [REDACTED]  
How is your day going? 12:41 PM

+1

Thanks Thanks for checking on me. I'm still feeling down but trying to be better. I'm walking at the marsh right now. Can I stop by and visit you when I'm done?

12:43 PM

+1

I am here- no meetings until 2

12:46 PM

+1

Awesome. I'll try to be there at 130

12:47 PM

+1

Don't get blown away :)

12:53 PM

Thursday, February 25, 2021

+1

Hope your day is your best one yet this week! I am going to head to Wisconsin on Saturday and back on Tuesday. I propose that we meet on the budget Friday - perhaps we go for a walk after the collaborative meeting and then review mid year together until 4ish. I am free until 4:25. [REDACTED] will send out times to meet via phone for the rest of the council but I thought we could book in Friday if you are free.

3:19 PM

+1

My day is okay. I felt better after visiting you yesterday. Thanks again. Your plan for Friday sounds good. I hope your day is going well.

3:26 PM

+1

I really appreciate how hard you work. Thanks for giving me extra time tomorrow. I hope you have a nice evening.

6:43 PM

+1

Hope you have a nice night as well- it is cold 🌨️

7:22 PM

+1

I guess I'm confused about the scheduling. Can I reschedule my Monday meeting for Wednesday? I'm sorry. Its just now starting to hit me.

7:26 PM

+1

I will have to quarantine when I return so my meeting Wednesday are via zoom- and may be short to fit in what is needed but you can certainly schedule one- I just thought the only real item on the agenda for Wednesday is the mid year budget so we should go through that in person before I leave. Does that make any sense? :)

7:30 PM

+1

I don't care about the quarantine! We still walked after your last trip. I'd be really grateful if we could meet on Wednesday.

7:33 PM

+1

I don't know if I will have time to come to town and back for the meeting- I will need to see how much has to fit in tomorrow and we can go from there

7:34 PM

+1

Sound ok?

7:34 PM

+1

Yes. Thanks for considering it. I really appreciate it. Goodnight.

7:36 PM

+1

Thanks - see you tomorrow

7:37 PM

Saturday, February 27, 2021

+1

I hope your travel is going well. I really appreciate the time you gave me yesterday. I've had some anxiety today and have been worrying a little bit but I'm doing my best to get through it. I'm reading and trying to focus on other things. I mostly just want to say hi to you. Thanks for allowing me to write to you while you travel.

3:04 PM

+1

Made it safe to Chicago- flying was actually very easy. Find fun in your weekend :)

5:27 PM

+1

Thanks for writing me back. I promise I'll do something fun. You're the best.

5:29 PM

Monday, March 1, 2021

+1

I hope you're having a good trip and enjoying your family.

2:13 PM

+1

My dad's ashes and some of his belongings made it to my sister's house. Someone broke into the moving truck along the way and stole a couple things though and it makes me sad. I didn't sleep well last night. I have a lot of anxiety right now. I think I just needed to write to you. Thanks for letting me. I hope you're well and I hope you have a good night.

3:55 PM

+1

I am so sorry to hear that the car was broken into- so horrible. I hope the rabbit was not stolen and glad your dad is with your sister. Having just come from a funeral - I was reminded that the pain and grief is with us, your dad no longer feels pain nor does he want you to feel pain. While feeling grief is perhaps the hardest part of having loved- we would never choose to not have the relationships that brought us so much joy and comfort. Your dad loved you deeply and still hopes for your life is fulfilling and complete. Rest well tonight. Hope your walk with [REDACTED] was good.

8:12 PM

+1

Luckily the rabbit wasn't stolen. It's nice of you to remember the rabbit. [REDACTED] forgot about the walk and we rescheduled for tomorrow. Im so grateful for your reply. Good night.

8:32 PM

+1

Good night :)

8:39 PM

Tuesday, March 2, 2021

+1

I hope your travel goes well today.

10:51 AM

+1

Just landed - 1 flight down...2 to go :) hope you Jane a good day.

10:52 AM

+1

I meant hope you have a good day :)

10:53 AM

+1



10:53 AM

+1

I hope you sleep really well tonight.

6:42 PM

+1 [REDACTED]  
I suspect I will- just loaded onto the last flight. Hope your day and night were/are great. 6:52 PM

Wednesday, March 3, 2021

+1 [REDACTED]  
I'm sorry. I was just surprised I guess. 5:57 PM

+1 [REDACTED]  
Sorry can't get on 6:02 PM

+1 [REDACTED]  
I have a few other thoughts that will hopefully make sense when we talk. 6:06 PM

+1 [REDACTED]  
It's fine. I just wasn't expecting it. 6:08 PM

+1 [REDACTED]  
I guess because I thought on Friday I asked you where the money would come from and you didn't say reserves. 6:09 PM

+1 [REDACTED]  
What did I say Friday? 6:09 PM

+1 [REDACTED]  
I think I just made a general comment that the money would have to come from somewhere e.g. cuts and you acknowledged that. I don't remember you specifically saying where it would come from. For that amount of \$25k I figured you would just spread the cuts around the departments. I was just trying to make a point to the new council that the money has to come from somewhere and I didn't expect you to say reserves. 6:17 PM


+1 [REDACTED]  
I feel bad about questioning you in front of everyone. I'm sorry. 6:20 PM

+1 [REDACTED]  
Please don't be sorry - I should have given more context- 6:25 PM

+1 [REDACTED]  
City hall sucks without you! I hope you have a restful night. 7:37 PM

+1 [REDACTED]  
Thanks- look forward to walking Friday- 10 hours of zoom today- maybe a personal record. I hope I never brag that record. 8:45 PM

+1 [REDACTED]  
Never beat that record 8:47 PM

+1 [REDACTED]  
 9:05 PM

+1 [REDACTED]  
I really appreciate how hard you work. Thanks for giving me some time today. I know you were really busy. You're the best. Goodnight. 9:05 PM

Thursday, March 4, 2021

+1 [REDACTED]  
Are you having a good day? 4:02 PM

+1 [REDACTED]  
Good- how is your day? 4:44 PM

+1 [REDACTED]  
It's okay. A little worried about the weather for tomorrow. Think we'll be okay? 4:46 PM

+1 [REDACTED]  
Agreed- it looks bad. We could try for 9am which looks a little better but not great. 6:32 PM

+1 [REDACTED]  
Chamber event was great tonight. 6:32 PM

+1 [REDACTED]  
Glad it went well. Could we just tough it out in rain jackets? 6:36 PM

+1 [REDACTED]  
I don't know what to do. I just really want to walk with you tomorrow! 6:36 PM

+1 [REDACTED]  
How about we try for it and if the weather is too bad we go for a drive? 6:37 PM



+1 [REDACTED]  
 Sounds good- let's meet at 2 at the regular forest site- trails are a bit less slippery than west end road :) 6:40 PM

+1 [REDACTED]  
 Ok you mean Fickle Hill? Just want to be sure. 6:41 PM

+1 [REDACTED]  
 Yes- fickie hill :) have a good night 7:24 PM

+1 [REDACTED]  
 You too. Good night. 7:27 PM

Friday, March 5, 2021

+1 [REDACTED]  
 Want me to bring you your shoes from city hall? 12:25 PM

+1 [REDACTED]  
 That's ok- I have another pair - thanks 12:42 PM

+1 [REDACTED]  
 Sorry running late- Is 2:15 ok? 1:42 PM

+1 [REDACTED]  
 Of course 1:44 PM

Sunday, March 7, 2021

+1 [REDACTED]  
 Hi. Are you having a good weekend? 3:24 PM

+1 [REDACTED]  
 Could we meet at 10:30 tomorrow and spend some time on the goals agenda? 3:55 PM

+1 [REDACTED]  
 Sounds Good-Shall we meet at the dunes parking lot? I have a covid test tonight but won't be in the office yet tomorrow. How is your weekend? 3:57 PM

+1 [REDACTED]  
 Awesome. Thanks for the extra time. Parking lot sounds good. My weekend has had ups and downs. Weird dreams, bad memories, worrying. I went for a long walk with [REDACTED] today and got some work done. Reviewed the agenda. I feel a little better now. 4:01 PM

+1 [REDACTED]  
Glad to hear you got out- look forward to catching up tomorrow-  
have a great night 4:35 PM

+1 [REDACTED]  
You too. I hope you had a good weekend. 4:40 PM

Tuesday, March 9, 2021

+1 [REDACTED]  
It cheered me up to visit with you today. You're the best. I hope  
you have a good evening. 4:20 PM

+1 [REDACTED]  
Thanks. I hope your goal meeting went well- it seems that ideas  
are starting to solidify. Tomorrow night will be fun. Have a great  
night. 4:51 PM

+1 [REDACTED]  
We basically ended up using what you and I came up with 😊 just  
some small changes to wording. 4:59 PM

Wednesday, March 10, 2021

+1 [REDACTED]  
[REDACTED] said she might not make the meeting. Did she tell you that  
yet? I'd like to have a plan if I have to run it... 2:34 PM

+1 [REDACTED]  
Can we talk at 430? 2:35 PM

+1 [REDACTED]  
Yes- 4:30 sounds good - you will be great 2:40 PM

+1 [REDACTED]  
😊 thanks 2:40 PM

Thursday, March 11, 2021

+1 [REDACTED]  
Hi. Are you having a good day? 3:56 PM

+1 [REDACTED]  
Yes- it is a good day. How about you? 4:23 PM

+1 [REDACTED]  
It's okay/good. It feels weird for me to say it's a good day. I went  
for a walk in the forest and got some things done. 4:26 PM

+1

I've been thinking about my dad and missing him. Trying to stay positive though.

4:27 PM

+1

I believe that feeling of missing those we love is a good thing but it is hard. Glad you got out today- it is pretty nice out there. Maybe west end road tomorrow?

5:07 PM

+1

You always say the best things. West end road sounds good. See you tomorrow at the meeting. I hope you have a great night.

5:09 PM

+1

You to...I picked up some premade food thing from the playhouse today so dinner will be Interesting anyway :)

5:10 PM

+1



5:11 PM

Friday, March 12, 2021

+1

You're not here 😞

12:28 PM

+1

Yay 😊

12:31 PM

+1

Whew 🤔

12:32 PM

Sunday, March 14, 2021

+1

I hope you were able to make it to the beach today before it started to rain a lot. Are you having a good weekend?

3:35 PM

+1

We opted for the waterfront - but it was beautiful with a lot of wind 🌬️:) how is your weekend?

3:50 PM

+1

I'm glad. Little things keep worrying me but it's been okay other than that. Looks like we should be okay to walk tomorrow as far as the weather goes.

3:53 PM

I think so- this should clear bu midnight where do you want to walk?

4:16 PM

+1

Dunes or fickel hill? I don't know if the dunes will be windy

4:17 PM

Might be windy....but I am up for either :) have a great night.

4:19 PM

+1

Okay. Lets do fickel hill. I hope you have a good night too.

4:29 PM

Sounds great! See you there

4:30 PM

Monday, March 15, 2021

+1

I submitted my resume to a place that does staffing for cannabis companies. I hope you have a good night.

6:11 PM

Certainly worth a try/ have a great night!

6:18 PM

Tuesday, March 16, 2021

+1

Are you having a good day?

4:35 PM

Yikes....good...just busy today.....hope you had a good day!

7:53 PM

+1

I hope you have a really good night.

7:53 PM

+1

My day wasn't great but I'm getting through it. Do you have a couple of minutes before or after the homelessness meeting tomorrow?

8:01 PM

I will be there before for sure :)

8:10 PM

Make it a good night zzz 8:10 PM

+1 [REDACTED]  
You're the best. Thanks. 8:11 PM

Wednesday, March 17, 2021

+1 [REDACTED]  
Still want to reschedule our walk? 12:30 PM

[REDACTED]  
Yes-  
Thanks -  
Need to run to west end road now should be back in 15 12:50 PM

+1 [REDACTED]  
Ok 12:52 PM

Thursday, March 18, 2021

+1 [REDACTED]  
I'm here 1:54 PM

[REDACTED]  
Out shortly 1:54 PM

Friday, March 19, 2021

+1 [REDACTED]  
Did you have a good day? 4:28 PM

[REDACTED]  
Always interesting :) but good and challenging 🌸. How about you? Did you walk in the rain? 5:14 PM

+1 [REDACTED]  
We ended up driving all over town. I showed her my shop. She showed me her house and dance studio. It's really nice. I got a haircut and I'm having drinks with [REDACTED] at 7. 5:19 PM

[REDACTED]  
Sounds like a good day! Enjoy the time with [REDACTED] tonight. 5:19 PM

+1 [REDACTED]  
It been "okay" 😊 I'm really grateful for all the support you give me. I hope you have a nice night. 5:20 PM

waiting in a sunny line at sushi spot :) love Arcata in the Sun 6:02 PM

+1

😊 6:02 PM

Saturday, March 20, 2021

+1

Hi. Are you having a good Saturday? 4:00 PM

Yes- except I am at Costco now :) lol how about you? 4:04 PM

+1

Anxiety and worried some this morning. I'm doing okay now. Getting through it. I finished my ethics training. Reading now. I hope you get to enjoy some of the sun. 4:07 PM

Yeah for ethics. Nothing better to do than read all the horrible things that can happen to you when you are feeling anxious- glad you made it through the morning and that things are looking up! 4:21 PM

+1

😊 You're the best. I hope you have a good evening. 4:22 PM

You to. :) 4:44 PM

Sunday, March 21, 2021

+1

I hope your day is going well. Where would you like to walk tomorrow? 4:40 PM

I think the dunes if you are up for it. Good day here- how about you? 4:47 PM

+1

I was worrying a lot but I wrote down all of my thoughts and it seemed to help. Going to for dinner. I hope you have a really good night. 4:53 PM


[REDACTED]

Have fun at [REDACTED] - meet you at the dunes at 11. 5:08 PM

+1 [REDACTED]

Sounds good. I hope you have a good night. 7:11 PM

+1 707-845-0117

 7:12 PM

Monday, March 22, 2021

+1 [REDACTED]

So much anxiety and worry 😞 10:02 AM

[REDACTED]

So sorry- we will try to walk it out 🏃 🏃 10:02 AM

+1 [REDACTED]

You're the best. Apparently [REDACTED] has a problem with his trash behind his building and wants to meet there at 230 to discuss it. Can you go with me? 10:04 AM

+1 [REDACTED]

He says the city is on him about it. Maybe I should say I can't meet 10:07 AM

+1 [REDACTED]

You're so kind to me. I feel like you've saved my life. I don't know where I'd be without you. 2:47 PM

[REDACTED]

Today you might still be lost in the dunes-lol. ☀️ hope you are feeling better. 3:17 PM

+1 [REDACTED]

You're so funny 😊 I'm feeling a little bit better. You're the best. 3:18 PM

+1 [REDACTED]

Did you get your shot? 3:19 PM

[REDACTED]

I did - you should go to [myturn.ca.gov](https://myturn.ca.gov) and register 3:29 PM

+1 [REDACTED]

Good for you. Okay I will. 3:30 PM

+1

I just registered. Did you get a two shot vaccine or the J and J?

3:35 PM

2 shot moderna- he said last week was all JnJ and this week no JnJ....

3:35 PM

+1

Interesting. One more thing: YOU'RE THE BEST.

3:36 PM

+1

The next meeting is Friday at 3? Should we reschedule our walk? Or maybe we can walk 130 to 3?

4:00 PM

Could we walk from 11-12:30? Before collaborative?

4:01 PM

+1

Yes

4:02 PM

+1

Now I have anxiety over what I'm going to do from 130 to 3 between meetings ☹️ can we have lunch or can I hang out with you or something?

4:15 PM

+1

I'm really sorry that I'm worried about it.

4:20 PM

+1

Thanks for putting up with me. Again, I'm sorry. I hope you have a good evening.

5:04 PM

+1

I feel like I owe you a million apologies. Im sorry I bothered you today. I know you're really busy. My anxiety has been really bad lately and I don't know why. I felt better after our walk today but then it rushed back over me when I had to think about the timing of the HSU meeting. I don't know what's wrong with me. It shouldn't be this way. You do so much for me. You give me so much. It makes me feel bad when I get like this. I feel bad that I'm not getting better faster. I don't know where to go from here. I just know that I don't want to feel this way anymore. Your support means everything to me. I'm so sorry.

5:45 PM



I am sorry this is such a hard time for you. And that my schedule does not allow the time you need. Keep doing the work- Day by day. I hope the night improves. Will touch base tomorrow.

5:54 PM

+1

Thanks for writing me back. Please never feel bad about not having more time for me. You give me a lot and I'm always very grateful. You're the best.

6:03 PM

Tuesday, March 23, 2021

+1

is very happy. Thank you.

2:16 PM

It was so rushed .....needed more time :) story of my life

2:29 PM

+1

I know how busy you are. Im always so grateful you always make time to communicate with me. You really are the best. I hope you have a nice evening.

3:51 PM

Thanks, Hope you day stays great!

4:21 PM

Wednesday, March 24, 2021

+1

Are you having a good day?

4:48 PM

Pretty good- over zoomed today :( How is your day?

4:58 PM

+1

Im sorry you have to Zoom so much. Today I deleted my Dads phone number from my phone and it made me really sad.

5:00 PM

+1

It kind of felt like I was saying goodbye or losing a piece of him.

5:00 PM

All the single steps to heal don't take you farther from him- his lessons and heart are held with you always.

5:18 PM

+1

Thanks. You're the best. I hope you have a really nice evening.

5:20 PM

[REDACTED] 5:33 PM

You to

Thursday, March 25, 2021

+1 [REDACTED] 6:25 PM

This is so confusing to me but I'll roll with it.

Friday, March 26, 2021

+1 [REDACTED] 3:35 PM

What if I replaced [REDACTED] at the [REDACTED]?

[REDACTED] 3:36 PM

Are they hiring? I thought the promoted [REDACTED]?

+1 [REDACTED] 3:38 PM

I think [REDACTED] is just part time staff still. I imagine they'll want a full time director when things open back up and they can do mixers etc again. I could be wrong. Just a thought.

[REDACTED] 3:46 PM

It would be good- :)

+1 [REDACTED] 3:53 PM

I asked [REDACTED] and she was promoted to [REDACTED].

[REDACTED] 3:54 PM

Does she need a part time person?

+1 [REDACTED] 3:54 PM

Maybe...

Sunday, March 28, 2021

+1 [REDACTED] 5:16 PM

Are you having a nice weekend?

[REDACTED] 5:27 PM

It was good- how about you? Should we walk fickle tomorrow? Since we are at the dunes Friday?

+1 [REDACTED] 5:34 PM

Ive been feeling down but it's been okay. Read a lot. Helped a senior with her computer. Fickle hill sounds good. Want me to pick you up so you don't lose your parking spot?

[REDACTED]  
Sure- sounds good-  
Do your best to have a good night. zzz 7:36 PM

+1 [REDACTED]  
I promise I will. Goodnight. 7:36 PM

Monday, March 29, 2021

+1 [REDACTED]  
I'm here 10:53 AM

+1 [REDACTED]  
Can't I just wait to get my vaccine up here? I don't really want to drive 3 hours round trip to Garberville. 3:31 PM

[REDACTED]  
Sure- just wanted you to have the option of you wanted 3:32 PM

[REDACTED]  
How did the interview go? 3:32 PM

+1 [REDACTED]  
It went well. Turns out I had met her before at some function so she remembered me. She seemed to understand what I was looking for. Nothing available at the moment but she said "interesting" jobs come up fairly often. I really appreciate you always supporting me. 4:21 PM

[REDACTED]  
Sounds a bit promising. Have a great night! 4:29 PM

+1 [REDACTED]  
You're the best. You too. 5:19 PM

Tuesday, March 30, 2021

+1 [REDACTED]  
Are you having a good day? 4:15 PM

[REDACTED]  
It is beautiful outside Today. I am wishing there were more hours in the day but all good- how about you? 4:37 PM

+1 [REDACTED]  
I'm doing okay. Got my teeth cleaned, got some work done, reading. Adjusting to my change in medication. 4:39 PM

+1

Thanks for taking time from your busy day to write me back. I hope you're able to go home in time to enjoy the evening. You're the best. I hope you have a really good night.

4:41 PM

I hope the medication change starts to smooth out- the change must feel weird. Try to get outside for a few good deep breaths - it is so nice out ☀️

4:52 PM

+1



I'll go right now. You're the best.

4:53 PM

Wednesday, March 31, 2021

+1

It's so warm today. I was outside a little bit. Just finished an appointment with my psychologist. It went okay. Always reminds me of how grateful I am for your friendship. How are you?

3:58 PM

So good right now. I just walked outside. It is so beautiful. I hope you can spend the rest of the evening outdoors somewhere. I hope it's nice at the dunes on Friday.

5:29 PM

+1

It makes me happy to hear you're doing "so good" 😊 So far the weather looks good for Friday. I appreciate you SO MUCH. I hope you have the best evening.

5:34 PM

I am going to try :) I hope you also have a great evening.

5:47 PM

Thursday, April 1, 2021

+1

Is your day going well?

4:21 PM

Yeah- getting through a few things :) he about you?

4:22 PM

I meant how about you :)

4:22 PM

+1 [REDACTED]  
I'm doing okay. Went for a walk in the forest earlier. How long do you think it will take us to get to the Samoa cookhouse/dunes trail tomorrow? 10 minutes? 4:24 PM

[REDACTED]  
No more than 15 min- glad to hear you got out for a walk....in our early summer :) 4:25 PM

+1 [REDACTED]  
Should I pick you up at 115? 4:25 PM

[REDACTED]  
Let's meet there because I think I will head to eureka after. ☀️ I will park by the cookhouse. 4:32 PM

+1 [REDACTED]  
Okay. Its down a dirt road opposite the cookhouse so maybe I can jump in with you at the cookhouse and we can go the rest of the way? 4:39 PM

[REDACTED]  
Sounds perfect. 4:48 PM

+1 [REDACTED]  
I'm excited. I hope you have a good night 😊 4:49 PM

[REDACTED]  
You to - tomorrow will be fun. 4:49 PM

Friday, April 2, 2021

+1 [REDACTED]  
The general plan progress report is on the consent calendar? 12:33 PM

[REDACTED]  
Yes- it is not an actual update to the plan just an annual reporting document 12:36 PM

+1 [REDACTED]  
Okay 12:41 PM

[REDACTED]  
3798 1:37 PM

Sunday, April 4, 2021

+1 [REDACTED]

Are you having a good weekend?

5:36 PM

+ [REDACTED]

Happy Easter- hope you are having a good weekend. Quiet day here :) shall we meet at Fickle Hill tomorrow?

6:32 PM

+1 [REDACTED]

Happy Easter. Fickle hill sounds good. I hope you have a good night.

6:39 PM

You to! Start of your birthday week :)

7:00 PM

+1 [REDACTED]



7:02 PM

Monday, April 5, 2021

+1 [REDACTED]

I'm going to skip the dog park check in meeting

2:30 PM

Me to- jk :)

2:30 PM

+1 [REDACTED]

Lol

2:31 PM

Tuesday, April 6, 2021

+1 [REDACTED]

What tier was it the unions said we could cancel the hazard pay Ordinance if we got into it? Was it orange tier?

4:16 PM

+1 [REDACTED]

What tier was it the unions said we could cancel the hazard pay Ordinance if we got into it? Was it orange tier?

4:16 PM

It was yellow tier

4:16 PM

+1 [REDACTED]

Okay. Are you having a good day?

4:17 PM

[REDACTED]  
 Good day here- how about your birthday eve? Good so far? 5:48 PM

+1 [REDACTED]  
 😊 I was feeling a little bit down this morning but I'm okay now. I found a new detective show to watch so that will make me happy this evening. You're the best. I hope you have a great night. 5:55 PM

[REDACTED]  
 Glad things are better. I hope the show meets your expectations tonight - see you for your birthday council meeting- closed session at 5:15 :) 6:01 PM

+1 [REDACTED]  
 Just drove by the Plaza and it was nice. People were enjoying it. I'll be there a little but early tomorrow to bother you if you're available. 6:11 PM

[REDACTED]  
 I should be free by 4:45 - have a good night 6:12 PM

Wednesday, April 7, 2021

[REDACTED]  
 Hope your birthday is off to a great start! 1:21 PM

+1 [REDACTED]  
 Thank you. It's okay so far. Had sushi for lunch and now I'm getting some work out of the way. Looking forward to visiting with you later. 1:23 PM

+1 [REDACTED]  
 Thank you. It's okay so far. Had sushi for lunch and now I'm getting some work out of the way. Looking forward to visiting with you later. 1:23 PM

+1 [REDACTED]  
 I miss my dad. He would have called me today. I'm trying not to be but It makes me sad. 3:24 PM

[REDACTED]  
 I know he would love to talk to you and wish you cheer for the year ahead. His baby is 40 :) 3:49 PM

+1 [REDACTED]  
 Did [REDACTED] say [REDACTED] had suggested the committee to him? 5:44 PM

I didn't hear that but perhaps

5:46 PM

That was a real laugh

7:14 PM

+1  
Lol? 😊

7:14 PM

Thursday, April 8, 2021

+1  
I know how busy you are. I really appreciate you taking time out of your day to get me a present. It was delicious. Thank you.

11:39 AM

Happy day after - how does 40 feel so far?

1:10 PM

+1  
😊 kind of feels old but also hasn't really hit me yet. I suppose I'll get used to it.

1:12 PM

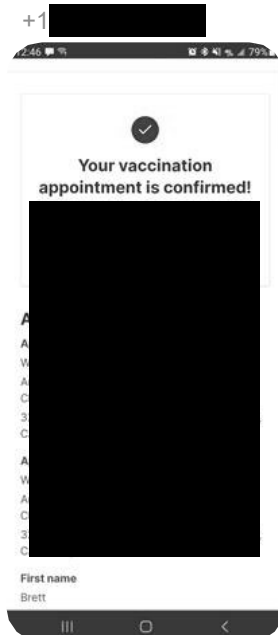
+1  
Looking forward to tomorrow. I hope you have a great night.

7:43 PM

Your pick tomorrow- your birthday week :)

8:35 PM

Friday, April 9, 2021



12:47 PM



Sunday, April 11, 2021

+1 [REDACTED]

Did you have a good weekend?

6:02 PM

[REDACTED]  
So beautiful. Hope your weekend was good and you got to stretch your birthday celebrations out :) fickle hill tomorrow?

6:06 PM

+1 [REDACTED]

It's your birthday week so you pick 😊

6:07 PM

+1 [REDACTED]

Fickle hill is fine with me if that's your preference. I hope you have a great night.

7:54 PM

[REDACTED]  
Will think about it :) have a good night

8:28 PM

Monday, April 12, 2021

+1 [REDACTED]

I have so much anxiety right now. I haven't been able to sleep much. I'm stressed about the hazard pay vote. Maybe I should have done something different. It bothered me all day yesterday and last night.

7:24 AM

[REDACTED]  
I am sorry for your feelings of anxiety You gave yourself an extra three weeks to consider the pay request. I think you should trust the process you used to come to your conclusion.

8:03 AM

+1 [REDACTED]

It's driving me crazy. I hate feeling like this. I really need to talk through it with you today.

8:12 AM

[REDACTED]  
Definitely a plan...let's meet at fickle hill at 11. It will get better.

8:13 AM

+1 [REDACTED]

Thank you.

8:14 AM

[REDACTED]  
10 min ok?

5:01 PM

+1 [REDACTED]

Yes. Some city stuff. Thanks

5:02 PM

Tuesday, April 13, 2021

Did you rest better last night?

10:50 AM

+1

You're the best for checking on me. I really appreciate it. I did rest better. I just haven't been feeling well the last couple of days. I'm disappointed in myself for getting so worried about the hazard pay thing. It really stressed me out. I don't know why I worry so much. It seems like I've been worrying more than usual.

10:54 AM

+1

You're the best for checking on me. I really appreciate it. I did rest better. I just haven't been feeling well the last couple of days. I'm disappointed in myself for getting so worried about the hazard pay thing. It really stressed me out. I don't know why I worry so much. It seems like I've been worrying more than usual.

10:54 AM

I can see the worrying exhausting you. We know it ebbs and flows - letting go of it as it comes into better perspective and moving forward is hopefully the key to shorten the durations.

10:58 AM

+1

I'm so grateful for you. I don't know what I'd do without your friendship. You bring me so much comfort. You always make me feel better.

11:01 AM

+1

I was passing by. Can I say hi really quick?

1:54 PM

+1

I was passing by. Can I say hi really quick?

1:54 PM

Wednesday, April 14, 2021

+1

HAPPY BIRTHDAY!!!!

7:52 AM

Thank you- did you decorate my office?

8:00 AM

Happy first day of vaccine :)

8:00 AM

+1 [REDACTED]  
It was [REDACTED] idea... I helped. Are you mad? 8:02 AM

[REDACTED]  
Thank you- very sweet 8:03 AM

+1 [REDACTED]  
I still have a present for you. 8:03 AM

+1 [REDACTED]  
The wine is from [REDACTED] 8:06 AM

+1 [REDACTED]  
My first shot was so easy. I don't feel anything. 12:16 PM

[REDACTED]  
Yeah!!! 12:31 PM

+1 [REDACTED]  
[REDACTED] said he's renting sidelines to [REDACTED] and they are going to use it for their 2nd hand store. 12:57 PM

[REDACTED]  
That sounds good 12:59 PM

+1 [REDACTED]  
Do you think some of the stuff in [REDACTED] letter e.g. Sun Valley is a bad employer, would be considered slander? 4:32 PM

[REDACTED]  
I am still reviewing but do hear you. Thanks 4:35 PM

+1 [REDACTED]  
Just a thought that crossed my mind. Thanks for all of your hard work. I hope you have the best birthday evening. 4:37 PM

[REDACTED]  
I am on cookie #3. Thank you very much. Hope you have a good night 6:27 PM

+1 [REDACTED]  
That makes me happy to hear. I'm almost done with the drink you gave me 😊 Good night. 6:41 PM

Thursday, April 15, 2021

+1 [REDACTED]

I talked to [REDACTED] and he said he could do the encroachment permit paper work and he will reach out to [REDACTED] about it. He has funding to do 2 boxes. Hopefully thats helpful.

2:22 PM

Looks like Caltrans got to the big camp by the foot bridge.

2:36 PM

+1 [REDACTED]

Woohoo!!!!

2:36 PM

+1 [REDACTED]

I'm told Northtown Books is moving into Daisy Dry Goods because their building has a structural problem. Also that Tri Cities Bank is closing and putting their building on the market.

2:43 PM

Good intel.

3:06 PM

Friday, April 16, 2021

[REDACTED] expects to be here between 2-3:30, could we plan to walk at 4?

11:01 AM

+1 [REDACTED]

Yes

11:02 AM

Thanks

11:05 AM

+1 [REDACTED]

Thanks for finding time for me. Where do you want to go? Its still your birthday week 😊

11:26 AM

Let's try for west end road trail? I will text when [REDACTED] arrives and when we are done. Thanks

11:27 AM

+1 [REDACTED]

Sounds good

11:27 AM

Sorry back to 2:00- [REDACTED] will be here at 4:30 ish so let's do west end road - I should just be back by 4. Thanks

11:29 AM

+1 [REDACTED]  
Okay 😊 11:29 AM

+1 [REDACTED]  
Want me to pick you up? 11:29 AM

[REDACTED]  
Sure 12:17 PM

+1 [REDACTED]  
I'm here 1:55 PM

[REDACTED]  
Great 1:57 PM

+1 [REDACTED]  
The flight to Denver is resuming starting June 3rd 3:35 PM

[REDACTED]  
Yeah 3:37 PM

[REDACTED]  
The camp cleanup was on 11th behind speedy wash - also good but more work to do. 3:38 PM

+1 [REDACTED]  
Okay thanks. I hope you have a great night. 3:38 PM

[REDACTED]  
You to ☀️ 3:53 PM

[REDACTED]  
just came in the market 4:07 PM

[REDACTED]  
On the market 4:07 PM

+1 [REDACTED]  
Okay thanks! 4:07 PM

Saturday, April 17, 2021

+1 [REDACTED]  
My legs are sore! Did everything go well? 6:15 PM

Everything seems  
Good until I left about 4....I definitely got some  
Sun :) hope you are not too burned and that you sleep well. 7:22 PM

+1 [REDACTED]  
Thanks. Hope you have a great night. 7:44 PM

Sunday, April 18, 2021

+1 [REDACTED]  
I'm sorry to hear about the homicide. I really appreciate you. I  
hope you're able to get some rest. 10:45 AM

Tired of drug dealers....the sun is coming out now....the day is  
looking brighter. Hope you get out and enjoy yourself :) 1:25 PM

+1 [REDACTED]  
My legs are too sore lol. Trying to rest up so I can walk tomorrow. 1:26 PM

+1 [REDACTED]  
Fickle Hill tomorrow? Want me to pick you up? 7:01 PM

Sounds perfect- hope you have a good night 7:01 PM

+1 [REDACTED]  
You too. 7:03 PM

Monday, April 19, 2021

+1 [REDACTED]  
Will you please call me when you have a few minutes? 4:22 PM

Tuesday, April 20, 2021

+1 [REDACTED]  
Good morning. How are you feeling? 9:19 AM

+1 [REDACTED]  
Do you have a few minutes? 1:18 PM

I am free from 3:00-3:15- call my home number. Thanks 2:45 PM

Wednesday, April 21, 2021

+1

Good morning. Are you feeling better today?

8:51 AM

I am .....back to 80% or so- how are you feeling?

10:25 AM

+1

That makes me happy to hear. I have a lot of anxiety. I did sleep better last night. I feel like somethings wrong with me. My medications aren't right or something. I really feel like it's a chemistry problem. It's frustrating because it's so hard to figure out. I'm so worn out from feeling like this. Your support means so much to me. I just have to not give up.

10:31 AM

I love that you often say you are not giving up- it is perhaps the most important focus you can have. I hope your med doc has some options for you Thursday and that you got a little rest last night.

11:12 AM

will have to recuse herself for the short stay rental item.

6:06 PM

+1

Okay

6:07 PM

That is

6:14 PM

+1

Outside your office?

6:15 PM

Yes

6:15 PM

+1

He was shaving in the reflection of the glass over here.

6:15 PM

+1

You wrote a beautiful letter 😊

6:45 PM

Lol

6:46 PM

Thursday, April 22, 2021

+1

Talked to my doctor. He said I have [REDACTED] and he gave me a new medication for it. It makes me sad. Another pill to take. It makes me feel like I'm losing my struggle with my mental health.

1:05 PM

+1

I hope you're feeling better.

1:05 PM

Talking with [REDACTED] - will call you soon

1:39 PM

Friday, April 23, 2021

+1

Good morning.

10:13 AM

Good morning, are you doing alright?

10:29 AM

+1

My mind is kind of torturing me. I keep dwelling on the letter. Im so sorry.

10:31 AM

We will walk it out today.

10:32 AM

+1

That makes me feel better.

10:35 AM



10:37 AM

+1

I really appreciate you.

10:40 AM

Sunday, April 25, 2021

+1

Are you having a good weekend?

6:54 PM



[REDACTED]

Please tell me it is Saturday :) yes all good- how about your? Forest tomorrow? 7:02 PM

+1 [REDACTED]

😊 Mine has been okay. Feeling better. Pick you up at 11? 7:04 PM

[REDACTED]

Glad to hear- Sounds great- see you at 11 7:07 PM

Tuesday, April 27, 2021

+1 [REDACTED]

We need to get that group to do the Josiah mural on the footbridge. 6:16 PM

Wednesday, April 28, 2021

+1 [REDACTED]

Did you have a good day? 5:35 PM

[REDACTED]

Good n plenty :) how about you? 5:55 PM

+1 [REDACTED]

It's been okay. Didn't have much to do but tomorrow will be busier. I hope you have a great evening and rest well. 5:57 PM

[REDACTED]

You to- rest and enjoy - 🌞 8:30 PM

Thursday, April 29, 2021

[REDACTED]

Just FYI ~ sunrise rotary is making lunch for the vaccine team at the community center next Friday. [REDACTED] is coordinating. Just wanted you to know since it is your club :) 2:09 PM


+1 [REDACTED]

Thank you 😊 2:10 PM

+1 [REDACTED]

Did you have a good day? 6:09 PM

[REDACTED]



6:18 PM

[REDACTED]

It is ending well:) how about you?

6:18 PM

+1 [REDACTED]

Good for you! My day was okay. Looking forward to our walk tomorrow. Dunes?

6:21 PM

[REDACTED]

Sounds good- have a good night.

6:39 PM

+1 [REDACTED]

You too.

6:42 PM

Friday, April 30, 2021

[REDACTED]

Shall we meet at the front parking lot at 2?

11:20 AM

[REDACTED]

at the dunes?

11:20 AM

+1 [REDACTED]

Sounds good

11:21 AM

Sunday, May 2, 2021

+1 [REDACTED]

Pick you up at 10:50ish tomorrow?

8:02 PM

[REDACTED]

Sounds perfect- did you have a good weekend?

8:02 PM

+1 [REDACTED]

Yes. Thanks for asking 😊 Had drinks with [REDACTED] and [REDACTED] on Friday and just got back from a small party at [REDACTED] house. How was your weekend?

8:04 PM

Also good :) not as full of events :) look forward to catching up  
have a good night 8:15 PM

+1 [REDACTED]  
You too. 8:33 PM

Monday, May 3, 2021

+1 [REDACTED]  
I'm here 10:53 AM

Tuesday, May 4, 2021

+1 [REDACTED]  
How was your Skywalk tour? 1:22 PM

I thought they did a great job- the forest looked beautiful  
yesterday. I hadn't been to the zoo in years so seeing it all grown  
up was fun also. How is your day going? 1:23 PM

+1 [REDACTED]  
Glad it went well. My day is going okay. My Dogecoin keeps going  
up 😊 its fun to watch. 1:28 PM

I checked it today- almost doubled your money :) 1:28 PM

+1 [REDACTED]  
I now have 2600 coins which cost me \$1K. Wish I could buy more  
but I have to wait for my next deposit to process. 1:32 PM

Wow :\$ very cool- look out Alaska here you come! 1:33 PM

+1 [REDACTED]  
😊 1:39 PM

+1 [REDACTED]  
Can I go to lunch with you guys on Thursday? [REDACTED] said she's  
going. 1:53 PM

I am meeting with [REDACTED] at lunch on Thursday - perhaps he invited [REDACTED] - all fine with me. 2:19 PM

+1 [REDACTED]  
Yes that's what I was referring too. He invited [REDACTED]. Thanks! 2:20 PM

+1 [REDACTED]  
I might go to Santa Rosa this weekend. Do you have any recommendations on places to stay? 7:36 PM

Hum.....we have been staying at the geyersville inn....I used to stay at the hotel la Rosa in the "carriage house rooms" but haven't been there in years....are you looking to be walking distance to things? Or just a get away? 7:42 PM

+1 [REDACTED]  
I was going to get my oil changed on Saturday and figured I'd make a weekend of it. Doesn't have to be in walking distance. 7:53 PM

Wednesday, May 5, 2021

+1 [REDACTED]  
Do I need a script? We made one for the goal Setting meeting I had to run. 4:20 PM


Printing it for you now :) so glad you are feeling ok this far 4:25 PM

+1 [REDACTED]  
Thank you 4:25 PM

+1 [REDACTED]  
Goal: done by 730 7:00 PM

Lofty indeed- but you are doing great 7:00 PM

+1 [REDACTED]  
This presentation is longer than 15 minutes 7:11 PM

+1 [REDACTED]  
 7:11 PM

Maybe 15 in the money? 7:12 PM

+1 [REDACTED]

Public comment is going to kill my goal. I amend it to 745 7:25 PM

Very fair adjustment 7:25 PM

I will be happy for 8 7:25 PM

+1 [REDACTED]

Yeah its probably going to be 8 7:26 PM

+1 [REDACTED]

So we'll probably do the "dry run" of the budget after your trip? 7:27 PM

Yes- it will be cleaner to work through. 7:29 PM

Part car raised his hand after public comment was closed 7:50 PM

+1 [REDACTED]

[REDACTED]? Lol 7:53 PM

Totally worth the extra comment 7:54 PM

+1 [REDACTED]

😂 7:54 PM

Sunday, May 9, 2021

+1 [REDACTED]

Happy Mother's Day. When is [REDACTED] Day? 😊  
Are you having a good weekend? 4:39 PM

Lol-  
I hope You had a great getaway. It was beautiful here. 5:18 PM

+1 [REDACTED]

It was good to getaway. Dunes tomorrow? Pick you up at 10:50ish? 5:23 PM

[REDACTED] 5:24 PM

Sounds perfect- morning winds are lighter. Have a good night

+1 [REDACTED] 5:24 PM

You too.

Monday, May 10, 2021

+1 [REDACTED] 10:49 AM

I'm here

[REDACTED] 10:51 AM

At your car


+1 [REDACTED] 7:55 PM

I feel a lot better after our talk today. I appreciate you so so much. I hope you rest well tonight.

[REDACTED] 9:14 PM

I do as well-must be the magic of the dunes :)

+1 [REDACTED] 9:17 PM



Tuesday, May 11, 2021

+1 [REDACTED] 4:54 PM

How's your day been?

Wednesday, May 12, 2021

+1 [REDACTED] 6:19 PM

I'm going to miss you SOOOOO much!! You've been such a vital part of me getting better and you're such an amazing person. I'm really happy for you taking a vacation and I hope you have so much fun. Thanks for endlessly supporting me. I hope you sleep so well tonight and I hope you travel safe tomor

[REDACTED] 7:11 PM

Thanks. I also hope you have a great family visit. Time continues to feel short and taking out time For family is important. I learned three new forest flowers today for us to look for upon our return!

+1

Flower hunting sounds fun 😊 I am looking forward to seeing my family and my Dad's ashes at my sister's house. Hopefully it will bring me some closure. Thanks for always making me feel better. Goodnight

7:31 PM

Goodnight

7:35 PM

Thursday, May 13, 2021

+1

Wish me luck tonight. Is your travel going well?

2:37 PM

+1

If people ask why can't the city run a camp if AHP doesn't want to do it, what do I say?

4:28 PM

You will do fine tonight- and will be there. The county has staffing expertise to operate shelter type services- for the city to operate we would have to find a group like arcata house partnership to partner with- or put out a request for groups to operate- the challenge is there are not non profit shelter operators in the area other than AHP or the mission so we need to work together.

4:34 PM

+1

Thank you. Is your trip going well?

4:35 PM

Got here about an hour ago- all good :)

4:38 PM

+1

Glad to hear it. I'll let you know how the meeting goes. I'll email you if it's too late.

4:39 PM

Thanks

4:45 PM

+1

Kind of a shit show. Lots of angry business people. [REDACTED] kept talking about the emergency shelter property in Aldergrove so they turned their attention to that. [REDACTED] is going to look at the property and see if she can make it work. Then they want it on the June 2nd agenda. [REDACTED] just called Arcata a shit hole and everyone agreed.

8:13 PM

[REDACTED]  
Sorry it sounds like a hard meeting.

8:14 PM

+1

And they are also angry about the defending of the police department. It's okay. Sorry to bother you with it on your vacation. Have a good night.

8:15 PM

+1

Defunding

8:15 PM

[REDACTED]  
There are very mixed feelings about defunding. We certainly do not have enough money to fund the police level that some want. Hopefully a few other ideas came out. Have a good night

8:18 PM

Friday, May 14, 2021

+1

I hope you had a great day and I hope you have a good night.

6:33 PM

[REDACTED]  
Super full day -hope your day was good and you are doing well. I hope last night's meeting is into perspective- arcata is far from a shit hole.

6:50 PM

+ [REDACTED]



6:50 PM

+1

Not bad here :)

6:50 PM



+1

Beautiful. Thanks so much for sharing 😊 My day was fine. You're a big part of why Arcata is a great city.

6:52 PM

+

The truth is the community makes it what it is...the group you met with is one voice- and we have lots of work to do but that doesn't make it all bad- there is so much good- and so exciting to see the support come through!

6:54 PM

+1

I agree. You're still awesome 😊

6:56 PM

+

Thanks- have a great night.

6:57 PM

+1

You too.

7:00 PM

Sunday, May 16, 2021

+1

The graduation was very fun....great to be reminded of what an accomplishment it is - safe travels tomorrow. I hope you are feeling well!

3:47 PM

+1

I'm glad you had fun! I'm feeling okay. Thank you and I hope you have a great night.

3:50 PM

+1

You to.

6:45 PM

Monday, May 17, 2021

+1

Hi. Hope you're having a great day. What's the closed session for? I didn't see it on the agenda.

2:33 PM

+1

I just saw it post also- looks like litigation.

2:34 PM

+1

Okay thank you. Are you doing well?

2:35 PM

+1

Beautiful day :) hope you are good

2:43 PM

+1

Glad to hear it. I'm doing okay. Just got to the airport.

3:21 PM

Wishing you fun memory making adventures ahead :)

3:35 PM

+1

Thank you. You're the best.

3:35 PM

+1

My Arcata flight was delayed an hour but I still made my connection. Leaving San Francisco now. I hope you have a great night with your family.

6:21 PM



6:26 PM

Literally my view right now :) have a great trip!

6:26 PM

+1

Beautiful. Thanks for sharing.

6:27 PM

Tuesday, May 18, 2021

+1

I only got a few hours sleep last night but I guess I'm feeling okay. Had breakfast with my mom and uncle. Visiting with my grandma. How are you?

11:28 AM

I am glad to hear you are getting to visit family today. I hope it helps with your sleep tonight :) a good day here - beautiful spring weather, the orioles are back, lots of turtles and geese with goslings around..... good signs of life and health :)

12:26 PM

+1

I'm glad you're enjoying your vacation. I had my favorite Mexican food for dinner and spending time with my sisters family. I hope you have a great night.

6:06 PM

© 2006 The Authors

+1

\_\_\_\_\_

+

9:07 AM

\_\_\_\_\_

9:20 AM

██████████



██████████

12:02 PM

© 2006 The Authors  
Journal compilation © 2006 Blackwell Publishing Ltd

Yes

12:03 PM

\_\_\_\_\_

5:56 PM

---

6:02 PM

© 2006 The Authors  
Journal compilation © 2006 Blackwell Publishing Ltd

6:09 PM

\_\_\_\_\_

6:16 PM

+1

Hope everything is going well. Mostly I hope you're able to rest well and you feel better in the morning.

7:34 PM

Lots of comments -

Almost exclusively in favor of the project. Next meeting after the EIR is done. All good here. Hope you sleep better tonight.

7:36 PM

Thursday, May 20, 2021

+1

View of the desert floor from the tram and the state park on top

2:13 PM

+1



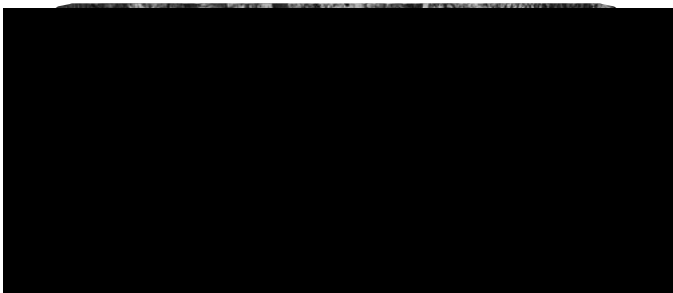
2:19 PM

+1



2:20 PM

+1



2:28 PM

+

Wow- the oldest son looks like you. What a beautiful day. A bit of rain here today but I did brave a real swim and it felt great!

3:37 PM

+1

I'm glad you were able to go for a swim! I hope you have a great night 😊

5:53 PM

+1 [REDACTED]  
Can we talk for a few minutes tomorrow? 7:23 PM

+1 [REDACTED]  
Sure- is there a time that is good for you? 7:47 PM

+1 [REDACTED]  
How about 10:30 my time? Really whatever is best for you. 7:48 PM

+1 [REDACTED]  
I get up at 8 so it can be earlier too 7:48 PM

+1 [REDACTED]  
I am pretty free- will text in the morning :) have a good night zzz 9:21 PM

+1 [REDACTED]  
You too. 9:21 PM

Friday, May 21, 2021

+1 [REDACTED]  
Our day just got started and we are heading to get food as the power is out. Could I call you a little later? 10:22 AM

+1 [REDACTED]  
Yes of course. 10:23 AM

+1 [REDACTED]  
I really appreciate you. I feel like I'm better on the outside but still have some work to do on the inside. You're the only person I'm comfortable sharing my inner thoughts with. I'm so grateful for you. I hope you had fun on the lake. 6:22 PM

+1 [REDACTED]  
Me and my sister lol. Hope you have a great night. 8:20 PM



+1

8:20 PM

+1

That is adorable- love the smile!! Have a good nights rest

10:21 PM

Saturday, May 22, 2021

+1

I went through some of my dad's things today. He saved so many pictures of me and my sister. Saved old cards and writings we gave him. He really loved us. It makes it even harder to believe he would take his own life. It was a little sad but glad I did it. Is the weather nice today?

11:42 AM

+1

What a sad and healing day. I know you never doubted his love for you but what a wonderful reminder of how proud and connected he felt to you. Cloudy and windy here....but still wonderful. Safe travels home today.

12:27 PM

+1

You're the best. At the airport in Palm Springs. I hope you're able to have some fun and enjoy your family on your last day of vacation.

2:21 PM

+1

The sun is coming out for the cocktail hour :) have a great night

2:51 PM

+1

😊 you too. I'll let you know when I make it home safely.

2:52 PM

+1

Made it back to Arcata. Hope you sleep well tonight.

8:11 PM

+1

Great to hear! Packing up now. Have a good night

8:11 PM

Sunday, May 23, 2021

+1

I hope your travel is going well!

12:10 PM

+1

Everyone loves a 5 hour visit to the Denver airport :) keep Arcata Fog free tonight :)

12:24 PM

+1

Awe. I'm sorry. I'll do my best 😊 it's pretty sunny right now.

12:25 PM

+1

Let me know when you make it home safe 😊

12:29 PM

+1

Made it to San Fran.....however too late for our connection....can't get us out until Wednesday so looking at renting a car...will make it home sometime tomorrow.  
Very nice people....everyone is very understaffed - tough year in the travel business :)

8:16 PM

+1

Oh no!! That's so sad. I'm sorry you have to deal with that. I was really looking forward to seeing you tomorrow. Do you have any time for me Tuesday or Wednesday?

8:23 PM

+1

I mostly care about you and I'm sorry you have to deal with that. I also miss you.

8:24 PM

+1

I'd come and pick you up if you wanted me to.

8:26 PM

+1

That is very nice - I think I have a car confirmed for tomorrow- once I have a better idea on time we can find a time to fit in a walk.

8:39 PM

+1

Okay. Don't hesitate to ask if you need a ride. I can be there in 5 1/2 hours. It's okay if you don't have time for a walk. I just need enough time to give you a big hug 😊 Best of luck and I hope you have a good night.

8:42 PM

+1

Thanks- have a good night

8:49 PM

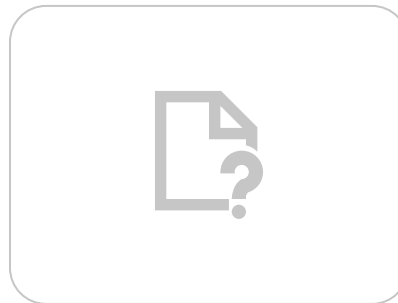
Monday, May 24, 2021

+1

Safe travels today. Please let me know when you make it home safe.

7:54 AM

+1



7:55 AM

Will do - heading to hertz - fingers crossed the car is real :) very quiet at the Hyatt.....

7:55 AM

+1



7:56 AM

+1

Everything okay?

5:01 PM

+1

All good :) back in eureka- just dropped rental can and heading to get my car and dog :) yeah!!!

5:06 PM

+1

So glad to hear it. It must feel nice to finally be home. Am I lucky enough to be able to visit you tomorrow? 😊

6:19 PM

+1

So far it looks like I am free from 8-9 and 1-2

6:40 PM



+1

I'll be there at 1! Thank you. I can't wait 😊 I hope you have a good night.

6:42 PM

+1

Maybe we can walk around town.

6:43 PM

+1

Unless you need to work.

6:43 PM

+1

A walk will be great! See you the / have a good night

6:48 PM

Tuesday, May 25, 2021

+1

Monday is a holiday? May we please reschedule our walk for Tuesday or Wednesday?

4:38 PM

+1

Unless you still want to walk that day.

4:41 PM

+1

I also need to remember to pay you back the \$30 I owe you for the check you wrote to pay my fee to the county voters office. Thanks for doing that.

5:53 PM

+1

I was going to give a check to [REDACTED] but she told me you already paid for it.

5:54 PM

+

I just sent an invite to meet Tuesday- Monday could also work so let me know which is better. I also moved our Friday in June for later in the day so you should see that one come through. I didn't donate to measure A so no need to pay me back :) I have the mug as a memory :) thanks! It was great to get outside today.

6:15 PM

+1

Monday or Tuesday is 100% up to you. Whatever is best for your schedule. You're the best. I hope you have a good evening and sleep so well tonight.

7:32 PM

+1 [REDACTED] 8:22 PM

+1 [REDACTED] 8:17 PM

Lets do Monday. Unless you don't want to 😊 really whatever best for YOU.

Wednesday, May 26, 2021

+1 [REDACTED] 5:32 PM

Did you have a good 2nd day back?

+1 [REDACTED] 6:02 PM

Making up for lost time :) lol/ how was your day?

+1 [REDACTED] 6:28 PM

Thanks for all the time you give me. My day was okay. I got an NDA from the person who wants to make a large order so seems like it's moving forward. Tomorrow I'm working on installing the new Plaza cameras. You're THE BEST. I hope you have a good night.

+1 [REDACTED] 7:30 PM

Wow- That is great news! Can you negotiate at least an endorsement from the buyer for your product? I don't know how that works but hope you have a lawyer :) hope you have a good night.

Thursday, May 27, 2021

+1 [REDACTED] 10:24 AM

Can we get the tree trimmed by caravan of dreams on h Street? It's blocking the view of the Plaza for the camera. Doesn't have to be today.

+1 [REDACTED] 10:37 AM

Nevermind. I think we have it figured out.

+1 [REDACTED] 10:42 AM

Yes and great- way to save the tree :)

+1 [REDACTED] 11:06 AM

😊

+1



11:06 AM

+1

Could you possibly do 230 tomorrow? It's okay if not.

4:09 PM

+1

That works fine :) great camera pic- hope your day is going well

4:41 PM

+1

My day has been okay. Got three cameras installed but still need to finish setting them up. Maybe this weekend. How's your day been?

4:44 PM

+1

Look at these little baby peaches on the tree at my shop. I'm going to bring you so many peaches! 😊

4:45 PM

+1



4:46 PM

+1

Wow! Right on Alliance - can't wait 😊

4:47 PM

+1

Did you have a good day?

4:53 PM

+1 [REDACTED]  
Yeah - it's been productive. Heading to Septentrio to pick my first club order 6:03 PM

+1 [REDACTED]  
Good for you! Looking forward to our walk tomorrow. Dunes? Want me to pick you up? 6:15 PM

+1 [REDACTED]  
Sure- Sounds good. Are you going to the ribbon cutting at 4? 6:16 PM

+1 [REDACTED]  
I was going to ask you the same thing. Yeah I think so. Do you want to be there for the actual ribbon cutting? I think it's 4-6. 6:17 PM

+1 [REDACTED]  
Maybe try by 4:15? 6:18 PM

+1 [REDACTED]  
Sounds good. I bet we could do our dune walk and make it on time too if we wanted. I hope you have the best night. 6:32 PM

+1 [REDACTED]  
Agreed and you to! 6:33 PM

Friday, May 28, 2021

+1 [REDACTED]  
Can you leave earlier if I get there early? Might be able to be there closer to 2. 1:11 PM

+1 [REDACTED]  
Yeah this isn't taking me as long as I thought. I can be there by 2. 1:15 PM

+1 [REDACTED]  
Either time still works for me 1:19 PM

+1 [REDACTED]  
Ok I'll be there around 2 1:20 PM

+1 [REDACTED]  
I'm here 2:00 PM

Saturday, May 29, 2021

+1 [REDACTED]  
\$42,500? 🙄 Did you have a good day? 6:14 PM

+1 [REDACTED]  
You are a tough negotiator- lol. Lots done today :) hope your day was also productive ☀️

7:49 PM

+1 [REDACTED]

Glad to hear it. I hope you have a really good night.

7:53 PM

+1 [REDACTED]

You're so the best. I appreciate you so so much. You're such an amazing friend. Just wanted to tell you that. Goodnight.

9:52 PM

+1 [REDACTED]

Thank you- sleep well.

10:29 PM

Sunday, May 30, 2021

+1 [REDACTED]

Are you having a good day?

6:23 PM

+1 [REDACTED]

Yeah- it had been pretty productive and a few over for Sunday night dinner :) how about you ?

6:34 PM

+1 [REDACTED]

I'm glad. My day has been okay. Pick you up at 10:50ish tomorrow for the forest?

6:45 PM

+1 [REDACTED]

Sounds good - I have 3 pictures of flowers for us to find tomorrow :)

7:04 PM

+1 [REDACTED]

That sounds fun! I hope you have a really nice evening.

7:15 PM

Monday, May 31, 2021

+1 [REDACTED]

What should I tell [REDACTED] about the Hampton Inn lot? I talked to the chief and he basically said we can't do anything right now and the property owners aren't responsive.

1:25 PM

+1 [REDACTED]

I suggest that you tell her that as she knows it is private property and that we will continue to enforce when it becomes a nuisance. It is a challenging process because once it is cleared the process starts again.

1:41 PM

+1

Thanks. It was a good walk. I've been feeling a little down but it made me feel a little better. I really appreciate you.

1:43 PM

+1

It was fun finding a few of the flowers today. Thanks

1:43 PM

Tuesday, June 1, 2021

+1

Hi. Are you having a good day?

5:00 PM

+1

How can it already be after 5 - yes, it has been a good day...we will start tomorrow at 5:45 with interviews- holding on negotiations until your budget meeting. Have a great night

5:18 PM

+1

Is it okay if I get there at 515 tomorrow to visit with you?

5:21 PM

+1

Sure :)

5:21 PM

+1

You're the best. Hope you have a good night, too.

5:22 PM

Thursday, June 3, 2021

+1

This is my moms new flooring "Humboldt Harbor" and she says the dog approves lol

4:53 PM

+1



4:53 PM



4:53 PM

+1 [REDACTED]

That is really funny/ so glad it passed the test! How are you doing today?

4:54 PM

+1 [REDACTED]

I'm doing okay 😊 how are you?

4:57 PM

+1 [REDACTED]

Not as good as the dog- that's the life! But doing well today.

5:01 PM

+1 [REDACTED]

I'm glad to hear that. Dunes tomorrow if it's not too windy?

5:09 PM

+1 [REDACTED]

Sounds good 🔥

5:13 PM

+1 [REDACTED]

I'll see you tomorrow at 1230. I hope you have a great night!

5:16 PM

+1 [REDACTED]

We have economic recovery tomorrow right?

5:43 PM

+1 [REDACTED]

Yep....we will see who show up

5:43 PM

+1 [REDACTED]

Shows up :)

5:43 PM

+1

Okay have a good night!

5:48 PM

+1

You to

5:49 PM

Sunday, June 6, 2021

+1

Hi. Are you having a good weekend?

5:55 PM

+1

Yeah- it has been beautiful - how about you?

6:20 PM

+1

It is. Mine has been okay 😊 Pick you up tomorrow?

7:17 PM

+1

Sounds Good - have a hood night

7:42 PM

+1

And a good night :)

7:42 PM

+1

You too 😊

7:43 PM

Monday, June 7, 2021

+1

My meeting took only 8 minutes 😊

1:09 PM

+1

Sounds like you are getting things on the right track!

1:22 PM

Tuesday, June 8, 2021

+1

Hi 😊 Are you having a good day?

4:43 PM

+1

Pretty good- how about you?

4:45 PM

+1

Not too bad. Hopefully finishing the camera installation tomorrow. You're the best. I hope you have a good evening and that you sleep really well.

4:50 PM



Wednesday, June 9, 2021

+1

Hi. Are you having a good day?

5:07 PM

+1

Over-zoomed today....but all good. How about you?

5:21 PM

+1

Awe. Your poor eyeballs 😊 My day is fine. Working on cameras right now. Thanks for always letting me check in with you! Helps me get through my days. You're the best. I hope you have a great night.

5:24 PM

+1

Meeting [REDACTED] for a drink 🍹 -

Finally trying to say thank you- feels good to be digging you a little.

5:38 PM

Look forward to seeing your camera angles- lol -

Thanks for doing that - I hope we never need them:)

+1

I dig you too 😊 had some technical difficulties today so working on cameras again tomorrow. Slowly but surely. The Plaza looked nice. Looks like Campground is taking down their outdoor seating?

7:04 PM

+1

Lol....so sorry I meant to say feel good to be digging out a little. Yes- came to campground and checked on the seating- they are working to remove it. Neighbor will be happy but the outdoor dining has been nice.

7:35 PM

+1

I figured that's what you meant 😊 I hope you have the best night.

7:47 PM

+

You to

8:04 PM

Thursday, June 10, 2021

+1

Did you have a good day?

5:13 PM

+1

I did....how about you?

5:48 PM

+ [REDACTED]  
I may need you to drop me in eureka after our walk tomorrow - my windshield is getting replaced but I will ask what time it will be done when I bring it in. Maybe I can get it earlier. 5:49 PM

+1 [REDACTED]  
My day is okay. Cameras are delayed until we can get suddenlink there to look at the internet connection. I would be more than happy to drop you off 😊 5:52 PM

+1 [REDACTED]  
We can just plan on me dropping you off if you want so you don't have to mess with it during the day. 5:54 PM

+1 [REDACTED]  
They might make you leave it all day so the adhesive on the windshield can dry. 5:55 PM

+ [REDACTED]  
thanks- sounds like a plan. Have a great bday party! 5:57 PM

+1 [REDACTED]  
Thanks. Hopefully we can still walk tomorrow with the weather. Have a great night. 5:58 PM

+1 [REDACTED]  
You to 6:05 PM

Friday, June 11, 2021

+1 [REDACTED]  
Do you know about [REDACTED] resigning? 1:01 PM

+1 [REDACTED]  
I do- Working up a press release now- call when your free or we can talk when your done with your party :) 1:02 PM

+ [REDACTED]  
Take your time at the party....I will be working tomorrow :) and we can talk budget if that works for you. 2:20 PM

+1 [REDACTED]  
Okay 😊 2:24 PM

Saturday, June 12, 2021

+ [REDACTED]

Heading in

11:54 AM

+1 [REDACTED]

I'm here

12:01 PM

+1 [REDACTED]

View of the liquor store and the view zoomed in

3:31 PM

+1 [REDACTED]



3:31 PM

+1 [REDACTED]



3:32 PM

+1 [REDACTED]

9th street

3:32 PM

+1 [REDACTED]



3:32 PM

+1 [REDACTED]

Problem with camera looking over the whole Plaza. Will have to work on it.

3:32 PM

[REDACTED]

Looks good!

3:33 PM

Would you be available to walk at 1:30 Monday instead of 11? 7:14 PM

+1

Yes 😊 I was thinking we could delay the council office for another year and there's another \$14K. Just a thought. 7:19 PM

+1

Unless you want to keep it as a buffer 7:19 PM

+1

I replied and I just tried to call you. 7:19 PM

+1

Yes 😊 I was thinking we could delay the council office for another year and there's another \$14K. Just a thought. 7:19 PM

+1

Unless you want to keep it as a buffer 7:19 PM

+1

Did you get my reply? 7:19 PM

Sunday, June 13, 2021

+1

Are you having a good weekend despite the rain? 4:10 PM

+1

Love the rain...so wish the days would slow down....but ready for the week ahead. How about you? 5:57 PM

+1

The days do seem to be flying by. I know what you mean. For a while there I wanted them to pass faster but now it feels like things are going too fast. I'm very grateful for the 2 and half hours you gave me on your Saturday to go over the budget with me. It makes me feel prepared. You're the best. Pick you up tomorrow at 1:20ish? 6:09 PM

+

Sounds good- have a great night 8:12 PM

+1

You too 8:13 PM

Monday, June 14, 2021

+1 [REDACTED]

Can we please keep our budget conversation between you and me for now? I want to talk to you more about it first.

8:56 AM

I would keep it that way anyway :) my dentist also just cancelled - I actually don't think I ever had an appt. you pick 11 or 1:30

9:01 AM

+1 [REDACTED]

I figured you would. I don't know why I was worried about it. Lets keep 130 then we can do the dog park meeting right after. You're the best.

9:03 AM

+ [REDACTED]

Sounds good- I meet with [REDACTED] at 12:30 and will try to be done right by 1:30

9:06 AM

+1 [REDACTED]

Okay. We'll make it work.

9:07 AM

+1 [REDACTED]



9:12 AM

+1 [REDACTED]

Here

1:27 PM

Tuesday, June 15, 2021

+1 [REDACTED]

How's your back today?

12:56 PM

+1 [REDACTED]

Headed in the right direction. How are you today?

1:00 PM

+1 [REDACTED]

I feel a little down but I'm mostly okay. I'll snap out of it 😊

1:02 PM

+ [REDACTED]

It is kind of a weird day. See you soon

1:20 PM

+1 [REDACTED]

Please come in when you're done

4:39 PM

+1 [REDACTED]

I bet you a glass of wine that calling someone an expert and giving them extended time is legit 😊

5:42 PM

+1 [REDACTED] Deal:) lol 5:43 PM

+1 [REDACTED] isn't feeling well 6:37 PM

+1 [REDACTED] Maybe check on her if you can sneak away? 6:38 PM

+1 [REDACTED] Will do 6:38 PM


Wednesday, June 16, 2021

+1 [REDACTED] I'm sorry. I feel weird today. 3:09 PM

+ [REDACTED] I hope you feel better soon:) 3:16 PM

+1 [REDACTED] You're the best. 3:21 PM

+1 [REDACTED]

 6:23 PM

+1 [REDACTED] Is [REDACTED] here? 6:26 PM

+ [REDACTED] They are all here :) 6:26 PM

+1 [REDACTED] Do you want to point out the 10 vs 11 businesses aspect? 6:37 PM

+ [REDACTED] 9 vs 10? 6:38 PM

+ [REDACTED] I don't think we get to 11 :) 6:39 PM

+1 [REDACTED] She thinks it's a permit 6:39 PM

+1 [REDACTED] 6:39 PM  
She gets it

+1 [REDACTED] 6:40 PM  
She said permit twice

[REDACTED] 6:40 PM  
The permit is holding the space

+1 [REDACTED] 6:53 PM  
You're fine

+ [REDACTED] 6:54 PM  
I got it now - you were right

+1 [REDACTED] 7:24 PM  
Will you write my evaluation for me? Lol

+ [REDACTED] 7:24 PM  
Lol

+ [REDACTED] 7:24 PM  
We can do it together

+1 [REDACTED] 7:25 PM  
"Supremely talented"

+ [REDACTED] 7:26 PM  
Can I turn my camera off

Thursday, June 17, 2021

+1 [REDACTED] 4:53 PM  
Are you having a good day?

+ [REDACTED] 5:00 PM  
Yeah- how about you.

+1 [REDACTED] 5:02 PM  
I'm okay. Missing my dad a little bit.

+1 [REDACTED] 5:06 PM  
I hope your back is feeling good enough for a walk tomorrow. It's okay if it's not. I hope you have a very nice evening and you sleep well.

+ [REDACTED]  
I figured it could be a hard week around Father's Day. My back is 50/50 at this point but I am hopeful....might be slower

5:07 PM

+1 [REDACTED]

I'll get the special wheel chair for you 😊 have a great night.

5:17 PM

+ [REDACTED]  
I fear that takes me out of the "[REDACTED]" category- lol- have a good night

5:18 PM

Friday, June 18, 2021

+1 [REDACTED]

Half off? Or no deal?

12:46 PM

+ [REDACTED]  
Either works- I am hoping the covid CBDG would cover it once we get it

12:47 PM

+ [REDACTED]  
Do you want to ask about the CBDG

12:48 PM

+1 [REDACTED]

You go ahead because I'm not sure

12:48 PM



6:11 PM

+1 [REDACTED]

Im really sad but I appreciate you so much. I'm sorry it's taking so long for me to get better. I'm sorry for all the time I take. Im sorry for everything. I haven't cried in a long time. You mean so much to me.

6:53 PM

[REDACTED] 7  
Crying is very healthy - please expect sadness this weekend - missing your dad is real and requires time to grieve. You mean a lot to me as well. I hope to hear you are taking up tap dancing :) lol

7:15 PM



+1

Thank you for thinking of me and thank you for the text.

7:15 PM

+1

I might also be sensitive because of father's day. I don't know.

7:15 PM

+1

You made me feel so much better. You're the best. Thank you. I hope you have a nice dinner and a goodnight.

7:23 PM

You to- hope you enjoyed the show

7:32 PM

Saturday, June 19, 2021



10:11 AM

neighborhood listed under Coldwell sellers for \$520 ish

10:13 AM

+1

Thank you. I hope you have a nice day.

10:39 AM

+1

Thanks for thinking of me.

10:43 AM

+1

Are you having a good day?

5:20 PM

+1

I've been sad all day. I can't help but think about our conversation. I'm not worrying about. Just thinking about it.

5:26 PM

+1

I'm sorry to bother you. I'm just not feeling well. I thought I was done being sad. I'm so tired of feeling this way. You always make me feel better.

5:40 PM

+ [REDACTED]  
It was so beautiful out today- I do hope you soak in a little sun before it goes down. Understandably this weekend will not be all smiles- Go easy on yourself/ we are good. 6:38 PM

+1 [REDACTED]  
Thank you for writing me back. May I please call you tomorrow to check in? I promise I'll be less than 5 minutes. 6:41 PM

+ [REDACTED]  
Yes- I will text when I am free. Have a good night 6:41 PM

+1 [REDACTED]  
You too. 6:42 PM

Sunday, June 20, 2021

+1 [REDACTED]  
I've been so sad this weekend between missing my dad and thinking about our conversation. I miss my dad so much. He was such a good person. He was always so positive. You would have really liked him. It's still so hard to accept he did what he did. I love him so much. He was a good friend to me. 12:16 PM

+ [REDACTED]  
Are you free to talk? 12:54 PM

+1 [REDACTED]  
5 min? 1:07 PM

+ [REDACTED]  
Sounds good 1:08 PM

Monday, June 21, 2021

+1 [REDACTED]  
I'm here. No rush. 10:33 AM

Wednesday, June 23, 2021

+ [REDACTED]  
I am free if you are available. Thanks 12:56 PM

+1 [REDACTED]  
I'll be there in 10. 12:56 PM

Thursday, June 24, 2021

+1 [REDACTED]  
Is there money budgeted to fix the bicycle repair stations? 5:42 PM

+ [REDACTED]  
We have some maintenance money - yes 5:43 PM

+1 [REDACTED]  
Great 5:43 PM

+1 [REDACTED]  
Is your connection bad too? It's hard for me to hear some of the speakers. It keeps breaking up. 5:45 PM

+ [REDACTED]  
[REDACTED] is the only one breaking up for me 5:46 PM

+1 [REDACTED]  
Can I Comment now? I couldn't hear [REDACTED] 5:50 PM

+ [REDACTED]  
Sure 5:50 PM

+1 [REDACTED]  
Could you hear me? 5:51 PM

+ [REDACTED]  
You were broken up for 1 sec but your whole comment was clear 5:52 PM

+1 [REDACTED]  
It told me my connection was unstable and then disconnected me. I usually don't have a problem with it but my internet connection to the city is weak right now. 6:07 PM

+ [REDACTED]  
Do you know which network you are on? 6:08 PM

+ [REDACTED]  
Is it better? 6:09 PM

+ [REDACTED]  
You can sit at my desk 6:09 PM

+1 [REDACTED]  
COAWIFI which is the same one I always use. 6:09 PM

+1 [REDACTED]  
It's okay right now 6:09 PM

+1 [REDACTED]  
Thanks. If it gets worse again I will 6:09 PM

+1 [REDACTED]  
The signal strength went up and it seems to be working better. Did you do something? 6:13 PM

+ [REDACTED]  
I will it faster for you- lol 6:14 PM

+ [REDACTED]  
Urgh....I willed it faster for you 6:14 PM

+1 [REDACTED]  
😊 whatever works 6:14 PM

+1 [REDACTED]  
Is this is a good time to talk about banning more mini storage? 6:15 PM

+ [REDACTED]  
You can- not a bad time I just don't k ow what the legal background is for that- no harm bringing it up. 6:16 PM

+ [REDACTED]  
[REDACTED] also sounds clearer 6:18 PM

+1 [REDACTED]  
For me too 6:18 PM

Friday, June 25, 2021

+ [REDACTED]  
Do you want to meet at the dunes? 1:45 PM

+1 [REDACTED]  
Or I can pick you up. Whatever is best for you. 1:45 PM

+ [REDACTED]  
I will meet you there - heading out 1:46 PM

+1 [REDACTED]  
Ok 1:47 PM

Sunday, June 27, 2021

+1 [REDACTED]  
Hi. Are you having a good weekend? 4:12 PM

+ [REDACTED]  
Yeah- just pulled into geyerserville- 95 degrees. How about you? 4:20 PM

+1 [REDACTED]  
I've been sad. Thinking a lot. 4:22 PM

+1 [REDACTED]  
My obsessive thinking is my biggest problem. Hoping I can improve it with medication. 4:24 PM

+1 [REDACTED]  
I really appreciate you letting me check in with you today. 4:24 PM

+ [REDACTED]  
Yes- I hope the ability to calm your mind becomes your super power - but know that will take time. Relish the 60 degree evening :) 4:39 PM

+1 [REDACTED]  
You're the best. Thanks for not giving up on me. I hope you have a nice dinner. I hope you have a goodnight. 4:40 PM

+ [REDACTED]  
Walking to town for dinner- sleep well 5:22 PM

Sunday, July 4, 2021

+1 [REDACTED]  
Hi. Happy 4th. Are you having a good weekend? 4:50 PM

+ [REDACTED]  
All hood/ hope you are doing well. Out for a little bay cruise this evening / probably home before fireworks :) how are you? 7:08 PM

+ [REDACTED]  
I meant all good :) 7:08 PM

+1 [REDACTED]  
That sounds fun. I'm doing okay. Looking forward to our walk tomorrow. Pick you up at 10:50ish? 7:33 PM

+ [REDACTED]  
Sounds good- have a good nights 8:01 PM

+1 [REDACTED]  
You too. 8:01 PM

Tuesday, July 6, 2021

+1 [REDACTED]

How are you doing today?

2:46 PM

+ [REDACTED]

Pretty good- how are you?

3:03 PM

+1 [REDACTED]

I've been sad/feeling down. Woke up thinking about my dad. It's been almost a year. I wish it wasn't so hard still. I really miss him.

3:05 PM

+ [REDACTED]

I wish it was not so hard also. It will get easier.....a tincie bit everyday.

3:11 PM

+1 [REDACTED]

I appreciate you so much!!!! Thank you. I hope you have a good night.

3:13 PM

+ [REDACTED]

You to! See you tomorrow. ☀

5:30 PM

Wednesday, July 7, 2021

+1 [REDACTED]

Sorry I got mad at [REDACTED]. It's just frustrating. I pointed out to [REDACTED] we only had 3 council members and it needed 3 affirmative votes to pass so it seems like he called them and told them to delay it.

7:08 PM

+ [REDACTED]

Understand- I will check in with him.

7:18 PM

Friday, July 9, 2021

+1 [REDACTED]

Tool to trim brush at the dunes? Only if you want to.

12:37 PM

Sunday, July 11, 2021

+1 [REDACTED]

Hi. How are you? Are you having a good weekend?

5:59 PM

+ [REDACTED]

Pretty good. How has your weekend been? Anything fun?

6:41 PM

+1

I had fun on Friday playing golf and hanging out with friends but didn't really sleep Friday night. My grandma isn't doing well so I'm sad for my mom because she has to deal with it. I guess I'm okay other than that. Trying to get back to feeling better like I was a few weeks ago. I really really appreciate you. I know I say it all the time but I really mean it. Pick you up tomorrow at 10:50?

6:52 PM

+

Tomorrow sounds good-  
I hope you rest and grandma improves this week.

6:55 PM

+1

Thank you. I hope you have a good night.

7:03 PM

Monday, July 12, 2021

+1

There was an editorial in last week's MRU about how we need to rename the D Street Neighborhood Center because it confuses people and it mentioned . So I'm sure that's where the email came from.

12:53 PM

+1

Just want to let you know I'm rescheduling my ride a long for Wednesday at the same time. I hope you have a great night.

5:06 PM

+

Thanks for the opinion piece update- that makes more sense in the D Street Neighborhood Center email. I hope things are ok for you tonight.

5:13 PM

+1

I promise I'll have a good night 😊

5:22 PM

+



5:37 PM

Wednesday, July 14, 2021

+

Calcities conference Sept 22-24. There is a small discount if we register by July 16.  
Shall I register you?

10:02 AM

+1 [REDACTED]  
 Yes please 10:04 AM

+1 [REDACTED]  
 You really are the best. You do such a great job. Im so sorry I worry so much. I'm so grateful for your patience and tolerance of me. 10:13 AM

+1 [REDACTED]  
 I never want to make your job harder but I know I do sometimes. I'm sorry. I'm trying to get better. 10:14 AM

+ [REDACTED]  
 Thank you- through your worry we do identify what is most important to you :) 10:14 AM

+1 [REDACTED]  
 YOU'RE THE BEST. I hope you have a really good day. 10:17 AM

+ [REDACTED] 7  
 You to- first in person rotary meeting at noon today :) 11:35 AM

+1 [REDACTED]  
 I hope you enjoy it if you go. 11:35 AM

Thursday, July 15, 2021

+ [REDACTED]  
 Do you have a minute for a mayor question? 10:57 AM

+1 [REDACTED]  
 I'm in a meeting with for the [REDACTED] May I please call you when it's over? Shouldn't be too much longer. 10:59 AM

+ [REDACTED]  
 Perfect- Thanks 10:59 AM

+1 [REDACTED]  
 Remind me to tell you about what we did for the juneteenth holiday for employees 11:00 AM

+1 [REDACTED]  
 Maybe we can start the meeting later since there aren't any interviews? Unless you want the time for negotiations. 12:19 PM

+ [REDACTED]  
 Should we say 5:15? There is a lot in the APA packet :) 12:29 PM



+1

Shoot. Maybe we should leave it at 5 then? Always seems like we are pressed for time. Whatever you think is fine with me 😊 lets do the energy committee discussion first to get it out of the way? That should only take a couple minutes.

12:32 PM

+

Agree- let's start at 5. If there are no interviews the energy discussion would be during the meeting agenda item. Thanks

12:59 PM

+1

You're right. Thank YOU.

2:18 PM

Friday, July 16, 2021

+



8:56 AM

Sunday, July 18, 2021

+1

Are you having a good weekend?

2:57 PM

+

It has been good- nice to have the sun out for a few hours today. How about you?

3:43 PM

+1

I don't know. Feeling kind of down but I guess I'm okay. Trying to decide if I should play golf but I'm not feeling motivated. Tell me I should go play.

3:45 PM

+1

I don't know what to do with myself. Thinking about my dad. I miss him.

3:47 PM

+1

I can't believe Friday is one year already.

3:47 PM

+ [REDACTED]  
The year mark should be the hardest and therefore the most important time to push yourself to keep busy- golf is a definite today- we should not waste the humboldt sun :) ☀️ especially since your dad loved golf / what a great way to honor him this week. Have a great round.

3:54 PM

+1 [REDACTED]  
You're such a good friend to me. Thank you. I hope you have a great dinner with your family. I hope you have a good night.

3:56 PM

+ [REDACTED] 7  
You to- let me know how the game is :)

3:57 PM

Monday, July 19, 2021

+1 [REDACTED]  
Here

10:52 AM

Tuesday, July 20, 2021

+1 [REDACTED]  
May I please visit you for just a minute at 5? I promise I won't stay long.

1:54 PM

[REDACTED]  
See you then

1:54 PM

+1 [REDACTED]  
Thank you so much

1:55 PM

Wednesday, July 21, 2021

+ [REDACTED]  
Are you all good? We just started the homelessness services working group meeting :)

1:35 PM

+1 [REDACTED]  
I'm not feeling well. Im sorry.

1:36 PM

+ [REDACTED]  
No problem rest up :)

1:36 PM

+ [REDACTED]  
We got done a little early- I am free until 3 if there is anything you need

2:32 PM

+1

I really appreciate that. Thanks for checking on me. Hopefully I can see you at 430 if you make it back from Eureka in time. I really appreciate you.

2:52 PM

+

Hope so to. ☀️

2:53 PM

Thursday, July 22, 2021

+1

I'm really sad. Everyday I've been a little bit sadder leading up to tomorrow. I've been drinking too much. I hope you're not mad at me for buying your drinks. I never get a chance to repay you for everything you do for me. Im so lucky to be able to walk with you tomorrow. I hope you have a good night.

7:21 PM

Friday, July 23, 2021

+

I just got an email indicating the HSU liaison is being moved to August 20. Just FYI

5:32 PM

+1

I saw that. Thank you. No drinking until after golf 😊 you're the best.

5:32 PM

+1

I also saw county is urging people to wear masks indoors now.

5:34 PM

+

So wish the whole world was vaccinated:(

5:34 PM

+1

I'm with you.

5:35 PM

+

Hope golf was good- the sky really never clouded up. I am sure it was your dad telling you everything thing is alright now and to focus on yourself.  
Sleep well.

9:21 PM

+1

Thank you so much. I walked 7 holes and then it got too dark. I didn't drink. Drinking now with my friend but I'll try hard not to over do it. I will do better than try and I won't. It's hard because I don't want to feel sad. Your friendship means so much to me. So much. I hope you have a good night. Thank you for everything.

9:24 PM

+

Have a good night! So happy you made through!

9:25 PM

+1

Good night 😊

9:25 PM

+

Good night 🌙

9:27 PM

Sunday, July 25, 2021

+1

Are you having a good weekend?

5:18 PM

+

Yeah- pretty good- how about you. Did you make the most of the sun?

5:18 PM

+1

I didn't go outside much. I know I should have. I did spend some time with friends. Still feeling pretty down. I have to figure out how to get better.

5:20 PM

+1

I feel sad a lot. Didn't get much sleep. Hopefully I'll sleep better tonight.

5:21 PM

+

It is the start of a new year - a lot to look forward to- just need to figure out what to step towards first. There was a good enough turn out at valley west today - it made me happy to finally see the park getting use.  
I am sorry you have so much sadness. Hopefully each day this week will be a bit brighter.

5:22 PM

+

And you will get a bit of sleep tonight :)

5:23 PM

+1 [REDACTED]  
Thank you so much for being so kind to me. You're such a good friend. You help me so much. I hope you have a really good night. 5:25 PM

+1 [REDACTED]  
It's like I feel stuck or trapped. I don't know. 5:31 PM

+ [REDACTED]  
Tomorrow let's talk about how to break through :) 5:48 PM

+1 [REDACTED]  
Thank you so much for helping me through this. 5:48 PM

Monday, July 26, 2021

+1 [REDACTED]  
May I please look at the budget exercise before you send it out? I don't know why but I'm worrying about it. I'm sorry. 4:27 PM

+1 [REDACTED]  
I guess I feel like the interview is so important and I should put more time into it. 4:30 PM

+ [REDACTED]  
Sounds good- I have not sent it- We can send it tomorrow 4:34 PM

Tuesday, July 27, 2021

+1 [REDACTED]  
I'm here 2:52 PM

Wednesday, July 28, 2021

+1 [REDACTED]  
I miss my dad so much. Im so sad. I just had an appointment with my psychologist and it made me cry. 1:59 PM

+1 [REDACTED]  
I'm sorry I'm leaning on you so much. 1:59 PM

+1 [REDACTED]  
I know you're so busy. 2:00 PM

+1 [REDACTED]  
I feel so stuck. 2:00 PM

+1

I'm sorry. I feel a little better now. I'll be okay for the meeting. I really appreciate you.

2:18 PM

+

I think it is good to release some of your pain but feel bad that it hurts so much. Figuring out a way to create a little more structure to keep you moving might help a little but trust that you are doing a lot for yourself and things will get better.

2:40 PM

Did you see [REDACTED] bowed out front the appointment process- we are down to 6

2:46 PM

+1

Thank you. I did see that and talked to her today.

3:14 PM

+

I think yes on masks tonight 🙄

4:07 PM

+1

Me too

4:08 PM

+1

Was just thinking that

4:08 PM

+1

I'll tell the council

4:15 PM

Sunday, August 1, 2021

+1

Hi. Are you having a good weekend? Having a good dinner?

5:42 PM

+

The weekend was productive:) ready for dinner- just went by [REDACTED] house- a guy she was trying to calm down from hitting his head against the police van today but the tip of her finger off- Urgh....mad river sewed it back on and fingers crossed the blood will flow back and it will hold. Hope you had a good weekend and were able to keep busy :)

5:57 PM

+1

That's sad. I've been drinking too much all weekend. I just don't want to feel sad anymore. It numbs me but it's temporary. I can't wait to walk with you tomorrow.

6:02 PM

+1

You're my best friend. I'm sorry things are so hard for me to deal with. I really am. I hope you have a really nice evening.

6:08 PM

+

Yes -

Let's consider it temporary..... as you get busier your drinking will slow- :) have a good night

6:09 PM

+1

Okay. You're the best. Thank you so much for everything you do for me. You take amazing care of me. I'm so SO grateful.

6:11 PM

Monday, August 2, 2021

+1

I'm so sorry. I'm so sad. I ruined everything I've worked so hard for. It's so sad. It's all my fault.

4:09 AM

+

It is sad but you still have the fortune to have choices and many wonderful years ahead of living and giving.

4:11 AM

+1

I hear you but it hurts so much. I've been hurting for so long.

4:13 AM

+1

Thank you for always taking care of me. I'm sorry I let you down.

4:14 AM

+

You have been getting better and passed some milestones. Ones that no one wants to have to face but you have done it. Try to rest and text me when you are up in the morning. You will get through this.

4:24 AM

+1



4:25 AM

+1

My heart is pounding. I just took some sleeping pills.

6:47 AM

+1

It's on Loco under "booked"

9:31 AM

+ [REDACTED]  
Did they take a picture of you? 9:33 AM

+1 [REDACTED]  
They did but its not on there 9:42 AM

+ [REDACTED]  
Can you still rest? 9:43 AM

+1 [REDACTED]  
I'm trying. Maybe slept 2 hours. Sleeping pills didn't really work. I don't know what to do. 9:43 AM

[REDACTED]  
I would call [REDACTED] or maybe try [REDACTED] (not sure if he does DUI) to get an attorney. 9:45 AM

+1 [REDACTED]  
I'm so fucked. I'm so sorry. 9:45 AM

+1 [REDACTED]  
I went to baywood, then dinner with [REDACTED], then back to baywood and then apparently I went back to [REDACTED] and watched TV with her. She said I didn't know where my car was. 9:49 AM

+1 [REDACTED]  
I wish I could sleep forever 9:49 AM

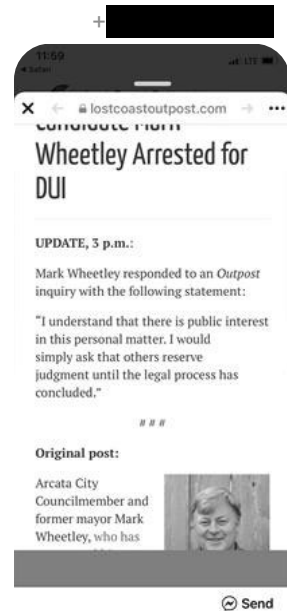
+1 [REDACTED]  
Were you able to find out about my car? It's okay if not. I know you're so busy. I feel so bad. 10:00 AM

[REDACTED]  
Checking on it now 10:06 AM

+1 [REDACTED]  
I'm ready 11:02 AM

+ [REDACTED]  
I am here :) 11:09 AM

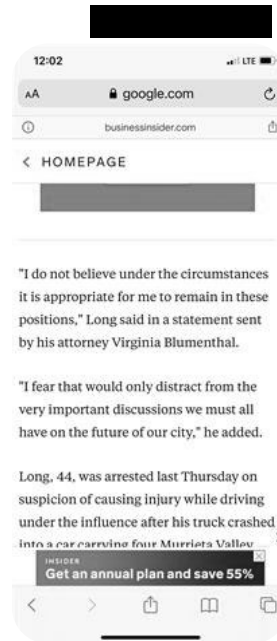




11:59 AM



12:01 PM



12:03 PM

+1 [REDACTED]

[REDACTED] is asking me for comment

1:02 PM

+1 [REDACTED]

[REDACTED] was fine with no comment and very understanding. I told him I would send comment to him first when I was ready. I have an appointment with [REDACTED] 12pm Wednesday.

1:33 PM

I just sent you an email with the report that CHP just released to [REDACTED]

1:34 PM

+1 [REDACTED]

Thank you

1:34 PM

+1 [REDACTED]

Narcotics sounds bad.

1:35 PM

+1 [REDACTED]

[REDACTED] said she doesn't want me to resign.

1:36 PM

+1 [REDACTED]

How do you spell [REDACTED]? I can't find him

1:37 PM

+ [REDACTED]

[REDACTED]

1:38 PM

+1 [REDACTED]

We should do a press release

2:27 PM

+ [REDACTED]  
Do you have specific statement you are ready to release? 2:28 PM

+1 [REDACTED]  
Let me work on it 2:29 PM

+ [REDACTED]  
Sounds good- I have an appt from 3-4 and will call when I get out 2:29 PM

+1 [REDACTED]  
Ok 2:29 PM

+1 [REDACTED]  
It's on loco now 2:38 PM

+ [REDACTED]  
Yes.....we should probably prep for your response although there is a bit of wrong info on loco....the flares were not on highway 101. 2:39 PM

+1 [REDACTED]  
I emailed a thought 2:40 PM

+1 [REDACTED]  
First [REDACTED] office said he was a minimum \$5K and then they called me back and said he would do it for me for \$3K. [REDACTED] said he was going to come up here and do it for free. 3:35 PM

+1 [REDACTED]  
I'm at City hall because my power is out and I need to charge my phone. 3:55 PM

+ [REDACTED]  
I should be back in 20 4:02 PM

+1 [REDACTED]  
Thank you 4:02 PM

+1 [REDACTED]  
<https://www.times-standard.com/2021/08/02/arcata-mayor-brett-watson-arrested-on-suspicion-of-dui-drug-possession/> 5:53 PM

+1 [REDACTED]  
I'm having a quiet evening at [REDACTED] house. She made me a non alcoholic drink and is making me food. Im so lucky to have the friends I have. 5:54 PM

+1

I hope you have a good night.

5:54 PM

+

Glad to hear you are getting some food. Take care tonight

6:50 PM

Tuesday, August 3, 2021

+1

I'm in your office

10:38 AM

+1

from Loco called me and I told her I didn't have a comment yet and I was working on a press release for today or tomorrow. I told her off the record my dad died.

11:59 AM

+

The slow feed of information is probably good. The news cycle will pass.

12:01 PM

+1

I got an appointment with my psychologist for 1pm. I'll cut it short to go to see at 2. I hope your flight is comfortable and goes well. ::hug::

12:02 PM

+

I saw your message- says it should be released shortly. Hang in there.

3:52 PM

+1

Thank you. Meeting with went well. I like him. He gave me the name of another lawyer so I might try him too. I might try to check into a place called Waterfront on the advice of my doctors. Im also thinking about taking this month off.

3:54 PM

+1

Thank you thank you thank you.

3:54 PM

+

A break sounds healthy. Waterfront is worth a try if you have it in you I would ask about other centers that focus on mental health and less on addiction- but I have heard good things about a psychiatrist who runs it.

4:44 PM

+1

Yeah the psychiatrist is why they want me to go there.

4:45 PM

+ [REDACTED]  
Perhaps she would Recommend a good treatment center - the second opinion seems worth it. Also it could be a time to call [REDACTED]?

4:46 PM

+1 [REDACTED]

[REDACTED] is a great idea.

4:50 PM

+1 [REDACTED]

Did you make it?

8:04 PM

+ [REDACTED]  
We did-  
Love the Denver flight- how are you doing?

8:37 PM

+1 [REDACTED]

I'm okay. Had a good dinner with [REDACTED]. I was able to eat. I was kind of losing my appetite. Watching a movie with [REDACTED] now. She's such a character. Seeing two more attorneys tomorrow. I appreciate you so so much. I hope you have a good night.

8:39 PM

+ [REDACTED]  
Good work staying busy -  
Rest well.'

9:19 PM

Wednesday, August 4, 2021

+1 [REDACTED]

Hi. Im worrying more this morning. Just about everything in general. Seems like I feel different everyday. I wish I could give you a big hug. I hope you're happy.

9:14 AM

+1 [REDACTED]

Thank you for continuing to be there for me. It means so much to me.

9:15 AM

+1 [REDACTED]

Can we please talk?

2:43 PM

Thursday, August 5, 2021

+1

Hi [REDACTED]. I've been thinking a lot about the changes I need to make in my life. I'm not drinking or using anything anymore and I'm doing everything I can to get more help for my mental health. I'm working really hard on being busier. I really need your help. I can't do it alone. I'm not strong enough yet. I know I can get there but it's going to take time. I don't want to give up. Will you please continue to support me and help me like you always have?

11:39 AM

+1

I feel pretty bad this morning. I'd be so grateful for your reply.

11:40 AM

+

Please take one day at a time. The worst will be behind you soon. Start with small steps/ getting up, going for at least a 1 mile walk m, taking a shower and eating something healthy to start your day. You can heal, with both patience and setting small goals you think you can achieve.

11:54 AM

+1

Your friendship is making me cry. I'm so grateful for you. I'm going to do our dune walk tomorrow. I'm going to try really hard to minimize bothering you on your vacation. I need to get through the next few days but I want to try and go some days next week without bothering you. I'm going to be better. Your friendship means everything to me.

11:58 AM

+

Small steps each day - you can feel better. You did feel better for almost all of your -  
You just need to get back to that space - try remembering times from when you felt good- 1 or 2 everyday.

12:05 PM

+1

[REDACTED] sent me a short email. He said, "You've done a lot of good and you still have a lot of work to do! I believe in you! Take the hit and move on." I'm going to write him back and ask if he'll talk with me. Took my little brother to the zoo today. He did the Skywalk twice. He was so happy to spend time with me. It was rewarding. Thanks for everything. I hope you have a great night.

5:35 PM

+ [REDACTED]  
Sounds like a very encouraging day. I hope it helps you rest well tonight.

6:05 PM

Friday, August 6, 2021

+1 [REDACTED]



11:12 AM

+1 [REDACTED]



11:12 AM

+1 [REDACTED]



11:12 AM

+1



11:12 AM

+1



11:13 AM

+1

Made it out here. Its a nice day. Definitely not the same without you. This is really hard for me. Thanks for being my friend.

11:13 AM

+

Looks like we were too late to save the shoes today- but the trail sure looks nice and trimmed. Glad you made the walk.

11:23 AM

+



11:23 AM

+

My current view / hole 15....more shots than I can count :)

11:24 AM



+1

Looks like a nice course. Thank you for sharing. Number of shots doesn't matter. Just have fun.

11:27 AM

+1

I hope you have a good night.

7:47 PM

+1

You to

8:24 PM

Saturday, August 7, 2021

+1

I feel so horrible. I'm sad. I don't want to feel anymore. The morning is such a hard time for me.

10:27 AM

+

It does seem like the mornings are the hardest time of the day. Figuring out something that gives you that push to go for a walk, a set of push ups and a smoothy....or perhaps helping someone around 10 each day would get you going....I am sorry it is so hard- it is worth it. I hope [REDACTED] can help.

11:11 AM

+1

Thank you for being my friend.

11:12 AM

+1

I'm so sorry.

11:12 AM

+1

Thank you for taking time out of your vacation to comfort me. Im hurting so much. I really need you and I'm really grateful. I'm afraid of losing you.

11:19 AM

+1

I'm going bowling with my little brothers family later and then having dinner with [REDACTED]. I'm trying my best to stay busy.

11:27 AM

+

I am so glad to hear you have plans for today and this evening. Hopefully that will all make for a better nights sleep. 🌞

12:20 PM

Monday, August 9, 2021

+1

How are you?

9:27 AM

+ [REDACTED]  
All good. How are you this morning? Did you have fun with [REDACTED] and [REDACTED]? 9:31 AM

+1 [REDACTED]  
I feel horrible like I do every morning 😞 I did have a good dinner with them. 9:33 AM

+1 [REDACTED]  
I went yesterday without texting you. It was hard. I'm trying. 9:34 AM

+1 [REDACTED]  
Can we please talk on the phone tomorrow? 9:35 AM

+ [REDACTED]  
I am sorry the mornings are hard - I wish you could create something that got you out and engaged in an activity. 9:35 AM

+ [REDACTED]  
I would prefer to talk now instead of tomorrow if that works 9:36 AM

+1 [REDACTED]  
My day was okay. I hope you have a good night. 6:26 PM

+ [REDACTED]  
I am glad it Improved / have a good night. 7:23 PM

Thursday, August 12, 2021

+ [REDACTED]  
I hope your appointment goes well today and you find all the strength you need to advocate for the care you want. 9:20 AM

+1 [REDACTED]  
Thank you. They called me yesterday and did the appointment early. They said the psychiatrist is out for a week and a half and they would contact me when she gets back. So I'm waiting. I appreciate you so much. Are you doing well? 9:46 AM

+ [REDACTED]  
I just finished a round of golf-  
Headed for lunch. Howling winds but warm. Hope you are feeling better today. 10:43 AM

+1

Im hanging in there. I found a new therapist. She seems like she has a lot of potential. Might see her this weekend. It's so good to hear from you. Thank you. I hope you have the best day.

10:46 AM

+

I hope an appointment for this weekend works out- and hope that your day gets better. Hang in there.

11:30 AM

Friday, August 13, 2021

+1

Made it. Are you having a good day?

5:47 PM

+1



5:47 PM

+1



5:47 PM

+

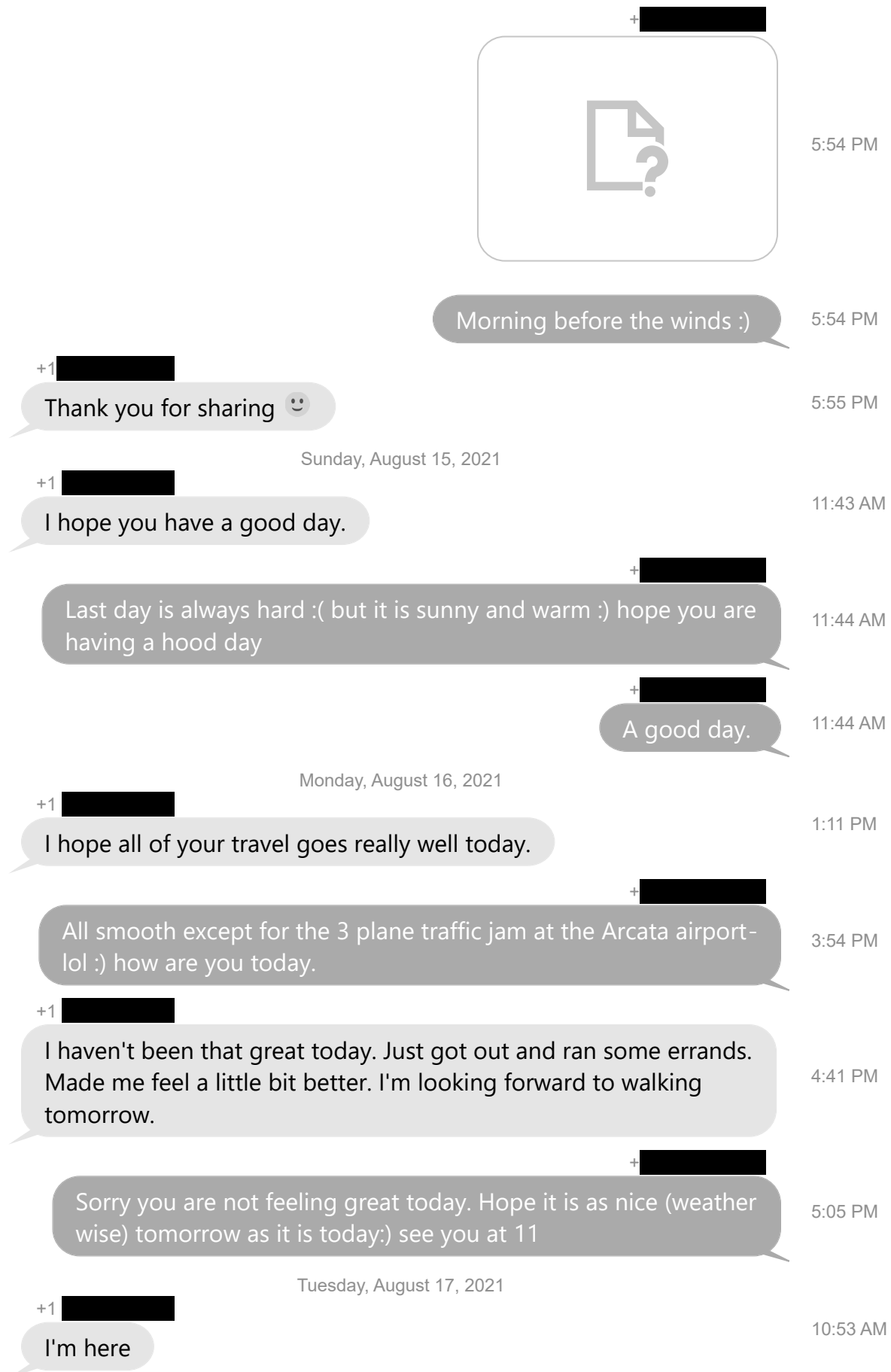
Quiet day - windy but more sun than in your pics. Glad you got out for the walk. Still the most beautiful view. I hope you have a good night.

5:53 PM

+1

You too.

5:54 PM



+1 [REDACTED]  
What should we do for our dunes walk on Friday? The HSU meeting is at 3pm. Walk after? 1:30 PM

+1 [REDACTED]  
I have a commitment at 5:30. I am free after the Econ working group until 3? 2:13 PM

+1 [REDACTED]  
Okay we'll make it work. 2:39 PM

+1 [REDACTED]  
I went to the post office and the employees were wearing masks. 4:36 PM

+1 [REDACTED]  
Yeah 4:44 PM

Wednesday, August 18, 2021

+1 [REDACTED]  
Can you meet at 4? 12:07 PM

+1 [REDACTED]  
Yes 12:11 PM

+1 [REDACTED]  
Thanks 12:11 PM

+1 [REDACTED]  
My zoom is giving me a weird error 5:00 PM

+1 [REDACTED]  
[REDACTED] lost her audio so I told her to leave and rejoin 7:57 PM

+1 [REDACTED]  
Thanks 7:58 PM

+1 [REDACTED]  
Why did she put the security guard piece in?! Pretty sure I advised her not to. 8:16 PM

+1 [REDACTED]  
It was maybe hard to avoid 8:18 PM

Thursday, August 19, 2021

+1 [REDACTED]  
I see you commenting. You're so positive. 9:46 AM

+ [REDACTED]  
Lol- glad you are on :) 9:47 AM

+1 [REDACTED]  
Did you know the [REDACTED] who resigned from the [REDACTED] was also the [REDACTED]? 11:00 AM

+ [REDACTED]  
Yes- I think [REDACTED] recused herself during the meeting- [REDACTED] [REDACTED] I haven't seen the official resignation- hoping [REDACTED] stays a month to keep a quorum through old arcata road project 11:03 AM

+1 [REDACTED]  
Interesting. Yes hopefully [REDACTED] stays. When is that meeting? Do we have time to appoint someone else? 11:05 AM

+ [REDACTED]  
It is today :) hoping she comes if not we will regroup 11:06 AM

+1 [REDACTED]  
Okay. Thank you. 11:07 AM

+1 [REDACTED]  
I'm told [REDACTED] is going to the HLC meeting. 4:06 PM

+ [REDACTED]  
Yes- I hear we are good for today- should be getting underway now- I am in another meeting for a bit longer 4:06 PM

+ [REDACTED]  
How is your day? 4:07 PM

+1 [REDACTED]  
Its okay. Thank you for asking. My therapy appointment went well. Just spent the whole time answering questions about myself since it was our first meeting. I talked her into seeing me again on Monday and Thursday so I could get a jump start on it. She gives homework and makes you keep a journal. 4:09 PM

+ [REDACTED]  
I like her already :) glad it is started for you. 4:09 PM

+1 [REDACTED]  
I got a peach for you. 4:09 PM

+1 [REDACTED] 4:09 PM  
I hope you have a great night.

+ [REDACTED] 4:12 PM  
Yeah for peaches 🍑 - have a great night

+ [REDACTED] 5:52 PM  
HLC recommended approval of old arcata road. They also asked for a special meeting to discuss the Chapman house. Just FYI- we can talk about it tomorrow. Have a great night

+1 [REDACTED] 6:12 PM  
Thank you for the update. Goodnight.

Friday, August 20, 2021

+1 [REDACTED] 4:44 PM  
Will you call me please?

+ [REDACTED] 4:44 PM  
10 min?

+1 [REDACTED] 4:44 PM  
Thank you

+ [REDACTED] 5:14 PM  
Have a fun game :)

+1 [REDACTED] 5:20 PM  
You're the best. I promise I will.

Monday, August 23, 2021

+1 [REDACTED] 10:55 AM  
I'm here

+1 [REDACTED] 6:05 PM  
I had to use a picker to get some of the higher up ones so there might be kind of teeth marks on some of them...

+ [REDACTED] 6:26 PM  
Lol- they look marvelous- thank you very much

Tuesday, August 24, 2021

+1 [REDACTED] 10:07 AM  
I think we were talking about putting ARPA on the next agenda instead of doing a special meeting.

+ [REDACTED]  
I think so...also I have added leg platform and protocol manual for sept 15  
As placeholders for us to discuss today 10:10 AM

+ [REDACTED]  
There is a water leak on California....hope you have water :) we are working on it now. 10:19 AM

+1 [REDACTED]  
Sounds good. Haven't noticed any problems with my water yet. 11:54 AM

Wednesday, August 25, 2021

+ [REDACTED]  
Do you have a minute to talk? 2:38 PM

+ [REDACTED]  
Not time sensitive or urgent :) 2:38 PM

+1 [REDACTED]  
5 min? 2:39 PM

+ [REDACTED]  
Great 2:39 PM

Thursday, August 26, 2021

+1 [REDACTED]  
I feel like cooperation Humboldt presentation should wait until they know if they can share their data. 11:03 AM

+1 [REDACTED]  
That's so funny I just texted you before you sent that email. Should we tell them they have 15 minutes or do you want to give them more time? 11:06 AM

+1 [REDACTED]  
Nevermind. I see you told him about 10 minutes. 11:08 AM

+ [REDACTED]  
Are you good with their presentation at this point or should I ask them to hold off? Either way. 11:09 AM

+ [REDACTED]  
I am free until 12 if it is easier to talk. 11:14 AM



+ [REDACTED]  
There are a couple things for you to sign here when you are in the neighborhood- thanks 12:11 PM

+1 [REDACTED]  
If I come by at 4 or 415 will you be free? I just want to give you a hug. 12:23 PM

+ [REDACTED]  
I am in a zoom but can pull away- just come i when you get here- all good. Thanks 12:26 PM

+1 [REDACTED]  
You're the best. 12:26 PM

+1 [REDACTED]  
My BAL was .22. I emailed the arrest report to your personal email. 1:50 PM

+ [REDACTED]  
I am sure you are not surprised. It is one step in the process. I am not sure what gets released - take each stride individually until you are through. 2:36 PM

+1 [REDACTED]  
I appreciate you so much. Your time today means a lot to me. Thanks so much for being there for me and always trying to help me get through things. This has been really hard for me. 5:24 PM

+1 [REDACTED]  
Im sorry I'm always down. I'll try to take extra medication tomorrow so you don't have to see me sad. 5:25 PM

+ [REDACTED]  
Please don't take medication for me- walking always locks you up also. Just try to compartmentalize a bit tonight to enjoy just simply being with friends having a delicious meal. Breath your way into that space and only that space. See you tomorrow 5:31 PM

+1 [REDACTED]  
Okay. Thank you. See you tomorrow. 5:33 PM

Saturday, August 28, 2021

+1

Good morning. You should have an email from [REDACTED] but thought you might see a text earlier in the day. [REDACTED] withdrew his appeal this morning, we will not need to meet. Enjoy the weekend! [REDACTED] wins...we owe her dinner :)

7:26 AM

+1

What am I going to do with my weekend now?! Thank you. Hope you have a great day.

10:01 AM

+

Hopefully golf 🏌️ :) have a great day.

11:10 AM

Sunday, August 29, 2021

+1

I hope you sleep well tonight.

8:38 PM

+

Hope your weekend was fun.  
sleep well for a good walk tomorrow. :)

8:43 PM

Monday, August 30, 2021

+1

Do you want me to bring you another H&D peach? I feel bad you didn't get to eat it at peak ripeness.

5:05 PM

+

Aww- no I am all good on peaches - I bought another box at the farmers market :) hope you day just continued to get better ☀️

6:17 PM

Tuesday, August 31, 2021

+1

I feel so bad right now. I'm sad and I'm tired. I'm worried about the police report coming out.

1:20 PM

+

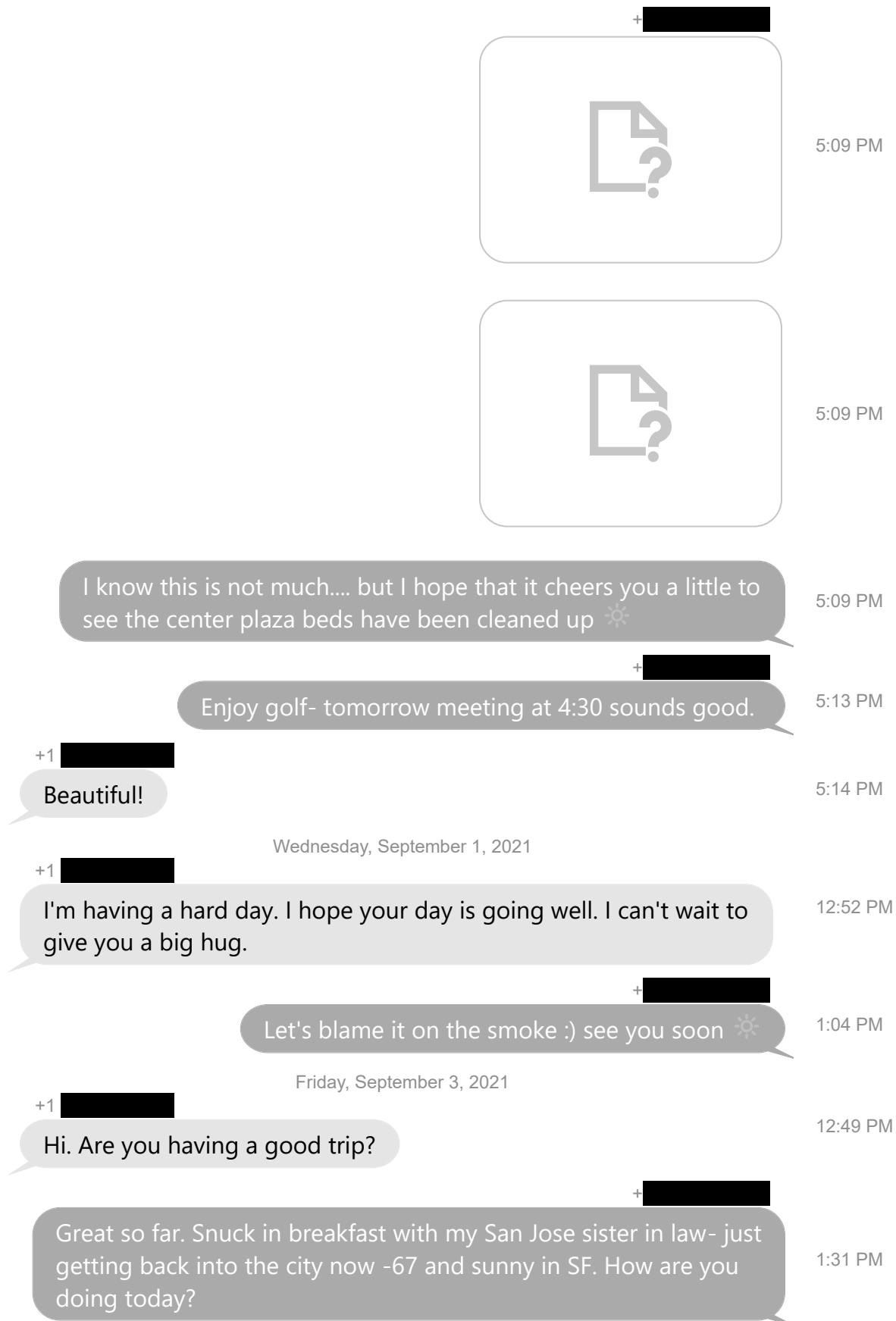
This will be behind you. Sooner than later. Hang in there!

1:42 PM

+1

The article is on the front page. I know you're so busy. I'm so sorry about all of this. Your support means so much to me. It's the only thing getting me through this. I feel so horrible about it.

2:58 PM



+1

I'm glad it's going well. I'm having a hard time with my mental health. It's a combination of being sad and stressed out. I'm trying to stay busy. I want to use drugs and alcohol to forget about everything but I'm not going to do that. Im going to get through it. It's just going to be a hard weekend for me. Thank you so much for supporting me and caring about me. You help me so much.

2:10 PM

+



2:24 PM



2:24 PM

You could be living in this :) stay sting. Hope Your walk with helps

2:24 PM

+1

Sting?

2:25 PM

+1

Did you mean stay strong?

2:25 PM

+

Yes... stay strong 🤖:)

2:26 PM

+1

Thank you. May I please text you this weekend?

2:28 PM

+1

I just got to the golf course and I'm supposed to play with [REDACTED] at 330. I feel so sad though. Sometimes I don't want to be me anymore.

3:01 PM

+1

Everything's going to be okay right? I'm going to be okay. I'm trying to be. I want to be okay. I'm going to go and play and try to have fun. Everything is going to be okay. That's what you would tell me if you were here.

3:08 PM

+

Of course it will all be okay- this will pass. You can text just know there will be times I am not or can not check my phone so don't panic about a response. Enjoy the golf - [REDACTED] is a good guy

3:12 PM

+

I can't talk right now sorry

3:12 PM

+1

I'm so sorry I'm like this. I was overwhelmed with anxiety. Thank you for being patient with me and for being so tolerant. Please apologize to [REDACTED] for me for taking your attention.

3:17 PM

Saturday, September 4, 2021

+1



2:21 AM

+

Looks like you were up late...hopefully you are still resting and today is a better day for you. ☀️ San Fran is so fun and beautiful in the morning before the whole city wakes up 😊

10:15 AM

+1

How did you know I was up late? I feel better today. I'm so glad you're enjoying yourself. Thank you very much for the text. You're the best.

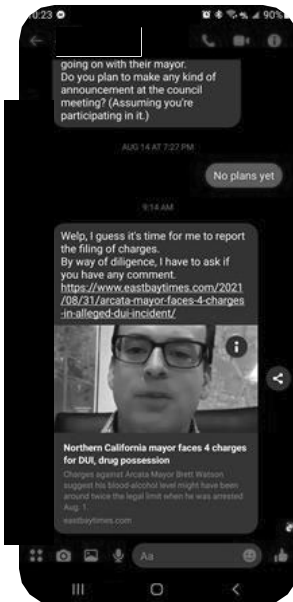
10:17 AM

+1



10:24 AM

+1



10:24 AM

+

The picture you sent of the dunes came through at 2:30

10:26 AM

+

It could have just been delayed :)

10:26 AM

+1

I sent that at like 1pm yesterday but I was up late watching TV. I hope you have the best day. You're such an amazing friend.

10:28 AM

+

Enjoy the day- things will pass

10:30 AM

Sunday, September 5, 2021

+



2:45 PM

I think this says.....everything will be ok :) 2:45 PM

+1 [REDACTED]

Awe. Thank you. I hope you have a really nice day. You're the best. 2:46 PM

Tuesday, September 7, 2021

+ [REDACTED]

[REDACTED] postponed her meeting until next week. Just FYI. :) 1:28 PM

+1 [REDACTED]

Thank you. Can you talk for just a few minutes? 1:30 PM

+ [REDACTED]

Sure- I am free 1:31 PM

Friday, September 10, 2021

+ [REDACTED]

Headed your way 2:01 PM

+1 [REDACTED]

Take your time 2:01 PM

Monday, September 13, 2021

+ [REDACTED]

This part will be over soon. 8:41 AM

+1 [REDACTED]

You're so the best. I got up at 8 and exercised with [REDACTED]. Looking forward to our walk. 9:23 AM

+1 [REDACTED]

I'm sorry if I was weird in the hallway. I started to feel depressed and anxious when I left you and [REDACTED]. I don't know why. I'm nervous about tomorrow. I wish it was over with today. May I please visit you tomorrow at 5pm for a few minutes? I'm meeting with [REDACTED] at 5:15 tomorrow. 3:35 PM

+ [REDACTED]

All good- I hope you feel some resolution tomorrow. Come a few minutes before 5 as I have a 5 meeting on zoom. See you tomorrow 4:00 PM

+1 [REDACTED]

Thank you. 4:00 PM

+1 [REDACTED] had to cancel tomorrow's 2:00 meeting. Just FYI. 6:28 PM

+1 [REDACTED] Okay thanks. Have a great night. 6:29 PM

+ [REDACTED] You to. 6:30 PM

Wednesday, September 15, 2021

+1 [REDACTED] I just eagled #17. I hit a wedge from about 50 yards and it went in the hole. It's good timing because I'm starting to feel depressed. It boosted my mood a little bit. 2:12 PM

+1 [REDACTED] If my dad was still here I would call him and tell him. I miss him. 2:13 PM

+ [REDACTED] The best is that you are there with golfers who don't really know your play...I am sure they were very impressed :) 2:24 PM

+ [REDACTED] That is a great shot! 2:24 PM

+1 [REDACTED] Thank you. Thinking about my dad made me cry a little bit. 2:40 PM

Friday, September 17, 2021

+1 [REDACTED] Running a few minutes late. Start without me. 12:26 PM

+ [REDACTED] 😊 12:29 PM

Saturday, September 18, 2021

+ [REDACTED] [REDACTED] vcf 6:07 AM



+1

Thank you. I hope you have a good run.

6:22 AM

+

I am so sorry I texted so early...I just got rolling and forgot about time. Tee times  
Look better for tomorrow :)

10:37 AM

+1

It's okay! I was awake. I hope you have a great day.

11:49 AM

Monday, September 20, 2021

+1

Im here

10:55 AM

+1

Is it okay if I visit you at 5 or 515?

3:42 PM

+

I meet with [REDACTED] at 5 you could come a bit before that.

3:43 PM

+1

Okay thank you

3:46 PM

+1

I'll be there at 445

4:07 PM

+



4:07 PM

+1

Lol

4:08 PM

Tuesday, September 21, 2021

+1

Will you please give me a rubber band I can put on my wrist? I want to try and use it to stop bad thoughts and I want it to come from you.

3:42 PM

+

I might have the perfect one...or it might be too big :)

4:16 PM

Wednesday, September 22, 2021

+1 [REDACTED]

Good morning. Will you please pick me up first? I just want to talk for a minute.

4:18 AM

+ [REDACTED]

Will do

4:20 AM

+1 [REDACTED]

[REDACTED] and I checked in to the hotel and we are heading over now. Your things are in the car and it's parked right in front of the entrance to the hotel so it should be in a safe location. Let me know if you want to go to the hotel/get your things and I'll bring you the car key.

12:02 PM

+1 [REDACTED]

How about dinner at 5:30/6 and then CitiPAC at 7?

1:02 PM

+ [REDACTED]

Sounds Good

1:02 PM

+ [REDACTED]



3:03 PM

+1 [REDACTED]

Want to go?

10:39 PM

Thursday, September 23, 2021

+1 [REDACTED]

We're sitting in the same place as yesterday and we saved you a seat if you'd like to sit with us.

9:56 AM

+ [REDACTED]

The women next to me is wearing something that was really stinging my eyes 🙄-lol

11:14 AM

+1 [REDACTED]

Awe. Okay. Thanks for telling me. I was worried I did something wrong. Now that you're not there I can smell it lol.

11:16 AM

+ [REDACTED]  
Watch out....your eyes could start watering :) 11:16 AM

+1 [REDACTED]  
😊 I have a therapy appointment at 1230. I left it scheduled in case I wasn't feeling well today. I'm feeling okay right now. Do you think it's okay if I cancel it? 11:19 AM

+ [REDACTED]  
I would not miss the opportunity to keep your therapy moving forward. Yesterday was hard - today is good . Keep learning from her. 11:21 AM

+1 [REDACTED]  
Thank you. You're the best. 11:32 AM

+ [REDACTED]  
This guy is very good :) 11:33 AM

+1 [REDACTED]  
I'm sorry. My therapy session was hard and it left me feeling sad. I'm trying to pull myself out of it. 2:52 PM

+1 [REDACTED]  
Some times it is one day at a time and sometimes each hour at a time. I hope you feel better soon 2:54 PM

+ [REDACTED]  
Is the coastal meeting any good 3:01 PM

+1 [REDACTED]  
It seems like it so far 3:03 PM

+1 [REDACTED]  
It's up stairs. I think it's the first staircase on your left when you walk into the Hyatt 3:03 PM

+ [REDACTED]  
Ok- headed that way 3:03 PM

+1 [REDACTED]  
😊 3:04 PM

+1 [REDACTED]  
It's in the Golden State room 3:05 PM

+1 [REDACTED]  
I'm so sad. I miss my dad so much. 11:25 PM

+1 [REDACTED]  
I'm sorry 11:26 PM

Friday, September 24, 2021

+1 [REDACTED]  
Where are you? 9:10 AM

+ [REDACTED]  
By the pool :) 9:10 AM

Saturday, September 25, 2021

+1 [REDACTED]  
Are you having a good day? 4:18 PM

+ [REDACTED]  
Day 1 of concrete pouring today....you know I like to have construction around me...it was a good day. I hope your day was more settled being at home. How are you feeling? 5:12 PM

+1 [REDACTED]  
I'm glad you had a good day. I didn't sleep very much last night. I'm tired but awake. I keep thinking about the other night. I feel bad I put [REDACTED] in that position and I'm embarrassed. I'm doing okay. I just have those feelings. I've been thinking about the place for depression in Santa Rosa. I want to talk to you about it more. I'm so grateful for you. 5:23 PM

+ [REDACTED]  
It was just [REDACTED] and I so no need to be embarrassed. But she is very good about teaching you (and others like me) how to talk openly and honestly about where things are at. Like most illnesses it doesn't resolve overnight but I think in this case it also Does not help to just brush things off as a bad night without really looking at it openly and seeing what could have been different for you. Look forward to walking and talking Monday. Rest well tonight. 7:19 PM

+1 [REDACTED]  
Thank you. Goodnight. 7:27 PM

Sunday, September 26, 2021

+1

Are you having a nice Sunday?

5:21 PM

+

All good here- how are you?

5:23 PM

+

Packers v 49's tonight....stakes are high- lol.

5:23 PM

+1

I have a lot on my mind. Trying to relax. I'm worried I won't be able to get up in the morning. I want to start the week off right. Will you please call me at 8am? Do you think it's going to rain tomorrow?

5:25 PM

+

Rain should start tonight-  
Light until morning....we might get our walk in....heavier rains after noon....but that could change. I will call at 8am with a weather update. But I am confused as to why [REDACTED] wouldn't just make sure you are up before she leaves. That seems more gentle than a phone call :)

5:27 PM

+1

I can't rely on her getting up. [REDACTED] I don't care what we do tomorrow. I just want to give you a big hug and talk. I want to try the place in Santa Rosa but I think I'm scared. I just want to have good days again.

5:31 PM

+1

I don't know what to do with my relationship. I love her so much but I often feel alone when I'm with her. Its an entirely different huge problem for me. It's hard for me to work on my depression and the relationship at the same time.

5:36 PM

+1

I want to start with trying to have good days again. If I can be there consistently I feel like it will give me the strength to work on other things.

5:37 PM

+

Sounds like a plan. Rest well. I will call at 8am.

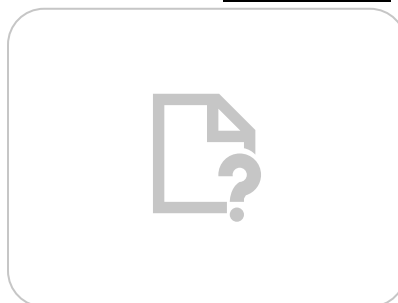
5:44 PM

+1

Thank you. Hope you rest well, too.

5:45 PM

+



5:56 PM

+

First - broccoli - Thai noodles with peanut sauce....yum :)

5:56 PM

+1

That looks great. Thank you for sharing. I'm going to have a salad for dinner and a maximum of two glasses of wine. I hope you have a great night.

5:58 PM

+

That also sounds Good. ☀️😊

5:59 PM

Monday, September 27, 2021

+1

Hi. The work out was good and I sweated a lot. I still feel down. I want to crawl back into bed and hide from the world. I won't though. I'm going to make some phone calls and watch some TED talks my therapist told me to watch. Do you want to walk in the rain or just go somewhere and talk? I kind of feel like just talking but I'll do whatever you want to do.

9:54 AM

+1

I have an extra rain jacket if you need it.

9:55 AM

+

Happy to just talk-  
Want me to pick you up?

10:49 AM

+1

Please

10:50 AM

+

On my way

10:52 AM

Wednesday, September 29, 2021

+ [REDACTED]  
Are you ok adding the leg platform to the agenda to finish up the discussion on the list from [REDACTED]? It would go on Old Business. Thanks

11:06 AM

+1 [REDACTED]  
Yes. Are you okay with everything on his list?

11:07 AM

+ [REDACTED]  
I recommend adding the three he wants to add but not removing the two he asks to remove. I did tweak the language slightly in one he asked to remove but I will still advise you to retain local control. :)

11:09 AM

+1 [REDACTED]  
Okay sounds good. Thank you.

11:10 AM

Thursday, September 30, 2021

+ [REDACTED]  
15 minutes?

10:48 AM

+1 [REDACTED]  
No problem. Take your time.

10:48 AM

Tuesday, October 5, 2021

+1 [REDACTED]  
Pick me up please?

10:13 AM

+ [REDACTED]  
Will do.

10:30 AM

+ [REDACTED]  
I am here

10:58 AM

+1 [REDACTED]  
Is the city email down?

4:06 PM

+ [REDACTED]  
I don't think so - I just sent you a "test" email.

4:26 PM

+1 [REDACTED]  
I can't login to my account. It says my credentials are wrong. I'll give it until tomorrow to resolve itself.

4:35 PM

+1

What was the name of the kitchen mixing tool you recommended?

4:35 PM

+

I had to change my password today. I could not do it from my phone over the weekend. Have you tried logging in from a computer?

4:36 PM

+

An immersion blender :)

4:36 PM

+1

No only from my phone. I'll try a computer. Thank you. I enjoyed our walk today. I hope you have a great evening.

4:37 PM

+1

Do you think this is a good one? Mueller Austria Hand Blender, Smart Stick 800W, 12 Speed and Turbo Mode, 3-in-1, Heaviest Duty Copper Motor Immersion Blender, Titanium Steel Blades, Comfygrip Handle, Whisk, Beaker/Measuring Cup [https://www.amazon.com/dp/B08HSNGR8P/ref=cm\\_sw\\_r\\_apan\\_glt\\_fabc\\_B3DPXSKYPM4JN6KSC521](https://www.amazon.com/dp/B08HSNGR8P/ref=cm_sw_r_apan_glt_fabc_B3DPXSKYPM4JN6KSC521)

4:50 PM

+1

I'm sorry. I'm feeling down and I wanted to talk to you.

6:08 PM

+

On a call

6:10 PM

Wednesday, October 6, 2021

+1

Do you have a few minutes to talk about the destruction of records consent calendar item? I received a complaint about it.

11:36 AM

+

Sure - I am free now

12:06 PM

+1

High priority issue: why does the chief have ratty chairs in his office?! Can't we get him some new chairs?

3:05 PM

+

😊 on it :)

3:10 PM



Thursday, October 7, 2021

+1

Was the Ballard in the center in the contract we approved for Rao? I'm concerned we can't legally do it without council approval. I don't remember it and [REDACTED] said she didn't know it was happening.

3:04 PM

+1

What we do in the center is so controversial and I don't want us to get in trouble for it down the road.

3:05 PM

+1

It seems harmless to me and it can be easily changed later but I'm concerned about how the decision was made. I just want to talk through it with you.

3:07 PM



7:11



< 122

BW

Brett >

Thu, Sep 9, 10:38 AM

I'm on a zoom call but I can call u in a few minutes

I'm feeling sad and I was wondering if I could visit you for a few minutes

Absolutely!

I'm sitting downstairs. Take your time.

Be there soon!

There is sparkling water in the drink fridge

Thank you.

Meeting is dragging on and on.... unfortunately I'm the host



No problem at all.

At least I'm getting paid well for it 🙄



Text Message



7:12



< 122



Brett >

Thu, Sep 9, 4:31 PM

Thanks again for today. Again it's super secret because I know she'd be really upset if she knew I talked to you about it. Thanks for being someone I can confide in.

No worries 😊 I won't say a word

7:14



Brett >

Fri, Sep 24, 5:16 PM

Part of me is mad at you for telling [REDACTED] about me this morning but most of me is grateful because I know you did it because you care about me. I'm so sorry I put you in that position. I was feeling so bad last night. I'm very grateful for your friendship.

Fri, Sep 24, 6:16 PM

I had a feeling bringing her into it might upset you but I did it anyways because I do care about u. If you go back and read our text chain from my perspective, I think you will see that I really didn't have a choice.

Sat, Sep 25, 12:47 PM

I'm so lucky to have you as a friend.



Text Message



6:24

LTE

< 109

BW

Brett >

1.

Yesterday 11:27 PM

Im so tired of being so sad.

I can imagine

Sometimes I wish I go to sleep and I don't wake up. Everyday is so painful.

I'm sorry.

I understand that feeling. I'm so sorry. But I'm also concerned. You seem to be in a very dark place.

I'm concerned about me too. I don't know what to do. I try so hard to get help and it's been so long feeling this way.

I wish I knew what to say. It's so frustrating! (Mental health issues I mean)



Text Message



6:25

LTE 

< 109

2.

BW

Brett >

I don't know if I'll ever get better. I think everything would be okay without me. I'm so tired.

The world would NOT be okay without you. You ARE tired. Especially right now. So my suggestion is to go to sleep so that we can go get a yummy breakfast in the morning! Tomorrow is a new day with new opportunities 🌞

I do need to hear back from you...

I'm sorry. I'm still here.

I'm sorry I'm bothering you.

I just want to make sure you're going to be ok.

I'm wanting to go to sleep but ONLY if you promise we are going to breakfast tomorrow 💕



Text Message



6:26

LTE

< 109

3.

BW

Brett >

going to breakfast tomorrow

I'm very sorry I kept you up.

Ok but that's not really an answer to my previous text.

Okay. I promise

Thank you 🙏❤️

Do u think u can go to sleep?

I don't know. I honestly feel like I shouldn't be by myself but I have no choice. I can try to take an extra sleeping pill.

I'll be okay. I'll be okay. I'll be okay.

Well you can come sleep over here if you want. It's fine if you need a friend

Thats so nice of you. I don't want to impose on you.

It's no big deal. I kind of want to



Text Message





6:28

LTE

< 109

4.

BW

Brett >

It's no big deal. I kind of want to go to the vending machine and get a snack. Do you want to come with me?

Okay. I have half a sandwich if you want it. I'll come over in a minute.

I

I

Lol K

I still have the nuts you gave me too if you want them.

Maybe!

7:16



< 122

BW

Brett >

Tuesday 5:46 PM

Did you have a good day?

It was good. My [REDACTED] came home from [REDACTED] yesterday so we've been hanging out. It's been so nice to have her home



I'm glad to hear that.

How about you?

It was okay. I went all weekend without texting [REDACTED] and then I saw her today for our walk and we had a really good walk. But then it made me miss her after the walk and it brought my mood down. I texted her a question an hour ago so now I'm sitting here like an idiot waiting for her to text me back. I'm so dumb. She just always makes me feel better.

I don't want to add to your down mood but I just got off the



Text Message



7:16



< 122

BW

Brett >

makes me feel better.

I don't want to add to your down mood but I just got off the phone with [REDACTED] and neither one of us can work out this week. She has a conflict tomorrow and I have an 8:00 phone call on Friday with the Nordic people (new job I'm helping [REDACTED] with) so we are going to do yoga at our own houses. I encourage you to do some "[REDACTED]" she's amazing and that's what we will be doing as well!

That's so sad!!

Nooooooooooooo!!!!!! I think you're mad at me and you're canceling to punish me. I'm sorry!

Did your jeans fit? Maybe that's why you're mad at me because I couldn't find your jean size. Whatever it is I'm pretty sure you're mad at me.



Text Message



7:16



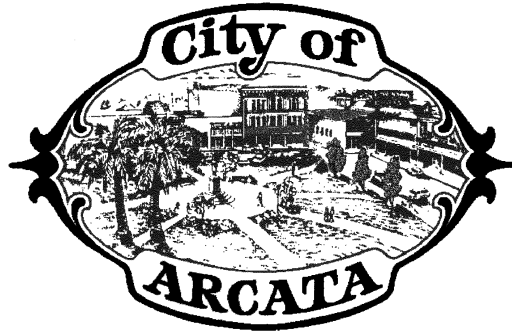
Brett >

I'm not mad at you. I'm busy  
answering council emails and  
visiting with my [REDACTED]



I'm just kidding. I hope you have  
a good night.





**Zero Tolerance Policy Against  
Discrimination and/or Harassment**

Effective February 6, 2003

**CITY OF ARCATA  
ZERO TOLERANCE POLICY AGAINST  
DISCRIMINATION AND/OR HARASSMENT**

**Table of Contents**

<b>I.</b>	<b>Purpose</b>	<b>3</b>
<b>II.</b>	<b>Statement of Intent</b>	<b>3</b>
<b>III.</b>	<b>Definitions of Harassment and Discrimination</b>	<b>4</b>
<b>IV.</b>	<b>Examples of Prohibited Conduct</b>	<b>5</b>
<b>V.</b>	<b>Internal Complaint and Investigation Procedures</b>	<b>5</b>
<b>VI.</b>	<b>Retaliation</b>	<b>8</b>
<b>VII.</b>	<b>Duty to Cooperate in The Investigation Process</b>	<b>8</b>
<b>VIII.</b>	<b>Legal Remedies and Complaint Process</b>	<b>8</b>
<b>IX.</b>	<b>Education and Training</b>	<b>9</b>

# **CITY OF ARCATA'S ZERO TOLERANCE POLICY AGAINST DISCRIMINATION AND/OR HARASSMENT**

Effective February 6, 2003

Discrimination and sexual harassment are prohibited by Title VII, the Civil Rights Act of 1964 (42 U.S.C. Sec. 2000e-2(a)), the California Fair Employment and Housing Act (Government Code Sec. 12940 (a), (h), and (i)), the Americans With Disabilities Act, and the City of Arcata Resolution No. 845-36.

## **I. PURPOSE**

The purpose of this policy is to state and affirm that the City will take all reasonable steps to prevent and prohibit discrimination/harassment in the work environment. The purpose of this policy is also to define discrimination and harassment and to set forth procedures for investigating and resolving internal complaints. In addition to information contained within this written policy, the City will provide other information materials about harassment (including but not limited to, brochures and posters as recommended by the Department of Fair Employment and Housing).

## **II. ZERO TOLERANCE POLICY**

The City is committed to providing a workplace free of sexual harassment (which includes harassment based on gender, pregnancy, childbirth, or related medical conditions) as well as harassment based on such factors as race, color, religion, national origin, ancestry, age, physical disability, mental disability, medical condition (including pregnancy), marital status, sexual orientation, family care or medical leave status, or veteran status. The City strongly disapproves of and will not tolerate discrimination/harassment of employees by managers, supervisor, co-workers, clients or vendors, City Council members, and Committee or Commission members.

This policy applies to all terms and conditions of employment including, but not limited to, hiring, placement, promotion, disciplinary action, layoff, recall, transfer, leave of absence, compensation and training.

Disciplinary action up to and including termination will be taken for behavior, which the City determines to be in violation of this policy.

All employees, male and female, are protected from sexual harassment. Both male and female workers may be victims of sexual harassment by harassers of either gender. Harassment can be between a supervisor and subordinate or between co-employees. Whether sexual harassment has occurred depends on the conduct, not on the intentions of the one accused of harassment.

Any retaliation against a person for filing a discrimination/harassment charge, making a harassment complaint, or participating in a harassment investigation will not be tolerated and will be taken as seriously as harassment itself. Disciplinary action up to and including termination for retaliation will be taken for violations of this policy.

While the legal standards and consequences of sexual harassment are constantly evolving, the City's policy is one of "Zero Tolerance". This means that the City's policy prohibits harassing conduct even if it may not rise to the level of legally actionable harassment under the law. This is because the City's policy rests on the fundamental precept that each employee must treat all others with respect, dignity and professionalism. Deviation from that standard will not be tolerated. It is not significant



whether or not the offending employee meant to give offense, or believed his or her comments or conduct were welcome. Rather, the City's policy is violated when other employees, whether recipients or mere observers, are in fact offended by comments or conduct which are based on race, religion, color, gender, age, national origin, ancestry, marital status, medical condition, sexual orientation or disability.

### **III. DEFINITIONS**

#### **A. Types of Harassment**

Both Federal and State laws recognize two kinds of sexual harassment: "Quid pro Quo" harassment and "hostile environment" harassment. Both types of harassment are prohibited under this policy.

- ***Quid Pro Quo***

"Quid pro quo" sexual harassment occurs when an employer explicitly or implicitly makes submission to some form of unwelcome sexual advance a term or condition of employment or submission is used as the basis for employment decisions affecting the employee. This could be behavior as blatant as a request for sexual favors in return for a promotion or something more vague, such as a bad review following a refusal to go out on a date with the reviewer.

- ***Hostile Environment***

Hostile environment harassment occurs when verbal, physical and/or visual conduct of a sexual nature (or other protected category factor) has the purpose or effect of unreasonably interfering with an individual's work performance or creating an intimidating, hostile, or offensive work environment. The prohibited conduct need not be directed specifically at an employee in order for a hostile environment to be created.

#### **B. Types of Discrimination**

Discrimination is defined as unlawful behavior that gives preferential treatment to one group or people, or one person, over another on the basis of a non-merit factor. For the purposes of this policy, non-merit factors include: political opinions or affiliations, race or color, ancestry or national origin, religious creed, sex, disability, medical condition (including pregnancy), marital status, sexual preference, age or exercise of rights under section 3502 of the Government Code relating to employee organizations.

- ***Specific Intent***

Overt treatment of a discriminatory nature such as making employment decisions on the basis of any non-merit factor.

- ***Disparate Treatment***

Also referred to as "different" or "unequal" treatment. Disparate treatment discrimination occurs when a person is treated differently by an employer, or potential employer because of any non-merit factor defined above. The employer's intentions

may be deliberate or inadvertent. It is the actual treatment, not the employer's motive, which is relevant. Intent may be shown through circumstantial evidence. It is not relevant whether the treatment is better or worse, or whether it is fair or unfair, only that it is different for one individual or group than for another.

C. Exceptions

- It shall not be considered discriminatory and/or harassing to follow a seniority system as long as that system is a bonafide one and not designed to circumvent or evade this policy.

It shall not be considered discriminatory and/or harassing to select or reject an applicant based upon bonafide occupational qualifications.

**IV. EXAMPLES OF PROHIBITED CONDUCT**

Verbal Harassment – For example, making or using unsolicited and unwelcome derogatory epitaphs, comments, slurs, or jokes on the basis of race, religion, color, national origin, ancestry, disability, medical condition, marital status, sex, sexual preference or age. This might include inappropriate sexually oriented comments on appearance, including dress or physical features or racially oriented stories; verbal sexual advances or propositions; making or threatening reprisals after a negative response to sexual advances.

Physical Harassment – For example, unwelcome touching, assault, impeding or blocking the movement and/or the physical interference with normal work or movement when directed at an individual on the basis of race, color, religion, national origin, ancestry, age, physical disability, medical condition, marital status, sexual orientation or gender. This could be conduct in the form of pinching, grabbing, patting, propositioning, leering, making sexual gestures, or making explicit or implied job threats or promises in return for submission to physical acts.

Visual Harassment – For example, sexually suggestive or obscene letters, notes, or invitations; displaying of sexually suggestive or derogatory objects, posters, notices, bulletins, cartoon, or drawings on the basis of race, religious creed, color, national origin, ancestry, disability, medical condition, marital status, gender, sexual orientation or age.

**V. INTERNAL COMPLAINT PROCEDURE**

- A. Employees are encouraged, whenever possible, to let a person know if he or she has done something or said something which the other employee finds offensive or unwelcome. Many complaints can be resolved at this informal level without further incident.
- B. Employees who believe they are the victim of, or witness to, any form of discrimination and/or harassment are urged to make a complaint. Complaints can be formal or informal and (*except for complaints concerning Police Officers*) may be submitted orally or in writing to any of the following individuals:

- immediate Supervisor;
  - any Supervisor or Department Head that they feel comfortable talking with;
  - the Personnel Director or;
  - the City Manager.
- C. Complaints concerning Police Officers may be made either orally or in writing to any of the following individuals:
- any Police Supervisor;
  - the Chief of Police;
  - the Personnel Director or;
  - the City Manager.
- D. An informal complaint means that the offended employee does not wish to commence the formal investigation process. Instead, the employee is seeking a counseling session with his or her department head and the Personnel Director, with the intent of clarifying the issues and obtaining assistance in dealing with the problem of harassment or discrimination. Such a counseling session will contain the following:
1. A discussion of the problem: What has happened, how the employee feels about it, and how this is affecting the work environment.
  2. The employee will be clearly informed of the options available in terms of an informal or formal complaint.
  3. If the employee chooses to make an informal complaint, the counseling sessions will include the discussion of possible remedies including actions that the employee can take, such as: writing a letter to the offending employee asking that the objectionable behavior not continue, changing schedules and/or patterns of work , and actions that the City can take: changes in assignments or work locations, re-education with regard to discrimination/harassment standards.
  4. The offended employee must be encouraged to maintain documentation (copies of written communications and gifts) and a dated log of offenses. This documentation will be necessary if a formal investigation is undertaken at a future date.
  5. If, at any time during the course of the counseling session, the employee decides to make a formal complaint the Personnel Director will begin the formal investigative process.
  6. If management believes that the complaint warrants a formal investigation, even though the offended employee wishes to keep it on an informal level, management will need to develop its own case through independent observation and investigation.
- E. Upon notification of a formal harassment complaint that relates to personnel other than Police Officers, the Personnel Director shall:
1. Within three (3) working days of receipt of the complaint, provide the complainant and the accused harasser with a copy of this policy and a confidential memorandum regarding the nature of the complaint.

2. Authorize a full and effective investigation of the complaint and supervise and/or investigate the complaint. The investigations will be immediate, confidential, thorough, objective and completed and shall include interviews with the complainant, the accused harasser, and any other persons the Personnel Director has reason to believe have relevant knowledge concerning the complaint. This may include victims of similar conduct. Although the City will make all reasonable efforts to maintain confidentiality for the benefit of both the complainant and the accused, complete confidentiality cannot be guaranteed. The City must disclose the name of the complaining party to the accused in order to complete a full and fair investigation. However, to the fullest extent possible, the City will limit access to information contained in the complaint and discovered in the investigation process only to those persons who need it to complete the investigation or take appropriate remedial action;
  3. Review factual information gathered throughout the investigation, determine whether a violation of this policy has occurred, giving consideration to all factual information, the totality of the circumstances including the nature of the verbal, physical, visual or sexual conduct and the context in which the alleged incident(s) occurred;
  4. Promptly report the results of the investigation and the determination as to whether this policy has been violated to the appropriate persons, including the complainant, the alleged harasser, the supervisor, the department head and the City Manager. If discipline is imposed, it will be communicated to the complainant, although the specific disciplinary action taken may not be communicated;
  5. If a violation of this policy has been established, recommend prompt and effective remedial action, commensurate with the severity of the offense, against the harasser;
  6. Take reasonable steps to protect the victim and other potential victims from further harassment;
  7. Take reasonable steps to protect the victim from any retaliation as a result of communicating the complaint;
  8. If appropriate, recommend action to remedy the victim's loss, if any, which resulted from the harassment.
- E. Upon notification of a formal harassment complaint involving police officers, the Personnel Director shall:
1. Direct the Chief of Police to assign the complaint to a police supervisor selected by the complainant.
  2. The Chief of Police, or his /her designee, shall notify the offending police officer regarding the nature of the complaint by way of a confidential memorandum within three (3) working days of receipt of the complaint, pursuant to requirements of the California Government Code commencing with Section 3300.
  3. Once the investigation has been completed, the investigator shall submit the completed package to the Chief of Police through the chain of command for review with the Personnel Director.

4. The Personnel Officer and the Chief of Police shall take action pursuant to the City's Personnel Rules.
5. The Personnel Director shall notify the complainant, in writing, of the disposition of the investigation pursuant to the limitations set forth in California Penal Code Section 832.7.

## **VI. RETALIATION PROHIBITED**

Employees have the right to complain about harassment without fear of retaliation. Any retaliation against a person for filing a harassment charge or making a harassment complaint is prohibited. Retaliation against anyone who participates in an investigation regarding harassment is also prohibited. Employees found to be retaliating against another employee shall be subject to disciplinary action up to and including termination.

Examples of retaliation include, but are not limited to: a supervisor is hostile towards victim because of a harassment complaint about a co-worker, who is a friend of the supervisor, co-workers shun the accuser because of a complaint against another co-worker, a supervisor gives a bad performance evaluation to an employee who has complained about harassment/discrimination by that supervisor.

An employee who believes that he or she is being, or has been, retaliated against for complaining about harassment or participating in a harassment investigation should promptly notify a supervisor or the Personnel Director. If the supervisor is the person believed to have engaged in the retaliation, the employee need not complain to that supervisor but may notify any other supervisor, the Personnel Director or the City Manager.

Complaints of retaliation will be investigated in the same manner as harassment complaints. If a violation of this policy is found, prompt, effective remedial action will be taken, up to and including termination.

## **VII. DUTY TO COOPERATE**

Every employee has an obligation to cooperate in the City's investigation of alleged harassment/discrimination or retaliation. Failure to cooperate, deliberately providing false information, or withholding information during an investigation shall be grounds for disciplinary action, up to and including termination.

## **VIII. LEGAL REMEDIES AND COMPLAINT PROCESS THROUGH THE CALIFORNIA DEPARTMENTS OF FAIR EMPLOYMENT AND HOUSING**

Employees or job applicants who believe that they have been harassed may also, within one year of the harassment, file a complaint of discrimination with the California Department of Fair Employment and Housing. The Department serves as a neutral fact-finder and attempts to help the parties voluntarily resolve disputes. If the Department finds evidence of harassment and settlement efforts fail, the Department may file a formal accusation against the employer and the harasser. The accusation will lead to either a public hearing before the Fair Employment and Housing Commission or a lawsuit filed on the complainant's behalf by the Department. If the Commission finds that harassment occurred, it can order remedies including fines, or damages for emotional distress for each employer or harasser charged. In addition, the Commission may order

hiring or reinstatement, back pay, promotion and changes in the policies or practices of the involved employer. A court may order unlimited damages. For additional information contact the Fair Employment and Housing Office Communications Center at 1-800-884-1684.

## **IX. EDUCATION AND TRAINING**

The City recognizes its responsibility to provide continuing education and training to all employees in the area of discrimination and/or harassment.

The City is committed to this responsibility and shall pursue an aggressive educational and training program for all of its employees to insure that no employee shall be discriminated against, harassed or in any way denied fair and impartial treatment. As part of that program, all City employees, City Council members and staff liaisons to Committees and Commission shall be provided a copy of this policy.